

## NHI College Prep Curriculum

NHI College Prep initiative explores four categories (Self -Discovery, College Selection, College Admission, and Financial Aid) in assisting our participants attain higher education.

The suggested activities for this curriculum were adopted from Michigan's College Positive Mentoring Toolkit.

<https://www.michigan.gov/mentormichigan/0,4618,7-193-27047-257240--,00.html>

Youtube video: <https://www.youtube.com/watch?v=R1zombYV570>. Step Up to College  
Preparing for College

### Key Terms

- University
- Community College
- College Application
- Standardize Assessment (SAT & ACT)
- Grants
- Financial Aid

### Self- Discovery

- Personal discipline
- Favorite course in school
- High school graduation requirements
- Professional aspirations
- Educational requirements

**Objective:** The participants will:

1. Learn that without a decision to be discipline, goal often do not become reality
2. Understand that one's academic strength can serve as a guide to possible career options
3. Implement a plan that will keep them accountable for high school completion
4. Understand it important to set professional goals as a high school student
5. Understand the educational requirement for professional goal

**Outcomes:** The participants will:

1. Develop a list of discipline strategies that must in place to realize their goals
2. Complete an academic/professional assessment
3. Create a calendar for a monthly meeting with high school calendar to ensure academic requirement are being met
4. Write a two paragraph future professional goal
5. Understand the professional goals can and should be evaluated and potentially evolving as they mature and gain experiences

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6. Research the educational requirement related to their goals and decide if there is a good match

### **College Selection**

- Program availability and rating
- Institution graduation rate
- Institution location
- Institution size
- Private or public Institution
- Racial population

**Objective:** The participants will:

1. Research institutions that have their program of interest
2. Be informed about population of students who enroll and successfully complete four-year programs
3. Learn about the region of the country where the institution is located
4. Learn about the size of the institution (small, medium, or large)
5. Learn about life on campus at their college of choice
6. Learn the ethnic population of the institution

**Outcomes:** The participants will:

1. Create a journal for top three institution where their programs are offered
2. Collect data on the population of students who actually completed their program at the participant's chosen institution
3. consider the weather, cost of living, opportunities, in the region where the institution is located
4. Experience life as a student in person or virtually
5. Receive factual information about the number of African American or Black students and the support the receive from the institution

### **College Admission**

- Application Season
- Standardize test scores
- Campus visits
- Writing essays

**Objective:** The participants will:

1. Learn when the application season begins and what the application entails
2. Understand the components of the application
3. Understand that some but not all institutions require standardize test scores
4. Understand the purpose of the campus visit how this experience can drive your decision
5. Learn how to write an eye catching essay to complete the application

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**Outcomes:** The participants will:

1. Learn that the Fall semester of the senior year is known as the “application season”
2. Obtain or complete standardize test results, transcript, letter of recommendations, institution admission application, extracurricular activities, etc. and submit the before the application deadline
3. Discover which institutions in the top three require standardize test scores or does not
4. Schedule campus visits with a parent guardian or a mentor
5. Be able to request overnight visits at some institutions to get a personal feel
6. Understand that a competitive essay must highlight strengths and achievements and future aspirations

### **Financial Aid**

- Institution verses Federal financial aid
- Grants
- Scholarships
- Work-study
- Aid from the state government
- Aid for military families
- Loans

**Objective:** The participants will:

1. Understand that there are several options for funding college career
2. Understand family’s ability to contribute to expense of college career
3. Understand the expense associated with a four-year collegiate career

**Outcome:** The participant will:

1. Will be able to apply for financial aid using FASFA
2. Learn how to utilize the HOPE grant
3. Explore eligibility for other funding through the military and institutional RA and grants
4. Understand the interest and repayment terms associated with each loan product