

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 3bb9817f-2925-4a61-8f46-ceceab3aeac3
Meeting date: December 27, 2024
Request ID: 8f7855a2-34e2-4cea-a217-f6edcdc505f9
Student ID: bb526
Counselor ID: Nguyen

SUMMARY

Brooke is struggling to balance her religious studies with her academic interests, leading to a lack of engagement and uncertainty about her future.

KEY CONCERNS

- Difficulty integrating religious studies with history, philosophy, economics, and other academic fields
- Regularly asking for advice on how to integrate her work in religion and other academic areas
- Lack of understanding of how to do interdisciplinary work effectively
- Feeling left out or overwhelmed by the academic demands of her major

ACTION PLAN

- Help Brooke identify interdisciplinary opportunities within her religion major that align with her interests and work, e.g. Collaborating with a religion and economics major or a philosophy and religion major
- Introduce Brooke to the Religion and Society major seminar and undergraduate research opportunities, which may provide a platform for interdisciplinary work
- Encourage Brooke to join a student organization that focuses on interfaith dialogue or academic engagement with religious studies
- Refer Brooke to a mentorship program that connects academic and religious interests

FOLLOW UP PLAN

- Check in later this semester to monitor Brooke's integration efforts and academic performance
- Offer to provide regular check-ins with academic advising to help Brooke map out a path forward that includes religious studies and other academic fields
- Encourage Brooke to apply for a research or teaching fellowship in the future that aligns with her interdisciplinary interests and academic background