

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: fc35ed21-45c2-469c-bc93-6291cdade558
Meeting date: October 14, 2024
Student ID: ab667
Counselor ID: rsharma

SUMMARY

Anthony is experiencing academic and social challenges in his first-year, fearing unpreparedness for college and his major.

KEY CONCERNS

- First-year academic and social challenges in Classics major
- Uncertainty about major or intended path
- Feeling isolated in first-year class
- Worry about unpreparedness for college
- Feeling overwhelmed by workload

ACTION PLAN

- Help with academic integration in Classics and first-year curriculum
- Connect with other Classics students through dorm hall or class-related groups
- Recommend first-year seminar options with interdisciplinary themes
- Review academic pathways and career options in liberal arts settings
- Encourage self-reflection and exploration of non-traditional majors

FOLLOW UP PLAN

- Check in mid-semester after major decision or first-year experience
- Suggest career seminar series for next semester
- Offer support for transferring between majors or pursuing a minor
- Recommend professional development workshops on academic and social identity