

**Vận dụng quy tắc 5W1H, hãy xây dựng gợi ý cho topic sau, lưu ý chỉ sử dụng những từ vựng mức độ dễ.**

**TOPIC:**

**1. INTRODUCING ONESELF**

- Tell me a little bit about yourself and what you do for a living
- Tell me a little bit about yourself and where you live.
- Tell me a little bit about yourself and what you do in your free time.

Sure. My name is Nam and I am a university student.

In my free time, I like to do a few simple activities to relax. My favorite thing to do is listening to music. I listen to music every evening before I sleep. It helps me feel calm and happy.

On the weekends, I also like to hang out with my friends. We often go to a small coffee shop near my house. We just sit there, drink coffee, and talk about our week.

I like these activities because they are very simple but they help me relax a lot. After a long week of studying, just listening to a good song or talking with a friend makes me feel so much better. It's fun and helps me get ready for a new week.

- Tell me a little bit about yourself and your school.
- Tell me a little bit about yourself and your hobbies.
- Tell me a little bit about yourself and your normal daily routine.
- Tell me a little bit about yourself and your best friend.
- Tell me a little bit about yourself and what you usually do on the weekend.
- Tell me a little bit about yourself and your interests – things you like.
- Tell me a little bit about yourself and your family.

**2. NEIGHBORHOOD**

- I would like to talk about where you live. Describe your house to me. What does it look like? Where is it located?

Okay, I will tell you about my house.

I live in a house in Hai Duong city. My house is located on a quiet street, so it's very peaceful. I live there with my family: my parents and my younger brother.

My house has two floors and its color is light yellow. In front of the house, we have a small garden where my mom grows some beautiful flowers.

When you go inside, on the first floor, there is a living room with a sofa and a TV. Next to it is the kitchen. My family often cooks and eats dinner together there. On the second floor, we have two bedrooms. My bedroom is my favorite room in the house. It's not very big, but it has a big window, so I get a lot of light.

I love my house very much because it is very comfortable and warm. It is a happy place for me and my family.

- Let's talk about where you live. Tell me what you like and don't like about your neighborhood.
- Tell me how you first met one of your neighbors. Describe in detail when you met and everything that happened during your first few meetings.
- Tell me what you do with your neighbors. How often do you see them? What do you like to do with them and what do you usually talk about with them?
- Think back to the day when you moved into the place you live in. When did you move? Did you have anybody who helped you? Tell me everything that happened on that moving day.
- Tell me what adults and children do together in your neighborhood.
- When was the last time you went to the neighborhood park? Tell me everything: Where you went, who you went with, what you did, etc.
- What kind of community do you live in? Are the people mostly students? Newly-weds? Parents with children? Or retired people? Tell me also how you interact with your neighbors.

- I would like to know whether there were any memorable events that took place in your neighborhood since you started living there. Can you tell me about the event and why it was so memorable?

### **3. WEEKEND**

- What things do you usually do on the weekend? Do you watch TV? Do you catch up on sleep? What else do you do on the weekend?

### **4. RESTAURANT**

- Describe one of your favorite restaurants where you often go to eat. What type of food do they serve there? What do you like about that restaurant?

I would love to talk about my favorite restaurant. It's a small family restaurant near my house in Hai Duong city.

The restaurant sells Vietnamese food. Their best dish is chicken and rice, which is called cõm gà in Vietnamese. It's really good. I often go there with my family for dinner, usually on weekends. Because it's very near our house, we can just walk there.

There are two main reasons why I love that place. First, the food is wonderful. It is very delicious and always fresh. The price is also very good. Second, I like the people there. The owners are very friendly and they make the place feel very warm and cozy.

So, every time I go there, I feel very happy and comfortable. It feels like a second kitchen of my family.

### **5. FAMILY**

- Tell me how you spend time with your family or friends. Do you go to parks? Do you chat on the phone? What do you normally do to keep in touch and spend time with family and friends?

### **6. SHOPPING**

- Tell me about your favorite store to shop at. What is the name of the store and what kind of store is it? What do you like about that store?

## **7. SPORTS**

- Can you describe a sporting event you've been to? What was the event? What was the game like? What was the final outcome of the game?
- You indicated that you play soccer. Tell me about some of the places where you enjoy playing soccer.

## **8. INTERNET**

- Tell me about your favorite type of website to visit. Why do you like it? Give me as many details as you can.

