

Introduction to Generalised Linear Models for Ecologists

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[https://github.com/niamhmimmagh/GLME01---
Introduction-to-Generalised-Linear-Models-for-
Ecologists](https://github.com/niamhmimmagh/GLME01---Introduction-to-Generalised-Linear-Models-for-Ecologists)

Zero Counts

- Many real-world count data show more zeros than typical count models expect.
- Examples include:
 - Ecology: survey sites without a rare species
 - Public health: individuals with zero doctor visits
 - Insurance: policyholders with no claims
- A standard Poisson model predicts the proportion of zeros as $P(Y=0)=e^{-\lambda}$, but often the observed proportion of zeros is much larger.

Zero-Inflation

- Zero-inflation occurs when the number of zero-counts in a dataset are larger than can be accounted for by typical models. Observed counts often show far more zeros than a Poisson distribution would predict. This mismatch suggests an extra process is generating zeros, beyond random chance.
- Zero-inflation occurs when two processes generate zeros:
 1. Structural zeros: the event truly cannot occur (e.g., a pond with no fish)
 2. Sampling zeros: the event could occur but did not (e.g., no fish caught despite fish being present).
- Zero-inflated models explicitly model both sources.

What if We Ignore Zero-Inflation?

- If you fit a standard Poisson model to zero-inflated data:
 - The model underestimates the frequency of zeros.
 - The variance appears too large (overdispersion).
 - Standard errors for covariates are biased.
 - Predictions are misleading, especially for low counts.
- Therefore, zero-inflated models are essential when an additional zero-generating mechanism exists.

Standard Count Models Recap

- Poisson
 - $Y_i \sim \text{Poisson}(\lambda_i)$
 - $E[Y_i] = \lambda_i$
 - $\text{Var}(Y_i) = \lambda_i$
 - Good when variance \approx mean and zeros are not excessive.
- Negative Binomial
 - $Y_i \sim \text{Negative Binomial}(\lambda_i, \theta)$
 - $E[Y_i] = \lambda_i$
 - $\text{Var}(Y_i) = \lambda_i + \frac{\lambda_i^2}{\theta}$
 - θ controls extra-Poisson variation (smaller θ means more dispersion).
 - As $\theta \rightarrow \infty$ the NB approaches the Poisson.



Zero-Inflated Models: Two-Part Thinking

- If our data contains more zeros than expected under other count models, we say that there is an extra zero-generating process at play, that is not being accounted for. Some systems produce zeros for two different reasons.
 1. Always-zero (structural) group: units that cannot generate counts at all (e.g., no host plants at a site, trap not deployed, unsuitable habitat).
 2. Sampling zero group: units that could generate counts but happened to be zero this time by chance.
- Zero-inflated models assume:
 - A Bernoulli trial decides if the observation is in the always-zero group.
 - Otherwise, the count is drawn from a Poisson or Negative Binomial
- So total zeros = Structural zeros + Random zeros from count distribution.



Zero-Inflated Poisson (ZIP)

