

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 86e6a031-97ef-4431-90dd-f287895eb92e  
Meeting date: March 31, 2025  
Student ID: jm294  
Counselor ID: Nguyen

## SUMMARY

Jenna is struggling with academic performance, uncertainty about graduation timeline, and exploring graduate school options.

## KEY CONCERNS

- Low academic GPA, frequent course failures
- Losing momentum mid-semester, uncertain if I'll make it through required courses
- Interest in non-traditional psychology career paths (e.g., health, tech, social impact)
- Exploring graduate programs as a means to graduate early, but lacking faculty guidance

## ACTION PLAN

- Recommend scheduling adjustment to reduce course load and focus on upper-level psychology courses
- Discuss career options in psychology and non-academic settings, including social impact and nonprofit work
- Connect Jenna with faculty members in the Psychology and Neuroscience departments for academic advising and career talks

## FOLLOW UP PLAN

- Check progress after midterms and schedule a follow-up meeting after finals week
- Offer advising session on graduation strategies or career planning tools
- Encourage application to psychology-specific graduate programs or nonprofit internships