

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 66eeaf82-caff-41fa-94ba-02aecf67f547  
Meeting date: November 21, 2024  
Student ID: ac674  
Counselor ID: mrodriguez

## SUMMARY

Andrew is struggling with adjusting to a more interdisciplinary humanities curriculum and is interested in exploring options without fully abandoning his major.

## KEY CONCERNS

- Low academic performance in humanities courses last semester
- Feeling disconnected from the program's core values and uncertainty about future coursework
- Need for support in integrating multiple disciplines
- Desire to explore alternative pathways without fully abandoning his major

## ACTION PLAN

- Schedule a meeting to review academic progress and identify which humanities courses are struggling
- Discuss how to integrate social science and humanistic disciplines in a more flexible way
- Recommend taking a course from another humanities program or major if academic path is not fully reversible
- Encourage exploration of cross-disciplinary fields (e.g., environmental studies, cultural studies) as possible future options

## FOLLOW UP PLAN

- After meeting, check on how Andrew is feeling emotionally and whether he's considering other options within the humanities or beyond
- Encourage regular check-ins to review progress and identify new interests
- Propose a reflection journal or career planning workshop as a follow-up opportunity