

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 4bd2f797-3e88-4633-89a3-89772b5f59b2

Meeting date: February 18, 2025

Student ID: wb692

Counselor ID: awashington

SUMMARY

Whitney is experiencing academic pressure due to her major and is struggling with writing performance.

KEY CONCERNS

- Lately, I'm experiencing difficulty in writing assignments across different academic domains
- Frustration with not meeting high grades in her major yet
- Worries that the writing in her major is not of high quality
- Desire to work on improving writing skills without sacrificing academic performance

ACTION PLAN

- Help Whitney identify writing assignments that challenge her writing skills in her major (e.g., literary analysis, memoir, academic essays)
- Connect Whitney with writing center or tutoring services for individualized feedback
- Encourage grading strategies that prioritize accuracy and not just showcasing emotional depth
- Coordinate with Whitney's academic advisor to discuss academic performance expectations

FOLLOW UP PLAN

- Check in after writing workshop or assignment review
- Recommend follow-up meeting to discuss academic pressure and academic identity
- Encourage submission of improved work for feedback in the coming weeks