

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: d472b96e-58a9-439e-a169-8a5bb6cd5449
Meeting date: September 12, 2024
Student ID: cg960
Counselor ID: mrodriguez

SUMMARY

Carol is a first-year student experiencing academic pressure, but struggling to connect with history course material and her personal and political experiences.

KEY CONCERNS

- Lack of understanding of historical events' contemporary relevance
- Overwhelming course load, making it hard to engage with content
- Feeling like a college student, but not yet ready to fully engage with the complexities of the world
- Difficulty making connections between history and personal or political issues

ACTION PLAN

- Help Carol identify how history and current events are intertwined in different course materials
- Suggest reading lists that cover both historical and current events
- Explain the academic framework for historical inquiry, and how to engage with content in a deeper way
- Work with Carol to develop a personal and political understanding through historical analysis

FOLLOW UP PLAN

- Schedule a check-in next semester to assess how Carol is integrating her academic work
- Encourage Carol to join a student-led group focused on social justice and history
- Offer to connect Carol with campus resources for interdisciplinary studies or academic support