



A finished mask

Guidelines for sewing face masks during COVID-19 pandemic

Health care workers rely on personal protective equipment (PPE) to protect themselves and their patients. Due to an increased demand for PPE during the COVID-19 pandemic, Upstate is exploring alternate supply chain options.

The Centers for Disease Control and Prevention (CDC) does approve the use of homemade masks when the usual supply has been depleted. **Upstate will accept homemade masks made to the approved Upstate specifications below and on the following pages. Upstate will not accept masks that are square or are made outside of these guidelines.** These masks will be used only in the event that supplies of hospital-grade and industrial-grade masks are depleted.

Materials/Tools

Main Fabric (tightly woven cotton), 13"x 7", prewashed

Lining Fabric (flannel or tightly woven cotton), 12"x 7", prewashed

**Elastic (cord or flat) for ear loops (sizes vary, 12"-16") or
Homemade cotton ties (4 strips, 18"x1.5")**

Pipe cleaners, garden twist-ties or flat aluminum wire 5" long*

Sewing machine (hand sewing okay)

Iron

Tracing paper and Wheel (if needed)

Pattern (see pg. 5-8)

Sources: *Calico Gals Quilt Shop, 3906 New Court Avenue, Syracuse, NY 13206 offers weekly curb-side pick-up of supplies. Call (315) 445-0617 or email store@calicogals.com to make an appointment.*

Donations and Drop Off

Questions should be directed to **CovidDonations@Upstate.edu**. Excess mask donations will be shared with other Syracuse-area hospitals.

Contact

CovidDonations@upstate.edu to arrange to deliver completed masks to one of the following locations:

- Traffic circle at Upstate University Hospital, 750 East Adams Street
- Upstate Community Hospital, 4900 Broad Road
- Calico Gals Quilt Shop, 3906 New Court Avenue, Syracuse, NY 13206
315) 445-0617
store@calicogals.com

Name and contact information must be included with each donation.