

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: ff5ccc41-572a-432f-8060-f70251f86d19  
Meeting date: January 08, 2025  
Student ID: sb420  
Counselor ID: awashington

## SUMMARY

Samantha is struggling to keep up in her upper-level English course, fearing academic failure despite trying hard.

## KEY CONCERNS

- Feeling behind on readings in the upper-level English course
- Struggling to understand difficult texts and apply concepts
- Worries about falling behind and being marked down
- Tries to balance other academic demands without success

## ACTION PLAN

- Help Samantha review key concepts from the course in advance
- Ensure readiness for final exams by reviewing assigned readings
- Encourage strategies for critical thinking and analysis, even in difficult texts
- Make a schedule for other academic demands and balance with the course
- Recommend taking the course at a slower pace if academic performance is a concern

## FOLLOW UP PLAN

- Check on academic progress after midterm review
- Offer support for writing assignments and test preparation
- Encourage Samantha to seek out tutoring or academic support services if needed
- Recommend attending a writing center if she becomes more focused