

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 9f621193-06d0-401a-9a46-13ddfbe5c588

Meeting date: September 26, 2024

Student ID: fc352

Counselor ID: Nguyen

## SUMMARY

Frank is uncertain about his career path and potential adjustments within his major, leading to anxiety and confusion.

## KEY CONCERNS

- Academic success in Sociology and Anthropology
- Uncertainty about career options in social justice and social work
- Feeling unsuited for the departments in Sociology or Anthropology
- Lack of clarity on potential adjustments within the major

## ACTION PLAN

- Refer to career services for job search advice and networking resources
- Suggest attending career fairs in both departments next semester
- Discuss potential majors (e.g., social work, social entrepreneurship, social policy) with Frank
- Encourage exploration of non-academic settings (e.g., nonprofit orgs, policy orgs, advocacy orgs) in the humanities and social sciences

## FOLLOW UP PLAN

- Check in later this semester after attending career fairs and discussing career options with Frank
- Refer to academic advising for help with major planning and transfer options
- Help Frank reflect on his strengths and interests and identify potential career paths in his major