

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: d6787ebc-1517-446b-8469-c4fae599ae86
Meeting date: November 07, 2024
Student ID: vp212
Counselor ID: awashington

SUMMARY

Vanessa is experiencing academic pressure due to her major-specific course load and uncertainties about her fit and academic performance.

KEY CONCERNS

- Enjoying political and social science courses but not sure if major is right for her
- Professional development with political analysis and policy work in the major
- Pressure to stay in the course load and earn high grades
- Uncertainty about academic advising and how to measure progress in the major

ACTION PLAN

- Encourage Vanessa to attend advising sessions for political science and business students
- Suggest attending a political science seminar or group to connect with like-minded students
- Discuss how to integrate political analysis and policy work into her major, not just coursework
- Recommend meeting with a faculty member from the relevant departments to ask for a more supportive academic environment

FOLLOW UP PLAN

- Schedule a meeting with the political science professor and discuss strategies for academic success
- Offer to check on academic advising progress after finals week
- Encourage the student to join a student organization focused on social justice and political engagement