

# Counseling Meeting Report

## GENERAL INFORMATION

Meeting ID: 15829de6-e2ab-4a69-b002-6f4de3e9354a  
Meeting date: December 31, 2024  
Student ID: ar265  
Counselor ID: mrodriguez

## SUMMARY

Angela is experiencing first-year anxiety and uncertainty about her theater major, which is combined with a mixed sense of direction and potential risk.

## KEY CONCERNS

- Feeling overwhelmed and uncertain about one's academic path
- Academic stress and anxiety, particularly in first-year classes
- Intrigue about creative writing and directing, but lacking a solid theater background
- Risk of not meeting program requirements or being dismissed

## ACTION PLAN

- Help Angela identify which theater courses are relevant to her major (e.g. Writing for theater, directing, performance), and provide support for academic retention and self-assessment of skills and goals
- Encourage Angela to join a theater-focused student organization or take a more deliberate course load to build confidence and connect with the community
- Discuss potential transfer options if Angela is unsure of her major or how to balance academic and artistic pursuits

## FOLLOW UP PLAN

- Check in later this semester after Angela has taken more theater courses and reviewed her academic plan
- Offer to meet again after a semester break to review progress and plan for graduation or career options
- Recommend attending a workshop on academic integrity or self-care for first-year students with theater majors