

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 2bbd5772-fa4e-435a-8b5c-5189fed2a68e

Meeting date: January 23, 2025

Student ID: lh217

Counselor ID: Nguyen

## SUMMARY

Lindsay is uncertain about her career path and is struggling to adjust her major coursework without a clear plan.

## KEY CONCERNS

- Interest in social justice and inequality-related topics
- Engagement in academic-based career paths (e.g. Social work, policy, nonprofit work)
- Uncertainty about graduate school or other professional pathways
- Lack of direction in coursework chosen for her major

## ACTION PLAN

- Help Lindsay identify potential career paths within social justice, social work, or human rights
- Recommendation to take a mix of social science and humanities courses, with a focus on policy, social inequality, and social justice
- Encourage Lindsay to consider graduate school or other professional opportunities in fields related to her major
- Connect Lindsay with campus resources for career counseling and graduate school applications

## FOLLOW UP PLAN

- Schedule a follow-up meeting in 1-2 weeks to check on adjustment plan and career goals
- Offer support for applying for graduate programs or internships in social justice fields
- Refer Lindsay to a career center or graduate school advising unit