

Stopping the spread of COVID 19 in our community



What can you do?

We must all work together to follow public health measures to stop the spread of COVID-19. STAY home



Hand Washing

Wash your hands as much as possible for at least 20 seconds. Ensure that everyone in your family understands how to wash their hands correctly. Watch this video with your children: [Handwashing Heroes](#)



Wear Masks

When you are leaving your home for essential things such as groceries or work please ensure that you wear a 3 layer mask. Review this [poster](#) about masking.



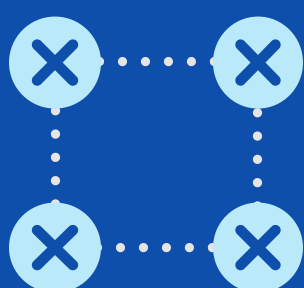
Make Space

Keep a 2 meter distance from people who are not in your household. Keep this distance from others outdoors and indoors while you are at work or indoors at a grocery store.



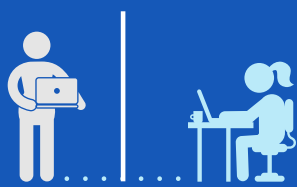
No Visitors

Do NOT allow visitors into your home. If you miss your friends and family members use your phone to Face Time or set up a zoom or google meeting.



Floor Markings

When you are at work or out for essential services please follow the floor markings.



Redesign

Talk to your employer about your workspace. Can a partition or plexi glass be added? Ensure that your employer provides you with proper PPE such as 3 layer mask, face shield and gloves.



Meet Remotely

When possible work from home. If a meeting is called and you are onsite ask to meet virtually.



Together, we can overcome this!

Please adhere to these strict guidelines to keep our community and family safe! Remember to download the COVID Alert app on your phone!