

# Introduction to Generalised Linear Models for Ecologists

Dr Niamh Mimmagh

[niamh@prstats.org](mailto:niamh@prstats.org)

[https://github.com/niamhmimmagh/GLME01---  
Introduction-to-Generalised-Linear-Models-for-  
Ecologists](https://github.com/niamhmimmagh/GLME01---Introduction-to-Generalised-Linear-Models-for-Ecologists)

# Zero Counts

- Many real-world count data show more zeros than typical count models expect.
- Examples include:
  - Ecology: survey sites without a rare species
  - Public health: individuals with zero doctor visits
  - Insurance: policyholders with no claims
- A standard Poisson model predicts the proportion of zeros as  $P(Y=0)=e^{(-\lambda)}$ , but often the observed proportion of zeros is much larger.

# Zero-Inflation

- Zero-inflation occurs when the number of zero-counts in a dataset are larger than can be accounted for by typical models. Observed counts often show far more zeros than a Poisson distribution would predict. This mismatch suggests an extra process is generating zeros, beyond random chance.
- Zero-inflation occurs when two processes generate zeros:
  1. Structural zeros: the event truly cannot occur (e.g., a pond with no fish)
  2. Sampling zeros: the event could occur but did not (e.g., no fish caught despite fish being present).
- Zero-inflated models explicitly model both sources.



# What if We Ignore Zero-Inflation?

- If you fit a standard Poisson model to zero-inflated data:
  - The model underestimates the frequency of zeros.
  - The variance appears too large (overdispersion).
  - Standard errors for covariates are biased.
  - Predictions are misleading, especially for low counts.
- Therefore, zero-inflated models are essential when an additional zero-generating mechanism exists.



# Standard Count Models Recap

- Poisson
  - $Y_i \sim \text{Poisson}(\lambda_i)$
  - $E[Y_i] = \lambda_i$
  - $\text{Var}(Y_i) = \lambda_i$ 
    - Good when variance  $\approx$  mean and zeros are not excessive.
- Negative Binomial
  - $Y_i \sim \text{Negative Binomial}(\lambda_i, \theta)$
  - $E[Y_i] = \lambda_i$
  - $\text{Var}(Y_i) = \lambda_i + \frac{\lambda_i^2}{\theta}$
  - $\theta$  controls extra-Poisson variation (smaller  $\theta$  means more dispersion).
  - As  $\theta \rightarrow \infty$  the NB approaches the Poisson.



# Zero-Inflated Models: Two-Part Thinking

- If our data contains more zeros than expected under other count models, we say that there is an extra zero-generating process at play, that is not being accounted for. Some systems produce zeros for two different reasons.
  1. Always-zero (structural) group: units that cannot generate counts at all (e.g., no host plants at a site, trap not deployed, unsuitable habitat).
  2. Sampling zero group: units that could generate counts but happened to be zero this time by chance.
- Zero-inflated models assume:
  - A Bernoulli trial decides if the observation is in the always-zero group.
  - Otherwise, the count is drawn from a Poisson or Negative Binomial
- So total zeros = Structural zeros + Random zeros from count distribution.



# Zero-Inflated Poisson (ZIP)

- A zero-inflated Poisson model is a mixture model.
- A Bernoulli distribution decides whether the observation is a structural zero (always zero, not susceptible to counts at all)
- If its not a structural zero, then the observation follows a standard Poisson distribution, which can itself produce zeros (sampling zeros) or positive counts.

$$\begin{aligned} zero_i &\sim \text{Bernoulli}(\pi_i) \\ \text{logit}(\pi_i) &= \gamma_0 + \gamma_1 z_{1i} + \cdots + \gamma_q z_{qi} \\ count_i &\sim \text{Poisson}(\lambda_i) \\ \log(\lambda_i) &= \beta_0 + \beta_1 x_{1i} + \cdots + \beta_p x_{pi} \\ Y_i &= \begin{cases} 0, & \text{if } zero_i = 1 \text{ (with probability } \pi_i) \\ count_i, & \text{if } zero_i = 0 \text{ (with probability } 1 - \pi_i) \end{cases} \end{aligned}$$

In short,

$$Y_i \sim \text{ZIP}(\pi_i, \lambda_i)$$

# Zero-Inflated Negative Binomial (ZINB)

- If the data exhibit both excess zeros and overdispersion, a ZINB is more appropriate than ZIP.

$$\begin{aligned} zero_i &\sim \text{Bernoulli}(\pi_i) \\ count_i &\sim \text{negative binomial}(r, \mu_i) \\ Y_i &= \begin{cases} 0, & \text{if } zero_i = 1 \text{ (with probability } \pi_i) \\ count_i, & \text{if } zero_i = 0 \text{ (with probability } 1 - \pi_i) \end{cases} \end{aligned}$$

In short,

$$Y_i \sim \text{ZINB}(r, \pi_i, \mu_i)$$



# ZIP vs. ZINB

## ZIP

- Use when Poisson fit shows too many zeros but mild dispersion and DHARMA dispersion test OK.

