# **Counseling Meeting Report**

### GENERAL INFORMATION

Meeting ID: 5e753155-977d-42e7-b8f7-9a5312f1cebe

Meeting date: September 11, 2024

Request ID: 1c1a6cc6-b718-4b4c-922f-9c8727c756cc

Student ID: pm984 Counselor ID: rwilson

## **SUMMARY**

Peter is uncertain about his graduate school or career path after a strong academic experience in sociology and anthropology, but is experiencing a range of emotions including uncertainty and unpreparedness.

# **KEY CONCERNS**

- Uncertainty about graduate school or academic career path
- Interest in social justice and community organizing, but lacking clarity on what work fits
- Feeling a mix of excitement and uncertainty about future possibilities
- Unpreparedness for academic or professional transition after major change

#### **ACTION PLAN**

- Help Peter identify potential career paths in social justice or community organizing, including graduate school options
- Connect Peter with alumni in these fields for networking and job referrals
- Refer Peter to the Career Center for career counseling and graduate school advice
- Encourage Peter to keep exploring his academic interests and build skills through independent study or internships

## **FOLLOW UP PLAN**

- Schedule a follow-up meeting in 2 weeks to check in on emotional state and career planning
- Update Peter's major and potential career paths in a meeting, including graduate school options and non-academic paths
- Discuss how to write a compelling graduate school application or job application in multiple contexts
- Encourage Peter to apply for interdisciplinary graduate programs that combine social justice and academic fields