

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 63f84b27-c39e-4b98-972b-fa6b1092949f
Meeting date: October 25, 2024
Student ID: rc777
Counselor ID: mrodriguez

SUMMARY

Robert is uncertain about his academic path and is dealing with personal and academic stress leading to academic failure.

KEY CONCERNS

- Low grades in economics and other major courses
- Uncertainty about career options in a difficult major
- Dealing with personal issues and not sure if academic failure is related
- Feeling lost and uncertain about graduation and future options

ACTION PLAN

- Help Robert identify career and transfer options in economics and related fields
- Connect Robert with campus resources for academic recovery and graduation planning
- Encourage Robert to attend career workshops and interview prep sessions
- Review personal issues and provide counseling and support for emotional regulation

FOLLOW UP PLAN

- Schedule a check-in next week to review graduation planning and career options
- Offer referral to student success center for academic recovery support
- Encourage Robert to apply for academic extensions or deferrals if he's eligible
- Reach out to a mental health professional if Robert wants counseling after the semester