4 boneless, skinless chicken breasts

1 onion

3 cloves garlic

1 tablespoon fresh ginger

½ cup soy sauce

⅓ cup honey

⅓ cup rice vinegar

¼ cup scallions, sliced

3 tablespoons sesame seeds

2 cups white rice, steamed

Slow Cooker Chicken Teriyaki

- 1. Place the chicken breasts into your slow cooker.
- 2. Top the chicken with the onion, garlic and ginger.
- 3. Add the soy sauce, honey and rice vinegar to the slow cooker; season with salt and pepper.
- 4. Cook on low for 6 hours. Shred the chicken with two forks.
- 5. Garnish the cooked chicken with sliced scallions and sesame seeds. Serve with the steamed rice.