

Task 1: Dear Jan, How are you? I write this email to tell you about our meeting tomorrow . At 8 a.m, I will meet you in the entrance of the cinema. One of my hobbies is horror film. So, I want to see "The Conjuring 2". I think Jan would enjoy this film because his favourite is the same to me . I look forward to meeting you . Yours sincerely Kim Anh

Task 2 Watching television all weekend is not good for you. Firstly, wasting time, It's pretty obvious that when you are watching television you can't do anything else. Secondly, the health effects of sitting down. We now live a more sedentary life than ever before with most people having jobs behind a desk. We compound this problem when we go home and sit down in front of the TV as well, because the electrical activity in our muscles stops when we're sitting. Last but not least, Missing Out on Social Interaction. In detail, every hour you spend in front of the TV is another hour you're not making the most of your life. You could be playing with your family, hanging out with friends or doing an activity you enjoy. Connection is one of the basic human needs we all have and it will never be fulfilled by your television set. In short, spending many time for watching TV is very harmful