

Improving Common-Mode Rejection Using the Right-Leg Drive Amplifier

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ABSTRACT

This article discusses the need to improve common-mode rejection (CMR) in electrocardiogram (ECG) subsystem applications. Several different techniques to improve CMR while also considering both patient and operator safety are presented. This report also reviews the implementation of the right-leg drive (RLD) loop technique to improve CMR using the [ADS129x family of analog-to-digital converters](#) (including the ADS1298/96/94 and the ADS1198/96/94) and the corresponding performance results.

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1 Introduction

Common-mode rejection, or CMR, is one of the most important performance parameters for ECG system applications. International standards set by organizations such as the Association for the Advancement of Medical Instrumentation (AAMI), the International Electrotechnical Commission (IEC), and various medical authorities of different countries specify the test methodology that must be followed in order to use most ECG systems.

In an ECG system, a large amount of electromagnetic interference (EMI) is coupled to the patient's body through the skin. EMI can also couple to the ECG system through coupling capacitors C_2 and C_T as shown in Figure 1. Furthermore, It can be coupled to the system through a power coupling capacitor, C_C , and in some cases through the long ECG signal measuring cables and protection circuitry that are usually located in front of the ECG system. There can also be coupling from the ac power supplies through coupling capacitor C_{CB} to the cable. Capacitance C_B is coupled between ac ground and the ground of the ECG subsystem. The value of the entire system CMR depends on the capacitance value of C_B . By comparison, in the case of a perfectly isolated system where there is no coupling between the grounds, the system would exhibit very high CMR.

There are also several frequencies of interest, depending on the location and the country of operation. The primary source of interference is the ac main that generally operates at 50 Hz (Europe and Asia) or 60 Hz (US). Apart from these two frequencies, Eastern European railway traction power networks use distributed single-phase ac power at 16 $\frac{2}{3}$ Hz. A frequency of 25 Hz is used for the Austrian railway.

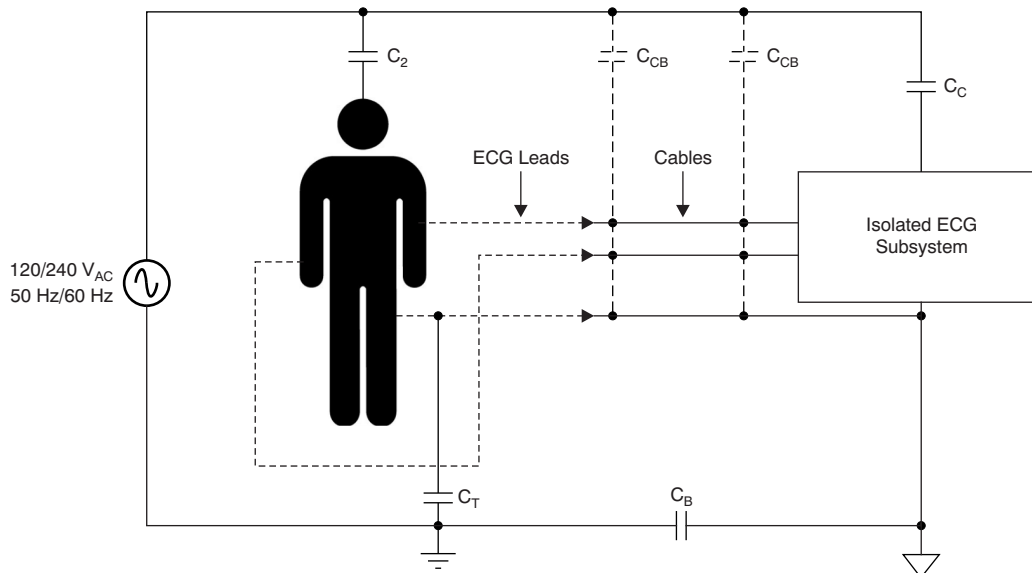


Figure 1. Typical ECG System

2 Common-Mode to Differential Signal Conversion

Common-mode to differential mode conversion is a result of the combination of mismatches in electrode impedances, cable impedances (distributed RC impedance), and onboard protection circuitry (typically including resistors, capacitors, and diodes) at the input of the programmable gain amplifiers. For simplicity, consider a non-isolated (that is, the ac ground and system ground are shorted) ECG subsystem with a simple RC filter in the signal path as shown in Figure 2.

