

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 733a35a0-19ed-45d5-a8c1-398130266a98

Meeting date: November 13, 2024

Student ID: dr488

Counselor ID: Nguyen

## SUMMARY

Darlene is struggling with academic stress and uncertainty about career prospects in biology. She is concerned about moving forward and wants advice on academic and career pathways.

## KEY CONCERNS

- Low academic performance in biology courses last semester
- Feeling disconnected from the major and worried about career options
- Uncertainty about future career paths in science
- Need for guidance on academic and career pathways in biology and related fields

## ACTION PLAN

- Help Darlene review course outcomes and assessment rubrics for biology majors
- Connect Darlene to campus resources for career counseling and internship opportunities
- Recommend attendance at a biology tutoring center or academic support group
- Discuss possible minor in non-biological sciences or overlap with English or statistics courses

## FOLLOW UP PLAN

- Check in later this semester to monitor academic progress and career-related thoughts
- Offer after-school tutoring session or drop-in office hours in January
- Refer Darlene to a college mentorship program or professional development workshop