

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 0d154259-9555-4fc9-a227-e3314ba88e68

Meeting date: March 03, 2025

Student ID: vg466

Counselor ID: awashington

## SUMMARY

Vanessa is experiencing academic stress due to a heavy course load in the theater program, but is still unsure of her academic path.

## KEY CONCERNS

- Struggling with academic performance in the theater major
- Taking multiple theater courses with varying levels of academic content
- Anxiety about staying in the major and understanding course requirements
- Lack of clarity about the theater major's academic requirements

## ACTION PLAN

- Schedule a meeting to review coursework and academic expectations for the theater major
- Discuss how to balance theater performance with writing and acting in other media
- Recommend that Vanessa focus on writing-oriented courses in the upcoming semester
- Encourage regular meetings with a theater professor or academic advisor to track progress

## FOLLOW UP PLAN

- After the upcoming semester's assignments, check if Vanessa is still working on her academic goals
- Suggest attending a theater seminar or workshop to get feedback on writing skills
- Discuss how to integrate a personal or academic goal of publishing a theater piece or essay in the future