

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: bbe923fd-ff2f-4c6a-924b-299d67e39f8c
Meeting date: December 06, 2024
Student ID: tj642
Counselor ID: acasados

SUMMARY

Thomas is experiencing academic stress due to a lack of art education and first-year integration issues in his art major.

KEY CONCERNS

- Uncertainty about the academic path forward in a first-year art program with a broad arts and humanities curriculum
- Lack of artistic experience, which is hindering integration with the major
- Difficulty finding a balanced academic and artistic identity
- Feeling overwhelmed and uncertain about his artistic path

ACTION PLAN

- Help Thomas understand the art and art history curriculum and the major requirements
- Introduce a seminar or project that combines art and writing or film studies
- Encourage Thomas to attend art history and writing classes with a focus on the arts
- Schedule a meeting to discuss how to balance academic work with artistic exploration

FOLLOW UP PLAN

- Check in after first-year seminar to assess academic stress and artistic identity
- Refer Thomas to art therapy or creative writing workshops if needed
- Discuss potential minors or interdisciplinary majors that combine art and other fields in the future