

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 29c4fc4f-50a4-4b8b-9cd0-00dcb285fbbe  
Meeting date: March 17, 2025  
Student ID: dd220  
Counselor ID: schen

## SUMMARY

Danny is experiencing first-year challenges in his East Asian Languages and Literature major, but unclear why or how severe his performance is falling.

## KEY CONCERNS

- Slightly above-average first-year student, but not fully engaged in course content or classroom expectations
- Difficulty connecting with the academic style and themes of the courses
- Feeling disconnected from the major's intellectual and social context
- Uncertainty about ability to succeed at this level

## ACTION PLAN

- Recommend scheduling adjustments to improve readability and engagement
- Suggest meeting with an East Asian literature or culture professor for individualized feedback
- Encourage self-reflection and discussion of broader academic goals and identity
- Introduce first-year seminar series as a safe way to explore the major without pressure

## FOLLOW UP PLAN

- Check progress after first-year seminar attendance
- Encourage annual check-in to review first-year experience and academic goals
- Offer to provide individual reflection logs or peer support group