

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 21c2415f-861c-49c4-9ca8-5d9217efe6c6

Meeting date: March 18, 2025

Student ID: lw416

Counselor ID: awashington

SUMMARY

Leah is experiencing academic stress and worries about fit in biology major at large university.

KEY CONCERNS

- Falling behind in biology courses despite effort
- Difficulty understanding grading and impact on final grades
- Worries about fit and expectations for biology major
- Need for academic advising and course re-alignment discussions

ACTION PLAN

- Schedule a brief meeting to review current biology coursework and grades
- Connect Leah with biology tutoring center for academic support
- Refer Leah to academic counseling center for biology major and career questions
- Discuss potential adjustments to biology coursework or major plan

FOLLOW UP PLAN

- Check-in after first semester grades and academic talk with counselor
- Offer after-care support through next semester if academic stress worsens
- Recommend attendance at biology club events to connect with like-minded students
- Help Leah develop a long-term academic plan that aligns with biology major and future goals