

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: e1d4a18b-6fab-42ef-be1a-9240a24a68e5

Meeting date: February 21, 2025

Student ID: kf451

Counselor ID: awashington

SUMMARY

Kelly is experiencing academic pressure due to a difficult academic year, and is currently struggling with writing in her major and is concerned about her academic performance.

KEY CONCERNS

- Regularly falling behind in writing assignments in both English and literature courses
- Struggle to articulate complex ideas effectively even in academic settings
- Worries about academic integrity and future outcomes due to poor writing performance
- Excitement to work on improving writing skills through individualized writing coaching

ACTION PLAN

- Help Kelly develop a writing schedule for English and literature courses to avoid burnout
- Introduce writing workshops and peer review sessions as options for improvement
- Connect Kelly with academic writing center if needed
- Encourage self-reflection on academic identity and writing expectations in both majors

FOLLOW UP PLAN

- Schedule a check-in next semester to monitor writing progress
- Offer a writing assessment for a personal goal (e.g., improving writing for future career options or personal essays)
- Recommend attending a writing conference if Kelly is interested in larger community of writers