[Loai: ĐỌC HIỂU ĐỀ 10 – 5 CÂU]

[Q]

**Read the following passage and choose the correct answer to indicate the correct answer to each of the questions from 51 to 55.**

Not so many years ago, the word vitamin was known to a few scientists. Today it is very widely used, and the importance of vitamins in our food is common knowledge.

Vitamins are life-giving substances found in foods and are needed for the proper growth and general health of the body. The different kinds of vitamins are indicated by letters of alphabet. At the present time, vitamin A, B1, C, D, E and G are known. A proper diet should contain a collection of foods in which all of these vitamins are present. Vitamins are also prepared and sold in tablet and capsule form.

Each vitamin has its particular work to do in the life-giving process. Vitamin B1, for example, benefits appetite and digestion. It also helps the body grow. Another vitamin helps the blood to clot, so that danger of bleeding to death in case of injury is lessened. Still **another** makes the eyes stronger of seeing at night. Airplane pilots need plenty of this vitamin. Scientists think vitamins may have some effect on keeping the hair from turning gray.

**Question 51:** This article as a whole is about \_\_\_\_\_\_\_\_\_\_\_\_\_**.**

0. diet in relation to health

0. prevention of diseases

1. what vitamins are and what they do

0. how scientists discovered vitamins

[Q]

**Question 52:** We know the name of vitamins through \_\_\_\_\_\_\_\_\_\_\_\_\_\_. **.**

0. the pictures

0. the food

1. the letters of the alphabet

0. the different tastes

[Q]

**Question 53:** The word “**another**” in the last paragraph refers to which of the following?

1. vitamin

0. food

0. diet

0. medicine

[Q]

**Question 54:** It which of the following is NOT true according to the passage?

0. vitamins can be prepared in tablet and capsule form.

0. Vitamins have an important effect on health

0. Each vitamin has its particular work to do

1. Vitamins can be taken only by eating the foods in which they are found.

[Q]

**Question 55:** Which of the following is NOT directly stated in the article but is a reasonable conclusion form the reading?

0. Vitamins are medicines given to cure diseases.

1. To get all the vitamins a person must eat a variety of foods.

0. Scentists have known about vitamins for centuries.

0. A few people know the value of vitamins.