

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 6789ba81-848e-4f53-9d64-355178fa0a10

Meeting date: January 07, 2025

Student ID: cw484

Counselor ID: awashington

SUMMARY

Casey is struggling with academic writing performance and personal and academic stress in English and literature major.

KEY CONCERNS

- Declining academic performance in third-year English course
- Low grades in major-specific courses
- Embarrassment from last semester's grades
- Personal and academic stress leading to poor writing performance
- Uncertainty about fit and potential in English major

ACTION PLAN

- Help Casey review writing assignments and strategies for English and literature courses
- Recommend workshops on academic writing and peer review
- Connect Casey with writing center or tutoring services for his major
- Encourage personal reflection on academic identity and performance expectations
- Encourage seeking out a mentor in the English department for academic support

FOLLOW UP PLAN

- Check grades in mid-October and offer to schedule a writing session before finals
- Coordinate with writing tutor for Casey's major in February
- Revisit academic stress and academic identity in February semester
- Encourage continued engagement with the English major and support system