

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 229949fa-446c-48a4-ac56-1dd73dbd6b4f
Meeting date: January 23, 2025
Student ID: je382
Counselor ID: mrodriguez

SUMMARY

Joshua is experiencing a significant academic and social adjustment crisis due to a lack of understanding of complex social and environmental issues in his academic programs.

KEY CONCERNS

- First-year feeling overwhelmed by sociology and anthropology courses
- Difficulty connecting with academic content despite academic interest
- Experience with environmental and social justice themes, but not how to apply these concepts in real-world contexts
- Feeling disconnected from personal identity and potential career goals

ACTION PLAN

- Help Joshua identify how to integrate social and environmental concepts across his social science courses
- Recommend reading lists that emphasize intersectionality and practical applications
- Connect Joshua with campus resources for cultural competency and career counseling
- Encourage exploration of non-academic interests (e.g., environmental activism, social entrepreneurship) as a way to integrate knowledge and personal growth