## HOW MUCH DO YOU REALLY KNOW ABOUT GUT HEALTH?

Build a strong foundation for your child's health by learning more about the state of her/his gut microbiome

Hello there! We are your microbiome friends!

- We live inside your child's gut and play a key role in supporting her/his well-being.
- If you want to make us happy, nourish us with healthy food, and in return we will do our best to support your child's health!

The first 1000 days of life and early childhood are important for your child's lifelong health. The microbiome has a key role in shaping a healthy gut and strengthening immunity.

The <u>OneBiome service</u> helps you determine if your child carries these microbiome friends through a stool analysis. It will:

- <u>Tell you</u> about your child's microbiome composition.
- <u>Provide you</u> some healthy food tips to support/ boost your child's healthy microbiome friends.





We are Looking for parents of young children for a user experience study, to investigate the relevance of the OneBiome Service. Volunteers are being recruited for research participation.

## Participation criteria:

- 1. You are parent of a child 0-5 years old.
- 2. Able to access the OneBiome website via a smartphone or table device.
- 3. Understand English and will be asked to complete the user experience questionnaires that will be sent to you.
- 4. Make up to two visits to the clinics within the study period of 8 weeks, which may include two microbiome assessments for your child.

If you meet the above criteria and would like to find out more about this study, please contact us for more information.

Tel: +65 6736 0533

Principal Investigator: Dr Lee Bee Wah

The Child and Allergy Clinic

This study is sponsored by Danone Nutricia Research