## **9. MUSIC**

- You indicated in the survey that you like music. What kind of music do you like, and when do you usually listen to it. Give as many details as you can.
- I'd like to know about the amount of vacation you get each year, and more importantly, how you normally spend this time.

## **10. DENTIST / DOCTOR**

- Can you tell me how often you go to see a doctor or a dentist? Please tell me what usually happens when you visit your doctor or dentist.

## **11. TECHNOLOGY**

- I would like to know how you learned to use a certain skill or technology. Who was it that taught you? How did you learn it? Tell me all the things you had to do to learn how to use that skill or technology.

## **12. ENGLISH**

- I would like to know how you first became interested in learning English. When did you start studying it?
- Tell me about how you first learned this language and how you are now learning it.
- Tell me any difficulties you have in learning a new language.

## **13. SALON**

- Can you tell me how often you go to a beauty salon or barber shop? Where is it located and what does it look like? How are the people who work there? Is it expensive to get your hair done there?

## **14. VACATION**

- You responded in the survey that you go on vacations internationally. I would like you to describe one of the countries or cities you have visited. What was it like over there and what kind of impression did you get from the locals?
- Can you describe for me some of the things that you enjoy doing on your vacation?
- Can you tell me what steps you have to take to get your destination on a trip?
- Tell me what you do from the moment you leave your house to the moment you check into your hotel your destination.
- When people think about traveling to other countries, what may be some of the things they are most interested in? Why do you think these things are of such interest to travelers.
- Describe some of things that you like to do with the people you visit or see during your vacation.
- Could you describe your most memorable camping trip? Maybe something funny, unexpected or challenging happened. Start by telling me when and where you were camping and who you were with.
- Have you ever traveled overseas? If so, please describe one of the countries or cities that you have visited. If not, pick a foreign country or city that you'd like to visit, and describe to me why you'd like to go there.

## **15. PARK**

- When did you go to a park most recently? Which park did you go to and who did you go with? Tell me all about that last visit to a park in as much detail as you can.

## **16. MOVIE**

- Who is your favorite character from any movie/TV show? Why is that character your favorite? Describe him/her in detail.

## **17. CHATTING**

- You indicated that you usually chat on the phone. Tell me who you talk with and what kinds of things you usually talk about. How often and for how long do you talk?

## **18. CLUBBING**

- You indicated that you go to clubs. I would like to know about your favorite club. Describe where the club is and what it looks like.

## **19. BOOK**

- You indicated that you love reading books. Tell me about your favorite book and what the story was all about.
- What kinds of books and what authors do you like to read? What time of the day do you usually read?
- I would imagine that there are some books that have been especially memorable for you. Tell me about one of them. When and how you came to read that book? What was the book about? How has reading that book influenced you?

## **20. COFFEE SHOPS**

- Is going to coffee shops popular in your country? What kind of coffee shops are there?

## **21. HOBBIES**

- Tell me about your hobbies. What kind of hobbies do you have? When and where do you do your hobbies?

## **22. TV PROGRAMS**

- Tell me about the TV shows or movies you like to watch. What do you like about them?

## **23. GADGETS**

- Tell me about the electronic devices that you own. A cell phone, a PDA, an MP3 player. Describe the gadget in as much detail as you can.

## **24. EXERCISE**

- Tell me about any exercise you do. Do you jog? Do you work out with weights? Or do you go for a walk from time to time? Also tell how often you exercise and for how long.

## **25. SCHOOL**

- Describe one of your professors to me. What kind of person is he or she? What do you like or dislike about him or her?

- You indicated in the survey that you go to school. What kind of courses are you taking or had you taken in the past? Please describe the classes you are taking or have taken in as much detail as possible.
- Tell me about the last classes you took. Why did you choose them? What did you do in those classes?
- I would like to know what your school looks like. please describe your school for me in as much detail as possible.
- I would like to know about something memorable that happened to you in one of your classes. What kinds of interesting episodes do you have? Please tell me about one from the beginning to the end.
- You indicated that you have school experience. Have you ever missed a test or important assignment because you were not feeling well? Can you tell me what exactly happened? Please make sure to mention how it turned out in the end.
- Have you ever been in a situation in which you wanted to take a class but faced some difficulties? Tell me what happened. How did you resolve the problem?
- I'd like to hear about your normal school day. What do you do when you don't have classes? Where do you usually study? Tell me as much as you can.
- How do you get to school? Is that the quickest way? Why did you choose that mode of transportation?
- Tell me how you get from your house to school everyday. Also, tell me how long it takes you to get to school on a normal weekday.
- You indicated in the survey that you are a college student. I would assume that you have classes you like and classes you don't like. Compare one class you have liked a lot to a class you have not liked. Describe what you liked about the one and what you did not like about the other.
- Tell me about a school project that you recently worked on. What were the steps you took in order to begin working on it and finish the project?
- Tell me how you learned to use that particular piece of technology. Who taught you to use it? Tell me everything you did from beginning to end to learn how to use that technology.

