

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 024551f3-9331-4280-96ac-9f49a2db13df
Meeting date: September 16, 2024
Student ID: dk721
Counselor ID: awashington

SUMMARY

Desiree is struggling with her history major and is uncertain of her academic fit, but wants to explore alternative majors and how to stay involved.

KEY CONCERNS

- Low academic performance in history and humanities courses last semester
- Decision anxiety about major and whether to stay
- Interest in exploring other majors but not sure how to do it
- Uncertainty about academic fit in history major

ACTION PLAN

- Help Desiree review course syllabi and assessment policies to understand her current course load
- Discuss potential alternative majors (e.g., English, social work, international relations)
- Refer Desiree to academic counseling to review major status and academic expectations
- Offer support in developing a plan for academic stability and future goals (e.g., internship, graduate school, career change)