

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: f0cb7ff3-ecf1-4c2a-8b89-874d903483a2  
Meeting date: December 03, 2024  
Student ID: ct225  
Counselor ID: schen

## SUMMARY

Chris is uncertain about career path and academic interests, and experiencing emotional turmoil.

## KEY CONCERNS

- Uncertainty about future career options in environmental studies or environmental policy
- Feeling uncomfortable with majoring in environmental studies
- Emotional instability related to academic success and identity confusion

## ACTION PLAN

- Refer Chris to career counseling to help him identify career paths in environmental fields
- Suggest attending a career fair focused on environmental work or environmental policy next semester
- Discuss the potential benefits and drawbacks of majoring in environmental studies or environmental policy in college
- Encourage exploration of non-academic career paths (e.g., environmental advocacy, journalism, environmental activism)