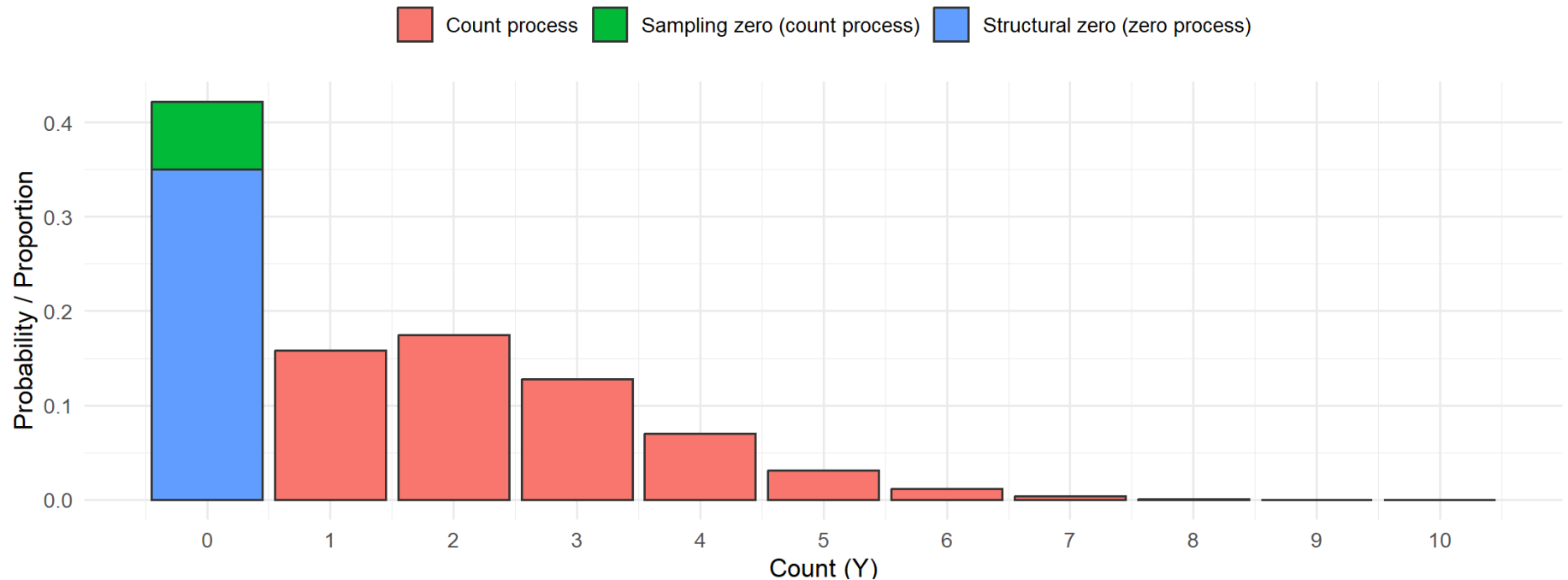
- A zero-inflated Poisson model is a mixture model.
- A Bernoulli distribution decides whether the observation is a structural zero (always zero, not susceptible to counts at all)
- If its not a structural zero, then the observation follows a standard Poisson distribution, which can itself produce zeros (sampling zeros) or positive counts.

$$\begin{aligned} zero_i &\sim \text{Bernoulli}(\pi_i) \\ \text{logit}(\pi_i) &= \gamma_0 + \gamma_1 z_{1i} + \cdots + \gamma_q z_{qi} \\ count_i &\sim \text{Poisson}(\lambda_i) \\ \log(\lambda_i) &= \beta_0 + \beta_1 x_{1i} + \cdots + \beta_p x_{pi} \\ Y_i &= \begin{cases} 0, & \text{if } zero_i = 1 \text{ (with probability } \pi_i) \\ count_i, & \text{if } zero_i = 0 \text{ (with probability } 1 - \pi_i) \end{cases} \end{aligned}$$

In short,

$$Y_i \sim \text{ZIP}(\pi_i, \lambda_i)$$

Zero-Inflated Poisson (ZIP)



Zero-Inflated Negative Binomial (ZINB)

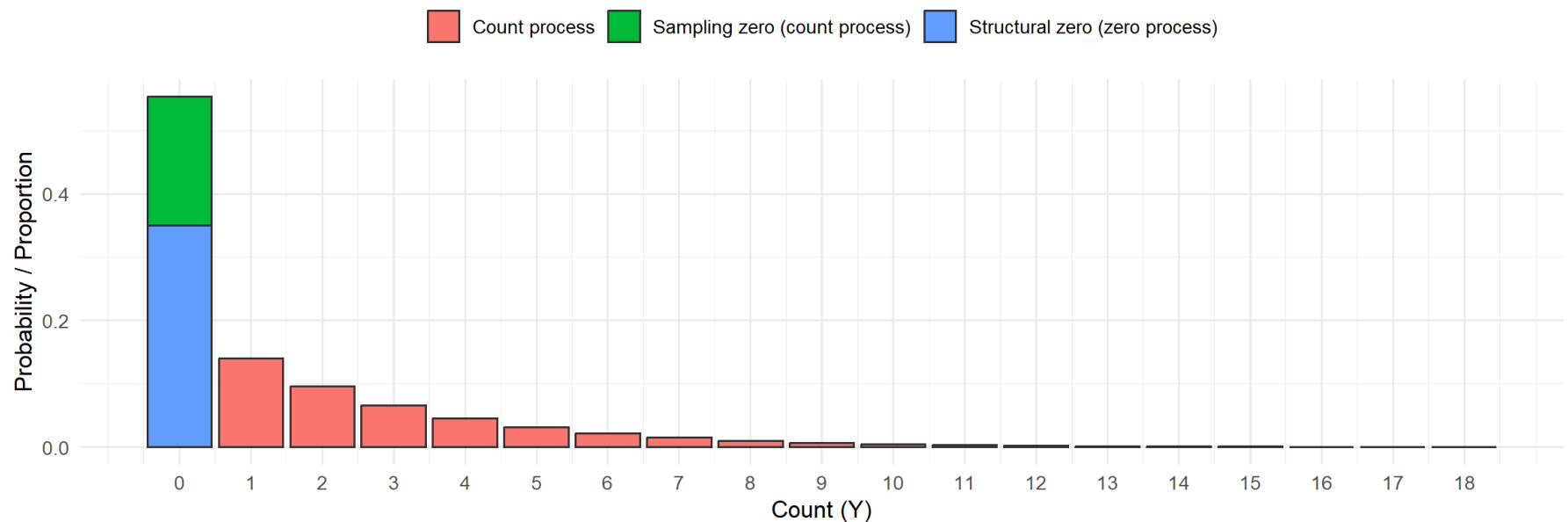
- If the data exhibit both excess zeros and overdispersion, a ZINB is more appropriate than ZIP.

