

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 72a4e2b2-b1ef-47bf-b7c4-fd812390b318  
Meeting date: November 19, 2024  
Student ID: cy144  
Counselor ID: mrodriguez

## SUMMARY

Catherine is struggling with academic performance in chemistry, feeling overwhelmed by last semester's failure, and dealing with personal issues that are affecting her academic progress.

## KEY CONCERNS

- Low grade in chemistry course last semester
- Facing a second semester with similar coursework, uncertainty about ability
- Feeling overwhelmed by the material, unable to apply concepts
- Internal stress and personal issues affecting academic performance
- Need for academic support, including revision strategies and self-reflection

## ACTION PLAN

- Schedule a meeting to review course material and learning outcomes
- Refer Catherine to writing workshops focused on chemistry concepts
- Suggest review sessions with a chemistry tutor, covering different topics
- Discuss how personal issues are affecting academic performance and provide support
- Encourage self-reflection and goal setting for next semester

## FOLLOW UP PLAN

- Check-in after first writing assignment to monitor progress
- Offer a follow-up writing session after a midterm or final exam
- Encourage continued academic engagement, but also address emotional needs
- Help set a plan for next semester's chemistry course if possible