

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 44a82702-4ece-4d13-9e56-ce0c63d9becb  
Meeting date: September 26, 2024  
Student ID: vr713  
Counselor ID: schen

## SUMMARY

Virginia is struggling to adjust to first-year college life, including music studies, and is feeling isolated and unsure of her academic and personal path.

## KEY CONCERNS

- First-year performance concerns, including course selection and academic integration
- Difficulty connecting with music major peers and academic content
- Feeling disconnected from the music industry and identity as a musician
- Uncertainty about major and academic path forward

## ACTION PLAN

- Help Virginia identify first-year academic adjustment needs through her music courses
- Connect Virginia with writing and performance communities for peer support
- Refer to music industry and creative career pathways for academic exploration
- Encourage self-reflection and exploration of music identity through writing and performance

## FOLLOW UP PLAN

- Schedule a check-in later this semester to monitor Virginia's first-year experience and academic adjustment
- Offer follow-up writing and performance workshops to explore personal branding and career path
- Recommend attending academic clubs and offering support as a first-year student