

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: b145c6d8-d00e-41d8-b8cb-05e20ed3989e
Meeting date: December 23, 2024
Student ID: cs110
Counselor ID: acasados

SUMMARY

Corey is struggling with academic pressure in art studies, feeling uncertain about his major's worth, and worried about performance issues.

KEY CONCERNS

- Slowly falling behind in art history and criticism courses
- Hardening of attitude towards the content in classes
- Feeling disconnected from art's potential meaning or identity
- Uncertainty about major's long-term value in the face of academic pressure

ACTION PLAN

- Help Corey identify which art and writing courses are most relevant to his interests and abilities
- Recommend meeting with art professor to discuss course selection
- Discuss how to express one's unique artistic vision through non-academic contexts
- Encourage journaling or creative exploration as a way to stay engaged without grades

FOLLOW UP PLAN

- Schedule a check-in after finals week to assess progress
- Offer support for writing a personal statement or career plan
- Encourage application to art or creative-focused internships or fellowships