

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 5d45536d-f3e6-40d7-952f-f1ba08aca5a0
Meeting date: October 04, 2024
Student ID: mw871
Counselor ID: awashington

SUMMARY

Michael is struggling with his history course performance, which is impacted by stress and personal issues, and is in need of counseling to determine if his major should be altered.

KEY CONCERNS

- Academic performance in history of Europe course
- Stress and decline in academic performance
- Personal issues affecting academic performance
- Interest in interdisciplinary majors but not eligibility to change major
- Need for counseling to determine if major should be altered

ACTION PLAN

- Schedule a confidential counseling session to discuss academic stress, personal issues, and the impact of the history course on Michael's major eligibility
- Discuss the history major with a faculty member to understand the academic requirements for altering a major
- Recommend that Michael explores interdisciplinary majors that combine history and other fields, such as humanities and social sciences
- Encourage Michael to keep working hard and seek out support through academic and personal channels

FOLLOW UP PLAN

- After counseling session, follow up with academic advisor to review course requirements and explore potential changes
- Schedule a re-enrollment appointment in the fall to discuss returning to a different major
- Recommend that Michael keep in touch with counseling staff to discuss long-term goals and career pathways