







LESSON 45 Database Optimization Techniques

WEEK 09









Introduction to Database Optimization

What is Database Optimization?

Database optimization refers to the process of improving the performance of a database system to ensure fast query execution, efficient data retrieval, and effective resource utilization.

❖ Why is it important?

Proper optimization leads to reduced load times, better user experience, and lower operational costs.

Types of Optimization:

Query optimization, index optimization, schema design optimization, etc.









Query Optimization Techniques

Why optimize queries?

Queries can be slow due to inefficient joins, missing indexes, or unnecessary data fetching.

How to optimize queries?

- Use SELECT only for necessary columns: Avoid SELECT *.
- > Limit the use of joins: Prefer subqueries or indexed joins when possible.
- Avoid nested queries in SELECT statements: Flatten queries where possible.

Example:

- Inefficient: SELECT * FROM employees WHERE salary > 100000
- Optimized: SELECT employee_id, name FROM employees WHERE salary > 100000









Indexing for Performance

What are indexes?

Indexes are special lookup tables that speed up data retrieval.

How to use indexes effectively?

- Create indexes on frequently queried columns (like WHERE, JOIN, and ORDER BY).
- Use composite indexes for queries that filter by multiple columns.
- Avoid excessive indexing: Too many indexes slow down INSERT, UPDATE, and DELETE operations.

Example:

Create an index on email column: CREATE INDEX idx_email ON users(email);









Schema Design Optimization

Why schema design matters?

Proper schema design ensures efficient storage and easy data retrieval.

How to optimize schema?

- Normalize data to avoid redundancy and maintain consistency.
- > De-normalize when necessary to reduce complex joins.
- Use partitioning for large tables to improve query performance.
- Data types: Choose appropriate data types for columns to save space and increase performance.

Example:

> Using INT instead of BIGINT for columns that don't require such a large range.









Caching for Database Optimization

What is caching?

Caching involves storing the results of expensive database queries in memory to speed up repeated access.

How to use caching?

- Cache query results: Cache frequent queries or complex data calculations.
- Use application-level caching: Store the results of common database queries in Redis or Memcached.

***** Example:

Cache product details in Redis for quick access in an e-commerce app.









Database Normalization and De-normalization

What is normalization?

- Normalization is the process of organizing a database to reduce redundancy and improve data integrity.
- > 1NF, 2NF, 3NF: Levels of normalization.

When to de-normalize?

> De-normalization can improve performance in read-heavy systems by reducing the need for complex joins.

Example:

- Normalized: Split user and orders tables.
- De-normalized: Combine user and orders to reduce JOIN overhead in read queries.









Query Execution Plan Analysis

❖ What is a Query Execution Plan (QEP)?

> A QEP shows how a database will execute a query, including the order of operations and the use of indexes.

❖ How to analyze QEP?

- Look for full table scans, missing indexes, and expensive operations.
- Use the EXPLAIN statement to generate the query execution plan.

***** Example:

EXPLAIN SELECT * FROM orders WHERE user_id = 123;









Database Partitioning

What is partitioning?

Partitioning involves splitting a large table into smaller, more manageable pieces while keeping the data logically intact.

Types of partitioning:

- Range Partitioning: Based on a specific range of values (e.g., date ranges).
- List Partitioning: Based on a list of discrete values.
- Hash Partitioning: Distributes data evenly across partitions.

Example:

Partitioning an orders table by year: CREATE TABLE orders_2021 PARTITION BY RANGE(year);









Reducing Deadlocks and Lock Contention

What are deadlocks?

> Deadlocks occur when two or more transactions are waiting for each other to release locks, resulting in a stalemate.

How to avoid deadlocks?

- Access tables in a consistent order: Avoid transactions locking different tables in different orders.
- Use proper transaction isolation levels: Avoid unnecessary long-running transactions.
- Keep transactions short and fast: Commit or rollback transactions as quickly as possible.

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Using Stored Procedures and Triggers

What are stored procedures?

> Stored procedures are precompiled SQL queries stored in the database for reuse.

***** Benefits:

- Reduce network traffic.
- Improve execution speed by reducing query parsing time.

What are triggers?

Triggers automatically execute a predefined action when certain database events occur (INSERT, UPDATE, DELETE).

Example:

> Use a stored procedure to handle order processing.









Backup and Disaster Recovery Optimization

Why backup is important for performance?

Efficient backup strategies prevent database lockups during backup and recovery.

Backup strategies:

- Use incremental backups to avoid full backups each time.
- Use replicas to offload read queries and backups.

❖ Disaster recovery:

Ensure fast recovery using proper database replication and failover mechanisms.









Monitoring Database Performance

***** Key performance indicators (KPIs) to monitor:

Query response time, CPU usage, memory usage, disk I/O, and network latency.

Tools for monitoring:

- pgAdmin (PostgreSQL), MySQL Workbench (MySQL), Database Performance Analyzer.
- New Relic, Datadog, and Prometheus for full-stack monitoring.









Best Practices for Database Optimization

- Use proper indexing.
- Avoid unnecessary joins and subqueries.
- Regularly analyze and update your query execution plans.
- Optimize schema design with normalization and denormalization as needed.
- Use caching for frequently accessed data. Partition large tables for improved query performance.









Query Optimization Example – Avoiding SELECT *

❖ Problem:

Using SELECT * retrieves all columns from a table, even if only a few columns are needed.

