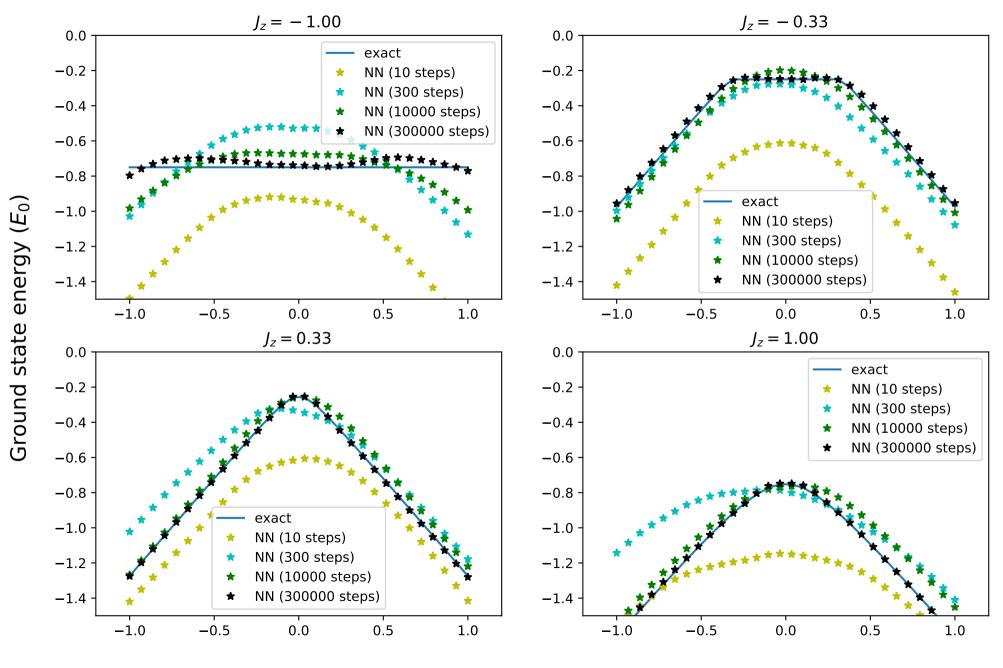
Plot E_0 vs. J for four values of J_z



J coupling term