$$\begin{aligned} zero_i &\sim \text{Bernoulli}(\pi_i) \\ count_i &\sim \text{negative binomial}(r, \mu_i) \\ Y_i &= \begin{cases} 0, & \text{if } zero_i = 1 \text{ (with probability } \pi_i) \\ count_i, & \text{if } zero_i = 0 \text{ (with probability } 1 - \pi_i) \end{cases} \end{aligned}$$

In short,

$$Y_i \sim \text{ZINB}(r, \pi_i, \mu_i)$$

Zero-Inflated Negative Binomial (ZINB)



ZIP vs. ZINB

ZIP

- Use when Poisson fit shows too many zeros but mild dispersion and DHARMA dispersion test is OK.

ZINB

- Use when Negative Binomial beats Poisson on AIC; DHARMA dispersion test fails for ZIP but passes for ZINB.

How to compare models

1. AIC/BIC
2. Vuong test
3. DHARMA residuals (uniformity/QQ, dispersion, zero-inflation tests)

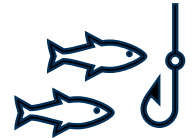
Interpreting Coefficients

- The coefficients from the count model (using a log link) are interpreted the same way we interpret coefficients for the Poisson or negative binomial model.
- For example, if $\beta_1 = 0.3$, then a one unit increase in the predictor x increases the expected count (or rate if you're using an offset term) by a factor of $e^{0.3} \approx 1.35$, conditional on being in the count process
- The coefficients from the zero model (using a logit link) are interpreted the same way we interpret coefficients for the binomial model.
- For example, if $\gamma_1 = 0.5$, then a one unit increase in the predictor increases the odds of being a structural zero/excess zero by a factor of $e^{0.5} \approx 1.65$

Example:

Fish in Lakes

- Let's say we're going fishing in multiple lakes over multiple days.
- Y_{ij} : number of fish caught in lake i on day j .
- Structural zeros: some lakes truly have no fish. We will never be able to catch any fish in those lakes.
- Sampling zeros: Maybe we aren't good at fishing, or there are issues with weather etc. so even fishy lakes still have days with 0 catch.
- We will include effort E_{ij} (e.g., hours netted) as an offset.
- We can use a ZIP or a ZINB model for this.



Coding Demo

Residual Diagnostics

- Standard residuals are tricky for zero-inflated counts.
- Counts are discrete and heteroscedastic → Pearson/deviance residuals look banded, skewed, and depend on the mean.
- Zero-inflated mixtures combine two processes (structural zeros + counts), so a single residual scale can hide misfit.
- Result: visual checks can be ambiguous; p-values based on Normality assumptions are unreliable.



DHARMa Residuals

- Simulate many replicate responses from the fitted model for each observation
- Compute the rank of the observed value within its simulated distribution
- Residuals are $\text{Uniform}(0,1)$ under a correct model
- **Uniformity / QQ plot:** flat line indicates a good global fit; systematic deviation indicates misfit.
- **Residuals vs fitted plot:** patterns indicate the wrong mean/variance structure or missing terms.
- **Dispersion test:** detects over/under-dispersion in the count part.
- **Zero-inflation test:** remaining extra zeros beyond the model (even for ZIP/ZINB).

