

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 798f91c2-b8e5-47de-adbc-e2c6ff7c83cc  
Meeting date: January 07, 2025  
Request ID: 5cc11417-0226-4f44-8e0f-a86cd863ebdf  
Student ID: mh161  
Counselor ID: mrodriguez

## SUMMARY

Megan is struggling with academic pressure, personal stress, and major-specific coursework in her biology coursework.

## KEY CONCERNS

- Low grades in biology courses last semester
- Uncertainty about major and academic fit
- Personal issues affecting academic performance
- Feeling overwhelmed and not sure how to handle biology coursework

## ACTION PLAN

- Refer Megan to academic advising for biology courses and course re-enrollment
- Suggest meeting with a peer tutor for biology courses if available
- Discuss strategies for managing personal issues and academic anxiety
- Help Megan identify which biology majors are better suited for her personal and academic needs

## FOLLOW UP PLAN

- Schedule a check-in session in a few weeks to review adjustment process and academic goals
- Offer support for a transfer or major revision if needed
- Encourage continued engagement with academic support services and peers