

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: f61c5509-f6a7-4552-aeec-d007a4b5a4b8
Meeting date: November 29, 2024
Student ID: ag471
Counselor ID: Nguyen

SUMMARY

Alyssa is experiencing academic stress and is not sure if she is on track in her graduate education.

KEY CONCERNS

- Struggling with academic performance in graduate coursework
- Difficulty understanding complex educational concepts
- Worries about meeting graduation requirements
- Feeling discouraged and uncertain if she's ready for classroom teaching yet

ACTION PLAN

- Help Alyssa reviewing grad coursework and assessing her learning progress
- Connect Alyssa with graduate education peer mentors for support on writing and learning
- Review graduate performance with peer and faculty advisors
- Encourage self-reflection and setback management strategies

FOLLOW UP PLAN

- Schedule a check-in next semester to assess academic progress and goal revision
- Coordinate with a graduate adviser to review course selection and goals
- Encourage Alyssa to attend a professional development workshop on academic integrity or self-care
- Recommend attending a writing workshop or peer support group for graduate students