- Think of a project that you once worked on. where technology made a big difference. Describe the project in detail. What kind of technology did you use? What role did the technology play?
- Tell me about a specific orientation you received as a freshmen. What kinds of activities took place in the session?
- Tell me about a class that you signed up for but later decided to drop, or thought about dropping. What was the reason? How did it turn out?

Chào bạn, rất vui được hỗ trợ bạn chuẩn bị cho kỳ thi OPIc. Dưới đây là tài liệu tổng hợp các chủ đề thường gặp trong OPIc, kèm theo các câu hỏi mẫu và gợi ý cách trả lời để bạn có thể luyện tập và đạt mục tiêu IM (Intermediate Mid) trở lên.

Lưu ý quan trọng:

- OPIc là bài thi đánh giá năng lực nói tự nhiên. Vì vậy, các câu trả lời gợi ý dưới đây chỉ mang tính chất định hướng về ý tưởng, từ vựng và cấu trúc. Bạn nên cá nhân hóa câu trả lời dựa trên trải nghiệm và suy nghĩ của riêng mình. Tuyệt đối không học thuộc lòng.
- Background Survey: Các câu hỏi bạn nhận được sẽ dựa trên những lựa chọn bạn đã thực hiện trong phần khảo sát ban đầu (Background Survey). Hãy chọn những chủ đề bạn thực sự quen thuộc và có thể nói nhiều về chúng.
- Độ dài câu trả lời: Với mục tiêu IM, mỗi câu trả lời nên kéo dài khoảng 1-2 phút, cung cấp đủ chi tiết và ví dụ.
- Cấu trúc câu trả lời: Cố gắng sắp xếp ý một cách logic. Có thể sử dụng các cấu trúc như PREP (Point, Reason, Example, Point) hoặc kể chuyện theo trình tự thời gian.
- Từ nối: Sử dụng các từ nối (linking words) để câu trả lời mạch lạc hơn (e.g., *firstly, secondly, however, therefore, in addition, for example, actually, well, you know*).

## TÀI LIỆU LUYỆN THI OPIC THEO CHỦ ĐỀ

Chủ đề 1: Nơi ở (Living / Housing - 거주지)

- Các lựa chọn thường gặp trong Background Survey: Sống một mình, sống cùng gia đình, sống ở nhà riêng, sống ở căn hộ.
- Bộ câu hỏi mẫu và gợi ý trả lời:

1. Question 1 (Description): *Could you describe your home to me? What does it look like? What rooms are there?*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "Sure, I'd be happy to describe my home. I live in a [house/apartment] located in [city/district]."
  - Loại nhà/căn hộ: "It's a [modern/traditional/cozy/spacious] place."
  - Số phòng & Chức năng: "There are [number] rooms in my [house/apartment]: a living room, [number] bedrooms, a kitchen, and [number] bathrooms."
  - Mô tả chi tiết một vài phòng yêu thích: "My favorite room is probably the living room because it's where my family gathers to watch TV or chat. It has a large sofa, a coffee table, and a big window that lets in a lot of natural light." / "I also like my bedroom because it's my personal space. I have a comfortable bed, a desk where I study, and a bookshelf."
  - Cảm nhận chung: "Overall, I really like my home. It's comfortable and suits my needs."
  - Từ vựng gợi ý: *spacious, cozy, modern, traditional, convenient, comfortable, living room, bedroom, kitchen, bathroom, balcony, window, sofa, desk, bookshelf, natural light, neighborhood.*
  - Ngữ pháp: Thì hiện tại đơn, cấu trúc "There is/There are", tính từ mô tả.

2. Question 2 (Habit/Routine): *What do you usually do when you are at home? Tell me about your typical activities at home.*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "Well, when I'm at home, I do a variety of things depending on the time of day."
  - Buổi sáng/ngày thường: "On weekdays, after work/school, I usually [cook dinner, watch the news, read a book, study, clean the house a bit]."

