

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 8cc3c7ad-127f-4a1e-ac2a-2fed174891a3

Meeting date: September 02, 2024

Request ID: b651ca0f-0fb5-4c7f-93f3-bf5a2688ad4a

Student ID: je811

Counselor ID: awashington

## SUMMARY

James is experiencing academic underperformance and uncertainty about his first-year political science coursework's difficulty level, which is affecting his motivation and fear of failing.

## ACTION PLAN

- Recommend referral to University Counseling Center for first-year students with academic concerns
- Suggest that the student has experienced academic stress and is working to prioritize academically
- Explain that academic counseling can provide individualized support for first-year students with first-year seminar coursework, even if the content is heavy