

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: a2a68ff8-4457-44a2-ace6-95d5bfbc6aa0
Meeting date: October 11, 2024
Student ID: mo349
Counselor ID: Nguyen

SUMMARY

Michelle is uncertain about her career path and the best way to apply her social science skills in a meaningful way.

KEY CONCERNS

- Uncertainty about future career options in social sciences after majoring in Sociology
- Difficulty adjusting coursework to apply academically or professionally
- Anxiety about the balance between academic pursuit and personal growth
- Interest in internships or research opportunities but lack of direction or skills for application

ACTION PLAN

- Help Michelle identify potential internship and research opportunities within the social justice field, including academia and non-profit settings
- Discuss the social science major curriculum and how to balance academic pursuit with career and personal goals
- Recommend a new course sequence that emphasizes social justice and interdisciplinary skills for graduate school
- Encourage reflection on whether Michelle should continue majoring in Sociology or explore other fields based on her interests and skills

FOLLOW UP PLAN

- Schedule a follow-up meeting in 2 weeks to check on adjustment plan and internship interests
- Suggest attending a career fair or networking event for social justice and social science professionals
- Offer to connect Michelle with alumni in the fields she's interested in or provide referrals for job search services