

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 76c4dff6-1e4f-454a-b92f-d3673bf3f8eb  
Meeting date: September 16, 2024  
Student ID: jd196  
Counselor ID: schen

## SUMMARY

James is uncertain about his long-term career path and the potential challenges of pursuing a policy-focused major in environmental studies.

## KEY CONCERNS

- Interest in environmental policy and environmental activism
- Deep interest in environmental science and ecological systems
- Wide range of academic interests, including environmental studies, environmental science, earth sciences, political science, and more
- Feeling overwhelmed by the academic and research demands of different majors
- Uncertainty about whether a full-time academic career is right for him

## ACTION PLAN

- Help James identify potential career paths that align with his environmental studies background, such as environmental policy, conservation, education, or environmental advocacy
- Discuss the different majors and minors available in environmental studies and their research potentials
- Refer James to internships and career fairs focused on environmental policy or environmental education
- Encourage journalism or policy internships that will expose James to the academic and research demands of both fields

## FOLLOW UP PLAN

- Schedule a follow-up meeting in a few weeks to check if James has secured a job or internship in his current major or policy-focused track
- Refer James to a career counseling referral service if he's still unsure about his long-term goals