

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: a4a22a5e-c26e-48ab-9077-faee8cc78c11

Meeting date: December 10, 2024

Request ID: 585f5b60-a01f-45bf-a59a-e79221bf0599

Student ID: ls808

Counselor ID: acasados

## SUMMARY

Laura is uncertain about her major and social integration in the arts program, but is seeking support in connecting with others and exploring academic options.

## KEY CONCERNS

- First-year academic and social challenges in the arts major
- Difficulty connecting with the arts program and other students
- Boredness and confusion about non-artistic subjects
- Lack of social engagement and fear of isolation
- Uncertainty about major and academic fit

## ACTION PLAN

- Help Laura identify how to better engage with the arts program and the other students in her major
- Introduce Laura to student organizations for visual arts, performance, and writing, including the arts and social justice groups
- Discuss the academic flexibility of the arts major and the potential for major in creative writing, history, or other fields
- Encourage Laura to explore major-specific courses and research opportunities in the future

## FOLLOW UP PLAN

- Schedule a check-in next semester to monitor Laura's social and academic engagement
- Recommend a research project or internship in the arts or humanities for next year
- Offer to connect Laura with alumni in the arts or academic fields for networking opportunities