**Benefits of Game for Elderly**

Dear respondent,

We are students who taking course STID 3113 Research Methodology in IT. We are currently carrying a research project entitled “Benefits of Game for Elderly”. This research is to find out what benefits can bring for elderly by playing game and identify which kind of game that are suitable of elderly. The aim for this survey is to gather the respondent’s opinion.

This questionnaire consists 3 sections. Your responses and view are significant for achieving our objective of this research. All information provided will be kept confidential and use for academic purpose only.

Thank you for your precious time and participation.

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**Section A – Demographic of Respondents**

1. Gender **(Radio button)**

* Male
* Female

1. Age **(Radio button)**

(Not sure about age for our age group but I think madam said before to your group so I think okay la)

* 30 - 45 years old
* 46 - 60 years old
* 61 years old and above

1. Which state are you live in? **(Drop Down List)**

* Perlis
* Kedah
* Pulau Pinang
* Perak
* Selangor
* Negeri Sembilan
* Melaka
* Johor
* Pahang
* Terengganu
* Kelantan
* Sarawak
* Sabah

1. Are you interested in playing games? **(Radio button)**

* Yes
* No

**Section B – RQ1: What is the benefits of games for elderly?**

1. Do you think games can bring benefits for you? **(Radio Button)**

* Yes
* No (If no then how? Maybe can put in the section above so got choices)

1. Which benefits of game for mental health do you agree with? **(Table with Radio button)** 
   1. Playing game can bring fun for me. 4
   2. Playing game can get me confidence. 4
   3. Playing game can help me deal with loneliness. 5
   4. Playing game can enhance feelings among family and friends. 3
   5. Playing game can develop new friendships. 3
   6. Playing game can deal with depression. 3
   7. Playing game can creates happiness, reduces stress (can split happiness and stress bah). 3

[Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree]

1. Which benefits of game for physical health do you agree with? **(Table with Radio button)** 
   1. Playing game can improve cognitive areas. (Isn’t this mental health)
   2. Playing game can improve focusing attention. (Isn’t this mental health)
   3. Playing game can improve memory. (Isn’t memory also part of cognitive)
   4. Playing game can improve reaction speed. (Isn’t reaction also part of cognitive)
   5. Playing game can improve reasoning. 4
   6. Playing game can lowers blood pressures. 3

[Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree]

1. What are other benefits of playing games?

None. (improves heart rate? reduces cholesterol? reduces fats? increase stamina?)

**Section C – RQ2: Which kind of games are suitable for elderly?**

1. What kind of games are you interest with? **(Checkbox)**

* Action games
* Adventure games
* Role-playing games
* Simulation games
* Puzzle, Tile, and Board Games
* Video Games
* Card Games
* Word and Number Games
* Others: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What improvement (suggestion) do you think that can be enhanced in the available games for elderly? (If for elders, it’s hard for them to understand la….maybe can make it simple with the use of language? I feel improvement too ambiguous as there are so many games so how we, as respondents want to give improvements le?)

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