

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 10c452ff-c503-4e6c-afa6-d3133e0c3198  
Meeting date: August 30, 2024  
Student ID: js369  
Counselor ID: awashington

## SUMMARY

Jeremiah is uncertain about his academic fit in Economics and is experiencing academic and personal dissatisfaction in his first year.

## KEY CONCERNS

- Uncertainty about whether Economics is the right major for him
- Difficulty connecting with the academic and social nature of the Economics courses
- Worries about fit and potential for the discipline, despite positive experiences
- Feeling low and uncertain about his college performance

## ACTION PLAN

- Help Jeremiah identify which Economics courses have been most challenging and what concepts he's struggled with
- Introduce strategies for deep thinking and analytical skills in non-Economics courses
- Connect Jeremiah with academic advising for first-year success
- Discuss the college culture and expectations for Economics majors

## FOLLOW UP PLAN

- Check in after campus workshops and reassessment of academic goals
- Offer support for transferring to a different major or rethinking the Economics major
- Encourage Jeremiah to join a student-led academic support group