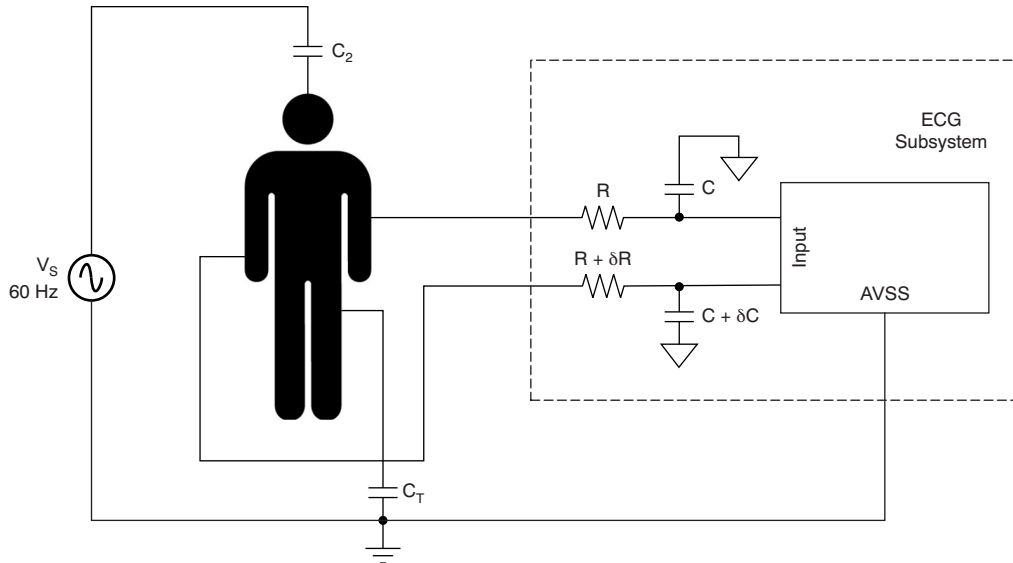


Figure 2. Understanding the Effect of Common-Mode Rejection Mismatch

For an ac signal V_s , the value of the signal that appears at the patient's body is given by Equation 1:

$$V_P = \frac{Z_G}{Z_G + \frac{1}{sC_2}} \cdot V_s \quad (1)$$

Where Z_G is the effective impedance from the patient's body to ground. Z_G is approximately equal to:

$$Z_G \approx \left[\left(\frac{1}{sC_T} \right) \parallel \left(\frac{1 + sRC}{s2C} \right) \right]$$

This signal V_P is a common-mode signal to the system. If the values of R and C modeled in the differential signal are perfectly matched, then the system exhibits a very large CMR. If we assume the mismatch of δR and δC in resistor R and capacitor C , respectively, the CMR of the entire system can be approximated to Equation 2.

$$\text{CMR} = 20\log\left(\frac{\delta R}{R} + \frac{\delta C}{C}\right) + 20\log\left(\frac{f}{f_c}\right) \quad (2)$$

where f_c is the -3 -dB frequency of the RC filter.

If 1% precision external components are used and the bandwidth of the RC filter is approximately 6 kHz, the system then has only 74 dB of CMR at 60 Hz. In the real world, the front-end of the ECG does not contain only first-order RC filters; it includes electrodes, cables, and second- or third-order RC filters. Considering all of these components, mismatch can easily accumulate, and thus contribute up to 20% or more of the signal. This degree of mismatch degrades the CMR of the system to less than 60 dB at 60 Hz. Therefore, it is necessary to consider different techniques to improve CMR.

It should be noted that there is a tradeoff when choosing the bandwidth of the antialiasing filter to be located in front of the modulator. Considering the mismatch between the discrete components, it is better to select the large bandwidth; at the same time, the upper limit of the bandwidth is determined by the sampling frequency of the modulator.

3 Techniques to Improve Common-Mode Rejection

In [Section 2](#) we saw that as a consequence of mismatch in both external and internal components in the signal path, there is degradation in CMR performance. There are many different techniques to improve CMR performance, however. Four common techniques are:

1. Faraday Shield

A Faraday shield is used to cover the ECG front-end and reduces the degree of power-supply interference that enters the system. It also protects the device and components from environmental interference.

