

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 0e619cc9-dcc6-4b73-bf25-5ed3629a2a79

Meeting date: October 07, 2024

Student ID: ay501

Counselor ID: Nguyen

## SUMMARY

Andrea is struggling with academic performance in environmental studies, uncertainty about career pathways, and fear of transitioning to environmental work.

## KEY CONCERNS

- Low academic performance in environmental studies courses
- Uncertainty about major and career options in environmental studies
- Nervous about transitioning to a different academic field or working in environmentalism

## ACTION PLAN

- Recommend scheduling adjustment to reduce load and focus on environmental courses
- Discuss career options in environmentalism, such as environmental consulting, nonprofit management, or policy
- Provide resources for internships, volunteer opportunities, and academic writing skills in environmental fields
- Refer Andrea to STEM-to-STEM transfer program or academic advising for environmental studies to explore dual degree options

## FOLLOW UP PLAN

- Schedule a follow-up meeting to review academic progress and career goals by mid-semester
- Offer referral to environmental alumni or career center for advice on graduate school or entry into environmental work
- Encourage self-reflection and exploration of non-traditional academic paths in a supportive environment