



# Off Menu – Ep 270 – Sebastian Stan

**Ed Gamble**

Welcome to the Off Menu podcast, taking the pickle of conversation, dipping it in the batter of friendship, frying it in the oil of humour. Fried pickles.

**James Acaster**

Frickles.

**Ed Gamble**

Frickles.

**James Acaster**

That's Ed Gamble. My name is James Acaster. Together we own a dream restaurant and every single week we invite in a guest and ask them their favourite ever starter, main course, dessert, side dish and drink, not in that order. And this week our guest is Sebastian Stan.

**Ed Gamble**

Sebastian Stan. I like frickles, man-,

**James Acaster**

Yes.

**Ed Gamble**

But sometimes when they're the big spears-,

**James Acaster**

Yes.

**Ed Gamble**

There's too much liquid in them. So, I prefer a frickle that's sliced.

**James Acaster**

Yes, I like it to be, you know, in like, coined-,

**Ed Gamble**

Coins, frickle coins.

**James Acaster**

They're nice, yes. When they're long they're going to be full of molten pickle juice-,

**Ed Gamble**

Yes.



**James Acaster**

And you're in big trouble if you bite into that. Sebastian Stan is a wonderful actor.

**Ed Gamble**

Yes. He's absolutely fantastic.

**James Acaster**

We are huge Stan stans.

**Ed Gamble**

Yes.

**James Acaster**

We like so many of his movies.

**Ed Gamble**

Please don't say that to him.

**James Acaster**

Huh?

**Ed Gamble**

Don't say, 'I'm a Stan stan.' To him.

**James Acaster**

I bet he's never heard that before.

**Ed Gamble**

Because sometimes these Hollywood actors, they don't know what's going to happen do they?

**James Acaster**

No.

**Ed Gamble**

You know, they're going round all day. They're being thrown into situations to talk about their films, and I don't know how Sebastian Stan is going to react to, let's be honest, an odd man-,

**James Acaster**

Yes.

**Ed Gamble**

Saying, 'I'm a Stan stan.'



**James Acaster**

Surely people have said, 'I'm a Stan stan.' To him before?

**Ed Gamble**

Yes, but not immediately in a professional context, because, you know, this is a small studio. I think he's going to be scared, and then I know you're going to bring up Marvel in some of your theories.

**James Acaster**

All I've heard is, 'you see this is a professional context'.

**Ed Gamble**

For him he's been told.

**James Acaster**

Because it is. Compliment received.

**Ed Gamble**

He doesn't know what he's coming into. He thinks it's a professional context.

**James Acaster**

Well, listen, talking about professional context. A Different Man is out now.

**Ed Gamble**

Yes.

**James Acaster**

It's Sebastian's new film.

**Ed Gamble**

That's the name of the film. We're not saying it's a different guest now. We're not saying he's cancelled whilst we've been talking.

**James Acaster**

Because I said I was a Stan stan.

**Ed Gamble**

Yes, a different man is coming in.

**James Acaster**

Yes, yes, not a different man is here, because I've blown it. A Different Man is a psychological thriller/comedy about a man who undergoes facial reconstruction surgery only to become obsessed with the actor who plays him in a stage production based on his former life.



**Ed Gamble**

It sounds super fascinating.

**James Acaster**

I love it.

**Ed Gamble**

I'm really excited to see it.

**James Acaster**

And also the film is the passing of the torch from non disabled actors portraying characters with disabilities to actors with disabilities playing who they want to play. So, beyond villain, victim or outcast roles. I think it's really exciting that-,

**Ed Gamble**

James didn't read that off anything. He just came up with that.

**James Acaster**

I just came out with it. I just know it anyway because I'm a Stan stan.

**Ed Gamble**

Yes.

**James Acaster**

But, like, I'm really excited to go-, because, like, the story line itself already has got me hooked. But also, like, what the film is doing beyond that also is really exciting and interesting. So, I'm really looking forward to hearing what Sebastian has to say about the film.

**Ed Gamble**

Absolutely. His co-star is, Adam Pearson, who has been, you know, I think a bit of a main stay of British TV. I've seen him on various things, so, I'm excited to see how he tackles this role. Very exciting.

**James Acaster**

Very excited to have Sebastian on the podcast. But of course, if he says the secret ingredient, an ingredient which we deem to be unacceptable, we will have to kick him out of the dream restaurant.

**Ed Gamble**

Yes, we will, and the secret ingredient this week is winter peas.

**James Acaster**

Winter peas.

**Ed Gamble**

Winter peas, of course. Sebastian played Bucky, the Winter Soldier-,



**James Acaster**

Yes.

**Ed Gamble**

In the Marvel universe.

**James Acaster**

So, winter-,

**Ed Gamble**

Yes, winter.

**James Acaster**

And then we googled, 'What foods have the word winter in them.'

**Ed Gamble**

Well, that's not true. You said winter peas straight off the bat.

**James Acaster**

I did.

**Ed Gamble**

And then we googled to check if winter peas were a thing.

**James Acaster**

Benito did. Benito rarely thinks I've got it right.

**Ed Gamble**

Yes.

**James Acaster**

So, he googled it first.

**Ed Gamble**

Everything that James has ever said.

**James Acaster**

So, I said, 'Winter peas.' And he was, like, 'Well, I'm going to google an actual thing that has the word winter in them.' And he was, like, 'Oh, okay, fair enough.'

**Ed Gamble**

Yes.



**James Acaster**

But, yes, he admits it that I was right.

**Ed Gamble**

Yes. Well, let's speak to, Sebastian Stan, shall we James?

**James Acaster**

Yes.

**Ed Gamble**

This is the Off Menu menu of Sebastian Stan.  
Welcome, Sebastian, to the dream restaurant.

**Sebastian Stan**

Hello.

**James Acaster**

Welcome, Sebastian Stan, to the dream restaurant, been expecting you for some time.

**Sebastian Stan**

Thank you.

**Ed Gamble**

Were you surprised by the genie there?

**Sebastian Stan**

Yes, yes, I was.

**James Acaster**

It's very nice of you to say that Sebastian, that you were surprised. Have you ever had, like, a surprise like that on set? An explosion go off and it wasn't supposed to?

**Sebastian Stan**

Yes. Somebody brought in that fart machine at one point.

**James Acaster**

Yes, great.

**Sebastian Stan**

You know the one where you put it under the seat.

**James Acaster**

Yes.



**Sebastian Stan**

And that one was going around for a little while. That was really funny.

**James Acaster**

Yes.

**Sebastian Stan**

Because you could be having a really intense conversation and boop.

**James Acaster**

Yes.

**Sebastian Stan**

But it still works. It still gets people laughing, you know.

**Ed Gamble**

It's good stuff. Even I would-, you know, I wasn't there for that, but even just the description of the fart machine, I'm on board with it as a joke, yes.

**Sebastian Stan**

It's always a good time.

**James Acaster**

I imagine though it depends where you are-, whoever brought that fart machine in, I reckon there's a certain place down the call sheet where past there you can't be the guy who's bringing in the fart machine. If you're pretty new and you're still feeling it out with people-,

**Ed Gamble**

Yes.

**James Acaster**

And the fart machine goes off, and number one on the call sheet was the one who is meant to look like they farted, they're going to go, 'Okay.'

**Sebastian Stan**

I think it's usually-, yes, I think it has to be-, you know, you have to be in it for a couple of weeks and get to know people's humour and stuff. I once worked on this movie and we all got along really well, and then I remember it was on one of the actress' birthdays and I got them, like, a whole animal farm.

**James Acaster**

Oh wow.

**Ed Gamble**

Wow.



**Sebastian Stan**

Like, there were, like, rabbits and llamas and pigs and, like, everything, they just came with everything at the trailer and, you know, they were so surprised to find geese coming out of the trailer. But, you know, it has to be-, yes, I wouldn't want to do that to, like, Daniel Day Lewis or something. It has to be the right kind of film and whatever.

**James Acaster**

Yes.

**Ed Gamble**

Unless his character that he was playing-,

**James Acaster**

He'd love it.

**Ed Gamble**

Was, like, a farmer. In which case that would be fantastic for him wouldn't it. He'd love that.

**Sebastian Stan**

Yes, I mean, listen, I was just reading, he's made a cameo in his son's movie, so, he's returned after seven years.

**Ed Gamble**

Wow.

**Sebastian Stan**

Even for a little bit, but we'll take it, right?

**Ed Gamble**

Yes.

**James Acaster**

Interesting. A method actor make a cameo in their kid's-, because then he's in character around his son all the time. Surely his son at some point is going to go, 'Dad.'

**Sebastian Stan**

I wonder. Yes, I wonder. I don't know what the part is but-,

**James Acaster**

Come on.

**Sebastian Stan**

But, you know, I'm sure it's just as committed as always.





**James Acaster**

Yes. Well, apparently he'd go home in character anyway, so, I'm sure his son's seen it all before.

**Ed Gamble**

Yes. He's never met his dad.

**James Acaster**

Yes, he doesn't know who his dad is. He's just a string of characters.

**Ed Gamble**

Yes.

**James Acaster**

Let's talk about A Different Man, your new film. What can you tell people about it who don't know about it?

**Sebastian Stan**

Oh, Jesus, I mean, this is like-, it's like a Rubik's Cube trying to explain it. I'll just say that most people that see it go, 'I've never seen anything like this movie.' And that's usually a good sign, and in a world where we're, like, getting everything all the time in a trailer, it's just one of those films where I think you don't anticipate what happens. And it's-, long story short, it's about an actor who has neurofibromatosis, which is a real thing, a real condition, and he decides to undergo a reconstruction surgery for his face and desperately wants to fit into the world and look like everybody else, and he successfully undergoes it. And then instead of all his, sort of, preconceived dreams coming true, his life turns down a spiral of self hatred and obsession and identity breakdown. And the way that, sort of, happens is really really unique and very funny and also, like, supremely tragic.

**James Acaster**

I mean, it's quite exciting the theme of the film about who should play certain roles as well, that's one of the themes that's in there-,

**Ed Gamble**

Yes.

**James Acaster**

And, like, you must have had loads of great conversations on set about what you wanted to do with the film with different people's opinions. Did it lead to interesting conversations away from the film as well in your life, in your job, that came from your experience of doing this in conversations?

