

Community Gatherings

THURSDAY, FEB 16

7pm | Makin' It Film Screening: Rams | North House

Bring your knitting or other handwork; we'll leave (some) lights on.

Rams (Hrútar) (2015, Iceland, Grimur Hakonarson, 92 minutes) When two neighboring brothers who have not spoken in years learn that their flocks of sheep need to be exterminated, they must find a way to reconcile in this dark Icelandic comedy.

FRIDAY, FEB 17

12:15 | LUNCH and LEARN | UCC

Eco-printing with Native Dyes w/ Cyndi Kaye Meier

Free (bring a brown bag lunch) or register for a catered lunch, beginning at \$13

Has eco-printing on Pinterest or Facebook caught your attention? Cyndi Kaye will show examples of printed cloth using native Minnesota plants. See how fabric, plants, found rust, and string make beautiful bundles that turn into one unique fabric. Gardeners will also be inspired to see how their garden plants can be used to create beautiful fabrics.

7pm | SHOW and SHARE | Art Colony | Hosted by the Northwoods Fiber Guild

The Fibers Retreat Show & Share is a cherished event of the weekend when retreat participants and instructors can come together and share work they have done, past and present. Bring something from home or from a retreat class to share. All are welcome.

SATURDAY FEB 18

12:15 | LUNCH and LEARN | UCC

Wool – Making a Good Thing Better w/ Larry Schmitt

Free (bring a brown bag lunch) or register for a catered lunch, beginning at \$13

Larry Schmitt teaches Scandinavian-style nalbinding, one of the many fiber courses in which the material of choice is most often wool. Larry notes, "I have come to appreciate through the lore of nalbinding what is special about wool." Larry will share several and demonstrate tricks of the trade that can improve upon this already miraculous material, including making wool even warmer, transforming wool into a wicking fabric, improving the water resistance of wool, using shrinkage to best advantage, and taking advantage of wool's affinity to stand out among all other materials. These techniques can be applied in a variety of fiber crafts.

7:30pm | FEATURED SPEAKER | North House

Nancy Bush | Warm Hands in the Baltic: Estonian Mittens and Gloves

Nationally renowned knitter Nancy Bush makes her first trip to the North Shore as the Featured Speaker for the 7th annual Northern Fiber Retreat. Nancy has spent years studying and teaching the knitting traditions of Estonia, a Baltic nation with many cultural similarities to Scandinavia and a landscape not unlike our own North Shore of Lake Superior. Join Nancy on a visual tour of Estonia to discover some of their interesting, traditional mittens and gloves. Estonia has a knitting tradition that can be dated back to the 1300's and hand coverings have played an important role, not only for warmth and protection in the Nordic winter, but as part of the traditional rituals of Estonian daily life.

SUNDAY, FEB 19

10:30-11:00am | FIKA | North House

In celebration of our 20th Anniversary, North House is hosting a weekly Student Fika featuring coffee, tea & Scandinavian treats, along with stories & photos from our first twenty years. Fika, a long-standing social tradition throughout Norway and Sweden, is a moment to take a break, gather with friends and enjoy conversation and snacks before returning to the work at hand, refreshed and ready to focus. Join us as we celebrate twenty years of folk school learning on the Grand Marais harbor and help us look forward to the next twenty!

NORTHERN Fibers RETREAT

FEB 16-19, 2017

More info:

NORTHHOUSE.ORG

888-387-9762

GRANDMARISARTCOLONY.ORG

218-387-2737

in Grand Marais, MN

SCHEDULE OF EVENTS

	community gatherings	art colony courses**	north house courses**
wed feb 15			Feb 15 - 16 In Search of Color: Winter Natural Dye Workshop Feb 15 - 17 Primitive Rug Hooking: Open Session Feb 15 - 17 Estonian Lace: A Beautiful Tradition
thur feb 16	7pm Feb 16 NHFS Film Screening: Rams	Feb 16 Off the Cuff: Stitchery	Feb 16 Wooly Critters Feb 16 History to Handcraft: Highlight on the Fiber Arts Feb 16 - 17 Penny Rugs: Woolen Mosaics Feb 16 - 17 Selbuvotter Mittens: The Classic Norwegian Mitten Feb 16 - 17 Help Yourself to Knitting
fri feb 17	*12:15 Feb 17 UCC LUNCH AND LEARN Eco-printing with Native Dyes with Cyndi Kaye Meier 7pm Feb 17 GMAC Show & Share	Feb 17 Decorative Pins Feb 17 - 18 Hand-printed Lampshades Feb 17 - 18 Needle Felted Wool Landscapes	Feb 17 Sculptural Felting: Beyond the Basics Feb 17 Spinning the Luxury Fibers Feb 17 Bead Weaving: Deerskin Bag Feb 17 - 19 Blanket Coat: Techniques for Making Your Own Warm Wool Blanket Coat Feb 17 - 19 Weaving the Hand Bag Basket
sat feb 18	9:30-11:30 Feb 18 NHFS FIBER FOR KIDS *12:15 Feb 18 UCC LUNCH AND LEARN Wool - Making a Good Thing Better with Larry Schmitt 7:30pm Feb 18 NHFS FEATURED SPEAKER Warm Hands in the Baltic: Estonian Mittens and Gloves with Nancy Bush	Feb 18 Button it up with Glass Feb 18 - 19 Soy Wax Batik Basics and Beyond Feb 18 Cut Paper Art - Mini-session Feb 18 - 19 Cut Paper Art - Full-session	Feb 18 Inkle Loom Weaving Introduction Feb 18 Spinning Series: At the Wheel Feb 18 - 19 Knitting Estonian Gloves Feb 18 - 19 Two Thumbbed Arctic Fisherman's Mittens Feb 18 - 19 Knitting Socks: The Essential Craft
sun feb 19	10:30 - 11am Feb 19 NHFS FIKA!		Feb 18 - 19 Flowers & Fauna of the North Woods through Bead Embroidery Feb 19 Inkle Loom Weaving Continuation Feb 19 Spinning Series: Preparing Fibers

* Advance registration required for catered lunch

** Advance registration required

Fiber For Kids

Saturday, February 18 9:30-11:30

\$15 per parent/child pair add'l family members \$5

At North House

Get ready to experience fun with fibers! Join skilled artists from the Northwoods Fiber Guild to create hands-on fiber projects designed specifically for kids (and a helpful adult). Students will choose to try their hands at projects such as felted bracelets, weaving on a table loom or disc, ink printing, kumihimo braiding, tangram felt puzzles and mini book making. Everyone will leave with at least three completed projects. Participants age 7 years and up welcomed, and need to be accompanied by an adult.

Classes and Events are at three locations:

North House Folk School (NHFS) | 500 W Hwy 61
 Grand Marais Art Colony (GMAC) | 120 W 3rd Ave
 First Congregational United Church of Christ (UCC)
 300 2nd St W (Right Across the street from the Grand Marais Art Colony)

How to Register

Course tuition and material rates vary. For more information or to register for courses, please visit either the Art Colony or North House websites.

To register for Lunch & Learns please call North House or the Art Colony. Menus for Lunch & Learns are available online. If you are not interested in a catered lunch you are welcome to bring your own meal and enjoy the speaker for free.

About the Retreat

Cook County celebrates artists and lifelong learning. The Northern Fibers Retreat is a collaborative effort of three local organizations:

> North House Folk School | www.northhouse.org

> Grand Marais Art Colony | www.grandmaraisartcolony.org

> Northwoods Fiber Guild