

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: dadef4d0-9a42-4589-b4b8-3322edf8118c  
Meeting date: December 04, 2024  
Student ID: jd694  
Counselor ID: awashington

## SUMMARY

Jacqueline is experiencing academic stress due to a heavy course load, unclear course requirements, and pressure to perform academically.

## KEY CONCERNS

- Struggling with understanding course requirements in a computer science program
- Experiencing burnout from a heavy academic load
- Pressure to perform academically and internship/GPA goals
- Uncertainty about appropriate academic strategies in a computer science major

## ACTION PLAN

- Help Jacqueline identify academic advising resources and course selection strategies
- Recommend meeting with a tutor for computer science courses
- Discuss the expected GPA and internship requirements in a computer science major
- Provide guidance on how to balance academic work with personal and career goals
- Connect Jacqueline to student success center and peer mentoring programs

## FOLLOW UP PLAN

- Schedule a check-in later this semester to monitor academic progress and confidence
- Offer a semester review session with academic advisor
- Encourage Jacqueline to join a student organization focused on career development or academic support
- Recommend attending a workshop on time management and academic writing