

# Ko 70

## Fuki no hana saku

*"Butterburs bud"*

January 20-24 · Daikan (Major Cold)



### Why now?

While air temperatures hit their coldest, soil deeper underground retains warmth from accumulated summer heat. The butterbur's roots tap this hidden thermal reserve, sending up flower stalks before any competitor stirs - first-mover advantage in nature's economy.

### Insight

The coldest days come after the solstice turn, not before. Light has been returning for a full month - the reversal is well underway, even when conditions feel harshest. This is the "hidden spring": potential precedes manifestation. The butterbur doesn't wait for permission or perfect conditions. It acts on knowing.

### Today's practice

Identify one initiative that's quietly building momentum beneath the surface - something others can't see yet.

Give it 15 minutes of focused attention. Water roots that haven't broken ground.

*"The world is full of magic things, patiently waiting for our senses to grow sharper."*

- W.B