

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: a0d72664-cce2-4169-ba5c-5904ac54bdda  
Meeting date: February 26, 2025  
Student ID: mc147  
Counselor ID: Nguyen

## SUMMARY

Matthew is uncertain about his academic performance, questioning if he's ready for his major and if he'll be able to navigate academia effectively.

## KEY CONCERNS

- Low academic performance in History, especially in recent terms
- Uncertainty if his major is right for him or if he's ready for a more non-traditional path
- Worry that he's not a good fit for academia and not sure if he'll be able to sustain a major
- Feeling disconnected from academia and not sure if he'll find a way to integrate a non-academic career

## ACTION PLAN

- Refer Matthew to the Academic Advising Center for academic counseling and workshops on time management and course re-enrollment
- Suggest meeting with a non-academic career advisor who specializes in nonprofit and social impact work
- Discuss Matthew's history major as a possible path if academia is not right for him
- Encourage Matthew to stay in touch with academic advising and seek feedback on future goals

## FOLLOW UP PLAN

- Schedule a follow-up meeting in 2 weeks to check on Matthew's academic and career aspirations
- Refer Matthew to a career counseling referral if needed
- Discuss how to write a personal statement or resume for a non-academic career path