

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 3f6e761a-9be1-49d6-88df-510e28329606

Meeting date: November 07, 2024

Student ID: tb360

Counselor ID: mrodriguez

SUMMARY

Travis is facing a challenging semester in humanities courses, uncertain about his academic direction and concerned about burnout.

KEY CONCERNS

- Enjoying humanities content but feeling more challenged every week
- Burning out from humanities but not sure if major should be in arts or humanities
- Interest in switching courses or major but needs guidance on how to do so effectively
- Concerns about academic integrity and potential failure in humanities courses

ACTION PLAN

- Recommend scheduling recess and reviewing academic integrity policies with Travis's advisor
- Suggest attending a humanities seminar or workshop to get a feel for the intensity of these courses
- Provide options for non-major students to take humanities courses if they want to major in something else
- Encourage exploration of other majors or career paths that include humanities if Travis is still interested in the field

FOLLOW UP PLAN

- Check on Travis's progress in mid-semester after taking advanced humanities courses
- Offer to keep checking in periodically based on academic goals
- Encourage reflection on whether Travis should continue to major in Classics or explore other options after this semester