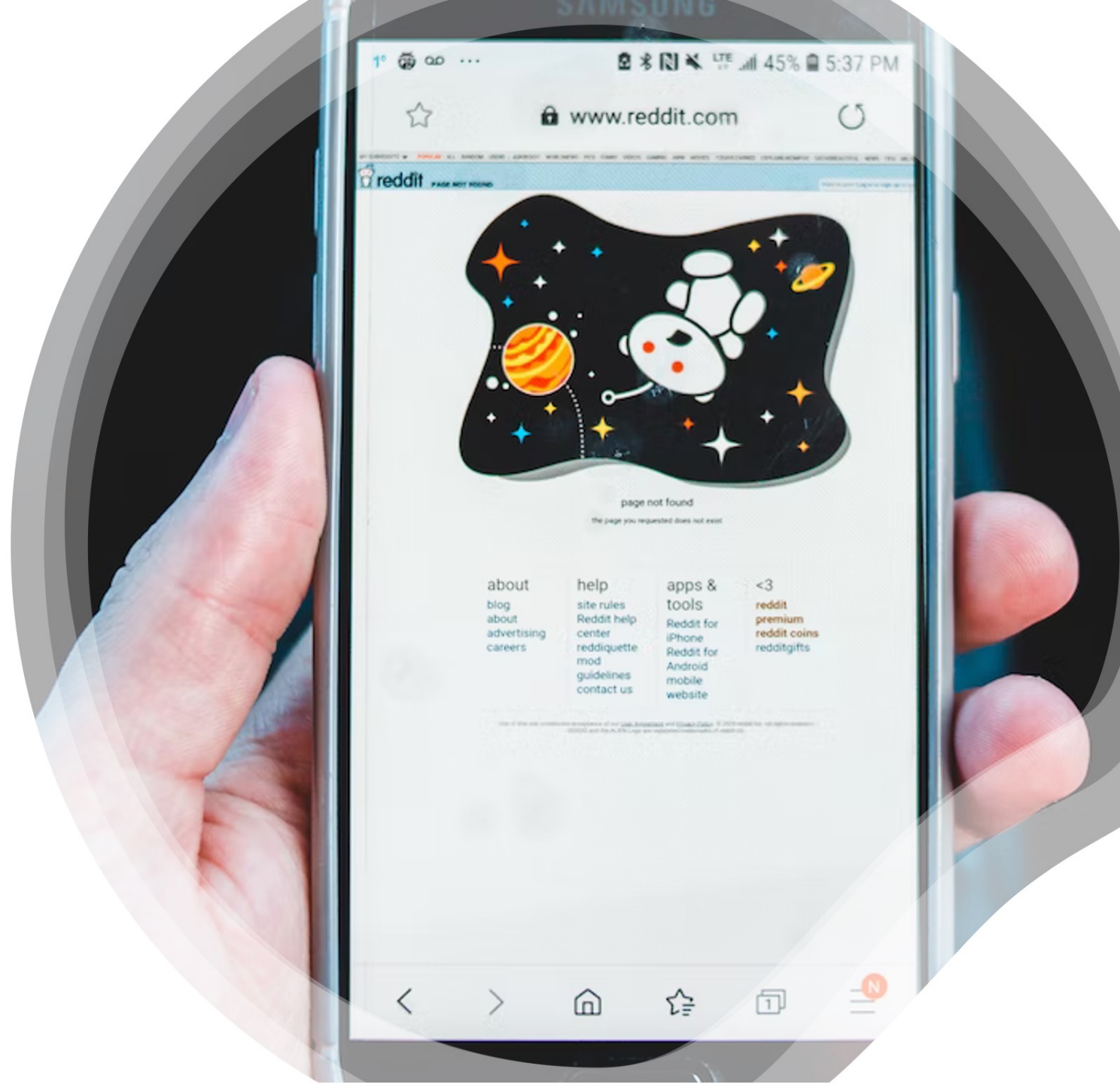


# Binary Classification of Subreddits (r/anxiety and r/depression)

Presented by:  
*Nicholas Khoo*



## **TRIGGER WARNING**

The content of this presentation is based on mental health/illnesses. This includes depression, anxiety, panic attacks and dark thoughts that people face in the world.

# Presentation Outline

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- **Background**
- **Goal**
- **Data Science Approach**
- **Demo**

# Background

- Reddit is a social networking site with subreddits, including r/depression and r/anxiety, focused on mental health support.
- Proper subreddit categorization is crucial to ensure that users receive appropriate support and guidance.
- Moderators play a crucial role in maintaining a safe and helpful community.

# Presentation Outline

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# Goal

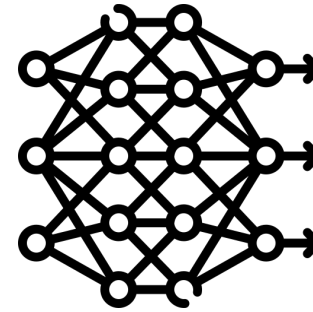
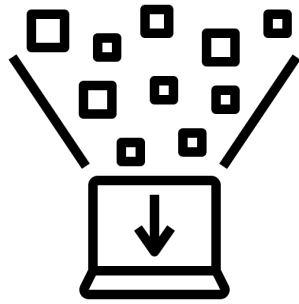
- To train a binary classifier to be able to accurately determine the classification of a post, belonging to ***r/depression*** or ***r/anxiety***, based on the texts within.

