

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: ac6fded2-104b-422a-a616-c0b98bac9c8d

Meeting date: August 16, 2024

Student ID: jr473

Counselor ID: awashington

## SUMMARY

Jacob is struggling with academic performance in biology courses, worried about falling behind in his major.

## KEY CONCERNS

- Lately, grades are slipping in biology classes
- Feeling confused about biology concepts despite trying hard
- Worrying that he'll be falling behind in his biology coursework
- Talking to professors but not getting deeper understanding yet

## ACTION PLAN

- Refer Jacob to biology tutoring services to review course materials more effectively
- Encourage Jacob to attend academic support sessions for biology students, especially those with lower grades
- Discuss the importance of deep understanding of biology concepts in order to succeed, not just grades
- Encourage Jacob to continue engaging with the biology coursework even if his grades are slipping

## FOLLOW UP PLAN

- Check on Jacob's academic progress after tutoring sessions
- Refer Jacob to a peer mentorship program for biology students
- Discuss long-term academic planning with a tutoring coach and academic advisor
- Encourage Jacob to apply for extensions or adjustments on his current course load