# **Counseling Meeting Report**

## **GENERAL INFORMATION**

Meeting ID: 4707f19e-11bd-4b0c-942e-787e4a486d69

Meeting date: November 25, 2024

Student ID: bg115 Counselor ID: Inguyen

## **SUMMARY**

Brett is experiencing academic stress and uncertainty about graduation coursework in his education program.

#### **KEY CONCERNS**

- Academic performance is increasingly important to graduation timeline
- Stress from heavy course load, including advanced coursework
- · Uncertainty about fit and strengths in education major
- Feeling disconnected from academic advisor's guidance and support

#### **ACTION PLAN**

- Schedule a meeting to review graduation timeline and course selection
- Introduce strategies for time management and critical thinking in education context
- Connect Brett with academic advising office and peer tutoring services
- Recommend attending a graduate education seminar or workshop on integrating social studies and education topics

#### **FOLLOW UP PLAN**

- Check graduation timeline in 2 weeks and update advisors on academic progress
- Schedule a study skills workshop in February or March
- Encourage Brett to attend a graduate seminar on interdisciplinary education studies or policy
- Revisit academic advising after spring semester finals to finalize graduation plan