**Sebastian Stan**

Well, yes, I mean, Aaron Schimberg, who wrote it and directed it is disfigured himself. He's got a cleft palette and his previously film as well, sort of, dealt with disfigurement and disability and our uncomfortability around it and the lack of conversation around it. And he encountered in his previous film by casting, Adam Pearson, who's great in this film, a lot of backlash towards the fact that maybe



him being accused of exploiting Adam by casting him. So, then when he was writing this movie he thought, 'Well, I can't really get an actor just in prosthetics because then I'm not representing in the right way. So, if I'm trying to cast someone appropriate and I'm accused of exploitation and then I'm casting an abled actor to play someone disfigured and I'm also getting accused for that, then ultimately nothing happens and nothing moves forward and there's no conversation out of it. So, he was, like, 'Okay, I'm going to make a movie where I can do both and I'm just going to, kind of, see how it translates and I'm going to have these two characters, sort of, go at each other.' And it's incredibly smart because I feel like he really flips in the movie all of these misconceptions that we have about what a disabled person should be like, or, what kind of roles we've seen them in. I mean, Adam, in this film, is such a different character than we have ever seen him play, period, but even than we would have imagined him. So, he's really found a way to, kind of, A, get the movie made, and also find a way to bring people to talk about it and offer, like, a further perspective on it.

**James Acaster**

Incredible. We're going to get into your dream menu in a minute.

**Ed Gamble**

It's such an interesting discussion about films, but now we do have to be really stupid for a bit.

**James Acaster**

Yes.

**Sebastian Stan**

That's fine. I'm anticipating it.

**James Acaster**

From A Different Man to a different menu, Sebastian?

**Ed Gamble**

Oh, lovely. The perfect link would you say?

**Sebastian Stan**

Well, you are what you eat.

**James Acaster**

Yes, well, you were in one film. In Fresh you were what you ate. You were eating humans.

**Sebastian Stan**

That's right, yes.

**James Acaster**

Remember that?



**Sebastian Stan**

Yes, I do.

**James Acaster**

That was wild.

**Sebastian Stan**

I do, yes.

**Ed Gamble**

A lot of James' questions to actors are to say a film and then go, 'Do you remember that?' Which we're assuming you do actually remember.

**James Acaster**

Not all actors we've had on do remember their films.

**Ed Gamble**

Yes, that's true.

**Sebastian Stan**

Yes, I do. I mean, that was a lot of fun.

**James Acaster**

Well, the scene when you're preparing it all, it actually genuinely looks quite delicious for a second there, which is worrying.

**Sebastian Stan**

Well, there was a chef on set who was preparing things right on the dot, but it's interesting when something gets passed and you label it a certain way, because then you're looking at it differently and looking for things in the meatballs. But, that movie, it's funny, I hear a lot about that movie. People still, kind of, come up and ask me about it, and I never knew how it was going to do.

**James Acaster**

I think because it messes with your head a bit, that film, because it does make you-, you're a very charismatic cannibal killer and you do make the food look pretty delicious, it does get in the audience's heads more than if you were just some crazed monster who we were terrified of but we, kind of, go, 'Oh, maybe I want to be a cannibal actually because Sebastian Stan made it look quite nice.'

**Sebastian Stan**

Well, I think that that's what was interesting about that movie because the way that the writer had written it, she made it so normal in a way. You know, we were all like, 'Let's just try and play this as real as possible. We're not going for shock or laughs or whatever, it was just-, and then maybe the audience will get behind it.' But, yes, I mean, I think the music alone in that movie made me want to be a part of it, and maybe even more than the subject matter.



**James Acaster**

We always start with still or sparkling water?

**Sebastian Stan**

Sparkling. It's sparkling all the way.

**James Acaster**

Yes.

**Sebastian Stan**

To the point where sometimes I worry that I'm-, is sparkling even real water?

**James Acaster**

Well, this is the thing. This is the ongoing debate.

**Ed Gamble**

I think there was actually-, there was some science came out recently, I'm across the science-

**James Acaster**

I didn't know you were across the science.

**Ed Gamble**

Yes, I'm across the science, man. I get all the papers, and apparently sparkling water has been proven to be as hydrating as still water, because that was always the thing, right-

**Sebastian Stan**

Thank God.

**Ed Gamble**

People were, like, 'It's not hydrating you because you're just drinking all the fizz and the bubbles.' But I think, yes, you'll be fine. You can just drink it all day long.

**James Acaster**

What do you love about it?

**Sebastian Stan**

It's refreshing. I feel like I don't-, you know, for still water I have to drink, like, room temperature. I can't drink it cold. But then sparkling water has to be out of a fridge.

**Ed Gamble**

Yes.

**Sebastian Stan**

I feel like it could be-, it can give you that satisfaction.



**James Acaster**

Yes, if you were to in a scene have to down a bottle of still water and act like it was refreshing, would that be the biggest acting challenge ever?

**Sebastian Stan**

Yes, sure.

**James Acaster**

Yes. Pretty huge.

**Sebastian Stan**

I recently had to down water as vodka, right, like-,

**James Acaster**

Oh, yes.

**Sebastian Stan**

In the thing and that was, like, a very funny situation to, kind of, try and do.

**James Acaster**

See Hugh Jackman punk Taron Egerton in an interview they did? He pretended to down a miniature of vodka at the start of their interview and completely-, Taron Egerton was, like, 'You are crazy.'

**Sebastian Stan**

But it was water?

**James Acaster**

It was water.

**Sebastian Stan**

Oh wow.

**Ed Gamble**

He absolutely nailed it, yes.

**James Acaster**

Yes, it made him look like a dick in front of everyone. In front of the press, there's a drunkard going on. They're, like, absolutely fuming for the rest of the day I imagine.

**Sebastian Stan**

Oh god. He's very funny Hugh Jackman.

**James Acaster**

Yes.



**Sebastian Stan**

I feel like he really-, I mean, I've only met him a couple of times but I get a sense that he'd be a lot of fun to work with.

**Ed Gamble**

Yes, he's bringing in the fart machine.

**Sebastian Stan**

He probably would.

**Ed Gamble**

Yes.

**James Acaster**

He's the fart machine guy.

**Sebastian Stan**

You know-,

**James Acaster**

And he can do that day one.

**Sebastian Stan**

And then break into Les Mis. Just randomly.

**James Acaster**

Yes, as soon as it happens. You usually get put with Anthony Mackie at junkets when it's, like, Marvel stuff, don't you, so, you two have to sit and do the interviews together?

**Sebastian Stan**

Yes. I'm pretty sure that happened about six or seven years ago, because I was so bad at junkets, I was always so quiet that they're, like, 'We need to give him the loudest man on the planet to revive him.' And he does. I mean, Anthony is just so-, you guys would have such a blast with him on this show. Like, he's big time.

**James Acaster**

Did I see him in an interview-, has he got a boat or something? Or was that just in the show that you guys did?

**Sebastian Stan**

No, no-

**James Acaster**

I think that was just Winter Soldier.



**Sebastian Stan**

He has a boat. I think he has a boat. He also goes fishing. He goes hunting.

**James Acaster**

Yes.

**Sebastian Stan**

He's been trying to get me down there to go hunting with him for a long time. I'm, like, 'Anthony, I don't-, can you imagine me with a rifle down there in the backwards of New Orleans?' I mean-, but it would be fun. I think we should-, I would do that with him and film it because it just would be ridiculous, you know, in a good way.

**James Acaster**

Oh, people would watch a whole series of you two going hunting together.

**Ed Gamble**

Yes.

**Sebastian Stan**

Yes, into the wild. But he loves that thing, like, you know, he'd be the one to on that-, there are those shows that take actors and put them on a mountain and then they have to, kind of, survive.

**Ed Gamble**

Yes.

**James Acaster**

Oh, yes.

**Sebastian Stan**

Yes, that wouldn't be me.

**Ed Gamble**

That wouldn't be you?

**James Acaster**

No.

**Sebastian Stan**

No.

**Ed Gamble**

How long do you think you could survive on a mountain?



**James Acaster**

What's he got with him? Well, what are they giving him?

**Ed Gamble**

Good question. I don't think it's-, I'm not thinking of that show, Naked and Afraid. You know that show?

**James Acaster**

Yes, that's just when they're naked and-,

**Ed Gamble**

Yes. You've got more than that I'm imagining. You've got some water.

**James Acaster**

I think, yes, I mean, he's not going to sign up to Naked and Afraid is he? Sebastian Stan.

**Sebastian Stan**

Naked and Afraid. Just the one way to go out.

**James Acaster**

Yes.

**Sebastian Stan**

Like, it would be the last hurrah.

**James Acaster**

Yes.

**Sebastian Stan**

Return to innocence.

**James Acaster**

Yes, quite a good end to the career, yes.

**Ed Gamble**

I don't know why anyone agrees to that show to be fair.

**James Acaster**

No.

**Sebastian Stan**

It's fascinating isn't it. Like, I don't know either, but there are people that do really well on it.

**Ed Gamble**

Yes.





**Sebastian Stan**

I mean, somebody's cut out for it.

**Ed Gamble**

But, I just think no matter how well you do on it, you're still butt naked on TV the whole time and you've got to carry round a mic in a little bag and it looks really undignified. There are no winners.

**James Acaster**

Have you seen Naked Attraction? Have you seen that, yes?

**Sebastian Stan**

I have seen that. We were just talking about it.

**James Acaster**

Were you? Just talking about it?

**Sebastian Stan**

Yes, we were, because we're talking about wild shows here and that one, that's hilarious isn't it? It's really like a car accident, just constantly enamoured.

**Ed Gamble**

Yes-,

**James Acaster**

Can you imagine?

**Ed Gamble**

Just the way the thing slides up and then from the feet to the middle is some of the worst moments on TV I've ever seen I think.

**James Acaster**

Imagine being behind that screen when it's got above your dick-,

**Sebastian Stan**

Like I wonder.

**Ed Gamble**

Yes.

**James Acaster**

And just thinking, 'I actually hope that I get eliminated now-,'

**Ed Gamble**

Yes.



**James Acaster**

'Because I'd like them not to see my face and for this to go on TV.'

**Ed Gamble**

Yes.

**James Acaster**

You know what I mean?

**Sebastian Stan**

That's right, I-,

**James Acaster**

I think at that point I'd be, like, 'Actually, I'm happy going home at this point.'

**Ed Gamble**

Yes.

**Sebastian Stan**

But they've got to be-, I mean, I wonder what the submission process for that is, you know.

**James Acaster**

Yes.

**Ed Gamble**

Yes.

**Sebastian Stan**

What are the questions that they ask or, you know-,

**Ed Gamble**

Well, I think they just send through a photo, a full length naked photo, but the producer looks at it on really slow internet so it loads up from the bottom so they can imagine the reveal of the body.

**James Acaster**

Imagine it will be like.

**Ed Gamble**

Yes.

**James Acaster**

Sometimes I pretend to be on Naked-, I've got electronic blinds.



**Sebastian Stan**

That's amazing.

**James Acaster**

A flat that goes into the courtyard.

**Sebastian Stan**

Do you just, like, stop it at a certain place?

**James Acaster**

Yes.

