

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 96ed1a6e-d886-4592-aacd-a953dd90c5a1
Meeting date: November 15, 2024
Student ID: ro222
Counselor ID: awashington

SUMMARY

Robert is struggling to balance his academic performance in history with the pressure of majoring in history and the demands of his academic and extracurricular activities.

KEY CONCERNS

- Low GPA in history courses last semester
- Falling behind in history coursework this semester
- Feeling overwhelmed by the load of majoring and club involvement
- Uncertainty about ability to maintain strong academic performance
- Need for support in improving skills in history

ACTION PLAN

- Schedule a meeting to review Robert's academic progress and discuss how to better balance course load and extracurricular activities
- Recommend that Robert enroll in a lower-level history class to ease into more advanced topics
- Connect Robert with academic mentors in the department to get feedback on study habits and skills
- Encourage Robert to join a new academic club and work with a mentor to develop a more diverse set of interests

FOLLOW UP PLAN

- Check on Robert's progress after the midterm grades are out in history and history major
- Encourage Robert to attend a workshop on academic writing or time management for students with high academic goals
- Refer Robert to the academic counseling center if he needs help with long-term planning