

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: c88d8952-ce55-474f-a806-f407739b25a7  
Meeting date: January 14, 2025  
Student ID: rt802  
Counselor ID: Nguyen

## SUMMARY

Robert is struggling with academic stress, uncertainty about his future in biology, and lack of direction in his academic pursuit.

## KEY CONCERNS

- Fallback in biology grades despite intense course load
- Uncertainty about appropriate career paths in science
- Lack of preparation for graduate school or job applications
- Feeling emotionally and academically drained

## ACTION PLAN

- Recommend scheduling review with professor soon to prevent further fallback
- Discuss career options in biology and non-science fields
- Provide tips for integrating biology with non-academic interests
- Recommend applying for graduate or undergraduate scholarships in the future

## FOLLOW UP PLAN

- Set up a check-in session at the end of this semester to monitor progress
- Offer referral to campus career center for job search advice
- Encourage application to fellowship or research programs in the future
- Revisit major and major-related options for next semester