

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: e610ece2-8cfd-4124-b2a7-9fc251b4e1a0
Meeting date: January 13, 2025
Student ID: lb984
Counselor ID: Nguyen

SUMMARY

Lindsey is uncertain about her career path and is worried about adjusting her major after a highly interdisciplinary course of study.

KEY CONCERNS

- Uncertainty about possible graduate school or career in social work, policy, or human rights
- Strong interest in social justice and social science-related fields
- Comprehensive coursework across humanities, social sciences, and natural sciences
- Feeling anxious about changing majors mid-way through college

ACTION PLAN

- Help Lindsey identify potential graduate school or policy internship opportunities in social justice fields
- Discuss potential career paths in social work, policy, and nonprofit management
- Explain the interdisciplinary nature of social science and suggest possible majors like Sociology, Social Work, or International Relations with a focus on social justice
- Offer networking opportunities with graduate students in social work, policy, and human rights fields

FOLLOW UP PLAN

- Schedule a follow-up meeting to review graduation plans and job search strategies
- Refer Lindsey to alumni networks in social work, policy, and nonprofit sectors
- Encourage Lindsey to reach out for career counseling services if she's still unsure