

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 0e66ed33-fd13-429c-bc98-47187411c680

Meeting date: March 21, 2025

Student ID: jc405

Counselor ID: Nguyen

SUMMARY

Jeremiah is experiencing academic stress and uncertain future plans due to underperformance in biology and interest in non-science fields.

KEY CONCERNS

- Struggling with academic performance in biology and fear of failing
- Working on finals stress and feeling overwhelmed
- Worries about major and intended career in biology
- Uncertainty about appropriate non-science career paths

ACTION PLAN

- Recommend scheduling support for academic retention through a tutoring center
- Discuss possible career options in biotech, environmental science, or public health
- Encourage exploration of non-science fields (e.g., healthcare, data science, policy)
- Connect Jeremiah to potential internships or entry-level jobs in biotech or environmental fields

FOLLOW UP PLAN

- Check in later this semester after finals are over to review progress and next steps
- Offer referral to career services for job interview coaching or internship matching
- Encourage Jeremiah to reach out for referral to academic support center if he feels like he's lost his direction