**Ed Gamble**

So, who's judging you in this-

**James Acaster**

The postie, you know, the postman and just the various people who-, well, one of the most common problems is the blokes who go on it, very afraid of looking small on TV, trying to make it look as impressive as possible before going on, but then there's a very fine line-,

**Ed Gamble**

Yes.

**James Acaster**

Where if they just get all the way boner they've got to go home.

**Ed Gamble**

Yes.

**James Acaster**

It's, like, 'We can't put that on TV.'

**Sebastian Stan**

Right, so-,

**James Acaster**

So, they're, like, 'I've got to make it as impressive as possible without getting too impressive.'

**Ed Gamble**

Yes.

**Sebastian Stan**

But that would be even-, so-,



**James Acaster**

Sorry about this, Sebastian.

**Sebastian Stan**

It would be so psychotic wouldn't it? Like, you're, like, your brain is just trying to figure out where to send blood to begin with.

**James Acaster**

Yes.

**Sebastian Stan**

And it's, like, you're just, like, 'There now.' And there are a million people that are on the other side just waiting and it's-,

**Ed Gamble**

Apparently the studio is freezing cold as well.

**James Acaster**

Yes.

**Ed Gamble**

So, they're battling against the elements.

**James Acaster**

That's not helping.

**Ed Gamble**

Yes.

**Sebastian Stan**

That's not helping anybody.

**James Acaster**

Poppadoms or bread? Poppadoms or bread, Sebastian Stan. Poppadoms or bread?

**Sebastian Stan**

Naan.

**James Acaster**

Ah, naan, great.

**Sebastian Stan**

That would be the bread.



**James Acaster**

Yes.

**Sebastian Stan**

That would be the bread.

**James Acaster**

Beautiful.

**Ed Gamble**

I'm glad you said-, for a minute I thought you said none, and I thought, 'Oh no, this is going to be a short episode.'

**Sebastian Stan**

No, no, I love-, bread and butter is the greatest food you can ever have.

**James Acaster**

Yes, it is delicious. Naan as well. We don't get naan-, we've had naan a bit in the past, but not that often.

**Ed Gamble**

Yes.

**James Acaster**

It's great to have a shout out for naan.

**Sebastian Stan**

Really?

**James Acaster**

Yes.

**Sebastian Stan**

No, I mean, especially here in England, I feel that could be really good.

**Ed Gamble**

Is that something that you do whenever you come over to England is go for a curry?

**Sebastian Stan**

No, it's not where my mind goes. No. But I do love-, I have had Indian food here. It's great. But naan is, like, one of those breads that I could eat all the time.



**James Acaster**

Are there dips with naan breads? Not naan bread. I've called it naan bread. That's the ultimate white thing to do.

**Ed Gamble**

Yes.

**James Acaster**

I'm going to call myself out on that.

**Ed Gamble**

Yes.

**James Acaster**

I just said bread bread. I'm an idiot. Keep that in the edit Benito. I need to be on my toes. I don't want this sugar-coated and put out so that I make out, like, I'm better than I am. The world needs to hear that I just said bread bread.

**Sebastian Stan**

Just the reactions alone.

**James Acaster**

Yes.

**Ed Gamble**

Ben is used to this. He just sits there and takes it all.

**James Acaster**

Oh, yes, he's just sitting. He doesn't care. He isn't listening to us. What do you make of him so far?

**Sebastian Stan**

He seems like a thinker.

**James Acaster**

Yes.

**Sebastian Stan**

But because he has to, I think.

**Ed Gamble**

Yes.

**James Acaster**

Yes.



**Sebastian Stan**

Like he doesn't have much choice. I wonder if he, like, hears you guys in his sleep for instance?

**James Acaster**

Yes.

**Ed Gamble**

Yes, that's a good point actually.

**James Acaster**

I would worry about that for him because he is obviously-, he's in the room for this, he's then editing it. He does a very good job of the edits as well to be fair to him.

**Ed Gamble**

Yes.

**James Acaster**

So, he must listen to it more than he needs to to make it good.

**Ed Gamble**

Yes.

**James Acaster**

And then he's got to put it out. And then he's on a WhatsApp group with us to sort out when we're coming in for it.

**Ed Gamble**

And we consistently get the dates wrong and mess up, so.

**James Acaster**

Yes.

**Sebastian Stan**

Oh, when you're coming in?

**Ed Gamble**

Yes.

**James Acaster**

Oh, yes, we're not good people to work with.

**Ed Gamble**

Yes.



**Sebastian Stan**

Like, you turn up here on a Sunday and go, 'Oop, this is the wrong day.'?

**Ed Gamble**

We'll just pop in at 4:00am and we'll be ready to go.

**James Acaster**

Yes, whenever.

**Sebastian Stan**

That might be a very interesting show.

**James Acaster**

Yes. The 4.00am show.

**Ed Gamble**

Talking about food at 4:00am. Yes, and obviously it's-, you know, booking guests is difficult because you've got to balance people's schedules and all of this sort of stuff, and then also he's got to deal with our schedules as well. So, the guy-,

**James Acaster**

Yes, which are busier than you might imagine.

**Ed Gamble**

Yes.

**Sebastian Stan**

I'm sure.

**Ed Gamble**

Given the conversation so far, you probably think this is all we do.

**James Acaster**

Yes.

**Ed Gamble**

But we've got other stuff.

**James Acaster**

Well, that's the most insecure thing we've ever said to a guest.

**Sebastian Stan**

No, I don't-,



**James Acaster**

No, no, it is Sebastian.

**Sebastian Stan**

I thought I saw a ring on that ring finger, so.

**James Acaster**

Yes.

**Sebastian Stan**

There you go.

**James Acaster**

Yes, so, that's what you've got on.

**Ed Gamble**

Yes, I'm married.

**James Acaster**

Your marriage.

**Sebastian Stan**

There's life in that.

**James Acaster**

Yes. Let's get into your dream menu properly, your dream starter?

**Sebastian Stan**

Oh, I like yellowtail sashimi. I also really like a good strong butter lettuce salad.

**Ed Gamble**

You really put some sauce behind saying that there.

**James Acaster**

Yes, butter lettuce.

**Sebastian Stan**

Yes, well, it's funny the butter lettuce because, like, it's, like, a very simple one but I still-, I think it's effective, you know, with some olive oil, I think, and salt.

**James Acaster**

Yes. I'm actually not familiar with butter lettuce.



**Ed Gamble**

I think you are.

**James Acaster**

I don't think I am.

**Ed Gamble**

You will have had butter lettuce, but you might not be familiar with it by that name.

**James Acaster**

No, I'm not familiar with the term.

**Sebastian Stan**

Oh, there is this Italian restaurant in New York called Via Carota, and they do these little toasted bread, like, with butter and anchovies with salt on it as a starter-,

**Ed Gamble**

Great.

**Sebastian Stan**

And that is, like, the best.

**James Acaster**

Yes. You do-, I can see the dreaminess in your eye. You're going off somewhere else in your eyes there, in your mind. You clearly love these.

**Sebastian Stan**

Yes. Yes, I felt it when I said that, yes.

**James Acaster**

It felt right.

**Sebastian Stan**

I felt the butter melting.

**James Acaster**

Do you take other people to that restaurant, introduce them to that starter?

**Sebastian Stan**

Many people. My mom-,

**James Acaster**

What's it like when they're about to take a bite? Are you watching them and being like, 'I hope they liked it.'



**Sebastian Stan**

Not everybody has the same reaction as I do, but, I mean, that one is pretty well known in New York. Like, I feel like, Via Carota, people know it. It's definitely a good splurge, if you like, food wise.

**Ed Gamble**

It's always so intense isn't it when you take people to a restaurant that you really like and make them get the thing that you really like, and then it's just so nerve wracking-,

**James Acaster**

Yes.

**Ed Gamble**

Watching them eat it, waiting for the reaction.

**Sebastian Stan**

Well, is that something you guys do all the time?

**Ed Gamble**

All the time, yes.

**James Acaster**

Every day of my life.

**Sebastian Stan**

Food testing.

**Ed Gamble**

Because of this podcast we get asked a lot for our food recommendations or restaurant recommendations.

**Sebastian Stan**

That's incredible though. That's great isn't it because didn't you go-, like, I was just telling, Adam Pearson, who's in the movie, I was, like, 'We need to do The Trip basically, you and I.'

**James Acaster**

Oh, yes.

**Sebastian Stan**

Those movies, I mean, they seem like a dream come true.

**James Acaster**

Those guys have both been on this podcast and obviously we asked them about that and-,



**Sebastian Stan**

Really?

**James Acaster**

Yes, it does sound great.

**Ed Gamble**

Yes.

**Sebastian Stan**

They're incredible and they clearly were eating in that movie for real.

**James Acaster**

Yes.

**Ed Gamble**

Yes.

**Sebastian Stan**

Like, these were really good restaurants-,

**Ed Gamble**

Yes.

**Sebastian Stan**

And they were having wine and-, I mean, it just seems like a dream.

**James Acaster**

You and Adam should do it.

**Ed Gamble**

Yes.

**James Acaster**

It would be great.

**Sebastian Stan**

The Dean Street Townhouse by the way-,

**James Acaster**

Yes.

**Sebastian Stan**

Here, has that loaf of bread that's pretty great as a starter.



**James Acaster**

Oh, I mean, you could make your whole menu bread.

**Ed Gamble**

So, far, the things were mainly bread based.

**Sebastian Stan**

Yes.

**James Acaster**

What's this loaf of bread that Dean Street Townhouse do?

**Sebastian Stan**

I don't know what it is but, again, the way that it comes out, it's like warm and steamy and stuff. It's great.

**James Acaster**

I hate to come back to a film we've already mentioned, but you were saying about when you really like a dish and then you're watching someone eating and you're invested in it, how do you think that Fresh guy, that cannibal, he makes someone a special dish and he thinks this is his favourite food, he loves it.

**Sebastian Stan**

Right.

**James Acaster**

It's made out of a person obviously, because he's a cannibal and loves eating people.

**Sebastian Stan**

Right.

**James Acaster**

And he's serving it to a friend and they're about to eat it. How do you think he feels?

**Sebastian Stan**

Watching them?

**James Acaster**

Yes, he's got that thing of, like, 'I hope they like it.' But also surely in his head somewhere he's got to be like, 'I mean, to be fair though, it is a person.'

**Ed Gamble**

It's an acquired taste.



**James Acaster**

Yes, it's an acquired taste. It's a human being.

**Sebastian Stan**

Well, that particular character at least in the movie that I played, for him it's like he's just found out the greatest secret in the world that no-one knows and he's just told it to you, you know.

**James Acaster**

Yes.

**Sebastian Stan**

So, he's, like, 'Right?' I mean, the expectation is that big, you know.

