# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 7d91b9a6-c8ab-4e5c-84df-ff5a3c2a9f86
Meeting date: January 17, 2025
Request ID: dd13f97c-7f17-4b6b-9f1c-ecdc538e7422
Student ID: tm469
Counselor ID: awashington

## SUMMARY

Tracy is struggling with the academic demands of her computer science degree, which is affecting her grades and self-confidence.

## KEY CONCERNS

• Falling behind in coursework due to different types of content and grading expectations
• Uncertainty about understanding technical concepts in a non-technical way
• Low grades despite trying hard (overestimating performance)
• Feeling discouraged and uncertain if she can keep up with the program

## ACTION PLAN

• Recommend scheduling meetings with a professor to discuss course structure and grading expectations
• Recommend review sessions for technical concepts using real-world examples
• Encourage writing and problem-solving strategies for non-technical content
• Introduce grading and assessment policies and provide guidance on what to expect

## FOLLOW UP PLAN

• After review session, check grades and note improvement
• After writing assignments, meet with tutor to discuss grading policy and content
• After finals period, schedule review session with academic advisor to discuss degree plan
• Encourage continued self-reflection and work on developing critical thinking skills across all courses