Problem. Let a, b, c be positive real numbers such that a + b + c = 3. Prove that

$$\frac{a(b+c)}{a^2+2bc+3} + \frac{b(c+a)}{b^2+2ca+3} + \frac{c(a+b)}{c^2+2ab+3} \leqslant 1.$$

Solution. (Nguyen Van Huyen) Using the Cauchy-Schwarz inequality and AM-GM inequality, we have

$$a^{2} + \frac{(a+b+c)^{2}}{3} \geqslant \frac{(a+a+b+c)^{2}}{1+3} = \frac{(2a+b+c)^{2}}{4} \geqslant 2a(b+c).$$

So

$$2bc + a^2 + \frac{(a+b+c)^2}{3} \geqslant 2(ab+bc+ca),$$

or

$$\frac{a(b+c)}{a^2 + 2bc + \frac{(a+b+c)^2}{3}} \le \frac{a(b+c)}{2(ab+bc+ca)}.$$

Therefore

$$\sum \frac{a(b+c)}{a^2 + 2bc + 3} \leqslant \sum \frac{a(b+c)}{2(ab+bc+ca)} = 1.$$

The proof is completed.