**James Acaster**

Yes. So, he wouldn't even be thinking?

**Ed Gamble**

Yes.

**Sebastian Stan**

No.

**James Acaster**

There's no scruples then.

**Sebastian Stan**

There would be concern around it. No.

**James Acaster**

So, we're going for the anchovies on the toast for your starter?

**Sebastian Stan**

Yes.

**Ed Gamble**

Yes, delicious.

**Sebastian Stan**

That's good.

**James Acaster**

Great.



**Ed Gamble**

Absolutely love anchovies.

**James Acaster**

Yes.

**Ed Gamble**

I'm in a big anchovy phase at the moment.

**James Acaster**

Oh.

**Ed Gamble**

Anywhere it's available I get anchovies.

**James Acaster**

I always just think of the Teenage Mutant Ninja Turtles. That's what I think of anchovies. That was the first time I ever heard of anchovies was-

**Ed Gamble**

On the pizza?

**James Acaster**

Yes, there was a little kid and they would hate anchovies on their pizza, Michelangelo especially was just, like, doesn't want it on the pizza.

**Sebastian Stan**

I can't handle them on the pizza. Like pineapple, no way.

**James Acaster**

You don't like pineapple on the pizza?

**Sebastian Stan**

No, I can't do. I can't mix-, sweet and salt, like, I can't really do.

**James Acaster**

Oh, okay.

**Sebastian Stan**

I have to really space it out. It's bizarre.

**James Acaster**

I've just come back from a holiday. I went to Japan on holiday-



### **Sebastian Stan**

Amazing.

### **James Acaster**

And we went up into the mountains to see flying squirrels. A very exciting day, and an Australian man came out to be our tour guide, but he lived in Japan for quite a while and he was telling everyone, 'This is what we're going to do. We'll go up there and behave like this, and don't do this, and dedede.' But he wanted to put a bit of fun into it and not just all rules. So, he went, 'I've actually got a flying squirrel with me in this bag here.' And obviously all the adults were, like 'Yes, bullshit. Just get on with it.' But all the little kids were, like, excited about it. And then he got this bag, back pack, he put it on the front and he was talking to this flying squirrel that was in the bag. It was clearly a cuddly toy, but it was a bit that he does as part of it, and he was, like, 'Oh, the squirrel would like to know what kind of toppings I like on my pizza?' And then he told the squirrel in Japanese that he liked pineapple, and all the kids lost their minds and were, like, 'What the-,' They were, like, properly, 'We're not going into the mountains with this guy if he likes pineapple on his pizza.' And he got really shy about it, the tour guide after that. He felt a bit shy that he had told us all that he likes pineapple on his pizza. But I was unclear as to why that was in the story line for-,

### **Sebastian Stan**

It's a specific thing. I'm just realising when you were telling that story, I'm listening to you and the whole time I'm trying to guess the next time you're going to scream. I'm trying to catch it before it happens.

### **Ed Gamble**

There's no more screaming.

### **James Acaster**

There's not often screaming after this, but I might still do it at some point for you Sebastian-,

### **Ed Gamble**

Just to keep you on edge.

### **James Acaster**

I can throw in some extra ones.

### **Sebastian Stan**

I know. It would be funny if you just walked down the street at one point and just randomly did that-, yes.

### **James Acaster**

Well, this is the irony of it all is that because I shout out, out of nowhere on this podcast, I walk down the street and then people who have seen the podcast-,

### **Sebastian Stan**

No. And now they're doing it to you.





**Ed Gamble**

Yes.

**James Acaster**

Millimetres from my face.

**Ed Gamble**

Yes.

**James Acaster**

Well and I do, I proper, I proper get scared.

**Sebastian Stan**

It's funny isn't it because it's the same with, like, acting sometimes. People just, they'll see something and they'll latch onto it and then they want desperately to share it with you, and you're, like, 'Thank you, but, you know, I'm just trying to get on with this day.'

**Ed Gamble**

This has been shared with me multiple times this morning.

**Sebastian Stan**

Yes, like, you're-, you know.

**Ed Gamble**

People shout that at me, poppadoms or bread, and it's when I'm on stage doing a stand up. It's not even my catchphrase. So, they're shouting his catchphrase at me.

**James Acaster**

Pretty cool.

**Ed Gamble**

Not for me.

**James Acaster**

Not for Ed, waking nightmare. Career's in tatters.

**Sebastian Stan**

You've got to have your own. You've got to get your own out there.

**Ed Gamble**

I've got to get my own catchphrase rather than welcome to the dream restaurant-,

**James Acaster**

Yes, and I have a wife.



**Ed Gamble**

Yes. That is my catchphrase. I do have to say that a lot.

**Sebastian Stan**

It would be hilarious if you said that just randomly, 'Err, I'm just going to have a tea. I have a wife.'

**James Acaster**

Your dream main course?

**Sebastian Stan**

I mean, is there anything better than, like, spaghetti and meatballs? I don't know, like-,

**James Acaster**

Yes.

**Sebastian Stan**

That one, it's easy any day of the week. But then a good skirt steak or a good burger.

**James Acaster**

Well, we could do spaghetti and meatballs and inside the pile is, like, a burger right in the middle, like, so-,

**Ed Gamble**

Like a surprise burger.

**James Acaster**

When you finish all the spaghetti and meatballs there's a perfect burger in there.

**Sebastian Stan**

Just for the road.

**Ed Gamble**

Yes.

**James Acaster**

If you wanted.

**Sebastian Stan**

No, I think the spaghetti and meatballs really.

**Ed Gamble**

How much can you eat in a sitting. Can you go for it? Do you have to stop yourself eating too much?



**Sebastian Stan**

No, but you know how it is. I think with-, especially like, you know, exercise and diet, trying to, kind of, keep in shape and stuff, I usually find that I have to have these cheat days, and then the cheat days become these crazy days where you could-, but then for instance I-, you know, maybe I won't have breakfast that day because I know that the lunch is going to be this glorious thing and you can properly enjoy it.

**James Acaster**

Yes. Are you like The Rock with his cheat days?

**Sebastian Stan**

Intense. What does he have like four like baked brownies or something?

**James Acaster**

Yes, he's got a stack of pancakes.

**Ed Gamble**

Trays of sushi as well, and to me sushi is not a cheap food. Like a tray of sushi to me is like, 'I'm being healthy today.' I'm having a tray of sushi.

**Sebastian Stan**

Yes.

**Ed Gamble**

But The Rock is having a tray of sushi being, like, 'Oh, I'm so naughty. I'm The Rock.'

**James Acaster**

Yes, naughty boy. Yes.

**Ed Gamble**

Eating all this stuff.

**James Acaster**

Raw fish.

**Ed Gamble**

I want to drink a bottle of this tequila that I own.

**James Acaster**

Yes.

**Sebastian Stan**

Yes, I don't know how he does it, I mean, he's pretty wild. But he's also so disciplined.



**Ed Gamble**

Yes.

**Sebastian Stan**

It's really crazy, you know, but it works for some people.

**James Acaster**

Do you want to know what this married guy does on a cheat day?

**Sebastian Stan**

I'd love to.

**Ed Gamble**

Sorry. I have a wife.

**James Acaster**

He loses the ring. That's it, whole day.

**Ed Gamble**

Yes.

**James Acaster**

You go get it and you post it on Instagram. You go, 'It's a cheat day everyone. The ring is coming off.' And then there are various selfies of you with people that you're cheating with.

**Sebastian Stan**

Oh my god.

**James Acaster**

It's awful.

**Ed Gamble**

Yes. My wife is fine with it because, you know, I put it in the calendar.

**James Acaster**

Yes, she accepts it's a cheat day, and it goes both ways.

**Ed Gamble**

She'll hate this bit.

**James Acaster**

Yes.



**Sebastian Stan**

Oh god. Oh no.

**Ed Gamble**

It's alright. She doesn't listen to anything I do.

**James Acaster**

That's not true. Spaghetti and meatballs for me is like a cartoon food.

**Ed Gamble**

Yes.

**James Acaster**

Like, I saw it in cartoons before I had it.

**Sebastian Stan**

Yes, like the dogs one where they pick on the same one and then they-,

**James Acaster**

Yes.

**Sebastian Stan**

Yes.

**James Acaster**

Lady and the Tramp.

**Sebastian Stan**

Yes.

**Ed Gamble**

Lady and the Tramp. The dogs one.

**James Acaster**

The dogs one. Yes.

**Sebastian Stan**

Yes.

**James Acaster**

But, yes, stuff like that where I was, like, 'I want to eat that because it looks so delicious in the cartoons, spaghetti and meatballs.'



**Sebastian Stan**

Maybe that's why as kids-, because don't you remember, like, having to eat your vegetables and never wanting to, and everyone is just trying-, because we don't see those cartoons maybe. Maybe that's the deal.

**Ed Gamble**

Yes, there's no, like-, like a cartoon dog eating a big plate of vegetables being, like, 'Oh, that's delicious.' That might change things. If Lady and the Tramp were having a go at a big plate of broccoli.'

**James Acaster**

Yes.

**Sebastian Stan**

It's just because broccoli is not a great tasting situation.

**James Acaster**

Although, are you familiar with Wesley Two Scoops Berry?

**Sebastian Stan**

No.

**James Acaster**

So, when I was a kid-,

**Ed Gamble**

And me.

**James Acaster**

And Ed.

**Ed Gamble**

I was a kid too.

**James Acaster**

Gladiators. You must be familiar with the show Gladiators, the TV show Gladiators?

**Sebastian Stan**

Fantastic show.

**Ed Gamble**

Yes.



**James Acaster**

Fantastic show, and we had it over here as well, and there was a series where it was, like, the American gladiators and the UK gladiators meeting and it was, like, this hyper-, this big, like, 'We're going to find who the ultimate champion is.'

**Ed Gamble**

Yes.

**James Acaster**

And the American contestant was called Wesley Two Scoops Berry, and he was called Two Scoops because his mother would try and get him to eat his broccoli when he was a kid and she would say, 'Just two more scoops.'

**Ed Gamble**

Yes.

**James Acaster**

Which for me was always confusing because I was, like, 'You don't scoop broccoli.' But I still like-, I really liked Wesley Two Scoops Berry. He could jump over a car and-,

**Ed Gamble**

Two cars.

**James Acaster**

Huh?

**Ed Gamble**

Two cars.

**Sebastian Stan**

Two cars.

**Ed Gamble**

End to end. Yes-,

**Sebastian Stan**

Wow.

**Ed Gamble**

He had, like, a home VHS of him jumping over two cars, and his mother always gave him two scoops of vegetables.



**James Acaster**

Yes, and that made me want to eat vegetables. That was the first thing as a kid that made me want to eat vegetables as Wesley Two Scoops Berry because he was so great.

