

Guidelines for sewing face masks during COVID-19 pandemic

Health care workers rely on personal protective equipment (PPE) to protect themselves and their patients. Due to an increased demand for PPE during the COVID-19 pandemic, Upstate is exploring alternate supply chain options.

The Centers for Disease Control and Prevention (CDC) does approve the use of homemade masks when the usual supply has been depleted. **Upstate will accept homemade masks made to the approved Upstate specifications below and on the following pages. Upstate will not accept masks that are square or are made outside of these guidelines.** These masks will be used only in the event that supplies of hospital-grade and industrial-grade masks are depleted.

Donations and Drop Off

Questions should be directed to **CovidDonations@Upstate.edu**.
Excess mask donations will be shared with other Syracuse-area hospitals.

Materials/Tools

Main Fabric (tightly woven cotton), 12"x6", prewashed

Lining Fabric (flannel or tightly woven cotton), 10"x6", prewashed

**Elastic (cord or flat) for ear loops (sizes vary, 12"-16") or
Homemade cotton ties (2 strips, 18"x1.5")**

Nose pieces 5" long*

**Calico Gals, 3906 New Court Ave., Syracuse, NY 13206 offers curbside pick-up of nose pieces. Call (315) 445-0617 to make an appointment. Additional locations may be added in the future.*

Sewing machine (hand sewing okay)

Iron

Tracing Wheel

Pattern (see pg. 3-4)

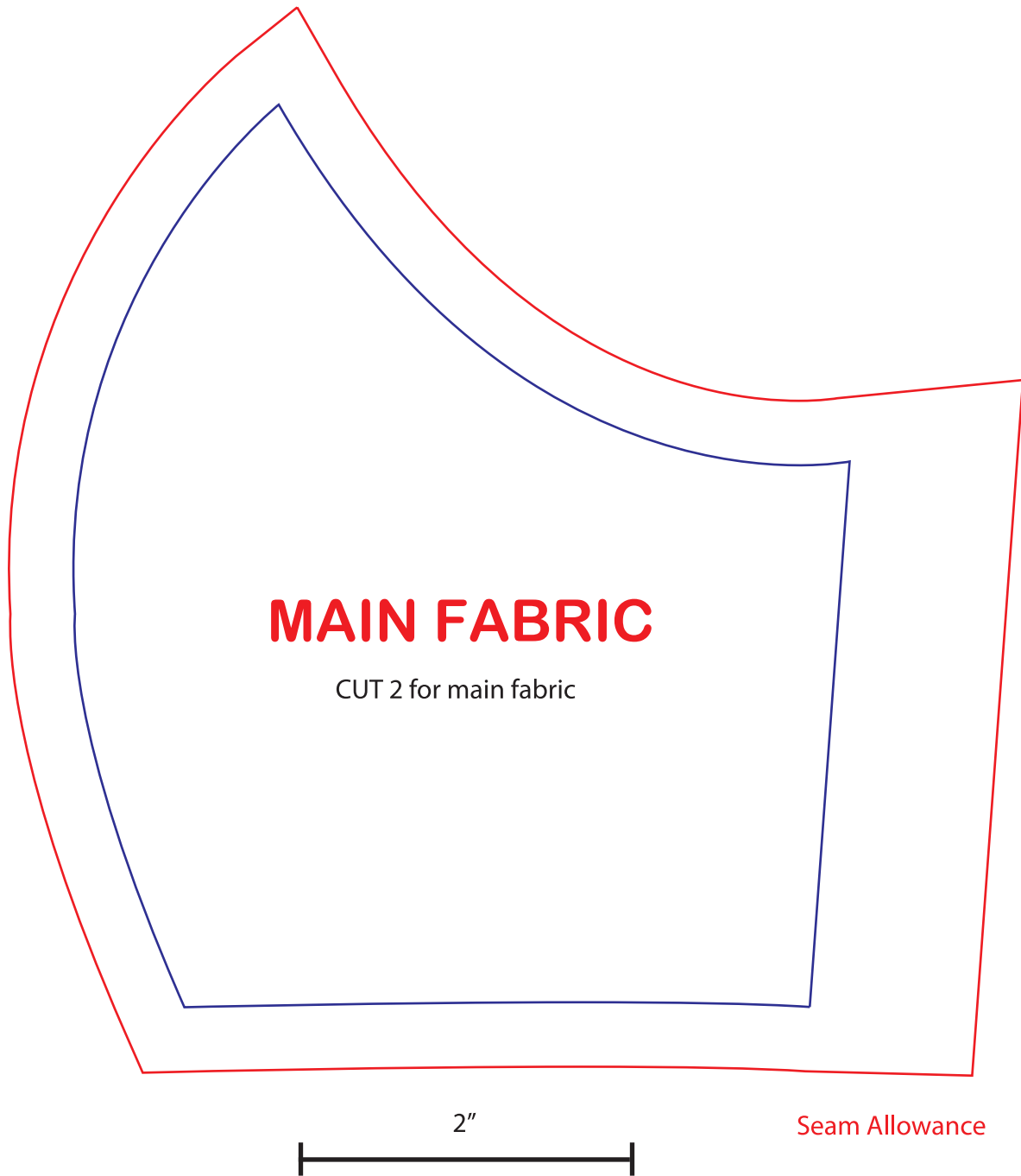
Completed masks can be dropped off at the following locations:

- Traffic circle at Upstate University Hospital, 750 East Adams Street
- Upstate Community Hospital, 4900 Broad Road
- Calico Gals sewing shop, 3906 New Court Avenue

Name and contact information must be included with donation.

