

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: e0f0aa9f-72d2-488c-9f7b-d2c0b0870c8b
Meeting date: January 01, 2025
Student ID: ac674
Counselor ID: mrodriguez

SUMMARY

Andrew is struggling with adjusting to a more interdisciplinary humanities curriculum and is interested in exploring options without fully abandoning his major.

KEY CONCERNS

- Low academic performance in humanities courses last semester
- Feeling disconnected from the program's core values and uncertainty about future coursework
- Need for support in integrating multiple disciplines
- Desire to explore alternative pathways without fully abandoning his major

ACTION PLAN

- Schedule a meeting to review academic progress and identify which humanities courses are struggling
- Discuss how to integrate social science and humanistic disciplines in a more flexible way
- Recommend taking a course from another humanities program or major if academic path is not fully reversible
- Encourage exploration of cross-disciplinary fields (e.g., environmental studies, cultural studies) as possible future options

FOLLOW UP PLAN

- After meeting, check on how Andrew is feeling emotionally and whether he's considering other options within the humanities or beyond
- Encourage regular check-ins to review progress and identify new interests
- Propose a reflection journal or career planning workshop as a follow-up opportunity