

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 87e9b620-6df8-473f-815f-c84d13e2996c
Meeting date: December 03, 2024
Student ID: rm816
Counselor ID: awashington

SUMMARY

Reginald is struggling with the demands of his chemistry coursework, academic performance, and writing seminar, leading to feelings of overwhelm and uncertainty.

KEY CONCERNS

- Struggling with a heavy writing seminar in a chemistry course
- Low academic performance in chemistry and other courses
- Feeling behind already, but not sure how to catch up
- Uncertainty about staying on track in his major

ACTION PLAN

- Refer Reginald to academic counseling to review course schedules and assessment grades
- Suggest meeting with writing center director to discuss strategies for managing a complex academic load
- Discuss how to balance academic work with social and writing activities in chemistry
- Encourage writing seminar participants to set realistic goals and review progress regularly

FOLLOW UP PLAN

- Schedule a check-in session in a few weeks to assess whether Reginald's academic performance has improved
- Refer Reginald to mentorship program for writing and academic support
- Discuss long-term plan for regaining confidence in his major and future goals