- Buổi tối: "In the evenings, I often [relax on the sofa and watch movies, listen to music, spend time with my family, surf the internet]."
- Cuối tuần: "On weekends, I have more free time, so I might [do some gardening if you have one, do a deep clean, invite friends over, or just catch up on sleep]."
- Hoạt động yêu thích: "One of my favorite things to do at home is [your favorite activity, e.g., reading in my quiet corner/cooking new recipes]."
- Từ vựng gợi ý: *relax, unwind, watch TV/movies, listen to music, read books, surf the internet, cook, clean, study, spend time with family, household chores, gardening, hang out.*
- Ngữ pháp: Thì hiện tại đơn, trạng từ chỉ tần suất (usually, often, sometimes, always, on weekends).

3. Question 3 (Past Experience): *Tell me about a memorable experience you had at your home. It could be a party, a family gathering, or any significant event.*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "Let me think... A memorable experience at my home was [e.g., my last birthday party / a family gathering for Tet holiday / the day we moved in]."
  - Thời gian, bối cảnh: "It happened [last year / a few months ago]. We [were celebrating... / had just...]."
  - Diễn biến sự kiện: "I remember we [prepared a lot of food / decorated the house / invited many friends and relatives]. Everyone was [laughing and talking / enjoying the food / playing games]."
  - Chi tiết đáng nhớ: "The most memorable part was when [e.g., my friends surprised me with a cake / we all sang songs together / my grandfather told us interesting stories]."
  - Cảm xúc: "I felt so [happy/excited/grateful/warm] that day. It was a really wonderful time, and it made my home feel even more special."

- Từ vựng gợi ý: *memorable, unforgettable, special occasion, birthday party, family gathering, celebration, decorate, prepare food, invite guests, surprise, atmosphere, joyful, laughter.*
- Ngữ pháp: Thì quá khứ đơn, thì quá khứ tiếp diễn (e.g., "everyone was laughing"), từ nối chỉ trình tự (first, then, after that, finally).

4. Question 4 (Comparison - if applicable or as a follow-up): *How is your current home different from a place you lived in before?*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "My current home is quite different from the place I lived in before."
  - Điểm khác biệt 1 (Vị trí/Kích thước/Loại nhà): "For example, my previous home was [a small apartment in the city center], but now I live in [a larger house in a quieter suburb]." / "The old place was [smaller/older], while my current home is [more spacious/newer]."
  - Điểm khác biệt 2 (Tiện nghi/Hàng xóm): "Also, my current home has [a nice balcony / a small garden], which I didn't have before. The neighborhood is also [friendlier/more convenient with more shops]."
  - Ưu/nhược điểm (nếu có): "I prefer my current home because [it's quieter and has more space], although I sometimes miss [the convenience of living downtown]."
  - Từ vựng gợi ý: *different from, compared to, bigger/smaller, more spacious/cramped, quieter/noisier, more convenient, facilities, amenities, neighborhood, prefer.*
  - Ngữ pháp: Cấu trúc so sánh hơn (bigger than, more convenient than), "used to" (e.g., "I used to live in...").

Chủ đề 2: Sở thích (Hobbies - 취미)

(Ví dụ: Xem phim - Watching Movies)

- Các lựa chọn thường gặp trong Background Survey: Xem phim, nghe nhạc, đọc sách, chơi game, nấu ăn, tập thể thao, đi dạo công viên, v.v.
- Bộ câu hỏi mẫu và gợi ý trả lời (Tập trung vào "Xem phim"):
  1. Question 1 (General Habit): *You indicated that you enjoy watching movies. What kind of movies do you like to watch? How often do you watch them?*
    - Gợi ý trả lời (IM Level):
      - Mở đầu: "Yes, I love watching movies. It's one of my favorite hobbies."
      - Thể loại yêu thích: "I enjoy various genres, but I particularly like [action movies/comedies/romantic movies/sci-fi/thrillers] because [they are exciting / they make me laugh / they have interesting stories]."
      - Tần suất xem: "I usually watch movies [once or twice a week / on weekends / whenever I have free time]."
      - Cách thức xem: "Sometimes I go to the cinema with friends, but mostly I watch movies at home on [Netflix/TV/my laptop]."
      - Lý do thích: "For me, watching movies is a great way to relax and escape from daily stress."
      - Từ vựng gợi ý: *genres, action, comedy, romance, sci-fi (science fiction), thriller, horror, drama, animated, documentary, plot, characters, special effects, streaming service, cinema/movie theater, relax, unwind, escape.*
      - Ngữ pháp: Thì hiện tại đơn, trạng từ chỉ tần suất.
  2. Question 2 (Past Experience): *Tell me about a movie you watched recently or a memorable movie you've seen. What was it about? Why was it memorable?*
    - Gợi ý trả lời (IM Level):
      - Mở đầu: "Sure. A movie I watched recently that I found quite memorable was [Movie Title]." / "One of the most memorable movies I've ever seen is [Movie Title]."
      - Thể loại và nội dung chính: "It's a [genre] film. The story is about [briefly explain the main plot without giving away too

