

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 6b667fde-30ac-4228-bbff-12eccd45ce30  
Meeting date: November 08, 2024  
Student ID: nh505  
Counselor ID: acasados

## SUMMARY

Natalie is struggling with her academic direction and anxiety about graduation requirements, leading to a lack of clarity and unrest.

## KEY CONCERNS

- Taking a variety of art and design courses without a clear plan or major interest
- Feeling overwhelmed and uncertain about her academic fit
- Feeling anxious about graduation and potential failure
- Lack of guidance from advisors or peers

## ACTION PLAN

- Recommend scheduling visits with advisors to explore different majors and artistic disciplines
- Suggest meeting with a counseling or academic advising center to discuss graduation eligibility
- Discuss the requirements for major and minor changes in a confidential setting
- Encourage Natalie to brainstorm potential majors that align with her interests and skills

## FOLLOW UP PLAN

- After meeting, follow up with advisors to review graduation options and assessment plans
- Recommend attending a career fair or workshop focused on art and creative industries
- Offer to connect Natalie with alumni or current students in different majors for a referral service