

Project Description / Purpose

Project Name:	Implementing Postpartum Depression Screening Protocol
Clinic:	Kids and Family Kare
Process:	Front office will hand the Edinburgh screen to the birthing parent and a phq-9 to the parents, when present. Results will be discussed and documented in the patient's chart and when necessary, a referral will be made by a medical assistant.
TIP 2.0 Process Milestone:	Post partum depression screen
Project Description / Purpose	
Improve mental health outcomes for new caregivers through early detection and intervention.	

Project Overview

Problem Summary:	Post partum depression most often happens within 1 to 3 weeks after childbirth but can still occur at any time. It is common for first time parents to not share this information with providers due to fear of abandonment, stigma or privacy concerns.
Desired Outcome(s):	The goal is to have the parents become comfortable with their child's provider and allow us to provide help and resources as needed.
Benefits:	<p>We will be able to help improve mental health outcomes for many parents and caregivers.</p> <p>Untreated postpartum depression can lead to chronic mental health issues, increased healthcare utilization, and higher overall healthcare costs. Implementing a standardized postpartum depression screening protocol allows healthcare providers to identify symptoms of postpartum depression (PPD) early. This early detection enables timely intervention, which can significantly reduce the severity and duration of PPD symptoms.</p> <p>Postpartum depression can significantly increase parenting stress and strain family relationships. By screening for and treating PPD, caregivers can experience reduced stress levels and improved emotional stability, leading to healthier family dynamics.</p>

Timeline

Description of Task and Completion Dates
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Project Charter

Task 1	<i>By 06/25 Interview staff about gaps in current protocol</i>
Task 2	<i>By 07/01 staff will be trained in the correct protocol to make sure the screen is given correctly.</i>
Task 3	<i>By 08/15 follow up with providers and staff to follow up on protocol and see if there is anything we should add/change.</i>
Task 4	
Task 5	

Project Charter

Project Scope

In Scope Project Objectives
1. Enhance early detection by achieving a 90% screening rate for postpartum depression among new caregivers within the first six weeks postpartum.
Out of Scope Project Objectives or Activities
1. Expanding the screening protocol to include other mental health conditions beyond postpartum depression is out of scope.
2. Implementing a long-term monitoring and follow-up program to track mental health outcomes beyond the initial referral period is out of scope.

Project Team

Team Lead:	Zugey Rojo	Project Champion:	Dr. Carlos Lopez
Process Owner:	Malca Cortez	Process Manager:	Dr. Carlos Lopez

Stakeholders			
Stakeholder	Title	Department	Organization
Tania Benitez	Office Lead	Front office - Camelback	Kids and Family Kare
Arlene Juarez	Front office	Front office - Thomas	Kids and Family Kare
Alma Lira	Back office	Back office – Thomas	Kids and family Kare
Dr. Carlos Lopez	Provider	Management	Kids and Family Kare

Project Team Members	
Name	Team Role

Signatures

Process Owner	Malca Cortez
Project Champion	Dr. Carlos Lopez
Team Leader	Zugey Rojo