

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: a6426141-a158-49eb-9f3a-6c920cbc2267

Meeting date: December 03, 2024

Student ID: kh911

Counselor ID: awashington

## SUMMARY

Kerri is struggling to balance her geography major with academic demands, social life, and personal goals in college.

## KEY CONCERNS

- Enjoyment of geography coursework but also heavy course load
- Struggling to separate between academic and applied aspects of the major
- Uncertainty about fit for geography major and whether she's progressing academically
- Feeling overwhelmed by coursework and potential implications for personal balance

## ACTION PLAN

- Help Kerri with understanding the geography course material and how to apply it in different contexts
- Introduce a study group or peer tutoring for geography majors
- Recommend taking a break from coursework and reviewing assignments in a supportive environment
- Encourage exploration of other academic interests (e.g., environmental studies, history, etc.)

## FOLLOW UP PLAN

- Check in later this semester after major adjustment period has ended
- Offer to keep checking in on academic support services and help planning for graduation
- Encourage Kerri to join a new academic honor society for students like hers