

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: c596170a-a8ca-4040-82f5-8145b2d5e758

Meeting date: March 03, 2025

Student ID: cp919

Counselor ID: awashington

SUMMARY

Christina is struggling to keep up in her political science major, feeling overwhelmed by the academic demands and uncertain about her academic fit.

KEY CONCERNS

- Learning outcomes in political science and international relations courses vary widely
- Difficulty applying concepts from political science to real-world issues
- Feeling overwhelmed by the number and complexity of courses
- Uncertainty about whether she's majoring in politics or if she'll be able to graduate

ACTION PLAN

- Revise course titles and descriptions to emphasize interdisciplinary focus and applied outcomes
- Suggest meeting with a political science or public policy major peer or tutor
- Ensure regular progress tracking through all courses, including assessment of skills and relevance
- Encourage writing and speaking about personal interests and career goals to stay engaged

FOLLOW UP PLAN

- Schedule a check-in later this semester to assess academic progress and confidence
- Offer support for a major transition plan that integrates political studies and other interests
- Encourage application to a specialized political science or public policy program for future study