

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 389f4bf0-7a89-4b3f-9443-d9b75c971e16

Meeting date: August 19, 2024

Student ID: oc361

Counselor ID: Nguyen

## SUMMARY

Omar is uncertain about his career path and is currently uncertain of how to adjust his major without feeling lost.

## KEY CONCERNS

- Uncertainty about potential career paths in social sciences and mixed-field majors
- Difficulty adjusting coursework without a clear plan
- Feeling lost without a clear direction
- Worry about losing his current major if he changes course

## ACTION PLAN

- Help Omar identify career options in social work, health, and nonprofit management
- Discuss mixed-field majors with career services and offer guidance on job opportunities
- Explain the grad school admissions process and provide resources for social science majors
- Encourage Omar to explore his current major without feeling trapped and consider switching to a more flexible major

## FOLLOW UP PLAN

- Check in after finals week to check if Omar has made any career decisions
- Refer Omar to career services for job search strategies and networking opportunities
- Encourage Omar to attend a career fair or connect with alumni in his field in February