

Initial Study Findings

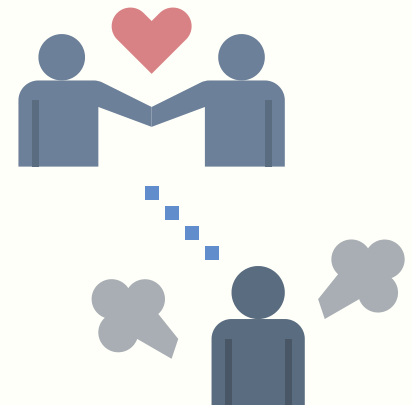
Pregnant women are experiencing a **range of stressors** as a result of the COVID-19 pandemic, including:



Financial difficulties

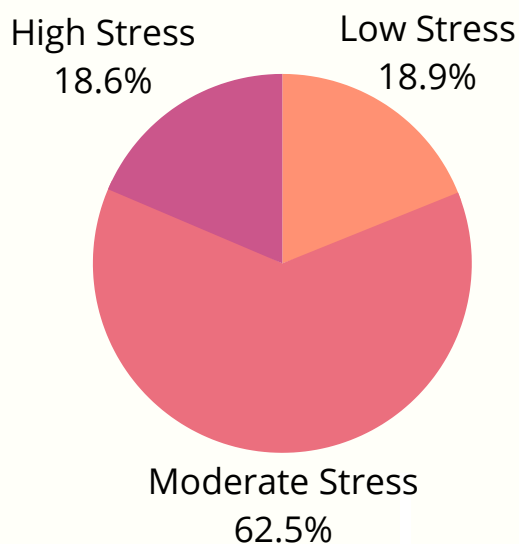


Less social contact



Relationship stress

Pregnant women are experiencing **psychological distress**.



Seeking **social support** promotes psychological wellbeing.



Those who viewed the pandemic **more positively**, experienced **less mental health problems**.