Task 1: Dear Sarah, I am going to go walking on next Friday. Would you like to go with me? I think it is really interesting. We will go walking in the Diamond Park where we can see a lot of fascinating view. In addition, walking helps us relax after stressful working hours and keep fit. It is very good for heath. Because we only walk, I will wear casual clothes which make me feel comfortable. Besides, you should bring hat, umbrella in case of rainning. See you soon, John Task 2: In my opinion, travelling is waste of time and money because of many different reasons. Firstly, travel is expensive. Flights, accommodation, trips and activities all cost money. And eating out all the time must drain the finance, apart from places like Asia, where you don't know what you're eating away. Staying at home allows you to save money that can be put to more sensible things, such as a home, a car or investment in your own future. Secondly, it damages your career. Those who embark on long-term travel are giving a finger to the conventional world and showing their lack of commitment to a stable job path. How can you be taken seriously for a promotion where you insist on taking all of your holiday allowance and then use it to go to the other side of the world. Finally, it is very dangerous. You hear about all these plane crashes, kidnappings, coach crashes, tsunami, earthquake, etc. It's a dangerous world out there. Your time and money might be better spent in protecting your own home and family. To sum up, it is useless to travel.