

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: eac6ff5d-57da-4e19-9a45-9884c71681e4  
Meeting date: August 30, 2024  
Request ID: 7a8595dc-2647-459c-8d3d-f60d7a9a9c21  
Student ID: hb787  
Counselor ID: ajackson

## SUMMARY

Hailey is experiencing academic stress due to course load and perceived weakness in math major, seeking academic counseling support.

## KEY CONCERNS

- Struggling with academic performance in advanced math courses
- Feeling insecure about ability to handle major's majors
- Frustration and feelings of inadequacy
- Desire to improve understanding and improve grades

## ACTION PLAN

- Help Hailey with a detailed course schedule to avoid overload and focus on high-impact topics
- Recommend strategies for math analysis and modeling, time management, and statistical reasoning
- Encourage self-reflection and work on expressing confidence vs. competence in math major
- Consider a peer tutoring or study group for advanced math students

## FOLLOW UP PLAN

- Schedule appointment for progress check in spring semester
- Encourage Hailey to attend a math club or tutoring center to connect with peers
- Review academic performance and provide feedback on progress toward major goals