**Sebastian Stan**

That's why we need superheroes because it's-, especially when you're a kid, it's all you look at.

**Ed Gamble**

Yes.

**Sebastian Stan**

You know, like the comic books and all that. I remember gladiators when I was growing up and that's why-, also wrestling, I was a big big wrestling fan.

**James Acaster**

Yes.

**Sebastian Stan**

For the same reason, you know, I just loved-, I kept thinking that it would be so cool to walk into an arena with a song.

**Ed Gamble**

Oh yes.

**James Acaster**

Yes.

**Sebastian Stan**

You know.

**James Acaster**

Yes, that was one of my favourite parts of, like-, I didn't really watch wrestling because I didn't have the TV channels it was on, but I knew what songs they walked on to because my friends had the music that they'd bought on CD. So, I was listening to those all the time and playing them and walking out the house.

**Ed Gamble**

Yes, imagining walking in. Yes. I mean, I still watch wrestling because I'm essentially a fourteen-year-old boy, and I still think about wouldn't it be great to walk into a stadium to my own music.

**James Acaster**

Even though he's a comedian and he can walk on stage to a song if he wants to.





**Ed Gamble**

I do do that. But then I just do comedy. I don't get to body slam anyone or anything.

**James Acaster**

But you are a superhero as well.

**Ed Gamble**

Yes.

**James Acaster**

So, you get to experience that. You've experienced a taste of that.

**Sebastian Stan**

Oh yes, for sure. I mean, it's the most gratifying thing in the world. Like, when you, you know, when you have a kid that comes up to you and it's just like, 'Is that arm metal?' And you're like, 'Yes. Of course, buddy, you know it's just camouflaged now.' And they're like, 'Oh, interesting.'

**James Acaster**

That's good because, like, recently as of, well, I don't know when this podcast is actually going to go out but we lost Maggie Smith.

**Sebastian Stan**

I know.

**James Acaster**

And someone told me a story about her when, you know, a kid who was a fan of Harry Potter went up to her and said, 'Is it true that you can turn into a cat?' And she told the kid to pull themselves together.'

**Ed Gamble**

I've got more respect for that, to be honest.

**James Acaster**

She said, 'Pull yourself together.'

**Sebastian Stan**

That's so funny. I still think of her as Wendy.

**James Acaster**

Oh yes.

**Sebastian Stan**

Do you remember that movie?



**James Acaster**

Yes, in Hook.

**Sebastian Stan**

Yes, that movie I was obsessed with when I was a kid.

**James Acaster**

Hook is so good. It's amazing.

**Sebastian Stan**

Because I really, you know, I'm like, the whole concept of Peter Pan and this guy going back it was just so great.

**James Acaster**

Well that's come up on this podcast a few times, Hook.

**Ed Gamble**

Because of-

**James Acaster**

Because of Bangarang.

**Sebastian Stan**

Yes.

**James Acaster**

That scene when they're eating, especially when there's nothing, it looks delicious.

**Sebastian Stan**

No, no, no, for sure, as a kid, all the colours and everything in there. You're like, 'What is that made of?'

**James Acaster**

Yes.

**Ed Gamble**

It's really cool.

**Sebastian Stan**

Did you ever want to eat Play-Doh when you were a kid?

**James Acaster**

Yes.



**Ed Gamble**

Yes, big time.

**Sebastian Stan**

Me too. I don't know why.

**James Acaster**

Yes, I would've loved to eaten it. It looked delicious.

**Sebastian Stan**

When I still see it, I'm like, 'Oh, you can squeeze it.'

**Ed Gamble**

Because it smells, kind of, nice as well, right? It smells, like, clean. You do want to see what it tastes like. If there's flavours.

**James Acaster**

We did a live tour of this podcast around the UK and we would ask the audiences their menus and read them out, they'd write them before we went on stage. We'd pick them out and read out the best ones. And one person, for their dream drink, said they would like the fruit shampoo they use but it has to taste as good as it smells. And that got an applause from the entire room.

**Ed Gamble**

Yes.

**James Acaster**

The entire room was like, 'Yes, I want to drink my shampoo if it didn't-,'

**Ed Gamble**

That might say more about our listeners than the, sort of, UK populous as a whole. But yes, a lot of shampoo drinkers listen to this.

**James Acaster**

I think it would pair nicely with some Play-Doh.

**Sebastian Stan**

The only thing I can think about with shampoo is that prank I've seen on YouTube at one point where they go around, there's a guy washing his hair, he doesn't know that there's someone above him that keeps squeezing shampoo. And he keeps trying to get the shampoo out and it's like a nightmare, you can't get it out of your, you know what I mean, it just keeps going?

**James Acaster**

I've not seen that. I'm going to watch it as soon as this is finished.



**Sebastian Stan**

You have to. Shampoo prank, just YouTube that. I mean, I feel like you guys would be great at pranks.

**James Acaster**

Would we be good at pranks?

**Ed Gamble**

We love Jackass.

**James Acaster**

We love Jackass. Steve-O was sitting in that seat. Don't worry, we've washed it since. But Steve-O, we've had Steve-O in here.

**Sebastian Stan**

What a voice, right?

**James Acaster**

Yes.

**Sebastian Stan**

He's such a specific character, right?

**Ed Gamble**

Oh my goodness.

**James Acaster**

Every time I'm watching anything with him in or whatever, my, fucking hell, what a Freudian slip, I was going to say my girlfriend but I went to say my sister. What do you think about that?

**Ed Gamble**

Don't ask James about his cheat days.

**Sebastian Stan**

Yes.

**James Acaster**

Anyway, my girlfriend always, if I'm watching a Steve-O thing, says from the other room, 'Is that Whoopi Goldberg?'

**Ed Gamble**

When Steve-O was on the podcast, we had loads of people saying he sounds exactly like Whoopi Goldberg.



**Sebastian Stan**

I never made that connection in my head until now. But maybe that's what I'll be doing after this, going to see how that works.

**Ed Gamble**

Get someone to send you, and not label them properly, clips of Whoopi and clips of Steve-O and you can see if you can work out the difference.

**James Acaster**

I mean, probably from what they're saying you better work it out.  
Your dream side dish, Sebastian?

**Sebastian Stan**

Fries. Definitely. Always wins. Like, really crispy fries, mashed potatoes.

**James Acaster**

Oh, you could go for all the potatoes.

**Ed Gamble**

We could get you a potato platter with all the different potatoes on it.

**Sebastian Stan**

I know, are people, like, really, really, specific, intricate with these? Because I still feel like there's a few that you don't-, that question, right, that everyone is like, 'If you had your last meal what would it be?' Like, it's always just the most generic of stuff.

**James Acaster**

Yes.

**Sebastian Stan**

I mean, at least for me.

**Ed Gamble**

Well, yes, sometimes. It depends, we've had guests on here, like, 'I want this thing from this restaurant in this year.' And people have really, like-, it's just one specific thing they want and then obviously, I think the answer is fries a lot of the time because they're just everyone's favourite.

**James Acaster**

And it's not about-, you know, it's got to be what you genuinely want to eat as well.

**Ed Gamble**

Yes.



**James Acaster**

Anyone who comes on here and tries just to say stuff to be smart and try and go, 'I'm going to say what other people haven't said,' we can see through that.

**Sebastian Stan**

Exactly. I mean.

**James Acaster**

You've got to be honest, like that guy was to that flying squirrel.

**Sebastian Stan**

Just simply going, 'Pumpkin seeds.'

**James Acaster**

Yes.

**Sebastian Stan**

What?

**James Acaster**

They are nice though, if you toast them up.

**Sebastian Stan**

They are actually, yes.

**James Acaster**

Yes.

**Ed Gamble**

Do you want pumpkin seeds now?

**Sebastian Stan**

I do like pumpkin seeds, I never thought I would. But also, if you put them in a butter lettuce salad with avocado.

**James Acaster**

Well, you could have the butter lettuce salad also, as your side dish. You could have some fries and some salad, I think we'd allow that.

**Ed Gamble**

Yes, I think so.

**James Acaster**

So, you can have more than one thing, you know?



**Ed Gamble**

With pumpkin seeds. See, you brought up the pumpkin seeds as a joke but now you're having pumpkin seeds.

**Sebastian Stan**

You know what else is really good.

**James Acaster**

Yes?

**Sebastian Stan**

Toasted pecans.

**Ed Gamble**

I'd say they're my favourite nut when they're toasted.

**Sebastian Stan**

When they're toasted. Yes, exactly.

**Ed Gamble**

Or roasted with salt.

**Sebastian Stan**

They different.

**Ed Gamble**

They're just, they turn into almost, like, a sweet. They're, like, they're so delicious. They're almost dairy like.

**James Acaster**

I agree actually, they are the sweetest of the nuts.

**Ed Gamble**

Raw pecans, I'm not interested. Shout out to the macadamia as well. If we're talking about the most delicious nuts. Roasted salted macadamias just cover me in them.

**James Acaster**

Every time people say macadamia nut, I just think of that film Best in Show. Have you seen that?

**Sebastian Stan**

Great movie. I haven't seen it in a while but-,



**James Acaster**

When Christopher Guest is talking about his dog. He's called Harlem Pepper the character and he says, he used to be able to name every single type of nut that there was. And he's just going, like, 'Cashew nut.' And then he goes, 'Macadamia nut.' He says, 'That's the one that would send my mother through the roof.' And like, I always think of that if someone says macadamia nut, I just think about Christopher Guest doing that character.

**Sebastian Stan**

He was so funny. He was so good. And also the one, Waiting for Guffman.

**James Acaster**

Yes. They're making a Spinal Tap 2. Are you excited about that?

**Sebastian Stan**

I am. Here's a very embarrassing thing, I actually have never seen the first one. It's the one I have not seen.

**Ed Gamble**

That's the one that everyone's seen who hasn't seen any of the others.

**James Acaster**

Yes, you've seen Waiting for Guffman and not Spinal Tap.

**Sebastian Stan**

Yes.

**James Acaster**

You might be the only person who can say that.

**Sebastian Stan**

It's bizarre and it's Rob Reiner, right? Who did that I think, which is also crazy because he's done such eclectic different movies.

**James Acaster**

Yes, well, that was during that run of films that he did around then is bananas. It's Spinal Tap, and then I don't know if it's in this order, When Harry Met Sally, A Few Good Men.

**Sebastian Stan**

And then Misery.

**James Acaster**

Misery. And Princess Bride, I think, it's like five films in a row.





**Ed Gamble**

All different. All completely different genres.

**Sebastian Stan**

Yes.

**James Acaster**

Is there a director you'd really love to work with who's, like, done a bunch different stuff?

