

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 7d91b9a6-c8ab-4e5c-84df-ff5a3c2a9f86
Meeting date: January 17, 2025
Student ID: tm469
Counselor ID: awashington

SUMMARY

Tracy is struggling with the academic demands of her computer science degree, which is affecting her grades and self-confidence.

KEY CONCERNS

- Falling behind in coursework due to different types of content and grading expectations
- Uncertainty about understanding technical concepts in a non-technical way
- Low grades despite trying hard (overestimating performance)
- Feeling discouraged and uncertain if she can keep up with the program

ACTION PLAN

- Recommend scheduling meetings with a professor to discuss course structure and grading expectations
- Recommend review sessions for technical concepts using real-world examples
- Encourage writing and problem-solving strategies for non-technical content
- Introduce grading and assessment policies and provide guidance on what to expect

FOLLOW UP PLAN

- After review session, check grades and note improvement
- After writing assignments, meet with tutor to discuss grading policy and content
- After finals period, schedule review session with academic advisor to discuss degree plan
- Encourage continued self-reflection and work on developing critical thinking skills across all courses