

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: ddcd7928-c67d-4003-b205-33d686b15def  
Meeting date: January 03, 2025  
Student ID: pb799  
Counselor ID: ajackson

## SUMMARY

Pamela is experiencing difficulty integrating her religious studies with her academic pursuits, leading to feelings of academic pressure and a lack of meaning.

## KEY CONCERNS

- Difficulty connecting with religious content and meaning in academic coursework
- Pressure from major course load and academic performance
- Feeling disconnected from faith and academic identity
- Lack of understanding of how faith can be applied to real-world issues

## ACTION PLAN

- Help Pamela identify how religious content relates to broader social justice and political issues
- Suggest academic seminar series on religion and society that focuses on real-world examples
- Encourage reflection on how faith can be used for positive change, not just belief
- Work with Pamela to develop a personalized academic plan that integrates her faith and academic goals

## FOLLOW UP PLAN

- Schedule a check-in later this semester to assess how Pamela is integrating her faith and academic work
- Recommend attending a faith and social justice seminar as a group for academic reflection
- Discuss how to write a personal statement that integrates faith and public service