

LESSON 46

Performance Audit with Lighthouse

WEEK 10

Introduction to Performance Auditing

❖ What is performance auditing?

- Performance auditing involves analyzing how well a web application performs in real-world conditions and identifying areas for improvement.

❖ Why is it important for ReactJS and NextJS applications?

- ReactJS and NextJS apps often face performance challenges like slow load times or inefficient rendering, which can impact user experience.

❖ Overview of key performance metrics:

- **Load time:** How quickly the application becomes usable.
- **First Contentful Paint (FCP):** Time taken to render the first visible element.
- **Time to Interactive (TTI):** Time taken for the app to become fully interactive.

What is Lighthouse?

❖ **A tool for measuring web app performance:**

- Lighthouse is an open-source tool that helps developers assess the quality of web pages.

❖ **Open-source, automated tool:**

- It provides an automated way to measure several aspects of web performance and accessibility.

❖ **Provides insights on various performance metrics:**

- Lighthouse evaluates the app in areas like performance, SEO, accessibility, and best practices.

❖ **Generates reports to help improve app performance:**

- The tool gives actionable insights that developers can use to optimize their web applications.

How Lighthouse Works

❖ Performs audits based on real-world conditions:

- Lighthouse runs audits that simulate network speeds, device capabilities, and CPU performance to reflect realistic user experience.

❖ Simulates load on various devices (mobile, desktop):

- The tool provides separate scores for mobile and desktop performance to ensure cross-platform optimization.

❖ Provides suggestions for performance improvements:

- Based on the audit, Lighthouse suggests steps for optimizing performance, such as reducing JavaScript execution time or optimizing images.

Lighthouse Report Overview

❖ **Performance score:**

- The score ranges from 0-100, indicating the performance level of the application.

❖ **Key metrics reported by Lighthouse:**

- **FCP (First Contentful Paint), LCP (Largest Contentful Paint), Speed Index**
- Metrics that directly impact the perceived load time and interactivity of the app.

❖ **Opportunities and Diagnostics:**

- Suggestions on how to improve the performance, like eliminating render-blocking resources or reducing JavaScript file sizes.

❖ **How to read the Lighthouse report:**

- Each section of the report is clearly laid out to show areas of improvement along with potential fixes.

Setting up Lighthouse

❖ **Install Lighthouse as Chrome Extension or use CLI:**

- Lighthouse can be used directly in the Chrome DevTools or via the CLI for automated performance checks.

❖ **Audit Web app with Lighthouse in DevTools:**

- Open the Chrome DevTools, navigate to the Lighthouse tab, and click "Generate Report" to audit the Web application.

❖ **Example: Running Lighthouse on a web page:**

- Demonstrate the audit process with a simple web page to show the tool in action.

Analyzing the Lighthouse Report

❖ **FCP (First Contentful Paint):**

- **What it measures:** Time taken for the first piece of content to appear on the screen.
- **Impact:** Affects how quickly users see something on the screen, which is crucial for user engagement.

❖ **TTI (Time to Interactive):**

- **What it measures:** Time taken for the app to become fully interactive, meaning it responds to user input.
- **Impact:** Directly impacts the usability of the app, especially for complex web applications.

❖ **LCP (Largest Contentful Paint):**

- **What it measures:** The time it takes to render the largest piece of content on the page.
- **Impact:** A slow LCP can cause frustration as users wait for the main content to appear.

❖ **CLS (Cumulative Layout Shift):**

- **What it measures:** The visual stability of the page, indicating how much the content shifts unexpectedly.
- **Impact:** A high CLS causes poor user experience, especially when buttons or links move unexpectedly.

Optimizing FCP (First Contentful Paint)

❖ What is FCP?

- FCP measures the time from when a user navigates to a page to when the browser renders the first piece of content.

❖ How to reduce FCP:

- **Code splitting:** Break the app into smaller chunks that load on demand.
- **Lazy loading:** Load non-essential resources only when required.
- **Server-side rendering (SSR):** Render content on the server before sending it to the client.

❖ Example: ReactJS component lazy loading:

- Implement lazy loading in ReactJS using `React.lazy()` to only load components when needed.

Optimizing LCP (Largest Contentful Paint)

❖ What is LCP?

- LCP measures how long it takes for the largest piece of content on the screen to load.

❖ How to reduce LCP:

- **Image optimization:** Compress images and use modern formats like WebP.
- **Preloading resources:** Preload important resources such as fonts or images that will render above the fold.
- **Reducing server response times:** Optimize your backend to serve content faster.

❖ Example: Optimizing images with NextJS Image component:

- Use NextJS's built-in `<Image>` component to automatically optimize images for different screen sizes and formats.

Optimizing CLS (Cumulative Layout Shift)

❖ What is CLS?

- CLS measures unexpected layout shifts during the page load process.

❖ How to prevent CLS:

- **Set size for images:** Always specify width and height for images to prevent shifts.
- **Avoid dynamic content shifts:** Ensure that dynamically injected content doesn't affect the layout unexpectedly.

❖ Example: Fixing layout shifts in ReactJS components:

- Use fixed or responsive layout styles to ensure elements don't shift unexpectedly during rendering.

Server-Side Rendering (SSR) with NextJS

❖ **Benefits of SSR for performance:**

- SSR allows content to be rendered on the server, which can speed up the time it takes for users to see content on the screen.

❖ **How to implement SSR in NextJS:**

- Use NextJS's `getServerSideProps` function to fetch data on the server and send it to the client as part of the initial render.

❖ **Lighthouse report improvements with SSR:**

- Server-side rendering improves FCP and LCP by reducing the amount of client-side rendering required.

Optimizing TTI (Time to Interactive)

❖ What is TTI?

