

Task 1: Dear Richard, Thanks for your invitation. I will go to England in this July 15th. I 'll have the summer vacation in England. I would stay about 5 days. See you soon, Richard. Task 2: It has been discovered that foods have been linked to human emotions, especially pronounced when the person is upset or stressed. The study results showed that people with a healthy diet, a reasonable average age of about 50 are at risk of memory loss 90% lower than those who have less healthy diets than, this is the conclusion drawn after research conducted monitoring lasted 14 years. This study is the first study in the world to investigate the relationship between a healthy diet early in midlife and the risk of developing dementia later. The researchers assessed the relationship between an index of a healthy diet based on the consumption of many foods. Vegetables, berries and fruit, fish and unsaturated fats from dairy products and butter is one of the healthy foods, while sausages, eggs, sugar, soft drinks, chilled fish salt and saturated fat from dairy products and butter are designated as unhealthy. Therefore, if there is a specific purpose, you should choose the most suitable for your needs