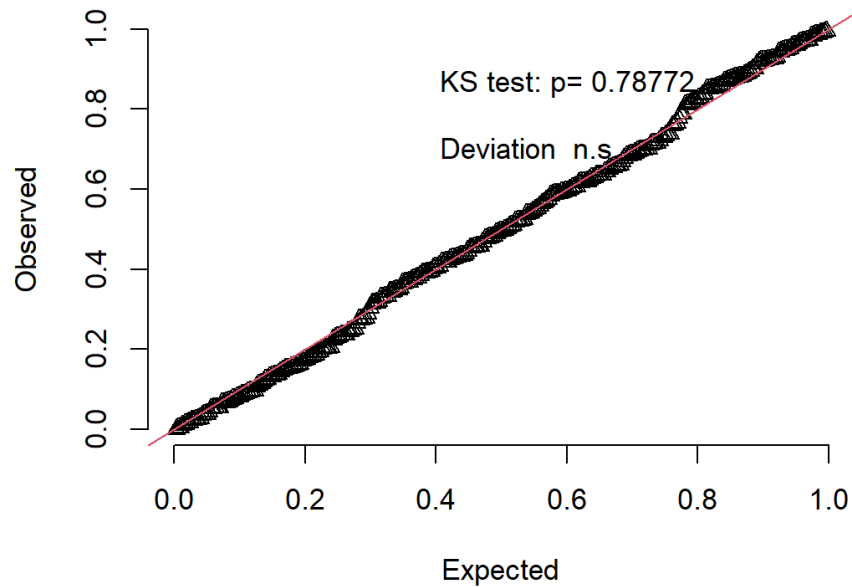
When to Use DHARMa

- Use DHARMa tests with likelihood-based, generative models: Poisson/Negative binomial GLMs, ZIP/ZINB, hurdle models, GLMMs
- These cannot be used for quasi models (quasi-Poisson/quasi-Binomial): as these models have no full likelihood, and DHARMa simulates from the likelihood, DHARMa cannot simulate correctly for quasi-models.
- Tip: If using `pscl::zeroinfl()`, refit in `glmmTMB` for DHARMa diagnostics.

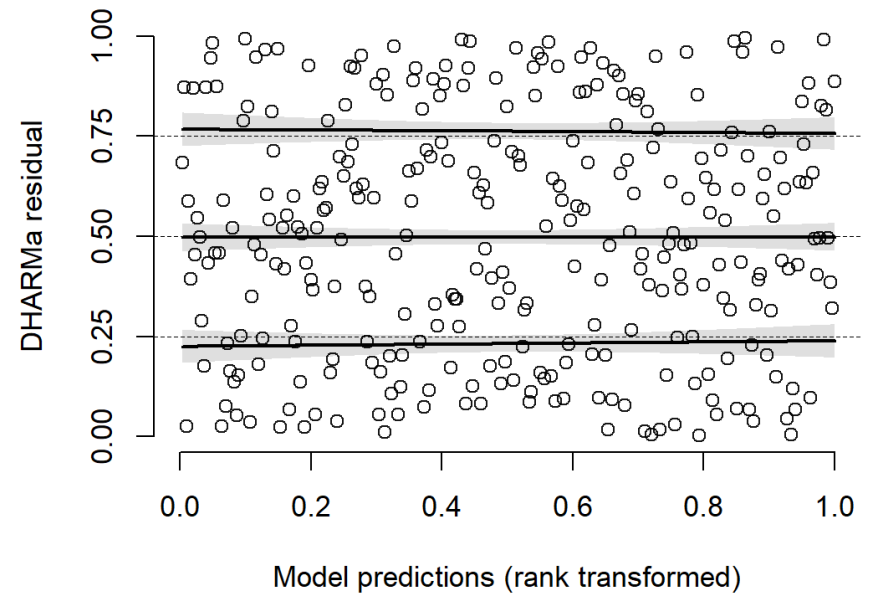


DHARMA residual

QQ plot residuals



DHARMA residual vs. predicted
No significant problems detected



Communicating Results

- State both processes
- Zero process: logit link; report odds ratios with CIs.
“Altitude increasing by 100m multiplies odds of a lake being fishless by 1.35.”
- Count process: log link; report rate ratios with CIs, and the offset unit.
“+1 °C in temperature multiplies catch rate by 1.20 per hour of effort.”
- Report population-relevant effects
“+1 °C increases expected catch by 0.42 fish per lake-day on average.”
- Separate the probability of zero into parts:
“Altitude mainly raises the structural-zero probability (π), not the sampling-zero part.”

Common Misinterpretations

“ π represents the proportion of zeros.”

- π is the probability of being in the always-zero state (given covariates).
- The observed zero rate also includes sampling zeros:
 $\text{Prop}(Y = 0) \neq \pi$ in general and varies with covariates.