many spoilers - e.g., a group of friends who go on an adventure / a historical event / a person 追逐 their dream]."

- Diễn viên/Đạo diễn (nếu biết và ấn tượng): "It starred [Actor's Name] / was directed by [Director's Name], and I think their performance/work was excellent."
- Điều làm nó đáng nhớ: "What made it memorable for me was [the amazing special effects / the touching story / the great acting / the unexpected plot twist / the beautiful cinematography]." / "I really liked the message of the movie, which was about [theme/message]."
- Cảm xúc/Ấn tượng: "I felt [emotional/excited/inspired] after watching it. I would definitely recommend it to others."
- Từ vựng gợi ý: *plot, storyline, characters, acting, director, special effects, cinematography, soundtrack, memorable scene, touching, hilarious, thought-provoking, recommend.*
- Ngữ pháp: Thị quá khứ đơn, tính từ mô tả cảm xúc và bộ phim.

3. Question 3 (Comparison): *Do you prefer watching movies at home or at the cinema? Why?*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "That's an interesting question. Both have their pros and cons, but I think I generally prefer [watching movies at home / going to the cinema]."
  - Lý do cho lựa chọn của bạn (nêu 2-3 lý do):
    - Nếu chọn ở nhà: "Firstly, it's more comfortable. I can wear whatever I want and pause the movie if I need to. Secondly, it's cheaper because I don't have to buy tickets or expensive snacks. Plus, I can choose from a wider selection of movies on streaming services."
    - Nếu chọn ở rạp: "For me, the cinema offers a better experience. The big screen and surround sound system make movies much more immersive. Also, it's a good social activity to go with friends or family, and there are no distractions like at home."

- Nhược điểm của lựa chọn còn lại (tùy chọn): "Of course, watching at home means I miss out on the big screen experience for some blockbuster movies." / "However, going to the cinema can be expensive and sometimes crowded."
  - Kết luận: "So, it really depends on the movie and my mood, but overall, [restate your preference]."
  - Từ vựng gợi ý: *prefer, comfortable, convenient, cheaper, wider selection, big screen, surround sound, immersive experience, social activity, distractions, expensive, crowded, atmosphere*.
  - Ngữ pháp: Cấu trúc so sánh, "prefer...to...", "because", "also", "however".
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### Chủ đề 3: Công việc / Trường học (Work / School - 일 / 학교)

- Các lựa chọn thường gặp trong Background Survey: Đang đi làm (ghi rõ ngành nghề), đang đi học (ghi rõ chuyên ngành), không đi làm cũng không đi học.
- Bộ câu hỏi mẫu và gợi ý trả lời (Tập trung vào "Đi làm"):
  1. Question 1 (Description): *Tell me about your job. What do you do? What are your main responsibilities?*
    - Gợi ý trả lời (IM Level):
      - Mở đầu: "I work as a/an [Your Job Title] at [Company Name/Type of Company, e.g., a tech company, a trading company, a school]."
      - Thời gian làm việc: "I've been working there for [duration, e.g., about two years now]."
      - Trách nhiệm chính: "My main responsibilities include [list 2-3 key tasks, e.g., communicating with clients, preparing reports, managing projects, developing software, teaching students]. For example, every day I [give a specific example of a task]."
      - Điều bạn thích/không thích (ngắn gọn): "What I like about my job is [e.g., the opportunity to learn new things / working with supportive colleagues]. However, sometimes it can be [challenging/stressful because of deadlines]."

- Từ vựng gợi ý: *job title, company, industry, responsibilities, tasks, duties, manage, develop, prepare, communicate, deal with, clients, customers, colleagues, projects, deadlines, challenging, rewarding, stressful, opportunity.*
- Ngữ pháp: Thì hiện tại đơn, thì hiện tại hoàn thành (e.g., "I've been working...").

