

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 214da598-b5e6-4cab-80e1-fcdd86e25432

Meeting date: November 08, 2024

Student ID: ar942

Counselor ID: Nguyen

SUMMARY

Angie is uncertain about her career path and is grappling with the adjustment between majoring in social sciences and taking on different coursework.

KEY CONCERNS

- Uncertainty about possible academic adjustments after majoring in social sciences
- Feeling a mix of interest and anxiety in coursework related to social inequality, human rights, and social work
- Wanting advice on adjusting her major and considering graduate school or nonprofit work as a possible next step
- Lack of clarity on what opportunities are available to a social science major

ACTION PLAN

- Help Angie identify potential career paths within social work, nonprofit, and policy fields after graduation
- Discuss the diverse content of her major and how to show interest in different types of work through a thesis or research project
- Recommend attending career fairs and networking events for social sciences majors
- Encourage exploring graduate school as a long-term goal but also considering a more flexible path after majoring in social sciences

FOLLOW UP PLAN

- Schedule a follow-up meeting after the career fair to review career options and thesis ideas
- Offer to connect Angie with alumni in the social work or policy fields for a referral
- Encourage Angie to apply for a student fellowship or internship in the future