

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 425d3c77-8016-49fc-ab8c-aba5c7bceca8
Meeting date: August 19, 2024
Student ID: jg575
Counselor ID: Nguyen

SUMMARY

Joshua is experiencing academic stress and is worried about graduation prospects and performance in his major and graduate studies.

KEY CONCERNS

- Low academic performance in physics courses
- Slipping grades in upper-division courses
- Feeling more frustrated than ever
- Worrying about graduation and the impact on his major
- Feeling discouraged if performance continues to decline

ACTION PLAN

- Recommend scheduling adjustment to reduce stress and focus on grading better
- Encourage Joshua to seek out academic support through the department through tutoring or grad advising
- Discuss potential graduation options and how to manage academically without dropping out
- Review coursework and major potential for a more balanced academic trajectory if he decides to stay in physics

FOLLOW UP PLAN

- Check on grades in upcoming weeks and offer a check-in session later this semester
- Refer Joshua to career services for graduate school counseling and resume building
- Encourage exploration of other academic interests if graduation is a concern