“A covariate’s effect is the same in both parts.”

- A predictor may increase μ (more counts) while also increasing π (more structural zeros), or it may increase μ while decreasing π .

Hurdle Models

- Sometimes the process generating zeros is entirely separate from the process generating positive counts.
- Examples:
 - Doctor visits: Zero means ‘didn’t visit at all.’ Once you visit at least once, you can’t be zero anymore.
 - Technology adoption: First hurdle is the decision to adopt; only adopters have counts.
 - Species surveys (presence-abundance): If a species is observed at a site, their count cannot be zero.
- A hurdle/Zero-Altered Poisson (ZAP) model reflects this two-step process.



Hurdle Models

- A Bernoulli distribution decides whether the observation is a zero.
- If its not a zero, then the observation follows a truncated Poisson distribution, which cannot produce zeros.

$$\begin{aligned} zero_i &\sim \text{Bernoulli}(\pi_i) \\ \text{logit}(\pi_i) &= \gamma_0 + \gamma_1 z_{1i} + \cdots + \gamma_q z_{qi} \\ count_i &\sim \text{truncated Poisson}(\lambda_i) \\ \log(\lambda_i) &= \beta_0 + \beta_1 x_{1i} + \cdots + \beta_p x_{pi} \\ Y_i &= \begin{cases} 0, & \text{if } zero_i = 1 \text{ (with probability } \pi_i) \\ count_i, & \text{if } zero_i = 0 \text{ (with probability } 1 - \pi_i) \end{cases} \end{aligned}$$

