Task 1: Hi Nick, I have seen the notice about the concert and I would like to give you some ideas. I like pop music, I can help you keep everything orderly and choosing songs. I'm free in monday and friday afternoons but I think I willl albe to come when I have free time in the other days, you can contact me on this number 123456789. Hope that answers your questions. I hope to hear from you soon. Have a nice day. Task 2: I don't agree with this. I don't think going to a fitness club is the best way because we can do exercises at home as well. And I think keep fit is not only about the excisices. It's also about what you eat, drink, about emotion for example don't eat junk food, stay positive, take care of yourself and have motivation to do it.