Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: fc35ed21-45c2-469c-bc93-6291cdade558

Meeting date: October 14, 2024

Reguest ID: c5e499d3-e92b-4ae0-a031-62a04167a597

Student ID: ab667 Counselor ID: rsharma

SUMMARY

Anthony is experiencing academic and social challenges in his first-year, fearing unpreparedness for college and his major.

KEY CONCERNS

- First-year academic and social challenges in Classics major
- · Uncertainty about major or intended path
- Feeling isolated in first-year class
- · Worry about unpreparedness for college
- Feeling overwhelmed by workload

ACTION PLAN

- Help with academic integration in Classics and first-year curriculum
- Connect with other Classics students through dorm hall or class-related groups
- Recommend first-year seminar options with interdisciplinary themes
- Review academic pathways and career options in liberal arts settings
- Encourage self-reflection and exploration of non-traditional majors

FOLLOW UP PLAN

- Check in mid-semester after major decision or first-year experience
- Suggest career seminar series for next semester
- Offer support for transferring between majors or pursuing a minor
- · Recommend professional development workshops on academic and social identity