

task 1 Dear Jane Hello Jane long time no see, how are you ?? I write this email to tell you I am going to go walking next friday. Do you want to go with me ? We can go walking to Thu Le zoo. Maybe we can walking in the morning. To go walk we have to be prepared with the right clothes, eat the right foods. first, we need to have the right shoes and clothes can go a long way in making you feel comfortable and excited about going on the morning walk. You should bring a pair of sneakers that fits you correctly. Next, get light-weight, non-cotton clothes that can let you move around comfortably. Cotton clothes absorb sweat and will leave you feeling damp and uncomfortable. This means that you should get socks that are non-cotton, too. You should bring a small bottle of water and eat a small breakfast before walking. I hope you can go with me. love you Tra

Task 2 Travelling is waste of time and money. No, I do not think so. I think travelling is very usefull and give us many benefits.Traveling is wonderful in many ways. It captures us with a sense of wanderlust and has us longing for more destinations to visit, cultures to experience, food to eat, and people to meet. First, you'll find a new purpose when we travel. Traveling is an amazingly underrated investment in yourself. As you travel you're exposed to more new people, cultures, and lifestyles than you are living in your homeland all the time. With all the newness in your life, you're also opened to new insights, ways of seeing the world and living, which often gives people a new purpose for their lives. Second, you'll realize that it's extremely easy to make friends. "A journey is best measured in friends, rather than miles." - Tim Cahill. One of the first things I learned from traveling solo is how easy it is to make friends. Third, you'll experience serendipity. Finally, you'll realize that your home is more than just where you grew up.The more we travel, the more we realize that our home is so much more than the town, city, state and even country that we've grown up in; we realize that our home is the world, this planet, and we become more conscious of how we can harmoniously live and support one another. On my opinion, Travelling is very usefull for everyone