

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 83d5e758-3702-447b-9d78-f5b39a1898a8

Meeting date: March 18, 2025

Student ID: tg734

Counselor ID: awashington

## SUMMARY

Todd is experiencing academic stress, feeling disconnected from his major, and worried about his future in college.

## KEY CONCERNS

- Low course grade average in first several courses
- Technical difficulty in course content
- Feeling disconnected from academic environment
- Uncertainty about major and academic fit
- Feeling like outsider or potential dropout

## ACTION PLAN

- Recommend academic support team for course management and study strategies
- Refer to tutoring center for individualized help
- Connect Todd with first-year seminar peer mentors for support
- Encourage exploration of other academic interests through course selection
- Schedule check-in session to review first-year experience and academic fit

## FOLLOW UP PLAN

- Check-in meeting in 2 weeks to review progress and potential next steps
- Refer Todd to career center for academic counseling and resume review
- Evaluate if first-year course load was too intense and consider major switch if necessary
- Recommend internship or major-specific workshops in the future