

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: f737c1e7-1ea5-4cdd-8c6b-9ea221e70d94  
Meeting date: December 25, 2024  
Student ID: am496  
Counselor ID: rsharma

## SUMMARY

Anna is a first-year student with a diverse academic background, but low first-year performance is a concern. She is still adjusting to college life and is struggling with academic and social challenges.

## KEY CONCERNS

- First-year performance is below expectations
- Difficulty identifying interests and goals in the Romance Languages and Literature program
- Feeling overwhelmed by coursework and extracurriculars
- Low academic confidence and uncertainty about fit in college

## ACTION PLAN

- Schedule a meeting to review academic progress and identify areas for growth
- Connect Anna with first-year seminar leaders for feedback on writing and literary topics
- Introduce first-year students to peer support and academic advising services
- Encourage Anna to join a social or academic interest group to connect with peers and professionals

## FOLLOW UP PLAN

- Check on Anna's academic progress after first-year seminar feedback
- Refer Anna to tutoring services if low grades persist
- Discuss potential academic concerns during academic seminar series review
- Encourage Anna to attend professional development workshops on writing for academic and professional contexts