Thank you for joining the My MenoPlan study about on-line help for women in the menopause transition. Your feedback will help us improve our site and learn how our website compares with others.

Your participation requires you to do two things. They need to be done in the next 7 days.

1. Spend at least 20 minutes exploring your assigned website
2. Complete a 10–15-minute questionnaire about your experience.

The link below will take you to instructions about how to get to the website and the questionnaire.

SAVE THIS EMAIL UNTIL YOU ARE DONE WITH THE STUDY!

If you have trouble returning to the questionnaire after you are done on the website you can get back to the questionnaire using the link below.

Thank you again from the entire MsFLASH team. Your generosity of time is what makes it possible for us to help women everywhere.