

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: ff5ccc41-572a-432f-8060-f70251f86d19
Meeting date: January 08, 2025
Request ID: f6e1bfec-56d6-47e3-b65d-5076904a5854
Student ID: sb420
Counselor ID: awashington

SUMMARY

Samantha is struggling to keep up in her upper-level English course, fearing academic failure despite trying hard.

KEY CONCERNS

- Feeling behind on readings in the upper-level English course
- Struggling to understand difficult texts and apply concepts
- Worries about falling behind and being marked down
- Tries to balance other academic demands without success

ACTION PLAN

- Help Samantha review key concepts from the course in advance
- Ensure readiness for final exams by reviewing assigned readings
- Encourage strategies for critical thinking and analysis, even in difficult texts
- Make a schedule for other academic demands and balance with the course
- Recommend taking the course at a slower pace if academic performance is a concern

FOLLOW UP PLAN

- Check on academic progress after midterm review
- Offer support for writing assignments and test preparation
- Encourage Samantha to seek out tutoring or academic support services if needed
- Recommend attending a writing center if she becomes more focused