2. Isolation Capacitance

Improving the isolation between the device ground and the patient ground helps to improve the system CMR. For most portable instruments that use batteries, CMR is likely to be very high. Most typical test methodologies to measure CMR, however, specify the minimum isolation capacitance C_B at which the system must pass the required CMR specification.

3. Post-Conversion Processing

There is a possibility that a residual common-mode signal can be removed from the input after the conversion using finite-impulse response (FIR) adaptive filters. There are also some cases where the common-mode voltage is subtracted digitally. Moreover, there is a possibility of using a notch filter at a frequency of 50 Hz or 60 Hz in the digital domain. However, one must be very careful with such operations so that real-world signals are not compromised with this type of filtering. One must ensure that phase information is not skewed because of the filtering operation. It is worth noting here that most of the standards require that this post-processing be turned off while testing the system CMR.

4. Driving the Common-Mode Voltage through a Resistor

With this technique, a low-resistance R_P is used to drive the patient's body (see [Ref. 1](#)). [Figure 3](#) illustrates this technique; it also shows the models of the electrodes and cable using passive elements.

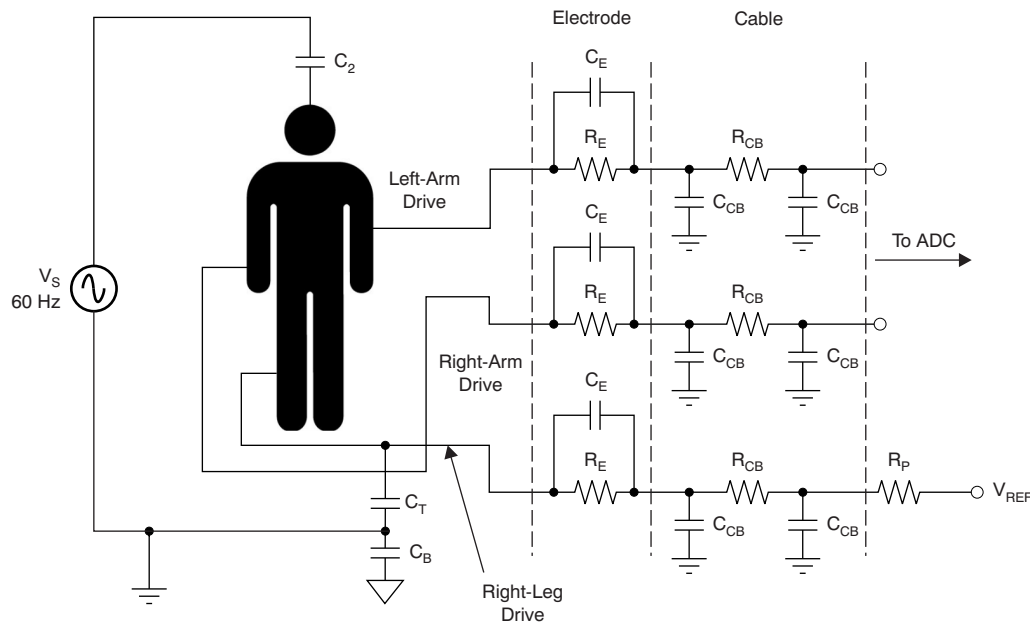


Figure 3. Applying the Common-Mode Voltage at the Patient's Body Using R_P

Intuitively, the resistor that drives the potential comes in parallel with Z_G (refer to [Section 2](#)), and thus a larger attenuation is achieved. When the value of the resistor used to drive the potential of the body is reduced, CMR of the entire system improves. In the case of a fault condition where the patient's body is accidentally connected to the system ground, it also provides the path for the current from the reference node V_{REF} through the resistor R_P . In accordance with IEC standards ([Ref. 2](#)), a maximum of **50 μ A** *single-fault condition* current is recommended. Depending on the value of the power-supply voltage used for the system, the value of the protection resistor R_P is chosen. **In a system with $V_S = 5$ V, the minimum value of the resistor needed is 100 k Ω ; if a 3-V power supply is used, a 60-k Ω resistor can limit the single fault current to safe current.**

The system CMR can be further improved by incorporating the portion of the protection resistor R_{P2} inside the operational amplifier, as shown in [Figure 4](#). The sum of the protection resistors R_{P1} and R_{P2} is equal to the resistor R_P . In this case, only R_{P1} comes in parallel with Z_G , attenuating the common-mode signal further. But during a single fault condition, both resistors limit the fault current. This added advantage is available at the cost of reduced swing at the output of the operational amplifier because of a voltage drop across resistor R_{P2} . Usually, however, under normal operating conditions, the current at this path is less than 1 μ A, making this concern trivial.

