

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 7485b1b4-aec2-478c-9f6b-6fd5dee61b2f  
Meeting date: August 26, 2024  
Student ID: cg210  
Counselor ID: awashington

## SUMMARY

Student is struggling with academic performance in history and history of Europe courses, uncertain about approach.

## KEY CONCERNS

- Low academic performance in history courses (D-average in most major courses)
- Interest in major switch but not well-prepared for academic demands
- Feeling like out of step with other history majors
- Need help understanding history of Europe content and how to learn effectively

## ACTION PLAN

- Recommend meeting with history department chair to discuss student's unique background and current academic performance
- Discuss strategies for reading more deeply and effectively in history of Europe courses
- Provide guidance on writing style and academic vocabulary for history courses
- Encourage exploration of interdisciplinary history or history and society majors for future consideration

## FOLLOW UP PLAN

- After meeting, check academic performance in history and history of Europe courses
- Review grading history and identify areas where student is struggling
- Encourage student to seek out academic support through UC Berkeley's Center for the Study of Higher Education
- Recommend attendance at a history of Europe seminar if student is interested in exploring further