[Loai: ĐIỀN TỪ ĐỀ 10 – 5 CÂU]

[Q]

**Read the following passage and choose the correct answer to indicate the correct word or phrase that best fits each of the numbered blanks from 56 to 60.**

Scientists used to believe that our 24-hour cycle of sleeping and waking was governed entirely by external factors. The most notable of these, they thought, were the rising and (56)\_\_\_\_\_\_\_\_\_\_ of the sun. But they have now assured that there is a daily rhythm to a wide range of biological functions – including temperature, digestion and mental activity.

The main function of this body clock is to anticipate and (57)\_\_\_\_\_\_\_\_\_\_\_\_ for external changes so that, for example, body temperature starts to rise (58)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ dawn, gearing us up for the day, and begins to fall in the early evening, winding us down for sleep.

Some people’s body clock keep poorer time than others, which can greatly disturb their lives and even (59)\_\_\_\_\_\_\_\_\_\_\_\_\_their health. Insomnia, depression, fatigue, poor work performance and even accidents can all be (60)\_\_\_\_\_\_\_\_\_\_ or aggravated by inaccurate body clocks.

**Question 56:**

0. descending

1. setting

0. diving

0. dipping

[Q]

**Question 57:**

0. dispose

0. scheme

1. prepare

0. steady

[Q]

**Question 58:**

1. around

0. beside

0. approximately

0. nearly

[Q]

**Question 59:**

0. risked

0. spoil

0. injure

1. threaten

[Q]

**Question 60:**

0. put

1. caused

0. formed

0. made