

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: e38a929c-f298-4ba6-af96-147e45c6ea1f  
Meeting date: October 04, 2024  
Student ID: pm794  
Counselor ID: mrodriguez

## SUMMARY

Paul is a first-year Religious Studies major struggling with academic integration, identity, and academic performance. He is open to discussing how to better integrate his faith and academic interests, or if he should consider majoring in religion.

## KEY CONCERNS

- Feeling disconnected from faith and uncertain identity during first year
- Losing grades in religious and non-theology courses
- Discomfort with academics and potential major in religion
- Interest in exploring non-major options if academic stress becomes too high

## ACTION PLAN

- Help Paul identify how his faith and academic experiences are intertwined in a meaningful way
- Recommend taking a more diverse set of religious and non-religious courses
- Discuss potential majors that don't entirely exclude religion, but allow for personal growth and academic balance
- Encourage exploring non-major options if grades start to drop