2. Question 2 (A Typical Day): *Describe a typical day at your work/school.*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "A typical day at my work usually starts at [time]."
  - Buổi sáng: "First, I [e.g., check my emails and make a to-do list for the day]. Then, I might [e.g., attend a team meeting / work on my main tasks / talk to clients]."
  - Buổi trưa: "Around noon, I usually have lunch with my colleagues [in the company canteen / at a nearby restaurant]."
  - Buổi chiều: "In the afternoon, I continue with [e.g., my projects / responding to emails / preparing for the next day's work]. Sometimes there are [meetings/training sessions]."
  - Kết thúc ngày làm việc: "I usually finish work around [time]. Before I leave, I try to [organize my desk and plan for the next day]."
  - Cảm nhận chung về một ngày làm việc: "It can be busy, but I generally find my work engaging."
  - Từ vựng gợi ý: *typical day, routine, schedule, check emails, to-do list, team meeting, project, client, deadline, lunch break, canteen, colleague, busy, productive, engaging.*
  - Ngữ pháp: Thì hiện tại đơn, từ nối chỉ trình tự (first, then, next, after that, finally).

3. Question 3 (Past Experience/Challenge): *Tell me about a challenging project or a difficult situation you faced at work/school. How did you handle it?*

- Gợi ý trả lời (IM Level):

- Mở đầu: "Let me tell you about a challenging project I worked on last year." / "I remember a difficult situation when [describe the situation briefly]."
  - Mô tả thử thách/vấn đề: "The project was [e.g., to develop a new product with a very tight deadline / to solve a complex customer complaint]. The main challenge was [e.g., lack of resources / unclear requirements / a technical problem we couldn't solve easily]."
  - Cách bạn giải quyết: "To handle it, firstly, I [e.g., broke down the project into smaller tasks / discussed the problem with my team and manager]. Then, we [e.g., brainstormed solutions / did extra research / worked overtime]. I also tried to [e.g., stay positive and communicate clearly with everyone involved]."
  - Kết quả: "Eventually, we managed to [e.g., complete the project on time / solve the problem successfully]. It was a tough experience, but I learned a lot from it, especially about [e.g., teamwork / problem-solving / time management]."
  - Từ vựng gợi ý: *challenging, difficult, project, task, problem, situation, deadline, pressure, handle, manage, overcome, solution, teamwork, communication, problem-solving skills, time management, learn from experience*.
  - Ngữ pháp: Thì quá khứ đơn, cấu trúc "managed to...", "learned how to...".
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#### Chủ đề 4: Du lịch (Travel - 여행)

- Các lựa chọn thường gặp trong Background Survey: Du lịch trong nước, du lịch nước ngoài.
- Bộ câu hỏi mẫu và gợi ý trả lời:
  1. Question 1 (General Preference): *You mentioned you enjoy traveling. What kind of places do you like to visit? Do you prefer traveling alone or with others?*
    - Gợi ý trả lời (IM Level):

- Mở đầu: "Yes, I really love traveling. It's a great way to see new things and experience different cultures."
- Loại địa điểm yêu thích: "I enjoy visiting [e.g., beaches and islands because I love swimming and relaxing by the sea / historical cities because I'm interested in history and architecture / mountains and nature parks because I like hiking and fresh air]."
- Du lịch một mình hay cùng người khác: "Regarding who I travel with, I think both have their advantages. Traveling alone gives me more freedom and flexibility. However, I often prefer traveling with [family/friends] because it's more fun to share experiences and create memories together."
- Ví dụ (nếu có): "For instance, last year I went to [Place] with my friends, and we had a fantastic time exploring together."
- Từ vựng gợi ý: *beach, mountain, city, countryside, historical sites, nature, culture, relax, explore, adventure, scenery, travel alone, travel with friends/family, freedom, flexibility, share experiences, create memories.*
- Ngữ pháp: Thì hiện tại đơn, "prefer...to...", "enjoy + V-ing".

2. Question 2 (Memorable Trip): *Tell me about the most memorable trip you've ever taken. Where did you go? What did you do? Why was it so memorable?*

- Gợi ý trả lời (IM Level):
  - Mở đầu: "The most memorable trip I've ever taken was to [Destination] [Time, e.g., a few years ago / last summer]."
  - Đi cùng ai: "I went there with [my family / my best friends / alone]."
  - Hoạt động và trải nghiệm: "During the trip, we [list 2-3 key activities, e.g., visited famous landmarks like the Eiffel Tower / tried local food which was delicious / went hiking in the mountains and saw breathtaking views / relaxed on beautiful beaches]."
  - Điều làm chuyến đi đáng nhớ: "What made it so memorable was [e.g., the stunning scenery / the kindness of the local

people / an unexpected adventure we had / the chance to experience a completely different culture]. For example, [give a specific short story or detail]."

