

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: cdbbe659-3347-49bb-b96e-fed1610a1728

Meeting date: August 26, 2024

Student ID: cc730

Counselor ID: Nguyen

SUMMARY

Connor is experiencing academic stress and feeling isolated in his Sociology and Anthropology majors at a large university.

KEY CONCERNS

- Struggling to keep up with coursework in Sociology and Anthropology
- Inequality in academic support and large department sizes
- Feeling isolated in the departments and uncertain about majors and career paths
- Worries about fit and potential for academic success

ACTION PLAN

- Help Connor identify which Sociology and Anthropology courses are most challenging and provide academic support through tutoring and writing centers
- Connect Connor with first-year seminar leaders and upper-level Anthropology and Sociology courses to build skills
- Refer Connor to the STEM and Social Justice program for first-year students
- Encourage Connor to explore cross-disciplinary majors or interdisciplinary studies as a way to integrate social and natural sciences