

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 4d81ff9e-2ef9-4d01-9512-41f5e5de9742  
Meeting date: October 03, 2024  
Student ID: mp496  
Counselor ID: awashington

## SUMMARY

Matthew is struggling with writing in his major and is not sure how to improve academically or personally.

## KEY CONCERNS

- Lately, struggles with writing in both academic and extracurricular contexts
- Need for academic support in writing course, essay writing workshop
- Frustration with not meeting requirements in his major
- Open to exploring writing and engagement with his major as a way to improve

## ACTION PLAN

- Recommend writing workshops for both academic and personal writing needs
- Book a meeting with writing center for both writing and English majors
- Discuss how to engage more deeply with his major through writing, speaking out, or research projects
- Encourage exploration of how to better engage with the English major and include it in personal goals

## FOLLOW UP PLAN

- After meeting, check writing progress and ask if there's anything else the student wants to work on
- Recommend checking on graduation deadline and how to incorporate writing more strongly into academic plan
- Encourage follow-up meeting after writing improvement, exploring career goals in both majors
- Help refer Matthew to academic advising for long-term planning