

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 776fd922-65db-490b-a13e-8efdd7340bc6  
Meeting date: January 03, 2025  
Student ID: ac828  
Counselor ID: Nguyen

## SUMMARY

Academic underperformance and uncertainty about career path in social sciences is affecting academic performance and leading to discussion of career options.

## KEY CONCERNS

- Low grades in upper division sociology and anthropology courses
- Feeling overwhelmed by academic demands in sociology and anthropology
- Uncertainty about career path in social sciences (health, education, policy, etc.)
- Need for career guidance and exploration of alternative career paths

## ACTION PLAN

- Suggest that Alexandra attends a career services office to get help with resume and interview preparation for social work or policy roles
- Recommend that Alexandra review her course schedule to increase engagement with more difficult and upper-level sociology and anthropology courses
- Encourage brainstorming of possible career paths in social work, health, education, or nonprofit organizations
- Help Alexandra form a plan for graduate school or industry experience in the future

## FOLLOW UP PLAN

- Schedule a follow-up meeting in 2 weeks to check on academic progress and career goals
- Refer Alexandra to a mentorship program for social science majors seeking non-academic career paths
- Encourage Alexandra to apply for student-led internships or fellowships in her field