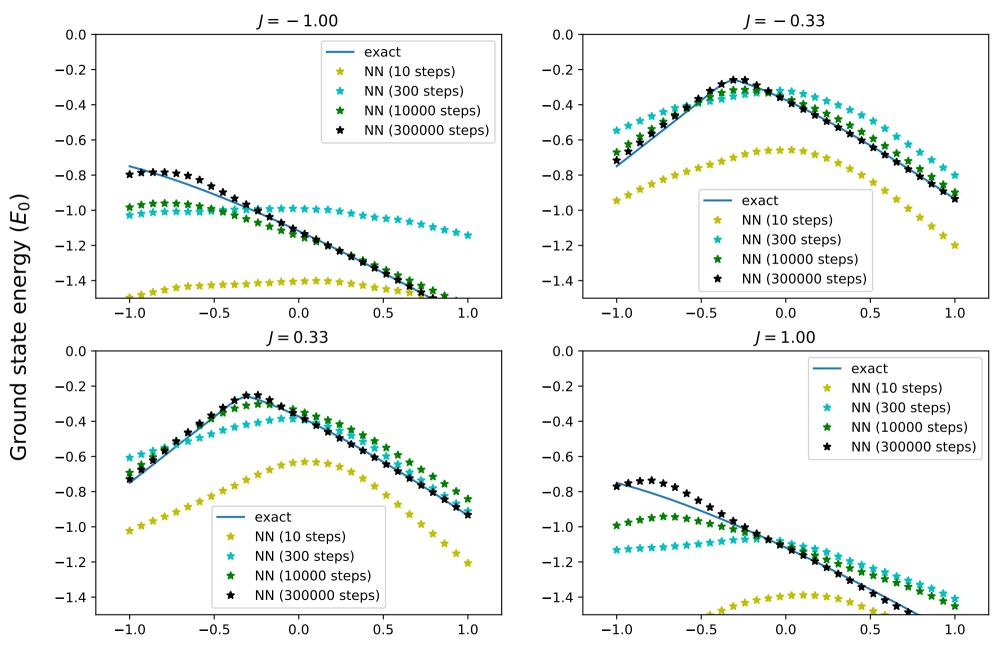
Plot E_0 vs. J_z for four values of J



 J_z coupling term