

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 599c2b9b-1b4b-4d89-9f98-0acb48004801  
Meeting date: January 09, 2025  
Request ID: 0d75826e-51c9-40bd-aa40-260ede5f4d9f  
Student ID: cm757  
Counselor ID: awashington

## SUMMARY

Student is experiencing academic stress and is seeking help with writing in the English major

## KEY CONCERNS

- Struggling with academic performance in the English major, including writing assignments
- Feeling lost and overwhelmed last semester, causing academic stress
- Worrying about falling behind in the major and losing confidence
- Experiencing writing help from a professor, seeking guidance on how to improve

## ACTION PLAN

- Help student identify areas where writing has been challenging in the past, including academic writing and critical analysis
- Introduce student to writing workshops or peer tutoring in the English department
- Provide strategies for structuring and expressing ideas in the English major, including citations and academic writing style
- Encourage student to set achievable goals for improving writing skills and engaging with the course material more actively

## FOLLOW UP PLAN

- Schedule a writing workshop review after midterms to evaluate progress
- Encourage student to attend academic seminars or writing centers for support outside of meetings
- Refer student to career services for writing coaching if they plan to pursue writing as a career
- Help student set a realistic academic timeline and reaffirm commitment to the English major