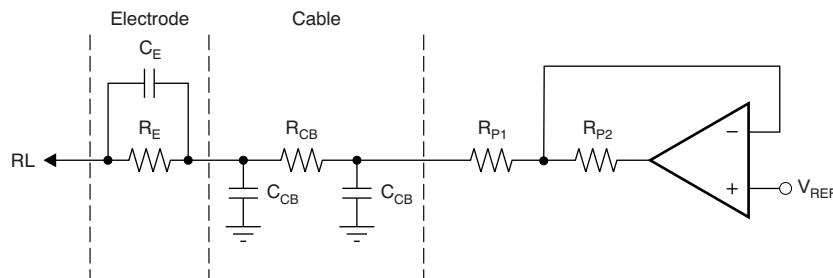


Figure 4. Technique to Improve CMR with a Large Protection Resistor

4 Closed-Loop RLD system

CMR can be further improved by sensing the input common-mode voltage at the programmable gain amplifier (PGA) outputs and amplifying the difference using the right-leg drive (RLD) amplifier as [Figure 5](#) shows. This feedback loop improves CMR by an amount equal to $(1 + A)$, where A is the closed-loop gain of the feedback loop. The value of the closed-loop gain depends on the values of the feedback resistor R_F , feedback capacitance C_F , and PGA output common-mode sensing resistor R_{CM} .

Quantitatively, the value of the closed-loop gain A at a given frequency f is equal to [Equation 3](#):

$$A = 2 \cdot \frac{Z_F}{R_{CM}} \quad (3)$$

where:

$$Z_F = \frac{R_F}{1 + sR_FC_F}$$

Stability is the major concern in this RLD technique. Note that the protection resistor and the cable impedance form a low-pass filter. Depending on the model of the cable, this pole can be as small as 2 kHz because of the protection resistor and cable. Therefore, capacitor C_P is introduced such that it introduces the zero in the RLD path. Closed-loop bandwidth can be controlled by using capacitor C_F which is connected across feedback resistor R_F ; see [Figure 5](#).

The closed-loop bandwidth of the RLD loop is approximately equal to:

