

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 34d314b4-2b43-4123-a635-81d6db22eb0f
Meeting date: October 07, 2024
Student ID: mh396
Counselor ID: rsharma

SUMMARY

Marcus is dealing with emotional distress following a difficult academic experience and is uncertain about his graduate school aspirations or career path.

KEY CONCERNS

- Tough academic thesis result
- Emotional exhaustion
- Uncertainty about graduate school fit
- Interest in non-academic writing or cultural exploration

ACTION PLAN

- Refer Marcus to career services for career counseling and graduate school guidance
- Suggest attending a graduate writing workshop to help process his thesis and build confidence
- Discuss potential graduate-level writing or cultural studies programs that are not necessarily in Classics
- Encourage Marcus to take a break from graduate studies if it feels overwhelming or help plan a transition plan

FOLLOW UP PLAN

- Check in later this semester after writing or studying experiences
- Refer Marcus to a mentorship program for graduate students in non-academic fields
- Help Marcus explore alternative career paths that align with his interests and graduate aspirations