

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: ae8f1e1a-d77c-41aa-ad49-48e5b24353fe
Meeting date: December 10, 2024
Student ID: br382
Counselor ID: mrodriguez

SUMMARY

Benjamin is facing significant stress from his advanced Classics coursework in his final semester, worried that he will fall behind or lose interest.

KEY CONCERNS

- Struggling to keep up with advanced humanities coursework
- Fear of falling behind and losing interest in Classics
- Nervous about grades and whether to major in Classics or something else

ACTION PLAN

- Encourage Benjamin to take breaks between heavy coursework sessions to rest and focus
- Refer him to academic support services for strategizing and grading issues
- Discuss possible interdisciplinary majors (e.g., history and philosophy, English and art history) to help him explore his interests
- Recommend enrolling in a lower-load senior seminar if he wants to continue studying Classics

FOLLOW UP PLAN

- Check in after finals week to check on progress and whether he's still considering Classics
- Offer to provide regular check-ins throughout the semester
- Encourage Benjamin to reach out for academic mentorship after graduation