

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 90509539-aadd-4ab1-97b3-7ae43e3e44d8  
Meeting date: September 23, 2024  
Student ID: sb858  
Counselor ID: acasados

## SUMMARY

Shannon is struggling to balance her art major with academic demands in her major, leading to confusion and uncertainty about her future.

## KEY CONCERNS

- Feeling overwhelmed by the academic demands of the art major
- Uncertainty about whether art is the right major for her, and uncertainty about graduate school
- Lack of understanding of eligibility and potential career paths in art history or curatorial studies
- Difficulty making progress in the arts major without giving up her passion

## ACTION PLAN

- Help Shannon understand the academic requirements for her major and the different career paths in art and history/art history
- Discuss potential career paths in curatorial/museum work, art education, or art history consulting
- Introduce Shannon to the art and academic leadership in the department and provide support for networking and internship opportunities
- Encourage Shannon to explore a new major (e.g., English or STEM-related humanities) to balance her art studies and academic interests

## FOLLOW UP PLAN

- Check in after first semester to assess academic progress and whether Shannon is still interested in the arts major
- Refer Shannon to a career counseling session if she's considering graduate school or industry work in the arts
- Offer support for a summer or academic internship in her art field if Shannon is interested in exploring different paths