

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 6d6295c4-41cf-4ac9-9847-927977735d3e
Meeting date: December 31, 2024
Student ID: ca356
Counselor ID: mrodriguez

SUMMARY

Casey is struggling with adjusting to college life, including his major and academic goals, and is feeling lost.

KEY CONCERNS

- Uncertainty about what his major and career aspirations should be
- Difficulty integrating social justice and humanities courses
- Lack of clarity about his academic path
- Feeling disconnected from the academic community

ACTION PLAN

- Help Casey identify potential career paths in social justice, education, or social work
- Suggest taking a mix of upper-level social science and humanities courses to build a foundation
- Connect Casey with first-year student mentors in the sociology and anthropology departments
- Encourage exploration of academic and social justice-oriented internships and research opportunities

FOLLOW UP PLAN

- Check in later this semester to monitor Casey's progress and assess whether he's found his academic and social identity
- Offer to meet again after a semester break to review progress and plan next steps
- Recommend attendance at a social justice conference or workshop for first-year students