FACE MASK

Medium Mask Pattern, 1 of 2



Please check your scale here after print

FACE MASK

Medium Mask Pattern, 2 of 2



2"

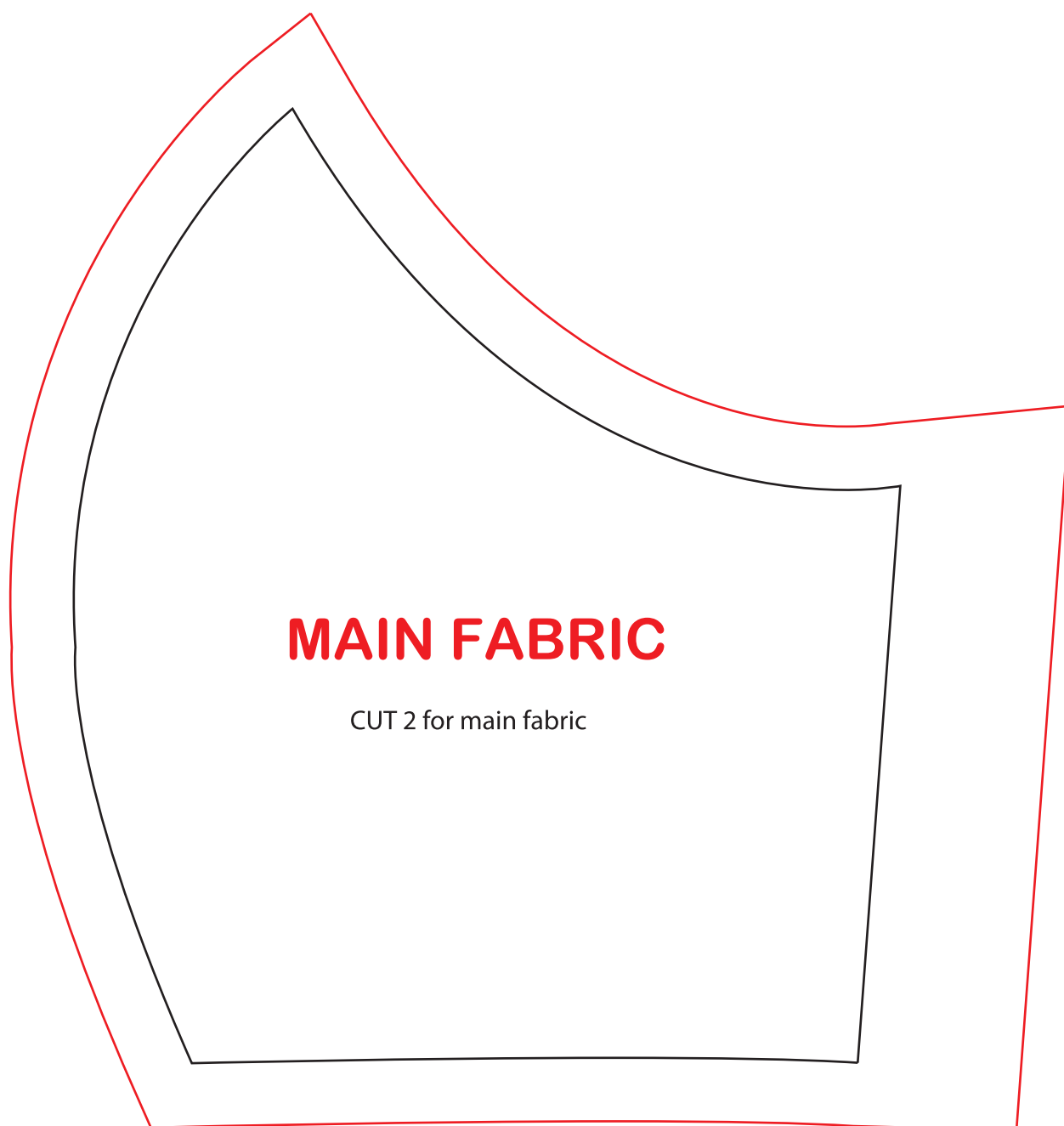


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Seam Allowance

FACE MASK

Large Mask Pattern, 1 of 2



MAIN FABRIC

CUT 2 for main fabric

2"

Seam Allowance

Please check your scale here after print

FACE MASK

Large Mask Pattern, 2 of 2



LINING FABRIC

CUT 2 for lining fabric

2"

Seam Allowance



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