

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 190e28a7-9511-480e-a3cd-b5d9368516c0

Meeting date: March 14, 2025

Student ID: mt632

Counselor ID: awashington

SUMMARY

Matthew is struggling to reconcile his own religious beliefs with the changing world around him, and is seeking guidance on how to navigate the intersection of faith and culture in college.

KEY CONCERNS

- Difficulty understanding religious narratives in a post-Christian context
- Struggle to fit into traditional religious identities
- Reconciliation of religious belief and cultural engagement
- Experience with academic exploration of religious topics

ACTION PLAN

- Encourage Matthew to attend seminars and discussions exploring non-theistic faith and culture, such as "Religion in a Post-Truth World" or "The Afterlife of Religion in America"
- Suggest reading list of non-religious writers and thinkers
- Connect Matthew with student groups or academic programs exploring secular values and social justice
- Help develop a personal statement or academic plan that integrates religious studies and post-Christian identity

FOLLOW UP PLAN

- Check in after first semester to check if Matthew is still exploring his identity in a meaningful way
- Recommend applying for a religious studies major or interdisciplinary program with secular studies
- Discuss potential internships or research opportunities that align with Matthew's interests and values