$$f_{BW} = \frac{1}{2\pi R_FC_F}$$

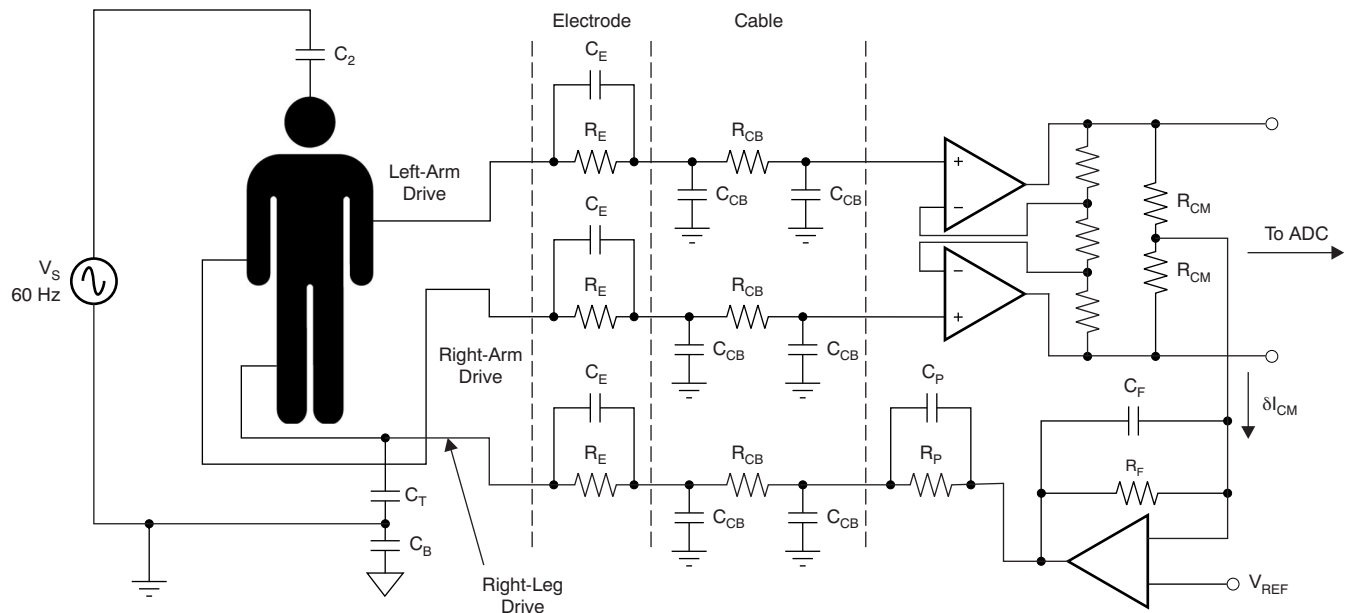


Figure 5. Improving CMRR by Completing RLD Feedback Loop

5 The Effect of Lead-Off Disconnection in an RLD System

ECG subsystems usually include lead-off currents as shown in Figure 6 to monitor the connectivity of the electrode with the skin. When an electrode is loose or not connected to the skin, the lead-off current drives the electrode potential to either of the rails, either ground or at supply voltage.

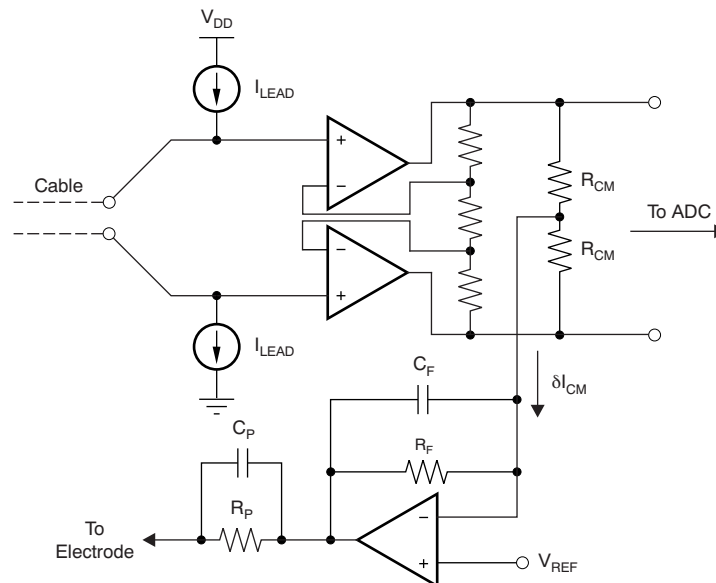


Figure 6. Analog Front-End of an RLD Subsystem with Lead-Off Currents to Monitor Electrode Snugness

Consider a situation when the right arm (RA) electrode is open and the left arm (LA) electrode is snug. In this case, the output common-mode of the PGA is driven away from the reference voltage, which causes the RLD feedback loop to fail. This situation can lead to the common-mode voltage of the patient's body being driven to either of the rails, where it could also hit the rails and subsequently stop the PGA from working altogether. Therefore, one should be very careful when using this RLD feedback technique in cases where there is a high chance of having an electrode lose contact or become disconnected from the patient. Whenever this technique is used, one should continuously monitor the status of the electrode connection; in case of failure, the RLD closed loop should be open. This configuration can be achieved by placing the switch in the path between the PGA output common-mode averaging point and the inverting input terminal of the RLD amplifier. In cases where the RLD feedback technique cannot be used at all as a result of practical limitations, CMR can be further improved by using a splitting resistor technique.

6 Improving CMR Using the RLD Amplifier with the ADS1298

The test setup used to measure the CMR of the ADS1298-based ECG subsystem discussed in the [ADS1298ECGFE-PDK User's Guide](#) (see [Ref. 3](#)) is shown in [Figure 7](#). A snapshot of the measurement setup is also provided; see [Figure 8](#). A 20-V peak-to-peak sine wave was used as the excitation signal. The value of coupling capacitors C_2 and C_T (from the ac main) are equal to 100 pF. 220 pF is value of capacitor C_B that connects the ac ground and the EVM board ground. Electrodes are modeled using resistor R and capacitor C connected in parallel as illustrated. Values of R and C are 51 k Ω and 47 nF, respectively.

