

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 79efb32d-2101-489d-b165-afa1c07ca363
Meeting date: August 19, 2024
Student ID: bd938
Counselor ID: awashington

SUMMARY

Brian is struggling with academic pressure in his final semester, dealing with personal issues, and is feeling low-energy and overwhelmed.

KEY CONCERNS

- Low academic performance in English and history courses last semester
- Struggling with writing skills in multiple courses
- Uncertainty about academic challenges in the final semester
- Feeling low-energy and not pushing forward

ACTION PLAN

- Help Brian with writing workshops and peer tutoring services for English and history courses
- Connect Brian with academic support center for writing and time management strategies
- Discuss potential academic challenges (e.g., course load, professor preferences, grading) with Brian's faculty tutoring team
- Encourage Brian to continue engaging with his work but also prioritize self-care and focus on academic success

FOLLOW UP PLAN

- Check in later this semester after a major writing assignment or test
- Refer Brian to a mentorship program focused on academic resilience and self-care
- Help Brian plan for next steps, including transfer or graduation plans