Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 252a2402-a0b8-4828-b87a-97f2c2e25679

Meeting date: December 02, 2024

Student ID: gb155

Counselor ID: mrodriguez

SUMMARY

Gloria is struggling to engage with religious content in a way that aligns with her faith, leading to academic and personal challenges.

KEY CONCERNS

- Difficulty understanding the intersection of religion and current events
- Struggle with religious identity and faith in the context of academic content
- Feeling isolated on campus due to religiously diverse environment

ACTION PLAN

- Recommend attendance-based discussion of current events and religious implications, including the Muslim ban and Muslim response
- Introduce religious studies as a non-theistic option for engaging with religious content
- Connect Gloria with campus resources for interfaith engagement and spiritual growth
- Encourage regular check-ins to monitor personal response and academic needs in religious studies

FOLLOW UP PLAN

- Schedule a formal academic reflection session on religious content in the future
- Refer Gloria to a mental health professional who specializes in interfacial identity and faith
- Evaluate if academic interest in religious studies has shifted due to personal experience or exposure