

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: c30b5af8-9293-4aa8-86d9-86ce546e50ac  
Meeting date: September 03, 2024  
Student ID: mg980  
Counselor ID: schen

## SUMMARY

Mark is experiencing disengagement and uncertainty in his Middle East studies program, which is affecting his academic performance.

## KEY CONCERNS

- Academic disengagement, low GPA, mixed upper-division course load
- Decreasing interest in the Middle East content, lack of connection with the material
- Loss of confidence in academic ability
- Need for reassurance about continued learning

## ACTION PLAN

- Encourage the student to review course content and engage with more challenging or visually stimulating material
- Suggest meeting with a peer tutor or tougher course coordinator
- Recommend reviewing academic standards and how to approach complex content
- Encourage journaling or visualization exercises to stay engaged with the material

## FOLLOW UP PLAN

- Schedule a check-in next semester to assess engagement and academic performance
- Request academic referral for a mental health professional who specializes in high-performance college students
- Encourage student to join a student organization or academic club that interests him
- Recommend applying for a writing or research fellowship to stay engaged and show progress