

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 96f5a5f2-0f81-4a73-89d6-63b5b164d72a
Meeting date: March 19, 2025
Student ID: bk441
Counselor ID: Nguyen

SUMMARY

Brooke is struggling with academic performance in her liberal arts major and is worried about graduation prospects due to a mix of coursework and interdisciplinary majors.

KEY CONCERNS

- Finding it hard to keep up with coursework in multiple disciplines
- Struggling to understand complex concepts even partially
- Feeling uncertain if she's even fit in the Education major
- Worries about graduation prospects due to a mix of courses

ACTION PLAN

- Help Brooke identify strategies to manage her academic load, such as time management tools and grading strategies
- Refer Brooke to academic success center for advising on interdisciplinary majors
- Discuss the Education major with Brooke and provide a balanced course load if necessary
- Encourage Brooke to join a student organization focused on education or activism to connect with like-minded peers

FOLLOW UP PLAN

- Schedule follow-up meeting to review academic progress and assessment
- Encourage Brooke to attend a graduation workshop to learn about graduation deadlines and strategies
- Recommend a mentorship relationship to help Brooke manage her academic load more effectively