

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: cb9048d0-92ba-4037-bd5e-7488b9d1f109

Meeting date: August 23, 2024

Student ID: nh606

Counselor ID: awashington

SUMMARY

Natalie is struggling with academic performance in her history major and is worried about losing her major status.

KEY CONCERNS

- Repeat of HIST 401 (History of Europe) course
- Feeling marginalized by professor and peers
- Loss of interest or confidence in history major
- Impact if failing another history course again

ACTION PLAN

- Refer Natalie to history tutoring services to review course content and teaching style
- Suggest attending a seminar series focused on international relations and conflict studies
- Discuss the possible overlap between history and international studies majors
- Encourage Natalie to explore cross-disciplinary majors (e.g., political science, economics, and humanities) in the future

FOLLOW UP PLAN

- Schedule a check-in session at the tutoring center at the end of semester
- Refer Natalie to a career counseling session if academic concerns become career-related
- Help Natalie brainstorm potential internships or career paths that involve international relations or history