## Project Description / Purpose

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| **Project Name:** | Implementation of PeriPartum Depression Screening within Valleywise Health Pediatrics |
| **Clinic:** | Family Medicine/Pediatric Clinic |
| **Process:** | Development of Edinburgh Screening Tool available for Family Medicine and Pediatric providers |
| **TIP 2.0 Process Milestone:** | Pediatric PCP Milestone 7 |
| **Project Description / Purpose** | |
| Peripartum Depression screening is critical for identifying parents/caregivers who may benefit from behavioral health treatment and support. Valleywise Health (VH) does not currently utilize the Edinburgh PeriPartum Depression Screening tool within our pediatric/family medicine setting, potentially missing the opportunity to provide patients with informed care and prevent a worsening of depression or anxiety symptoms. The purpose of this project is to implement the Edinburgh PeriPartum Depression Screening tool at the Pediatric/Family Medicine clinics. The success of this project will improve identification of PeriPartum Depression and/or Anxiety and connect more patients with appropriate treatment. | |

## Project Overview

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| **Problem Summary:** | According to Postpartum Support International, 15 – 20% of women experience Peripartum Depression or Anxiety with symptoms appearing any time during pregnancy and the first 12 months after childbirth. Currently VH does not utilize the Edinburgh PeriPartum Depression Screening tool within our pediatric/family medicine settings. |
| **Desired Outcome(s):** | Implement the use of the PeriPartum Depression Screening tool in our pediatric/family medicine clinics for early identification, referral, and treatment of PeriPartum depression and/or anxeity. |
| **Benefits:** | The success of this project will increase our chance for identifying parents and caregivers with PeriPartum depression and/or anxiety at an early stage, allowing for referral of those individuals to our integrated behavioral health, and/or external resources. |

## Timeline

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|  | **Description of Task and Completion Dates** |
| **Task 1** | Education of providers on the tool - 10/2024 |
| **Task 2** | Build the tool within the Electronic Health Record - 10/2024 |
| **Task 3** | Begin use of the tool within Electronic Health Record - 1/2025 |
| **Task 4** | Monitor rates of screening 6/2025 |

## Project Scope

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| **In Scope Project Objectives** |
| * Completion of the PeriPartum Depression Screening tool at VH Pediatrics/Family Medicine clinics. * Changes to the VH EHR to allow for:   + Screening to be accessed in pediatric member’s chart   + Screening results to be recorded in pediatric member’s chart   + Referrals to be made |
| **Out of Scope Project Objectives or Activities** |
| Specialty Clinics and populations that are not PeriPartum |

## Project Team

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| **Team Lead:** | Vicki Staples | **Project Champion:** | Dr. Michael White |
| **Process Owner:** | Michelle Barker | **Process Manager:** | Dr. Jodi Carter |

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| **Stakeholders** | | | |
| **Stakeholder** | **Title** | **Department** | **Organization** |
| VH TI 2.0 Steering Committee | NA | Cross-functional representation, including ambulatory care, care management, integrated behavioral health, IT, finance, quality | Valleywise Health |

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| **Project Team Members** | |
| **Name** | **Team Role** |
| Michael Parks | IT |
| Crystal Garcia | Quality |
| Vicki Staples | Integrated BH |
| Brandon Fischer | Nursing Director Ambulatory |
| Lene Hudson | Director of Care Management |

## Signatures

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| **Process Owner**  ***Michelle Barker*** |  |
| **Project Champion**  ***Dr. Michael White*** |  |
| **Team Leader**  ***Vicki Staples*** |  |