

task 2 : Follow me to go to a fitness club is great .When go to a fitness club, we can communicate with many people. we can exercise together, to be taught the exercise is good for health, but we do not know. it will be a useful approach. can at home because we will not know how the file is correct, what is wrong should go to the fitness club is very good. communicate with everyone when we will also know a lot of knowledge related to health, but I do not know. so follow me to go to a fitness club very good and useful for me and for the day is to the fitness club to help health .