

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: a824dc43-60d5-440d-b2a6-ac93ee231a9c  
Meeting date: August 09, 2024  
Student ID: em156  
Counselor ID: Nguyen

## SUMMARY

Erik is experiencing academic stress and uncertainty about his education major's effectiveness.

## KEY CONCERNS

- Taking advanced courses in education, often with high grades
- Strong academic performance in the major, even if outside content is challenging
- Feeling like he's not keeping up with his peers or upcoming assignments
- Uncertainty about whether the education major is right for him or if he should switch

## ACTION PLAN

- Refer Erik to academic counseling to review grades and assessment strategies
- Suggest meeting with a professor in the education major to discuss coursework
- Encourage Erik to join a student organization focused on social justice education or student success
- Review the education major's requirements and how to balance academic performance with leadership opportunities

## FOLLOW UP PLAN

- Schedule a check-in later this semester to monitor academic progress and whether Erik should continue in the education major
- Encourage Erik to apply for a new academic schedule that allows for more balance and engagement
- Discuss long-term career goals and how the education major may fit within those interests