

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: a6d188da-a22d-464b-9655-9dbb27ace834

Meeting date: February 07, 2025

Student ID: ch828

Counselor ID: Nguyen

## SUMMARY

Carolyn is uncertain about her career path and is experiencing feelings of confusion and uncertainty.

## KEY CONCERNS

- Love for East Asian studies and desire to graduate — unclear career path
- Difficulty connecting with professors and finding information about opportunities
- Feeling unprepared to evaluate herself effectively
- Uncertainty about whether to pursue graduate school or switch majors

## ACTION PLAN

- Schedule a meeting to discuss career options in the liberal arts, including teaching, nonprofit work, or policy analysis
- Refer Carolyn to career center for advice on graduate school or industry positions in East Asia
- Discuss major and minor options with an interdisciplinary focus, including East Asian studies and other humanities fields
- Recommend attending career events and connecting with alumni in the field

## FOLLOW UP PLAN

- Schedule a follow-up meeting after exploring career options and assessing interest
- Offer support for resume and interview preparation through alumni network
- Encourage alumni networking as a way to explore potential career paths without committing to graduate school