**Sebastian Stan**

I mean, that's, kind of, a harder question than I thought. I would always have said, you know, Martin Scorsese. It just feels crazy to me of, like, a world without him. I can't even picture it. And I feel the same way about Jack Nicholson. Like, I'm like because these guys are so much older now. So, it's really strange to watch them get older because then I feel like-, do you feel that way now, like, people we grew up with, when you see them older you feel your own age as well?

**Ed Gamble**

Definitely, yes.

**James Acaster**

I'm going through a phase of trying to watch all the Scorsese movies I've not seen.

**Sebastian Stan**

King of Comedy. That's so nuts.

**Ed Gamble**

That's one of my favourite films ever. It's just incredible that film.

**James Acaster**

It's so genuinely funny as well. It's one of the few, people talk about when someone's doing stand-up comedy in a film, it rarely works. His end monologue at the end of that that he does on late night, is genuinely good. And I think the whole movie would fall apart if it wasn't. It's really hard to get that right in a film, I think.

**Sebastian Stan**

Speaking of food and Martin Scorsese movies, I actually feel like if you watch Martin Scorsese movies and any time they have those big Italian dinners, you're always somehow hungry, like, watching that. You're like, 'Oh, I want to have what they're having.'

**Ed Gamble**

I feel like any, sort of, mafia film or TV show, I'm re-watching the Sopranos at the moment but I'm putting on weight at the same time because I'm ordering cold cuts, I'm ordering-,



**James Acaster**

Gabagool?

**Ed Gamble**

Yes, I'm ordering so much gabagool. And, you know, I'm just eating it at the fridge like Tony, I'm breathing heavily through my nose, I'm constantly in my dressing gown. But when you see it on screen, you've got to have it. I'm ordering big subs, you know?

**Sebastian Stan**

I'm just picturing one day, like, your wife waking up and you're just in the kitchen in, like, a tank top and a kimono in shorts just eating a sandwich and she's like, 'What are you doing?'

**Ed Gamble**

She wouldn't be confused by that. She knows I'm re-watching the Sopranos, she knows that's what's happening.

**James Acaster**

Ed just looks at her, 'The geese flew away.'

**Sebastian Stan**

Yes, you're having a midlife crisis.

**James Acaster**

Yes.

**Ed Gamble**

Walking down to collect the paper at the end of the path. I mean, I like that guy.

**Sebastian Stan**

Someone comes up to you and just goes, 'Excuse me sir, do you know the time?' 'No.'

**James Acaster**

Your dream drink?

**Sebastian Stan**

I think it's somewhere between a really chilled gin martini with a twist, or a Negroni. Empress Gin, that's really good.

**James Acaster**

Empress Gin, I've never heard of that.

**Sebastian Stan**

And also, Empress Gin with tonic is really good. I know that's, like, gin and tonic is whatever, right? But that gin with the tonic is a really good drink.



**James Acaster**

Made well, it's a completely new drink a gin and tonic. When someone makes you a proper good one-,

**Sebastian Stan**

Yes.

**James Acaster**

You are like, 'Oh, okay. This is totally different to what I've been drinking.' And it is just, like, spending a more time on it.

**Ed Gamble**

Well, and the gin having a bit more flavour to it rather than just, like, bog standard gin.

**Sebastian Stan**

Yes, and this one, sort of, turns purple when you pour it in there.

**James Acaster**

What?

**Sebastian Stan**

That also gives it a little effect. But for some reason it just compliments it well.

**Ed Gamble**

That's crazy. It turns purple?

**Sebastian Stan**

Yes.

**Ed Gamble**

How does that happen?

**Sebastian Stan**

I don't know.

**Ed Gamble**

I'm across the science.

**Sebastian Stan**

I'm sure it's good.

**James Acaster**

The first time someone did that and you didn't know it was going to happen and you saw it turn purple, did it remind you of Thanos and you got angry?



**Sebastian Stan**

Oh, I thought you were going to say New Years Eve.

**James Acaster**

No, no, were you like, 'That mother fucker.' You've got to still be mad at that guy.

**Sebastian Stan**

No, I don't, yes, I don't think about it as much as you think.

**Ed Gamble**

I would if it happened to me.

**James Acaster**

I would. If it happened to me I would think about Thanos all the time. You got snapped. You were the ones, you got dusted.

**Sebastian Stan**

I know.

**James Acaster**

I'd be fucking furious at that guy.

**Sebastian Stan**

I know, well, it was amazing how well that villain was in a way. He actually was having, kind of, his own midlife crisis. And then turning on the world.

**Ed Gamble**

Yes, there were levels. There were levels to that.

**James Acaster**

What do you think that was like for your character? Obviously, a lot of characters it happened to, but you're there, you've been in Wakanda fighting, I think you feel a bit, 'Oh, I feel a bit shitty.' Then suddenly, you're in a completely different place. Do you think at some point Bucky had to get himself together and be like, 'Okay, fuck it, it's a different battle now. And a load of shit's happening, I'll get caught up on it later.' Or, was Bucky like, 'Guys, please catch me up on what's been happening because I can't just go into this fight not knowing. I've got to know what's going on.'

**Sebastian Stan**

I think, he's so used to fighting enemies that the minute he sees it, it's like right back in it.

**James Acaster**

Yes, sure.



**Sebastian Stan**

But the version you described would've been, I think, more cinematic. 'Wait, time out. What the fuck is happening around here? I just wanted to go to the bathroom and I came back and everything's a different world.'

**James Acaster**

Yes, because do you think they even knew this was, like, a different Thanos from a different time and that Thor has already cut the other guy's head off but actually, this is someone else from a different time and we, kind of, messed up with the time travel thing and just or whether it's like, 'We'll catch you up later but the baddies are the same ones as before.'

**Ed Gamble**

I feel like you've thought about this more than anyone else on the planet.

**James Acaster**

No way, man.

**Sebastian Stan**

It's interesting though. That movie does spiral down a rabbit hole. You find yourself, kind of, going and asking different things because once the time thing gets flipped, anything is possible, you know? It's like, we can all keep doing what we're doing but then, Dr Strange can turn back time. Like, I mean, you can't fuck with that. I mean, that's just-,

**James Acaster**

Yes. It's why it's very important that he doesn't have that stone anymore. If he did, every movie would just be, like, 'Yes, there you go.'

**Sebastian Stan**

Yes. One twist.

**Ed Gamble**

I would like to see, like, a caper film with him where he's just fucking around with time for a laugh.

**James Acaster**

Yes.

**Sebastian Stan**

He keeps coming back in time to the same spot.

**James Acaster**

Yes.

**Sebastian Stan**

Over and over again.



**James Acaster**

We had a cartoon here when we were kids called Bernard's Watch. Are you familiar with Bernard's Watch?

**Ed Gamble**

It was good. Bernard's Watch was good.

**Sebastian Stan**

Really?

**James Acaster**

Bernards Watch was good, but, like, everyone had the same problem with it. But like, it was a little kid and he had a watch that could stop time. But he could just walk around and do whatever. So, everything would freeze.

**Sebastian Stan**

The only British thing that I remember when I was very, very, little was a very controversial show called Benny Hill.

**James Acaster**

Yes. Well, he should never be in possession of Bernard's Watch.

**Ed Gamble**

No.

**James Acaster**

If it was Benny's Watch it would be a completely show.

**Ed Gamble**

He causes enough trouble when time is moving normally, right? Chasing those poor ladies around.

**James Acaster**

Chasing those poor ladies around the trees and stuff to the music.

**Ed Gamble**

It does blow my mind that Benny Hill was such a big export across the Atlantic that that was a thing.

**Sebastian Stan**

It's weird. Yes, I remember just growing up and seeing that show when I was little and then Beverly Hills 90210.

**Ed Gamble**

Yes.



**James Acaster**

Yes.

**Sebastian Stan**

Strangely, and Baywatch.

**James Acaster**

Yes.

**Sebastian Stan**

You know, they were massive in Europe.

**Ed Gamble**

Yes, the two representations of different cultures. Benny Hill and Baywatch.

**Sebastian Stan**

Yes. Benny Hill.

**James Acaster**

They could've done a crossover episode where Benny's chasing the ladies but it's all in slow motion.

**Ed Gamble**

Yes.

**James Acaster**

Like Baywatch.

**Ed Gamble**

Or the beginning of the Baywatch titles at the beginning but with the Benny Hill in the background instead.

**James Acaster**

Oh, yes. That would be good.

**Sebastian Stan**

Cadbury Chocolate.

**James Acaster**

Cadbury Chocolate?

**Sebastian Stan**

Yes.



**James Acaster**

Oh yes.

**Sebastian Stan**

It's such a thing, isn't it?

**James Acaster**

It's good stuff.

**Ed Gamble**

Well, American chocolate is shit. We'll put it out there.

**James Acaster**

Well, now Ed. Maybe ramp up to that slowly.

**Ed Gamble**

Okay, well, Hershey's is the worst thing I've ever tasted.

**Sebastian Stan**

No, no, no, you can't compare those. But Tony's Chocolate-,

**Ed Gamble**

Yes.

**James Acaster**

Yes.

**Sebastian Stan**

Is this new, it's fairly new, right?

**James Acaster**

Yes, from Holland, yes.

**Sebastian Stan**

I mean it's unbelievable.

**Ed Gamble**

Also, because they're not, like, solid standard chunks in the bar, you end up breaking off a bit to be like, 'Oh, I'll just have a bit,' but it comes off at a weird angle and then you break off another bit but then it's gone.

**Sebastian Stan**

Yes, then there's half that's just gone. You did it. Do you remember Kinder Eggs?





**James Acaster**

Yes.

**Ed Gamble**

Yes. Great.

**Sebastian Stan**

Those were great. I remember when you'd crack that thing open and a little astronaut would come out.

**James Acaster**

Yes.

**Sebastian Stan**

Or it'd be, like, a stupid one and you'd be like, 'No, I've got to get another one.'

**James Acaster**

Yes, there was a period of time where it was always a little, like, China terrapin. Like, playing the pan pipes or with a surf board. There was other different terrapins. That was when I got into Kinder Eggs.

**Ed Gamble**

That was your favourite era of Kinder Eggs.

**James Acaster**

I wanted to get all the terrapins that you got in the Kind Eggs. I got a few of them.

**Sebastian Stan**

It was a great, brilliant idea whoever invented the Kinder Eggs.

**Ed Gamble**

The toys came in phases, like, Marvel, didn't they?

**James Acaster**

Yes.

**Ed Gamble**

Yes.

**James Acaster**

It was, like, yes now I think they still do Kinder Surprises but they're not as popular that Marvel would consider doing a cross over with them.

**Sebastian Stan**

Right, yes.