- Cảm xúc: "I felt so [happy/amazed/refreshed] during and after that trip. It was truly an unforgettable experience."
- Từ vựng gợi ý: *memorable, unforgettable, destination, landmark, local food, scenery, culture, adventure, explore, experience, stunning, breathtaking, friendly, hospitable*.
- Ngữ pháp: Thì quá khứ đơn, tính từ mô tả.

3. Question 3 (Role-Play): *I'd like you to do a role-play. Imagine you are planning a trip with a friend. Call your friend and discuss where to go, what to do, and make some arrangements. Start by calling your friend.*

- Gợi ý trả lời (IM Level):
  - Mở đầu cuộc gọi: "Hi [Friend's Name], it's [Your Name]. How are you doing?"
  - Nêu mục đích: "I was thinking we should plan a trip together soon. Do you have any ideas where we could go?"
  - Thảo luận địa điểm: "I heard [Place A] is beautiful this time of year. Or maybe we could go to [Place B] for some [activity, e.g., hiking/beach relaxation]? What do you think?"
  - Thảo luận hoạt động: "If we go to [Chosen Place], we could [activity 1, e.g., visit the old town], and maybe [activity 2, e.g., try some local restaurants]. Does that sound good?"
  - Thảo luận thời gian/ngân sách (ngắn gọn): "When would be a good time for you? Maybe next month? And we should probably think about the budget too."
  - Chốt lại và sắp xếp: "Okay, great! So, let's say we aim for [Chosen Place] around [Timeframe]. I can look up some accommodation options, and you can check out the transportation. Let's talk again in a few days to finalize."
  - Kết thúc cuộc gọi: "Sounds like a plan! Talk to you soon. Bye!"

- Từ vựng gợi ý: *plan a trip, suggest, destination, activities, accommodation, transportation, budget, available, convenient, book, arrange, finalize.*
  - Ngữ pháp: Câu hỏi, câu đề nghị (Let's..., How about..., Why don't we...), thì tương lai gần (going to, will).
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## Chủ đề 5: Công nghệ (Technology - 테크놀로지)

- Các lựa chọn thường gặp trong Background Survey: Sử dụng internet, điện thoại di động, máy tính, mạng xã hội.
- Bộ câu hỏi mẫu và gợi ý trả lời:
  1. Question 1 (Usage): *How often do you use the internet? What do you usually use it for?*
    - Gợi ý trả lời (IM Level):
      - Mở đầu: "I use the internet every day. It's an essential part of my life."
      - Mục đích sử dụng chính: "I mainly use it for [list 2-3 main purposes, e.g., work/study, communication, entertainment, and getting information]."
      - Chi tiết hơn: "For work/study, I use it to [e.g., research information, send emails, and collaborate with colleagues/classmates]. For communication, I use apps like [Zalo/Messenger/WhatsApp] to stay in touch with friends and family. And for entertainment, I often [watch videos on YouTube, stream movies, or listen to music online]."
      - Ví dụ khác: "I also use the internet for [online shopping, banking, reading news, or learning new skills through online courses]."
      - Tầm quan trọng: "Overall, the internet makes many things in my life much more convenient."
      - Từ vựng gợi ý: *essential, frequently, daily, research, communicate, entertainment, information, social media,*

*streaming, online shopping, online banking, online courses, browse, search, download, upload, convenient.*

