

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 2879c168-9a4e-4607-a884-9069e4111a57

Meeting date: March 14, 2025

Request ID: 5a1a0e45-674e-4234-99ac-56d9c4a38793

Student ID: jb335

Counselor ID: acasados

## SUMMARY

Jean is uncertain about her academic path and the potential transfer options for her major, leading to anxiety and lack of clarity.

## KEY CONCERNS

- Uncertainty about career path or possible transfer from art and art history
- Difficulty engaging with academic coursework and understanding the content
- Worries about academic performance and lack of confidence
- Feeling unprepared for future studies or job opportunities

## ACTION PLAN

- Help Jean identify potential career paths in art, design, or film/media industries
- Suggest meeting with art major advisors and career center for advice on transferring or majoring in a different field
- Explain the interdisciplinary nature of art and art history and how to integrate academic coursework with personal interests
- Encourage journaling and research projects to explore career options and identify potential mentors

## FOLLOW UP PLAN

- Schedule a check-in after finals week to review progress and career aspirations
- Recommend attendance at a career fair or art industry panel event
- Review academic transcript with a focus on art and design courses and strengths
- Offer referrals to internship and job search resources if desired