**Ed Gamble**

That would be, like, the pinnacle of your career, right?

**James Acaster**

If someone said, 'We're going to do you in a Kinder Egg.' From any film you've been in.

**Sebastian Stan**

Yes, that would be, like, I made it.

**Ed Gamble**

Yes.

**James Acaster**

So, I guess it would depend on the-,

**Ed Gamble**

It would probably be Marvel. I don't think it would be the Cannibal in a Kinder Egg.

**James Acaster**

Or you as Tommy Lee.

**Sebastian Stan**

It just ends up being a mistake, I mean, by someone just does one randomly.

**Ed Gamble**

I'd buy the Tommy Lee Kinder Egg.

**James Acaster**

Yes?

**Ed Gamble**

100%, yes.

**James Acaster**

Sebastian as Tommy Lee in the Kinder Egg.

**Ed Gamble**

Yes.

**Sebastian Stan**

I mean, what would that even look like?

**James Acaster**

It depends what part of the story.



**Ed Gamble**

It could be one drumstick.

**James Acaster**

Yes.

**Ed Gamble**

I'd recognise him on Naked Attraction straight away, Tommy Lee.

**James Acaster**

Yes, yes, Tommy Lee on Naked Attraction, surely. For everyone else, it's just the feet, but Tommy.

**Sebastian Stan**

Yes, right.

**James Acaster**

Your dream dessert, Sebastian. We've just been talking a bit about chocolate and we've, kind of, stumbled into the desserts already, which is nice.

**Ed Gamble**

Your eyes really lit up when you were talking about chocolate.

**Sebastian Stan**

In the US, there's something called Jeni's Ice Cream. I don't know why, it's phenomenal.

**James Acaster**

Wow.

**Sebastian Stan**

It's the best ice cream I've had. Do you guys have good ice cream here?

**James Acaster**

Yes, well, yes.

**Ed Gamble**

It's not really-,

**James Acaster**

We do, but I wouldn't say it's, like, UK brand. So, I mean, if I go out, I'm just going to get Ben and Jerry's. So, we've got a lot of the same brands that you would have, and then, there's a lot of good ice cream places.

**Ed Gamble**

But when we go to the states, that's when we're excited to have ice cream.



**James Acaster**

Yes, well-,

**Ed Gamble**

You'll text me pictures of ice cream from America.

**James Acaster**

Yes. And especially, like, you've got so many flavours of Ben and Jerry's that we don't have. So, that's my first port of call. Once, before we started recording today, you were saying, like, coming and working here and when you arrived you were a bit jet lagged. I arrived in Canada once, I had a gig that night, I was meant to do a show that night but I missed the show because I'd gone out, got a tub of Ben and Jerry's that you can't get here, and half way through, just passed out on my bed.

**Sebastian Stan**

Because of the sugar high?

**James Acaster**

I was jet lagged, but also, I was just so into eating this Ben and Jerry's it put me into this, like, hibernation state and I just-, that was it. And I woke up, the gig had already been and gone, I had multiple texts on my phone from the promoters and everyone, and just a Ben and Jerry's tub in my hand and a spoon in the other. Just on my bed.

**Sebastian Stan**

One of the most terrifying things is, like, when you wake up and you see your phone's just been going or something, and people have been trying to reach you for whatever reason.

**James Acaster**

Yes.

**Sebastian Stan**

But, speaking of pranks, it's so silly. There's another one I saw recently on YouTube and it's, like, it's really bad. Like, these guys clearly have known each other for a long time, I don't even know what it's called but they got together and had a celebration night, you know, taking shots, and hanging out and all this stuff. The next day, the guy, one of the wakes up and he's strapped to a hospital bed and he doesn't know where or how he got there and they're like, 'You've been in a coma for ten years.' And his friend comes in, in prosthetics having gained weight and he's like, 'You have a son, and I've been taking care of him.' And he's just, it's terrifying honestly, but it's horrifically funny.

**Ed Gamble**

Yes.

**Sebastian Stan**

And, you know, it's like he just doesn't know what to do with it.



**Ed Gamble**

I didn't know you liked pranks so much.

**James Acaster**

They are good. Pranks are great.

**Sebastian Stan**

I think, yes, you want to be safe, I'm not, like, but it is funny sometimes. I mean, you've got to keep surprising yourself and your friends. It's fun to do that.

**James Acaster**

Have you ever played a prank on anyone just, like, that you're particularly proud of?

**Sebastian Stan**

It's so stupid but I have a friend who, like, he always manages, he can fall asleep any time. I saw him fall asleep in the middle of a night club. Like, he took a nap and came back and was right back as if he got reinvigorated. And I'd be so jealous of him because I'd be, like, 'How do you do it? How do you just fall asleep?' Falls asleep very easily all the time. So, one time, he was staying over, he lives in LA, came to New York and he was crashing over at my house and he fell asleep. And I took headphones and I put it over his head, over his ears, and I plugged it into, like, the fucking speakers. And I went and researched T-Rex, the dinosaur in Jurassic Park when at the very end where it's like-, and he's like-, and the thing falls or whatever and I crank that up and I just press play just trying to wake him up. And all I got was this one quick, like, little. I was like, 'Fuck.'

**James Acaster**

But it's almost more satisfying than him completely being terrified. Just very lazily going, 'Hey man.'

**Ed Gamble**

A T-Rex, yes.

**James Acaster**

After the T-rex screamed in his ear.

**Sebastian Stan**

Yes, I'm, like, god forbid there's ever a fire or anything and you're in the house, well never make it.

**James Acaster**

That's what he'd be like after the blip though. If he got snapped by Thanos.

**Ed Gamble**

Yes.



**James Acaster**

He'd just be like, right back in, 'Hey, okay, cool. Okay, it's a different battlefield but I've pretty much got my bearings.'

**Ed Gamble**

Yes, I've just been napping again.

**James Acaster**

Yes.

**Sebastian Stan**

I know, he's just, like, in a total different city that he doesn't recognise yet.

**James Acaster**

So, is Jeni's Ice Cream your dream dessert.

**Sebastian Stan**

I'll put that one out there because maybe if someone does go to America, they'll remember that one and they'll try it. It's worth it.

**Ed Gamble**

What's the best flavour of Jeni's?

**Sebastian Stan**

Oh man. There's, like, a peanut butter chocolate one. There is, kind of like, a chocolate chip, rocky road situation. There's, like, one with a brownie swirl.

**Ed Gamble**

I love all that. Some people are like, 'Oh, I want just, like, one flavour of ice cream. Just, like, plain or vanilla.' I want to throw everything in there. I want chunks.

**Sebastian Stan**

Yes, I don't know about the vanilla. I've had it one time only.

**Ed Gamble**

Yes, they're just, these people are being contrary just for the sake of it.

**James Acaster**

I don't get those people.

**Sebastian Stan**

Right.



**Ed Gamble**

Pretending that they've got sophisticated palettes but they're boring as hell.

**James Acaster**

Yes, I try not to, like, rise to it but whenever someone is just like, 'I'm just going to get a scoop of vanilla.' I'm like, 'You know we're at an ice cream place, right?'

**Sebastian Stan**

It seems like such a waste of opportunity.

**James Acaster**

Yes.

**Sebastian Stan**

That's how it feels.

**James Acaster**

Yes.

**Sebastian Stan**

Because it's like, if you're going to do it, you might as well go for it.

**James Acaster**

Yes.

**Sebastian Stan**

You're not even getting your bang for your buck, right?

**James Acaster**

Yes.

**Sebastian Stan**

Like, I wanted to make some analogy that I'm too tired to make but yes, I think you know what we're saying.

**James Acaster**

I feel like we should plan a prank to do on one of your, like, maybe we could get Anthony Mackie, we could assist you in pranking him.

**Sebastian Stan**

No, absolutely.



**Ed Gamble**

Well, if we do have him on this podcast because you said he'd be really good, if we do manage to book him for this podcast, we're happy to prank him on your behalf.

**James Acaster**

We could prank him.

**Sebastian Stan**

If you do, yes, I mean, then maybe you need to email me and I'll have to figure out how to do it.

**James Acaster**

We could just keep pouring shampoo on him. Does that work if it's not in the shower? And he can see us? Does that work?

**Sebastian Stan**

No, maybe not. We have to think, we have to think somehow. But it's possible. I mean, he will get me back or he'll try to get me back.

**James Acaster**

Or maybe-,

**Ed Gamble**

If he gets angry at the prank, you have to admit that you were involved in it because if we go, 'Oh no, it was Sebastian and then you deny all knowledge of it.'

**Sebastian Stan**

It would be like-,

**James Acaster**

Don't fuck us on this.

**Sebastian Stan**

Imagine if to do this podcast the has to drive, like, 45 minutes to a warehouse somewhere in South London and it's just in the dark and you guys are sitting there by candlelight.

**James Acaster**

But it should be, if it's in a warehouse, he should open the door and it should be full of people and then he realises it's the rap battle from 8 Mile.

**Sebastian Stan**

Oh no.

**James Acaster**

And we've set him up.'You've got to do it again.'





**Sebastian Stan**

And he's got to go up.

**James Acaster**

He's got to go up there. We could get Eminem. Then you could join in as well. Your surname is Stan. You could get up. You've written Eminem loads of letters, actually, that's when you and Mackie would join forces, surely. Because you both hate Eminem. You're Stan and the guy that he beat in the rap battle.

**Sebastian Stan**

By the way, do you remember that movie? How good that was?

**James Acaster**

Yes. Great movie.

**Ed Gamble**

It was incredible that film.

**Sebastian Stan**

And also, thank you for reminding me he is in that film.

**James Acaster**

Yes.

**Sebastian Stan**

And he's great in it.

**James Acaster**

Great in it.

**Sebastian Stan**

He's in so many good movies actually.

**Ed Gamble**

Well, that doesn't matter, we're going to prank the fuck out of this guy.

**James Acaster**

We're going to prank him so hard.

**Sebastian Stan**

But that would be funny, like, he just thinks he's going to a podcast but it's a rave.

**James Acaster**

Yes.



**Sebastian Stan**

Just waiting for him.

**James Acaster**

I mean, hopefully, because, like, today and this is a trick of the trade that I didn't know happened. But, like, someone arrived before you who's called a Go Ahead, right? Who turns up here first.

**Sebastian Stan**

Oh interesting.

**James Acaster**

Which it's happened sometimes if people are, like, have busy schedules and they're going from one place to the other. So, with Mackie, I would worry that a Go Ahead would arrive there and text him and go, 'This is a fucking rave. This is not a podcast. They're setting you up for a prank, I think Sebastian Stan is behind it. Do not come here, Anthony.'

**Sebastian Stan**

He just goes to him, I'm just recreating that movie The Game on him.

**James Acaster**

Oh yes.