- Ngữ pháp: Thị hiện tại đơn, "use...for + V-ing/noun".
- 2. Question 2 (Changes): *How has the internet or technology changed people's lives or your life?*
  - Gợi ý trả lời (IM Level):
    - Mở đầu: "Technology, especially the internet, has dramatically changed people's lives in many ways, including mine."
    - Thay đổi tích cực 1 (Giao tiếp): "Firstly, it has revolutionized communication. We can now easily connect with people all over the world through email, social media, and video calls. This is very different from the past when long-distance communication was slow and expensive."
    - Thay đổi tích cực 2 (Truy cập thông tin/Học tập): "Secondly, access to information and learning has become much easier. We can find information on almost any topic instantly online and take courses from universities anywhere."
    - Thay đổi trong cuộc sống cá nhân bạn (nếu có): "For me personally, the internet helps me a lot with my [work/studies] and allows me to [pursue hobbies like learning a new language online]."
    - Mặt tiêu cực (nếu muốn đề cập ngắn gọn): "Of course, there are some downsides, like concerns about privacy or spending too much time online, but the benefits are huge."
    - Từ vựng gợi ý: *dramatically changed, revolutionized, communication, access to information, convenient, efficient, connect, global, online learning, e-commerce, entertainment, impact, benefit, downside, privacy concerns, addiction.*
    - Ngữ pháp: Thị hiện tại hoàn thành (has changed, has revolutionized), so sánh.

- Các lựa chọn thường gặp trong Background Survey: Các ngày lễ quốc gia, sinh nhật, họp mặt gia đình.
- Bộ câu hỏi mẫu và gợi ý trả lời (Tập trung vào Tết Nguyên Đán):
  1. Question 1 (Description): *Tell me about a popular holiday in your country. What is it and how do people celebrate it?*
    - Gợi ý trả lời (IM Level):
      - Mở đầu: "A very popular and important holiday in my country, Vietnam, is Tet, or Lunar New Year."
      - Thời gian: "It usually falls around late January or early February and marks the beginning of spring."
      - Ý nghĩa: "Tet is a time for family reunions, paying respect to ancestors, and wishing for good luck and happiness in the new year."
      - Hoạt động chuẩn bị: "Before Tet, people clean and decorate their houses with flowers like peach blossoms or apricot blossoms, and buy new clothes. Many families also make traditional foods like 'Banh Chung'!"
      - Hoạt động trong Tết: "During Tet, families gather together, children receive lucky money in red envelopes, and people visit relatives and friends to exchange new year's wishes. There are also many traditional games and festivals."
      - Không khí chung: "The atmosphere is very festive and joyful."
      - Từ vựng gợi ý: *Lunar New Year, family reunion, ancestor worship, good luck, happiness, decorate, peach blossom, apricot blossom, traditional food, Banh Chung (sticky rice cake), lucky money, red envelope, visit relatives, festive, joyful, tradition, custom.*
      - Ngữ pháp: Thị hiện tại đơn (để mô tả các hoạt động thường lệ).
  2. Question 2 (Past Experience): *Describe a memorable holiday celebration from your childhood.*
    - Gợi ý trả lời (IM Level):

- Mở đầu: "I have many fond memories of Tet holidays from my childhood. One I remember clearly was when I was about [age, e.g., 8 or 9 years old]."
- Bối cảnh: "My whole family gathered at my grandparents' house in the countryside."
- Hoạt động/Sự kiện đáng nhớ: "I remember being very excited to receive lucky money and wear new clothes. My cousins and I would play traditional games all day. The most exciting part for me was watching the adults make Banh Chung. The smell of the cooking rice and beans was amazing."
- Chi tiết cụ thể: "I also remember helping my grandmother decorate the house and going to the local pagoda with her to pray for the new year."
- Cảm xúc: "It was such a happy and carefree time. Everyone was smiling, and the atmosphere was full of warmth and joy. Those childhood Tet holidays are truly unforgettable."
- Từ vựng gợi ý: *fond memories, childhood, grandparents' house, countryside, excited, lucky money, new clothes, traditional games, make Banh Chung, decorate, local pagoda, carefree, warmth, joy, unforgettable*.
- Ngữ pháp: Thì quá khứ đơn, "used to" (e.g., "We used to play...").

Lời khuyên cuối cùng:

- Luyện tập thường xuyên: Hãy dành thời gian mỗi ngày để luyện nói, dù chỉ 15-30 phút.
- Ghi âm và nghe lại: Đây là cách tốt nhất để tự nhận ra lỗi sai và cải thiện phát âm, ngữ điệu, độ trôi chảy.
- Tìm bạn luyện tập: Nếu có thể, hãy luyện tập với bạn bè hoặc người có khả năng nói tiếng Anh tốt hơn.
- Tự tin: Hãy thoải mái và tự tin khi nói. Giám khảo OPIc đánh giá khả năng giao tiếp tổng thể của bạn, không phải sự hoàn hảo trong từng câu chữ.

Chúc bạn ôn luyện hiệu quả và đạt được kết quả cao trong kỳ thi OPIc!