

Counseling Meeting Report

GENERAL INFORMATION

Meeting ID: 3229e2ef-bf87-48a2-8cba-6743ebb03cbf
Meeting date: February 26, 2025
Student ID: dn348
Counselor ID: acasados

SUMMARY

David is experiencing academic and social isolation in his first-year arts major, questioning his major and identity.

KEY CONCERNS

- Desire to major in art or art history but not sure why or how to use those degrees
- Feeling disconnected from the arts program and class content
- Feeling overwhelmed by course load and potential career paths
- Lack of understanding about the social aspect of the major

ACTION PLAN

- Help David understand the interdisciplinary nature of the arts program and the value of cross-disciplinary study
- Introduce David to peer advising for arts majors and career counseling
- Recommend attendance at at least two more arts-related courses to build confidence
- Encourage David to join the arts student organization and connect with other students

FOLLOW UP PLAN

- Schedule a check-in later this semester to assess whether David has made a decision or is still exploring his identity
- Offer support for a career seminar next semester if academic path is still unclear
- Refer David to a mentorship program for arts students