**Sebastian Stan**

He's involved in a high speed chase all the way to Mexico. It goes on and on. I always thought it would be funny to do a movie about actors that take their roles to the next level.

**James Acaster**

Oh yes.

**Sebastian Stan**

You know, but anyway.

**James Acaster**

You go really extreme. I still think there's, like, maybe you and him should join forces and prank Eminem. I think, you know, as much as I would like to prank-,

**Sebastian Stan**

Why do I feel like that would fail?

**Ed Gamble**

Yes, I don't think that would go well.

**James Acaster**

No, you'd get him.



**Ed Gamble**

You never know what mood Eminem is going to be in.

**James Acaster**

You can get him if the two of you joined forces.

**Sebastian Stan**

I could also see him just unfazed. Like, the same stoic face, no emotions, he's like, and just walk out.

**Ed Gamble**

I've never seen him, like, giggling in an interview. I don't feel like he would, like, chuckle at a prank.

**Sebastian Stan**

Yes, me neither.

**James Acaster**

Yes, to be fair. Well, so, I'm going to read your menu back to you now, see how you feel about it. You would like, sparkling water. You would like naan for poppadoms or bread. You would like anchovies on toast from Via Carota in New York. Main course, you want spaghetti and meatballs, a side dish of fries and butter lettuce salad.

**Ed Gamble**

With sunflower seeds and avocado.

**James Acaster**

Pumpkin seeds.

**Ed Gamble**

Pumpkin seeds, sorry.

**James Acaster**

Drink, Empress Gin martini with a twist. And dessert, you would like Jenny's Ice Cream, a bunch of different scoops. We shouted out a few, the brownie swirl, the peanut butter chocolate, put them all in a bowl together.

**Sebastian Stan**

I mean, one doesn't, or shouldn't survive that meal.

**James Acaster**

It sounds good though, right?

**Sebastian Stan**

It does.



**James Acaster**

Does it sound good hearing it back?

**Sebastian Stan**

Yes, I mean, honestly if that was the way to go that would be, I think okay for me.

**Ed Gamble**

Look, we're going to go and plan this prank. But thank you so much for coming to the dream restaurant with us.

**Sebastian Stan**

You guys are amazing. Thank you for having me.

**James Acaster**

Thank you, Sebastian.

**Ed Gamble**

Thank you so much to Sebastian for coming on the Off Menu podcast. He loves pranks.

**James Acaster**

He loves pranks that's the main thing I felt like, you know, no one else has found that out in an interview with Sebastian Stan so far. We're the first people.

**Ed Gamble**

I'm starting to think, we should do another podcast about pranks.

**James Acaster**

Well, maybe a YouTube series where we rank people.

**Ed Gamble**

Because look, he enjoyed food and he enjoyed talking about food, I really liked Sebastian, I thought it was a fun interview. But he really came alive when we started talking about pranks.

**James Acaster**

Yes, he liked pranks a lot. And remembering pranks he had seen. And so, like, I think that maybe that's one where we do just people's favourite pranks. So, rather than pranking people we talk about pranks that they love.

**Ed Gamble**

Or I'd go and watch a feature length film where it's just Sebastian Stan dramatically describing pranks he'd seen.



**James Acaster**

Or recreating pranks that he's seen. Remember there's that film, is it called Act of Violence? I think there's a film where they get these war lords to recreate horrific things that they did. And then, by the end, they're actually, you know, confronted with the reality of what they've done for the first time.

**Ed Gamble**

That's not going to happen with Stan.

**James Acaster**

Maybe Sebastian Stan recreates pranks he's seen.

**Ed Gamble**

Yes, he's not going to be confronted by the horror of the pranks, he's going to love the pranks even more. I can't stress enough, because you're listening to this-,

**James Acaster**

Yes.

**Ed Gamble**

How excited he was to talk about the pranks.

**James Acaster**

Yes.

**Ed Gamble**

It was beautiful. We're going to get Mackie on this pod.

**James Acaster**

We're going to get Mackie on this pod. Whether we'll prank him or not remains to be seen.

**Ed Gamble**

Or the secret ingredient.

**James Acaster**

Mac and cheese?

**Ed Gamble**

Mackie D's.

**James Acaster**

Mackie D's, that's good. Although, if he listens to this episode now, which he could because we've talked to his buddy, he'll know the secret ingredient for when he's on.



**Ed Gamble**

He's not going to listen to this.

**James Acaster**

Anthony Mackie might listen to this. You'd be surprised.

**Ed Gamble**

We should also say, that Sebastian is playing Donald Trump in the apprentice, which, you know, it's just been the US election, James.

**James Acaster**

Yes.

**Ed Gamble**

So, it's crazy that we didn't mention that to him. But to be fair, we got waylaid with pranks.

**James Acaster**

Yes, and it's not crazy because we actually did it ages ago and he was promoting a different film. And now because of the scheduling it's coming out now and we look crazy but we're not the crazy ones.

**Ed Gamble**

No, we're not the crazy, well, if anything Donald Trump is the crazy one and put that out Benito, don't edit that out. I know you love Trump.

**James Acaster**

Don't edit it out. Don't edit it out, Benito. Keep it in there. Donald Trump you're crazy. We're recording this now, before the US elections because I'm going away. So, we don't know who's won yet but you're listening to it the day after.

**Ed Gamble**

Yes.

**James Acaster**

So, you know who won and so help me God, it better not be the crazy guy.

**Ed Gamble**

Benito, take off that MAGA hat.

**James Acaster**

Benito, take off that MAGA hat right this instant. This is what you get when you make us record something about your beloved Trump. The Apprentice is in cinemas now.

**Ed Gamble**

The monkeys are in charge of the bus.



**James Acaster**

The monkeys are in charge of the bus, hashtag. Sebastian did not say winter peas either.

**Ed Gamble**

No, he did not say winter peas.

**James Acaster**

So, that's good.

**Ed Gamble**

We had some butter lettuce.

**James Acaster**

Some butter lettuce which I was unfamiliar with.

**Ed Gamble**

Yes.

**James Acaster**

That was exciting but that's as close as we got to winter peas. There weren't any winter peas there.

**Ed Gamble**

There was going to be some more butter lettuce chat I think but then Sebastian remembered a prank.

**James Acaster**

Yes, then pranks come into things and we talked about pranks for a while.

**Ed Gamble**

I wish you guys could see Benito when we work with him.

**James Acaster**

Yes.

**Ed Gamble**

He hates working with us.

**James Acaster**

He hates it. Benito sits there behind his laptop just staring ahead, looking like he's just praying for the sweet release of death.

**Ed Gamble**

You're a thinker.



**James Acaster**

He's a thinker. It's the first time someone has labelled him as the thinker.

**Ed Gamble**

Yes.

**James Acaster**

And that's a very nice way of saying, 'This guy is zoned out.'

**Ed Gamble**

This guy looks sad.

**James Acaster**

This guy looks sad and like he's not listening to what's going on in the room and he wants to be at home with his partner and his dog.

**Ed Gamble**

Yes.

**James Acaster**

Look, go and see A Different Man, it's in cinemas now. Get yourself along to watch it. Thank you so much Sebastian for coming to the dream restaurant. He'll be listening to this.

**Ed Gamble**

Yes. Also, he was jet lagged and I feel like you know when you do something when you're jet lagged and it doesn't feel quite real, it's almost like a dream like thing.

**James Acaster**

Yes.

**Ed Gamble**

That chat would surely be something in a few days he's going to be, like, 'Did I do that?'

**James Acaster**

Yes. Did one of them at one point go off on a story that went nowhere about an Australian man in Japan talking to a fake flying squirrel in a backpack about what toppings he likes on his pizza?

**Ed Gamble**

I love that story. I don't think that's the last time we're going to hear that story.

**James Acaster**

No, I think about it a lot. Me and my girlfriend talked about it afterwards how when we're on those kind of things, guided tours or whatever, we both do this where instead of getting invested in the information





we're being told and all the new things we're learning, we get invested in the tour guide and who they are as a person. And we start thinking about, like-,

**Ed Gamble**

What their life is like.

**James Acaster**

What their life is like, how they got into all this, if they're enjoying this what they think of the group. All that sort of stuff. So, when that guy did the little skit with the flying squirrel in the backpack and was talking to it and saying, 'He wants to know what toppings are for my pizza.' And told him, 'I like pineapple.' 'Oh, he won't come out the bag because I have pineapple on my pizza.' I was like, 'This is an interesting fella. I want to know more about this guy.'

**Ed Gamble**

I had an Uber driver yesterday who put Waze, you know, that app that tells you where to go? But he had one of the novelty voices on it.

**James Acaster**

Oh yes?

**Ed Gamble**

And it was playing really loudly. I don't know what it was, but the voice, it was a ladies voice that started by saying, 'Hello Scorpio. We are about to undertake a long and arduous journey. We will be changed by the end of this.' And it'd be like, 'Left, take the next left riches lie down that path.'

**James Acaster**

Oh wow.

**Ed Gamble**

But he's not reacting to it.

**James Acaster**

No.

**Ed Gamble**

He's just following the directions. And me and Charlie are sat in the back just fucking killing ourselves laughing, texting each other going, 'Hello Scorpio.'

**James Acaster**

He's used to it.

**Ed Gamble**

Yes, but it was, like, a sexy voice as well. It was, like, 'This has been very intimate.' It kept saying that.



**James Acaster**

That's great. What did it say at the end when he'd reached his destination.

**Ed Gamble**

Oh, I don't know I think we'd got out by then.

**James Acaster**

Something grotesque.

**Ed Gamble**

But he was getting off with her by the end of it. He was a great guy as well because we went under a tunnel and a bike went passed, a Deliveroo bike went passed and he lost it laughing.

**James Acaster**

Really?

**Ed Gamble**

He was going, 'Ah, the person who is waiting for their food and they're under the water. He's calling them up going, do you want some fish?'

**James Acaster**

We've got to get this guy on the podcast.

**Ed Gamble**

Yes.

**James Acaster**

We've got to get him on.

**Ed Gamble**

'Do you want any fish?' He kept saying.

**James Acaster**

We'll talk to him about Deliveroo. 'I know you ordered a burger but I got you some fish because I went under the water to get here.'

**Ed Gamble**

He was laughing so much.

**James Acaster**

I like it. That is funny though, imagine that's what happens.



**Ed Gamble**

I'm still on tour doing Hot Diggity Dog. Come along and see it. Got a fair few dates left, [Edgamble.co.uk](http://Edgamble.co.uk) for tickets if you're London based or London bound on November 23rd, come and see me at the London Palladium.

**James Acaster**

Absolutely. My name is James Acaster.

**Ed Gamble**

See you next week.

**James Acaster**

See you next week.