## ZINB

- Use when NB beats Poisson on AIC; DHARMA dispersion test fails for ZIP but passes for ZINB.

## How to compare models

1. AIC/BIC
2. Vuong test
3. Always check DHARMA residuals (uniformity/QQ, dispersion, zero-inflation tests) to confirm the winner actually fits.

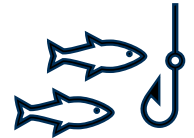
# Interpreting Coefficients

- The coefficients from the count model (using a log link) are interpreted the same way we interpret coefficients for the Poisson or negative binomial model.
- For example, if  $\beta_1 = 0.3$ , then a one unit increase in the predictor  $x$  increases the expected count (or rate if you're using an offset term) by a factor of  $e^{0.3} \approx 1.35$ , conditional on being in the count process
- The coefficients from the zero model (using a logit link) are interpreted the same way we interpret coefficients for the binomial model.
- For example, if  $\gamma_1 = 0.5$ , then a one unit increase in the predictor increases the odds of being a structural zero/excess zero by a factor of  $e^{0.5} \approx 1.65$

# Example:

## Fish in Lakes

- Let's say we're going fishing in multiple lakes over multiple days.
- $Y_{ij}$ : number of fish caught in lake  $i$  on day  $j$ .
- Structural zeros: some lakes truly have no fish. We will never be able to catch any fish in those lakes.
- Sampling zeros: Maybe we aren't good at fishing, or there are issues with weather etc. so even fishy lakes still have days with 0 catch.
- We will include effort  $E_{ij}$  (e.g., hours netted) as an offset.
- We can use a ZIP or a ZINB model for this.



# Coding Demo

# Goodness of Fit: Vuong Test

- The Vuong test is used to compare two models  $M_1$  and  $M_2$  fitted to the *same data* that are non-nested (e.g., Poisson vs ZIP, NB vs ZINB). The test asks which model is closer to the data-generating process.
- For each observation  $i$ , compute the pointwise log-likelihood ratio

$$m_i = \log f_1(y_i|\hat{\theta}_1) - \log f_2(y_i|\hat{\theta}_2)$$
$$V = \frac{\bar{m}\sqrt{n}}{s_m}$$

$H_0$ : models are equally close in distance to the data generating process

$H_a$ : One model is closer

$V > 1.96 \rightarrow$  favour  $M_1$

$V < -1.96 \rightarrow$  favour  $M_2$

# Residual Diagnostics

- Standard residuals are tricky for zero-inflated counts.
- Counts are discrete and heteroscedastic → Pearson/deviance residuals look banded, skewed, and depend on the mean.
- Zero-inflated mixtures combine two processes (structural zeros + counts), so a single residual scale can hide misfit.
- Result: visual checks can be ambiguous; p-values based on Normality assumptions are unreliable.

# DHARMa Residuals

- Simulate many replicate responses from the fitted model for each observation
- Compute the rank of the observed value within its simulated distribution
- Residuals are  $\text{Uniform}(0,1)$  under a correct model
- **Uniformity / QQ plot:** flat line indicates a good global fit; systematic deviation indicates misfit.
- **Residuals vs fitted plot:** patterns indicate the wrong mean/variance structure or missing terms.
- **Dispersion test:** detects over/under-dispersion in the count part.
- **Zero-inflation test:** remaining extra zeros beyond the model (even for ZIP/ZINB).

# When to Use DHARMa

- Use DHARMa tests with likelihood-based, generative models: Poisson/Negative binomial GLMs, ZIP/ZINB, hurdle models, GLMMs
- These cannot be used for quasi models (quasi-Poisson/quasi-Binomial): as these models have no full likelihood, and DHARMa simulates from the likelihood, DHARMa cannot simulate correctly for quasi-models.
- Tip: If using `pscl::zeroinfl()`, refit in `glmmTMB` for DHARMa diagnostics.



# Communicating Results

- State both processes
- Zero process: logit link; report odds ratios with CIs.  
*“Altitude increasing by 100m multiplies odds of a lake being fishless by 1.35.”*
- Count process: log link; report rate ratios with CIs, and the offset unit.  
*“+1 °C in temperature multiplies catch rate by 1.20 per hour of effort.”*
- Report population-relevant effects  
*“+1 °C increases expected catch by 0.42 fish per lake-day on average.”*
- Separate the probability of zero into parts:  
*“Altitude mainly raises the structural-zero probability ( $\pi$ ), not the sampling-zero part.”*

# Common Misinterpretations

**“ $\pi$  represents the proportion of zeros.”**

- $\pi$  is the probability of being in the always-zero state (given covariates).
- The observed zero rate also includes sampling zeros:  
 $\text{Prop}(Y = 0) \neq \pi$  in general and varies with covariates.

