

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: c70e1efa-0a14-42f7-9076-f5fe3bbc9937  
Meeting date: December 02, 2024  
Student ID: fu977  
Counselor ID: mrodriguez

## SUMMARY

Freshman struggling with biology coursework, feeling overwhelmed by new concepts and lack of engagement.

## KEY CONCERNS

- Academic difficulty, struggling to keep up with biology course
- Struggling to understand concepts, not engaged, falling behind
- Uncertainty about fit for biology major, lack of context with academic environment

## ACTION PLAN

- Encourage Franklin to seek out academic support through tutoring center or writing center
- Discuss strategies for breaking down complex concepts, using examples
- Encourage Franklin to stay engaged by reviewing weekly assignments, noting progress
- Help Franklin reframe the course as a challenging but meaningful exploration of biological concepts

## FOLLOW UP PLAN

- Schedule a check-in next week to monitor progress and whether Franklin needs additional support
- Refer Franklin to academic intervention team if he experiences further academic stress
- Encourage Franklin to reflect on which biology courses are most relevant for his future plans