# Your guide to 'round-the-clock' healthcare and support



**Monday to Friday** 8am to 6pm Excluding public holidays

surgeries



All routine health matters are attended to by your own GP surgery

NHS Lothian works 'round-the-clock' to make sure you have access to healthcare whenever you need it. We want to work with you so that you receive the right care in the right place at the right time.

### **Every night** 6pm to 8am



Plus weekends and public holidays

NHS

08454 24 24 24

18001 08454 24 24 24



If your GP surgery is closed and you are too ill to wait until it re-opens, phone NHS 24 on 08454 24 24 24

### **Over 100 community** pharmacies in Edinburgh providing....



ADV

- Information on vour illness
- A place to ask questions about your medication
- Information on staying healthy
- The NHS Minor Ailments Service – for people who don't pay prescription charges
- Links to support

## **NHS** inform

Health information you can trust

by phone 0800 22 44 88

by email - go to nhsinform.co.uk

by website nhsinform.co.uk

All phone calls to NHS inform are private and confidential

Help and advice

from a range

professionals

a pharmacy

a dental nurse

information

advisor

a health

advisor

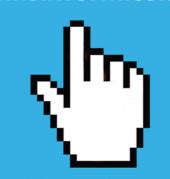
of health

such as:

a nurse



nhsinform.co.uk



Click here to find reliable health information online

#### **The Minor Injuries Clinic Western General Hospital**

Open seven days a week – 8am to 9pm No appointment necessary



sprains & stings

small fractures

X-rays for patients 12 years and over

tetanus vaccinations • antibiotics

physiotherapy referral

advice and health promotion

for emergencies only



In the case of a life-threatening condition you should call 999

A&E for under 13 – Royal Hospital for Sick Children St John's Hospital at Livingston

A&E 13 and over – Royal Infirmary of Edinburgh St John's Hospital at Livingston

