

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 9c4013bf-7700-4ef9-8d20-9c8ae5c2f377

Meeting date: March 21, 2025

Student ID: le862

Counselor ID: awashington

SUMMARY

Lee is experiencing academic stress due to a mix of non-political and political coursework, lack of understanding in political science, and uncertainties about his political science major and potential career paths.

KEY CONCERNS

- Struggling with academic performance in political science and non-political courses
- Uncertainty about fit between political science and future career goals
- Lack of understanding in political science and potential limitations of major skills
- Feeling overwhelmed by political science seminar and policy-related courses

ACTION PLAN

- Recommend scheduling a seminar discussing the academic and skills needed for political science majors
- Suggest meeting with a political science tutor to help with course management
- Discuss the potential career paths in political science and social justice, and provide support for integrating skills
- Recommend attending workshops on critical thinking and writing in the social sciences

FOLLOW UP PLAN

- Check on progress after semester break
- Offer to work with a mentor on career and academic planning
- Encourage participation in student organizations related to social justice and politics
- Review academic performance and identify next steps in the semester