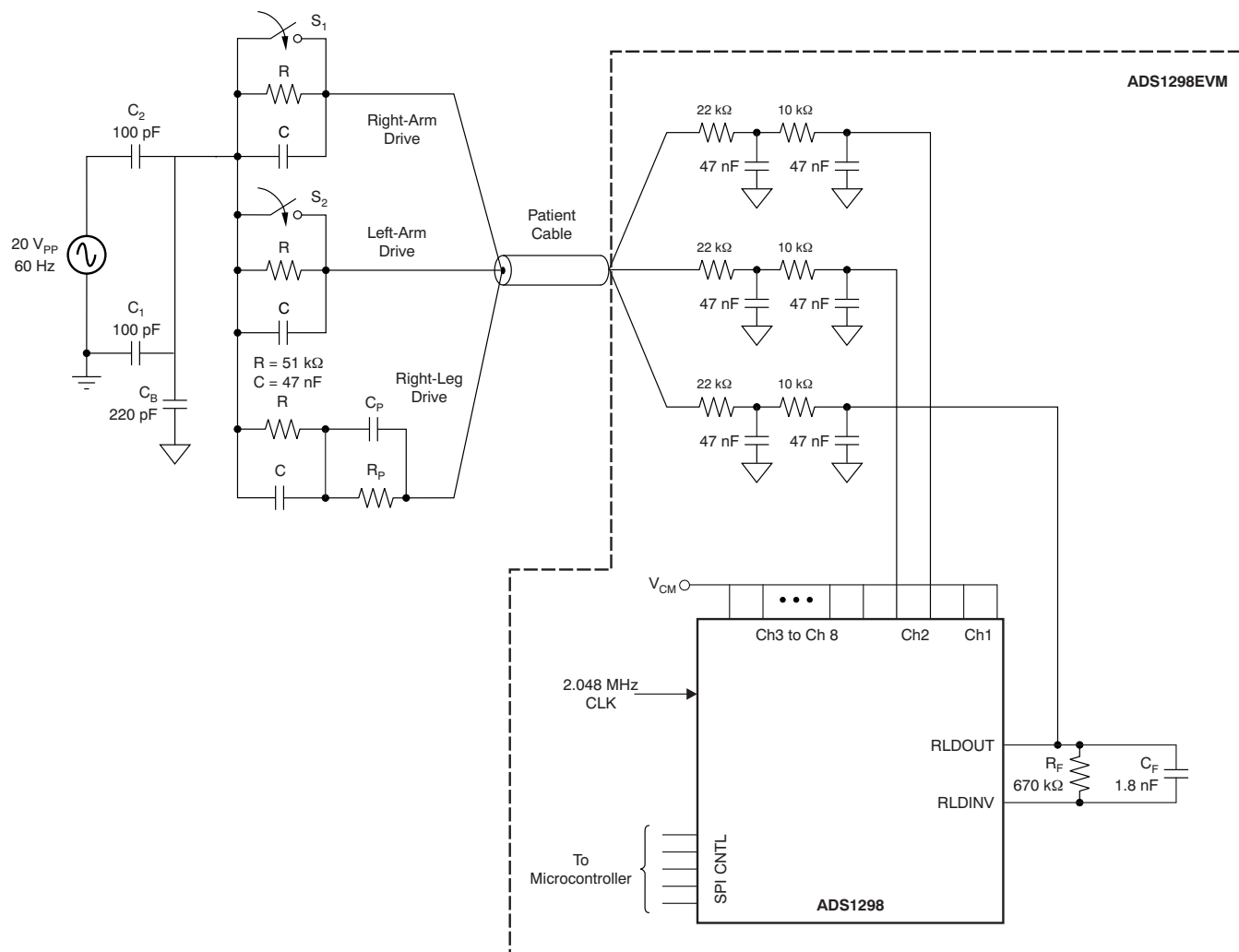


Figure 7. Test Setup with ADS1298EVM with Protection Circuitry Elements

The standard ECG cable is used in this experiment. This cable includes a 10-k Ω protective resistance. The cable is followed by the onboard protection RC filter. The values of the components used to implement the filter are presented. All measurement results are noted with S_1 = open and S_2 = closed. This configuration corresponds to complete mismatch in the signal differential path. In accordance with the AAMI and IEC standards (see [Ref. 4](#) and [Ref. 5](#)), the system CMR in this complete mismatch condition should be at least 92 dB.

