Given two strings s and t, return true if they are both one edit distance apart, otherwise return false.

A string s is said to be one distance apart from a string t if you can:

* Insert **exactly one** character into s to get t.
* Delete **exactly one** character from s to get t.
* Replace **exactly one** character of s with **a different character** to get t.

**Example 1:**

Input: s = "ab", t = "acb"  
Output: true  
Explanation: We can insert 'c' into s to get t.

**Example 2:**

Input: s = "", t = ""  
Output: false  
Explanation: We cannot get t from s by only one step.

**Constraints:**

* 0 <= s.length, t.length <= 104
* s and t consist of lowercase letters, uppercase letters, and digits.