

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: e2dc189b-e1df-4e04-a55f-c28257e3d9ee
Meeting date: October 01, 2024
Request ID: 73e92f7d-f339-471f-999f-fc84c799c9e0
Student ID: aa675
Counselor ID: schen

SUMMARY

Ashley is struggling with academic integration, first-year anxiety, and major adjustment concerns despite taking a diverse range of courses.

KEY CONCERNS

- Mid-year enrollment and mixed course load across majors including history, philosophy, English, and linguistics
- Substantial but variable performance in required readings and assessments
- Feeling overwhelmed by course load and worried about academic fit
- First-year anxiety and uncertainty about major and career path forward
- Difficulty establishing a sense of belonging in a large and diverse Romance Languages and Literatures program

ACTION PLAN

- Help Ashley adjust to first-year academic demands and strategize for first-year writing and assessment standards
- Introduce upper-level Romance courses and peer tutoring for major-specific content
- Encourage exploration of interdisciplinary majors or career pathways in the field
- Refer Ashley to campus resources for mental health and academic support integration

FOLLOW UP PLAN

- Check in mid-semester after major integrations and assessment load reduction
- Offer academic coaching after final exams to help transition plan
- Refer Ashley to a student success center for individualized support plan