**“A covariate’s effect is the same in both parts.”**

- A predictor may increase  $\mu$  (more counts) while also increasing  $\pi$  (more structural zeros), or it may increase  $\mu$  while decreasing  $\pi$ .

# Hurdle Models

- Sometimes the process generating zeros is entirely separate from the process generating positive counts.
- Examples:
  - Doctor visits: Zero means ‘didn’t visit at all.’ Once you visit at least once, you can’t be zero anymore.
  - Technology adoption: First hurdle is the decision to adopt; only adopters have counts.
  - Species surveys (presence-abundance): If a species is observed at a site, their count cannot be zero.
- A hurdle/Zero-Altered Poisson (ZAP) model reflects this two-step process.

# Hurdle Models

- A Bernoulli distribution decides whether the observation is a zero.
- If its not a zero, then the observation follows a truncated Poisson distribution, which cannot produce zeros.

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$$Y_i \sim \text{Hurdle}(\pi_i, \lambda_i)$$

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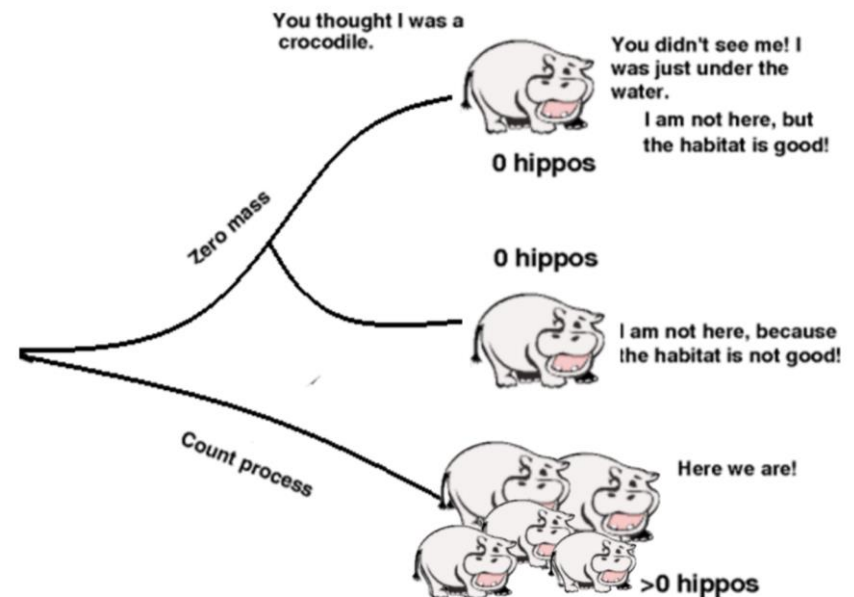
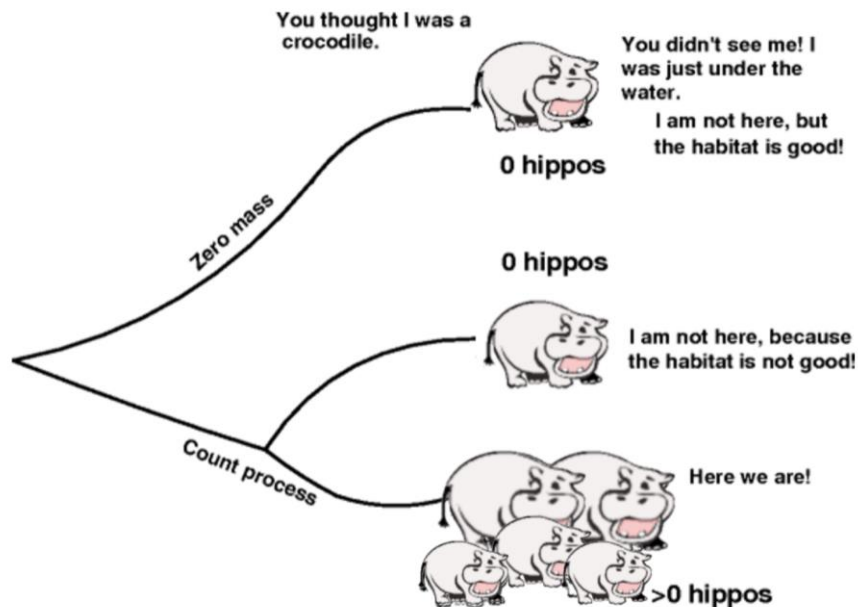
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# ZIP vs ZAP Models

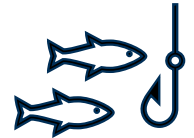
- A ZIP model allows zero counts to come from the count process, whereas a ZAP (Hurdle) model forces all zero counts to come from the zero process.



# Example:

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