# **Counseling Meeting Report**

# **GENERAL INFORMATION**

Meeting ID: d9970564-6186-4828-9064-3d0430344cc2

Meeting date: March 28, 2025

Student ID: jb244

Counselor ID: awashington

# **SUMMARY**

Joshua is struggling academically despite taking political science classes early in his degree.

#### **KEY CONCERNS**

- Unconnected to first-year classes despite majoring in Politics
- Difficulty keeping up with diverse content across different fields
- Feeling disconnected from the intended purpose of the major
- Uncertainty about long-term fit of major in Political Science

## **ACTION PLAN**

- Recommend enrolling in a more interdisciplinary political studies major or electing a different first-year course
- Suggest attending first-year seminars or interdisciplinary courses to expose Joshua to different perspectives
- Encourage journalism, history, government, and social science courses to build foundational skills
- Help Joshua identify a mentor or peer tutor to help manage his academic load

## **FOLLOW UP PLAN**

- Check in mid-semester to check progress in major and academic goals
- Offer to provide academic coaching services for first-year students majoring in Politics
- Recommend attendance at a first-year seminar series for students interested in interdisciplinary studies