Example (Inefficient Query):

- SELECT * FROM users WHERE status = 'active';
- This retrieves all columns for every active user, which is unnecessary and can slow down the query.

Optimized Query:

- SELECT id, name, email FROM users WHERE status = 'active';
- Only the necessary columns (id, name, email) are selected, improving performance.









Using Indexes for Faster Query Execution

Problem:

Without indexes, the database has to perform a full table scan to find the relevant rows.

Example (No Index):

- SELECT name FROM products WHERE price > 100;
- If there is no index on price, the database has to scan every row.

Solution (Add Index):

- CREATE INDEX idx_price ON products(price);
- This index speeds up queries filtering by price, as the database can now use the index rather than scanning the entire table.









Query Optimization Example – Using Joins Efficiently

❖ Problem:

Joins with large datasets can be slow if indexes are not properly used.

Example (Inefficient Join):

- SELECT users.name, orders.amountFROM users JOIN orders ON users.id = orders.user_id;
- ➤ If the users.id and orders.user_id columns are not indexed, the join operation can be slow.

Solution (Add Indexes):

- CREATE INDEX idx_users_id ON users(id);
- CREATE INDEX idx_orders_user_id ON orders(user_id);
- By indexing the id column in users and user_id in orders, the join operation becomes faster.









Example of Database Partitioning – Range Partitioning

Problem:

A large table with billions of rows can lead to slow query performance, especially on a specific range of data.

Example (No Partitioning):

- > A single orders table contains records for all years.
- SELECT * FROM orders WHERE order_date BETWEEN '2022-01-01' AND '2022-12-31';
- This query might be slow if the orders table has millions of rows.

Solution (Partitioning by Year):

- CREATE TABLE orders_2022 PARTITION BY RANGE(order_date) (PARTITION p2022 VALUES LESS THAN ('2023-01-01')
- By partitioning the table by year, the query can quickly access the data for the year 2022 without scanning the entire table.









Example of Database De-normalization

❖ Problem:

Complex joins between normalized tables can result in slow performance, especially in read-heavy applications.

Example (Normalized Schema):

- In a normalized schema, orders and products are stored in separate tables:
 - SELECT orders.order_id, products.product_name
 - FROM orders
 - JOIN products ON orders.product_id = products.product_id;
- > This query requires joining two tables, which may be inefficient if there are many rows.









Example of Database De-normalization

Solution (De-normalization):

Combine the orders and products tables into one to eliminate the need for a join:

CREATE TABLE orders_with_product AS

SELECT orders.order_id, orders.product_id, products.product_name

FROM orders

JOIN products ON orders.product_id = products.product_id;

Now, the orders_with_product table contains all necessary information, reducing the need for joins.









Example of Using Caching for Database Optimization

- Problem:
 - Frequent queries on the same data can cause unnecessary load on the database.
- Example (Without Caching):
 - > SELECT COUNT(*) FROM orders WHERE status = 'shipped';



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Example of Using Caching for Database Optimization

Solution (Using Redis for Caching):

> Cache the result of this query using Redis:

```
const redis = require('redis');
const client = redis.createClient();
// Check if the result is cached
client.get('shipped orders count', (err, reply) => {
  if (reply) {
    console.log('Cached result:', reply);
  } else {
    // If not cached, run the query and cache the result
    const result = db.query('SELECT COUNT(*) FROM orders WHERE status = "ship")
    client.setex('shipped orders count', 3600, result); // Cache for 1 hour
```









Example of Optimizing Query with Execution Plan

❖ Problem:

- Without analyzing the query execution plan, you may not realize that a query is performing inefficient operations.
 - SELECT * FROM orders WHERE customer_id = 123;
- > This query may perform a full table scan if there is no index on customer_id.

Solution (Using EXPLAIN to Analyze Execution Plan):

- EXPLAIN SELECT * FROM orders WHERE customer_id = 123;
- The output will show whether the query is using an index or performing a full table scan. If it's using a full table scan, create an index:
- CREATE INDEX idx_customer_id ON orders(customer_id);









Example of Using Stored Procedures for Performance

❖ Problem:

Repeatedly executing the same complex query in an application can lead to inefficient performance.

Example (Without Stored Procedure):

The same query is executed in the application code: SELECT * FROM orders WHERE customer_id = 123 AND status = 'shipped';

Solution (Using Stored Procedure):

Create a stored procedure for the query:

```
CREATE PROCEDURE GetShippedOrders(customer_id INT)

BEGIN

SELECT * FROM orders WHERE customer_id = customer_id AND status = 'shipped';

END;
```

Now, the query is precompiled and executed more efficiently.









Example of Indexing with Composite Index

❖ Problem:

A query filtering by multiple columns may not be optimized if there are no composite indexes.

Example (No Composite Index):

- SELECT * FROM orders WHERE customer_id = 123 AND status = 'shipped';
- This query may require scanning the entire table if there are no indexes on both customer_id and status.

Solution (Create Composite Index):

- CREATE INDEX idx_customer_status ON orders(customer_id, status);
- This composite index speeds up queries filtering by both customer_id and status.









Conclusion and Best Practices

***** Key Takeaways:

- Always analyze query performance and execution plans.
- Use indexing strategically and avoid over-indexing.
- > Normalize data but consider de-normalization in certain cases for performance.
- Cache frequently queried data to reduce database load.
- Use stored procedures for frequently executed, complex queries.

❖ Best Practices:

- Monitor performance regularly.
- Keep queries simple and avoid unnecessary complexity.
- Test database performance in production-like environments.

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