

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 13383855-8a71-478f-a0c9-fe24b3cd78a8
Meeting date: September 10, 2024
Student ID: lc142
Counselor ID: mrodriguez

SUMMARY

Lindsay is struggling with performing well in upper-division music courses, which is causing frustration and anxiety.

KEY CONCERNS

- Grading on difficult compositions and performance exercises
- Feeling part of the music major class but feeling like a misfit
- Panic about falling further behind
- Uncertainty about ability level based on classwork

ACTION PLAN

- Review grading trends and recognize that Lindsay is performing well in some music courses
- Encourage Lindsay to attend peer review sessions for performance in upper-division music courses
- Review academic expectations for music majors and provide support for integrating into the music community
- Encourage self-reflection and work on more accessible or abstract material for future semesters

FOLLOW UP PLAN

- Schedule a check-in session in a more difficult course later this semester
- Offer to review progress in a more challenging music course later this semester
- Encourage Lindsay to join a music community or academic peer support group