

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 29684e2f-7ff9-4900-b6c0-41f1749d6965
Meeting date: December 04, 2024
Student ID: gh740
Counselor ID: mrodriguez

SUMMARY

Gina is struggling with her religious identity and faith in a secular context, questioning her major and feeling disconnected from the academic community.

KEY CONCERNS

- Feeling disconnected from religion and uncertain about future faith-related interests
- Regularly questioning whether GRS is the right major for her
- Feeling disconnected from her religious peers and uncertain about secular faith
- Struggling with the secular nature of the coursework and the academic environment

ACTION PLAN

- Help Gina understand the academic and religious contexts of her major and how it intersects with her faith
- Recommend meeting with a religious studies or interfaith studies faculty member to discuss identity and faith
- Discuss the secular nature of the coursework and how it may not align with a faith-based major
- Encourage Gina to explore non-religious faith or interfaith identity options in her major

FOLLOW UP PLAN

- Check in after finals week to check if Gina has made any changes to her academic or spiritual identity
- Offer to provide support for academic transitions and career options without religion or faith
- Encourage Gina to reach out for a peer mentorship or interfaith group if she's interested in exploring non-religious faith or spirituality