

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: aec676bc-3e1e-4762-a545-822905aa7738

Meeting date: January 17, 2025

Student ID: pm605

Counselor ID: awashington

## SUMMARY

Penny is struggling with writing in her major and is concerned about academic integrity and progress toward graduation.

## KEY CONCERNS

- Low academic performance in writing-heavy courses
- Feeling inadequate due to difficulty expressing thought clearly
- Worry about major's expectations for writing performance
- Interest in writing workshop-style approach to improve writing skills

## ACTION PLAN

- Suggest attending writing center for individual tutoring and writing exercises
- Provide examples of how to write effectively for different academic contexts (e.g., research papers, academic essays, journalism assignments)
- Discuss the importance of self-esteem and academic integrity in the English major
- Introduce workshops on writing for personal growth, not just academic performance

## FOLLOW UP PLAN

- Schedule a writing assessment session after attending the writing center
- Encourage Penny to join writing group in student union or submit work for peer review
- Discuss long-term goals for improving writing skills and developing a writing portfolio for graduation