[Table 1](#) compares the expected and measured CMR values for different values of the protection resistor R_P with and without the RLD feedback loop. The value of C_P is chosen such that zero as a result of R_P and C_P is approximately 60 Hz. Expected values are obtained by TINA SPICE using Spice modeling of the PGA and RLD amplifier in the ADS1298.

Table 1. Summary of Measurement Results

No RLD Feedback		
R_P	Measured V_{PP}	Measured CMR
1 M Ω	5.9 mV $_{PP}$	70.6
100 k Ω	1.7 mV $_{PP}$	81.1
75 k Ω	1.6 mV $_{PP}$	82.0
50 k Ω	1.36 mV $_{PP}$	83.3
With RLD Feedback (1 M Ω 1.5 nF)		
1 M Ω	N/A	N/A
100 k Ω	0.43 mV $_{PP}$	93.3
75 k Ω	0.35 mV $_{PP}$	94.9
50 k Ω	0.316 mV $_{PP}$	96.0

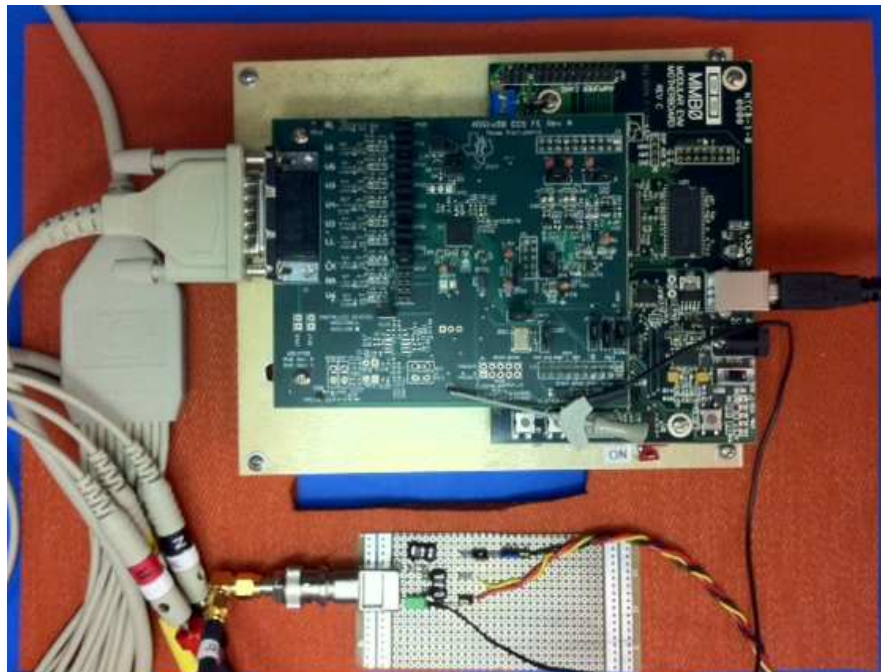


Figure 8. Measurement Setup Using ADS1298EVM

Figure 9 presents the CMR of the ECG subsystem at three different conditions:

- (a) $R_p = 1\text{ M}\Omega$
- (b) $R_p = 100\text{ k}\Omega$
- (c) $R_p = 100\text{ k}\Omega$ with RLD feedback