In short,

$$Y_i \sim \text{Hurdle}(\pi_i, \lambda_i)$$

Hurdle Models

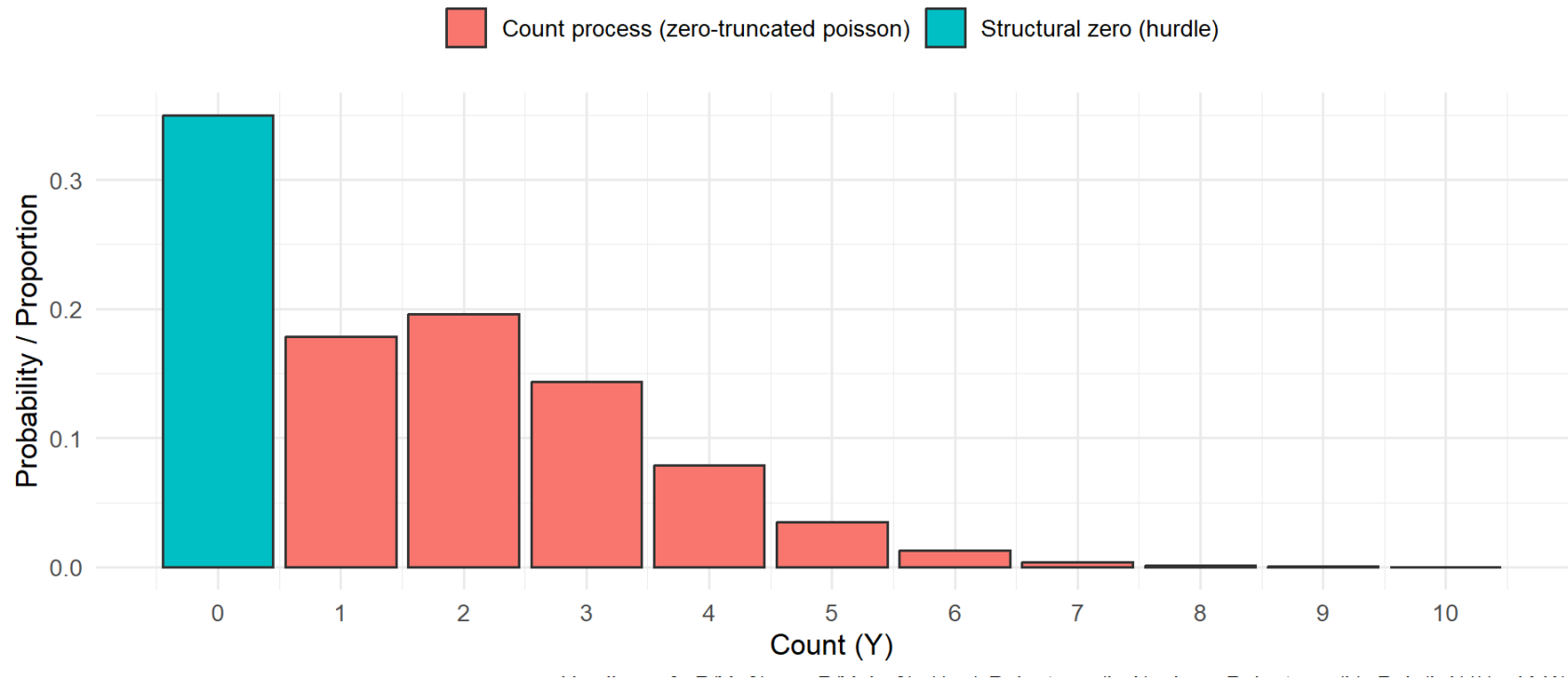
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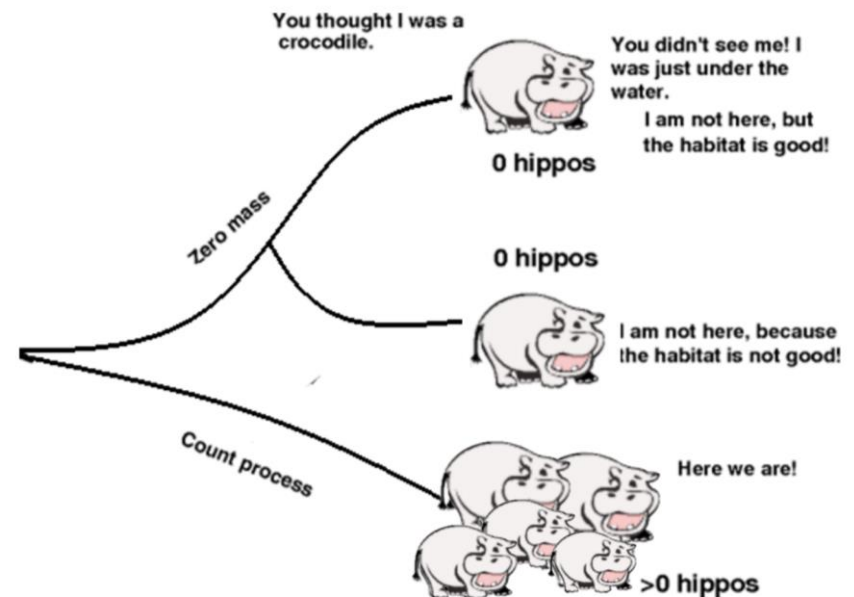
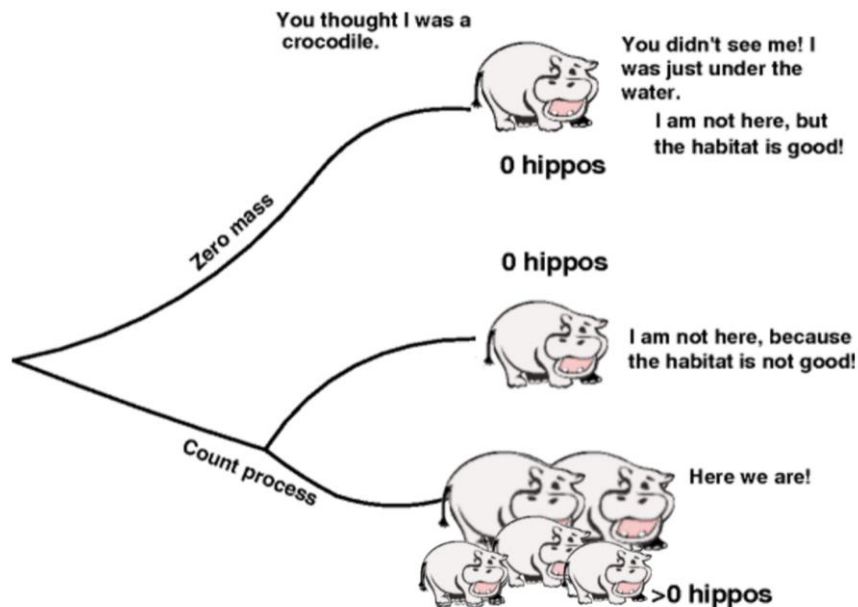
$$Y_i \sim \text{Hurdle}(\pi_i, \lambda_i)$$

Hurdle Models



ZIP vs ZAP Models

- A ZIP model allows zero counts to come from the count process, whereas a ZAP (Hurdle) model forces all zero counts to come from the zero process.



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