

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: dd56ccf5-c03e-4652-bf1b-6655b5c9c27c  
Meeting date: September 30, 2024  
Student ID: jr194  
Counselor ID: Nguyen

## SUMMARY

Jacob is uncertain about his academic and career path after majoring in Classics, and is seeking guidance on transitioning next steps.

## KEY CONCERNS

- Uncertainty about whether to pursue graduate school or a different career path
- Difficulty academically fitting into a rigorous major
- Experience with the academic lifestyle and lack of preparation for the lifestyle
- Interest in switching majors or finding a different career path

## ACTION PLAN

- Help Jacob explore potential career paths in fields such as arts management, policy, or education
- Refer Jacob to career center for resume and interview preparation services
- Discuss Jacob's experiences with academics and the academic lifestyle in detail, and provide referrals for academic support and career services
- Encourage Jacob to attend career events and connect with alumni in different industries to get a sense of what works for him

## FOLLOW UP PLAN

- Schedule a follow-up meeting in 2 weeks to check if Jacob has made a decision or is still considering options
- Suggest a career seminar or internship workshop as a way to explore different paths in the future
- Encourage Jacob to reflect on his academic experience and identify skills or interests that could lead to a different career