

Task 1: Dear Nick, I like to Country music. Because it very interesting, Home is where I was born and grew up. Homeland's music many songs, sang about our homeland. This music comes to the river, pavilion, coastal villages, fields, ... and the song he always gives me beautiful memories of the homeland. Those are the memories of a lifetime. we can not forget. I think I can get you some work, such as preparing fixtures, MC, preparation of sound and lighting parts,... .I'll try to get there for a conference. Task 2: We should go to a fitness club because it is good for health. The quarter of every human being is health. Regular sport helps us to plan a healthy lifestyle playful, academic and scientific work. Sport workout routine, proper scientific method will make the body grow, reflected in very fast, strength and elasticity of muscle flexibility increases. Free dich.Tap increase fitness system reduces LDL cholesterol - often causes arterial blockage. Sport reduces stress on the heart, improve insulin sensitivity, improve myocardial function, improve blood flow to the heart easily and help limit the formation of blood clots. Can combat memory loss. Increases or lose weight, help us to have a nice body. Health has a very important role for us. To get a good health is not a difficult thing that is at the choice of each person. I think we should go to the sports club sports workouts now, you will feel rather for each day; Get a good health, a sense of comfort and the mental health and comfort you will do many things that they want. If there are no conditions or time to the club we can practice at home with a lot of exercises rich and diverse as: cycling, jumping rope, walking, shaking round, weightlifting, biogas ... .. Go club in which teachers and guidance, with more modern furniture such as a treadmill, treadmill swivel waist, back bucket horizontal treadmill, treadmill stretching his back, biceps machine later, rigs versatile quintal. I hope all of us who also exercise to minimize illness and have a healthier society.