

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: eb2950b2-67ff-402b-bc66-72e6f7bc04e2  
Meeting date: December 30, 2024  
Request ID: 9e5f1636-a3dc-48b2-99bb-0f9478c4281f  
Student ID: kb791  
Counselor ID: Nguyen

## SUMMARY

Kurt is struggling with academic performance in the education major and is concerned about falling behind due to a heavy course load.

## KEY CONCERNS

- Losing grades consistently in the education major
- Feeling overwhelmed by the number of courses and similar content
- Misperception of ability to keep up in a highly academic setting

## ACTION PLAN

- Recommend scheduling adjustment to reduce course load or switch to a more mixed-intensity education track
- Encourage Kurt to seek academic counseling to evaluate his academic readiness
- Suggest attending advising sessions to get help with course selection and time management
- Help Kurt develop a long-term academic plan that balances education with other interests and goals

## FOLLOW UP PLAN

- Schedule a check-in next week to monitor grades and assess if academic adjustments are needed
- Refer Kurt to mentorship opportunities for first-year students in the education program
- Encourage Kurt to attend a student success event or connect with alumni in the major