

Organizing sports competitions is essential for fostering physical health, mental well-being, and social development within communities. These events encourage individuals to engage in regular physical activity, which is crucial for maintaining a healthy lifestyle and preventing diseases such as obesity and heart disease. Additionally, participating in sports helps reduce stress and anxiety, contributing to better mental health. Beyond physical and mental benefits, sports competitions also promote teamwork, discipline, and a sense of community, as they bring people together to support and celebrate their shared interests. While there are concerns about the resources required and the potential for stress and injuries among participants, these issues can be mitigated through careful planning and emphasis on safety and participation over mere competition. Therefore, the overall advantages of organizing sports competitions far outweigh the potential drawbacks.

5. Các công việc toàn thời gian có mức lương cao thường yêu cầu ít nhất hai năm kinh nghiệm. (full-time job/high salary/two years of experience)
full-time jobs with high salaries often require at least two years of experience

6. Sinh viên tốt nghiệp đại học có bằng cấp tốt dễ tìm được việc. (graduate from/good qualifications)
University graduates with good qualifications find it easy to get a job

7. Các trường đại học chuyên về khoa học công nghệ cần các thiết bị hiện đại. (major in/modern equipment)
Universities majoring in science and technology need modern equipment

8. Những nhân viên làm việc hiệu quả và độc lập thường có cơ hội thăng tiến cao. (effectively and independently /high chances of promotion)
Employees who work effectively and independently usually have high chances of promotion

2. Join the sentences using relative clauses

- Members receive important updates. They join our mailing list.
- My inbox is full of emails. I've never read them.
- I think there should be more public places. You can get free wi-fi there.
- People use their phones at the dinner table. I don't like them.
- There are one or two authors. I always read their books.
- Letter writing is an important skill. People no longer develop it.
- There's a psychology professor at my university. His lectures are really interesting.

4. I don't like people who use their phones at the dinner table.

2. My inbox is full of emails, which I've never read.

3. I think there should be more public places where you can get free wi-fi.

4. People who use their phones at the dinner table. I don't like them.

5. There are one or two authors whose books I always read.

6. Letter writing is an important skill that people no longer develop.

7. There's a psychology professor at my university whose lectures are really interesting.

3. Translate the following sentences from Vietnamese to English using the suggested words and relative clauses.

1. Một số công việc bán thời gian không yêu cầu kinh nghiệm, điều này giúp sinh viên có thêm thu nhập. (part-time jobs/require experience/earn more money)

Some part-time jobs which do not require experience help students earn more money.

2. Công ty A, nơi sản xuất nhiều thiết bị gia dụng, đã phá sản năm ngoái. (manufacture/household appliance/go bankrupt)

Company A, which manufactured many household appliances, went bankrupt last year.

3. Công ty B, một công ty đa quốc gia nổi tiếng, thường yêu cầu các nhân viên phải giỏi tiếng Anh. (multinational company/good at)

Company B is a famous multinational company, often requiring employees to be good at English.

4. Một số bạn trẻ mong muốn làm công việc thuộc lĩnh vực công nghệ thông tin, điều này có nghĩa là các bạn cần có kỹ năng làm việc theo nhóm và làm việc dưới áp lực cao. (IT jobs/work in group/under high pressure)

Some people aspire to work in the ~~major~~ IT industry, which means they need to have skills to work in groups and under high pressure.

Some people want to have IT jobs, which means they need skills to work in group and under high pressure.

5. Các công việc
job/high salary/t
full

6. Sinh viên tốt

7. Các trường d

8. Những nhâ
independently

Unemployment.

Finally, it is safer to travel in our own vehicles than travelling by public transport or taxi. It is dangerous sometimes. You can be attacked on the bus or be pickpocketed or harassed while you are in the same space with others. If you have your private car, you don't need to worry about such problems which are likely to happen when you share your means of transport with strangers.

In conclusion, my own view is that...

Type 2: Two-sided essay structure (helping when lacking supporting ideas)

Parts		Suggested structures/phrases
Introduction		
General statements - introduce topic - paraphrase question	How to introduce the topic Fact: [present simple] Recent changes: [present perfect] Things which are changing right now: [present continuous]	<i>It is clear that, Most people say that, There is no doubt that, In the last decade, Recently, These days, Nowadays</i>
Outlining statement	State that the body paragraphs is going to focus on two sides of the topic.	<i>In this essay I will look at two sides of the problem/of this and give my opinion.</i>
Body: Supporting details can be description, example, or explanation		
Paragraph 1: Explain one side that is...	Topic sentence: State the controlling idea	<i>Using cohesive devices to connect</i>