

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: c20d6115-82ff-4970-8dec-0d440f1cb0f4  
Meeting date: November 25, 2024  
Student ID: sg814  
Counselor ID: awashington

## SUMMARY

Stanley is struggling with academic performance in history course, fearing loss of grade integrity and overall progress.

## KEY CONCERNS

- Losing focus in history of Europe course
- Burning out, but not sure if course is overstretching
- Feeling like a student with high grades but not deep understanding
- Wanting to talk about grades but not sure how to ask

## ACTION PLAN

- Recommend meeting with professor soon to discuss grading policy and expectations
- Encourage seeking tutoring services if grades plateau
- Discuss how to stay on track without falling behind, including reading slower and focusing on notes
- Encourage journaling or reflecting on the history of Europe topic to stay engaged

## FOLLOW UP PLAN

- After meeting, check grades again and see if any adjustments were made
- Revisit academic integrity concerns in next semester's schedule
- Encourage reflecting on if this course is still relevant or if history should be revisited
- Recommend new course options based on student's current level