

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 277d229a-f6ca-4c45-bd58-dd2f033ea404  
Meeting date: January 27, 2025  
Student ID: dh449  
Counselor ID: awashington

## SUMMARY

David is uncertain about his academic and career path after majoring in Political Science, and is experiencing feelings of unrest and uncertainty.

## KEY CONCERNS

- Uncertainty about possible academic or professional direction after majoring in Politics
- Feeling unrooted and unsure of what to do with his major and personal goals
- Inequality in the types of jobs and fields that are typically associated with Political Science majors

## ACTION PLAN

- Help David explore potential career paths in public service, advocacy, or policy, such as government, nonprofit, or education
- Refer David to career center for resume and interview preparation services
- Discuss the unique skills and interests that come from a Political Science major, including analytical thinking, writing, and interpersonal skills
- Encourage David to explore internships or fellowships in areas related to his academic interests and career goals

## FOLLOW UP PLAN

- Schedule a follow-up meeting to review career pathways and potential internships in the future
- Refer David to a mentorship program for Political Science majors interested in public service
- Help David brainstorm potential internships or job opportunities in areas like healthcare, advocacy, or education