- TTI measures the time it takes for a page to become fully interactive, meaning it can respond to user input without delay.

❖ Why is TTI important?

- High TTI can cause users to abandon the app because it feels unresponsive.

❖ How to reduce TTI:

- **Minimize JavaScript execution time:** Reduce the amount of JavaScript running on page load. Use code splitting and dynamic imports to load only the required code.
- **Defer non-critical scripts:** Load non-essential scripts after the page becomes interactive.
- **Use Web Workers:** Offload heavy tasks to background threads using Web Workers to keep the UI responsive.

❖ Example: Deferring non-critical scripts in NextJS:

- Implement next/script with the strategy="afterInteractive" attribute to load non-essential scripts after the page has loaded and become interactive.

Optimizing Speed Index

❖ What is Speed Index?

- Speed Index measures how quickly the visible parts of the page are populated during the page load process.

❖ Why is Speed Index important?

- A low "Speed Index" means that the user sees content quickly, even before the entire page has fully loaded.

❖ How to reduce Speed Index:

- **Prioritize above-the-fold content:** Load and render the critical content that appears first on the screen before non-critical resources.
- **Lazy loading images and assets:** Load images and other assets only when they come into the viewport to avoid blocking the rendering process.
- **Critical CSS:** Inline or preload the critical CSS needed for above-the-fold content to render faster.

❖ Example: Prioritizing above-the-fold content in NextJS:

- Use next/head to include critical CSS and preload important resources like fonts to ensure above-the-fold content loads faster.

Optimizing FID (First Input Delay)

❖ What is FID?

- FID measures the time it takes for the browser to respond to the first interaction (click, tap, etc.) after the page is loaded.

❖ Why is FID important?

- High FID indicates that the page is slow to respond to user input, which can negatively impact the user experience, especially in interactive apps.

❖ How to reduce FID:

- **Minimize JavaScript execution on initial load:** Reduce the complexity of the JavaScript required for the initial interaction by using code splitting and deferring non-essential JavaScript.
- **Optimize event handlers:** Ensure that event handlers are quick to execute by keeping them lightweight and avoiding blocking operations during page load.
- **Prioritize critical scripts:** Load only essential scripts before allowing the page to respond to user input.

❖ Example: Optimizing event handlers in ReactJS:

- Use React.memo and useCallback to avoid unnecessary re-renders and optimize event handling for interactive elements.

Optimizing TBT (Total Blocking Time)

❖ What is TBT?

- TBT measures the total amount of time that the page is blocked from responding to user input, caused by long-running JavaScript tasks.

❖ Why is TBT important?

- High TBT indicates that the page is not interactive during long periods, causing a poor user experience.

❖ How to reduce TBT:

- **Break up long tasks:** Split long-running JavaScript tasks into smaller tasks that run asynchronously to prevent blocking the main thread.
- **Use requestIdleCallback:** Offload non-critical tasks to idle time when the main thread is free.
- **Optimize third-party scripts:** Minimize the use of third-party scripts or make sure they load asynchronously without blocking the page.

❖ Example: Splitting long tasks in ReactJS:

- Use setTimeout or requestIdleCallback to break long-running calculations into smaller chunks, ensuring the main thread is not blocked.

Optimizing Time to First Byte (TTFB)

❖ What is TTFB?

- TTFB is the time it takes from sending the request to receiving the first byte of data from the server.

❖ Why is TTFB important?

- High TTFB means that the server is slow to respond, leading to longer wait times for users.

❖ How to reduce TTFB:

- **Optimize server performance:** Use faster server-side technology, caching mechanisms, and databases to reduce response times.
- **Use Content Delivery Networks (CDN):** Distribute content closer to users to reduce the distance and time required to fetch resources.
- **Implement server-side caching:** Cache commonly requested resources to avoid repetitive computations on the server.

❖ Example: Implementing CDN in NextJS:

- Use a CDN like Vercel or Cloudflare to deliver static assets faster by caching them at edge locations closer to the user.

Optimizing Image Performance

❖ Why optimize images?

- Large or unoptimized images can slow down page load times, particularly for mobile users.

❖ How to optimize images:

- **Use modern image formats (WebP):** WebP offers better compression and quality than traditional formats like JPEG and PNG.
- **Lazy load images:** Only load images when they are about to appear in the viewport.
- **Resize images for different screen sizes:** Ensure that images are served in appropriate sizes for different devices.

❖ Example: Using NextJS Image component for optimization:

- NextJS's <Image> component automatically optimizes images by serving them in the correct size, format, and quality for each device.

Optimizing Fonts

❖ Why optimize fonts?

- Fonts can block rendering and delay page load times if not properly optimized.

❖ How to optimize fonts:

- **Preload critical fonts:** Use font-display: swap and preload important fonts to avoid rendering delays.
- **Limit the number of fonts and font weights:** Reduce the number of font files to improve load speed.
- **Use system fonts:** Where possible, use system fonts to avoid the overhead of downloading custom fonts.

❖ Example: Preloading fonts in NextJS:

- Use next/head to preload critical fonts and avoid blocking the rendering process while waiting for font files.

Optimizing Critical Rendering Path

❖ What is Critical Rendering Path?

- The sequence of steps that the browser follows to render the content of a web page.

❖ Why is it important?

- By optimizing the critical rendering path, you can ensure that the user sees content as quickly as possible.

❖ How to optimize:

- **Eliminate render-blocking resources:** Ensure CSS and JavaScript don't block the rendering of critical content by using async/defer attributes.
- **Minimize critical CSS:** Extract only the critical CSS needed for the first render and inline it in the HTML.
- **Reduce the number of requests:** Consolidate CSS and JavaScript files where possible.