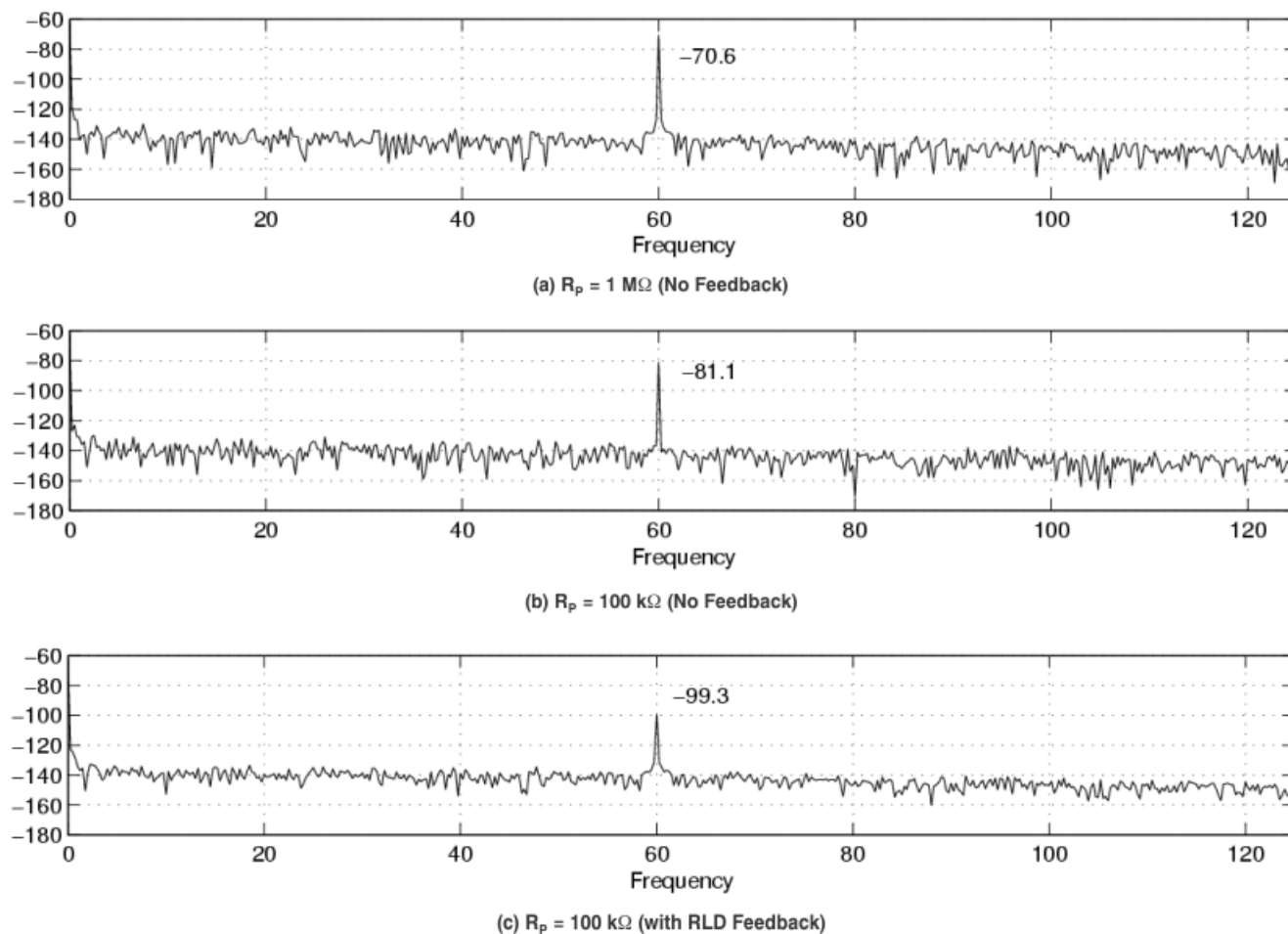


Figure 9. Output Spectrum Comparison

An inverting gain configuration is achieved using the RLD amplifier available in the ADS1298. In this experiment, the values of R_F and C_F used are $1\text{ M}\Omega$ and 1.5 nF , respectively. The closed-loop gain of the RLD loop depends on the number of channels that are used to detect the common-mode voltage. In this experiment, only one channel is used to sense the common potential of the input. For the given feedback resistor, as the number of channels used to measure the common-mode potential increases, the gain also increases accordingly. The nominal value of R_{CM} used in the ADS1298 is equal to $220\text{ k}\Omega$. The closed-loop bandwidth is approximately 106 Hz .

The ADS1298 provides the option to monitor the value of electrode potential through the lead-off feature. It also supports digital control, which can be used to turn on or turn off averaging of the PGA outputs. These two options can be used efficiently to ensure that whenever there is a loose contact or disconnection of the electrode, the RLD feedback is opened to avoid the railing of the bias potential at the patient's body.

7 Conclusion

This application report explains in detail several techniques to improve the common-mode rejection of an ECG system using a RLD amplifier. Measurement results using the ADS1298EVM board were also presented.

8 References

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