# Presentation Outline

---

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- Demo

# Data Science Approach



**Problem Statement**

**Data Collection**

**Data Cleaning &  
Exploratory Data  
Analysis**

**Pre-processing  
and Modelling**

**Conclusion &  
Recommendation**



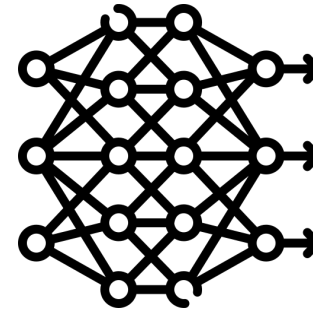
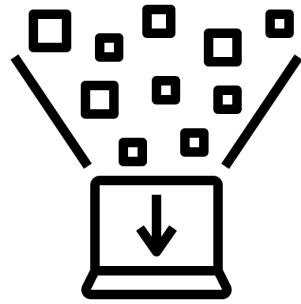


# Problem Statement

**How can the moderators of r/depression and r/anxiety improve the classification of users' posts to ensure their communities remain a safe and supportive space?**



# Data Science Approach



Problem Statement

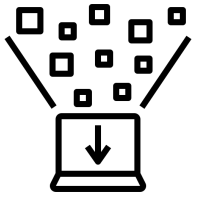
Data Collection

Data Cleaning &  
Exploratory Data  
Analysis

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and Modelling

Conclusion &  
Recommendation

# Data Collection



## Python Reddit API Wrapper



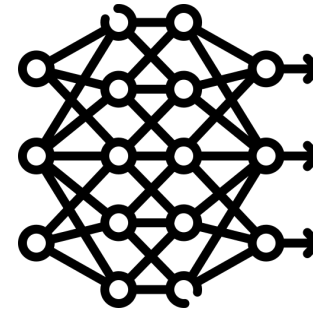
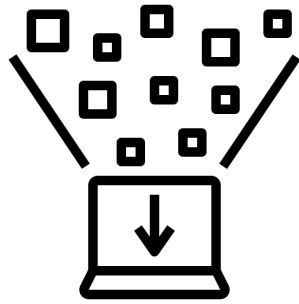
- Top 1000 posts

## Pushshift API



- 1000 posts
- 11<sup>th</sup> Nov 2022 – 28<sup>th</sup> Jan 2023  
(3 months)

# Data Science Approach



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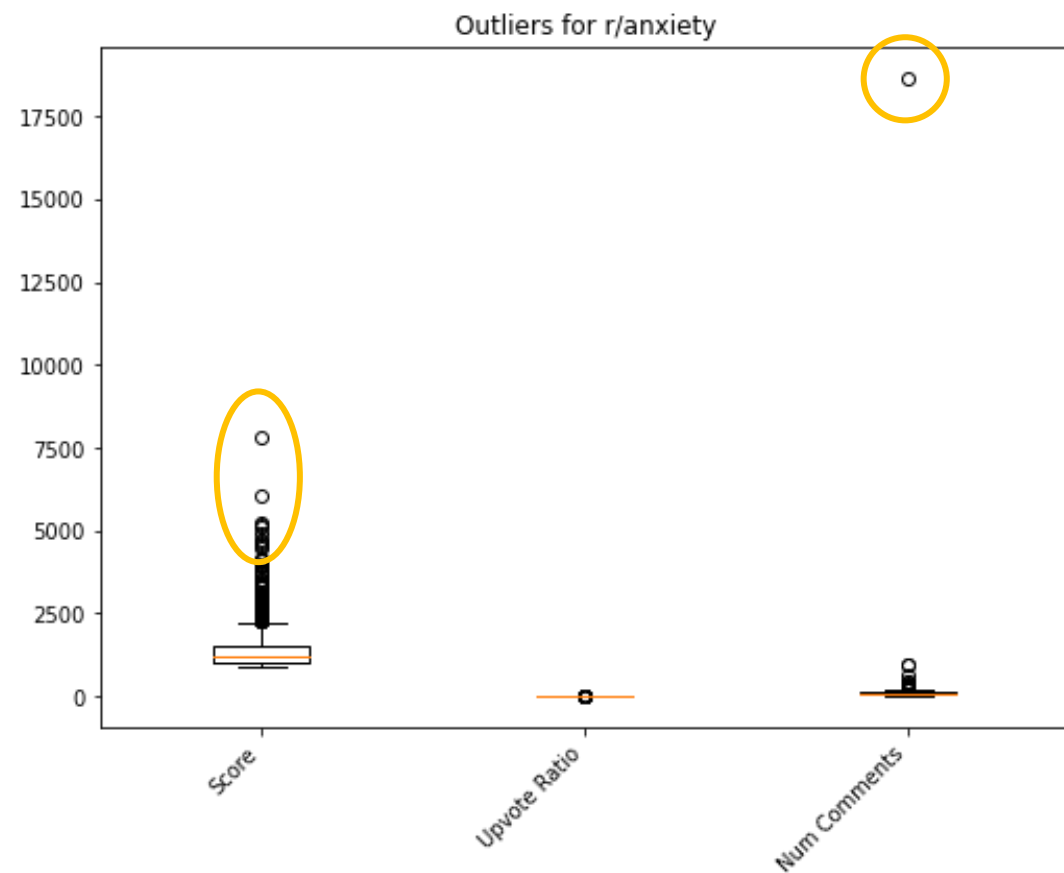
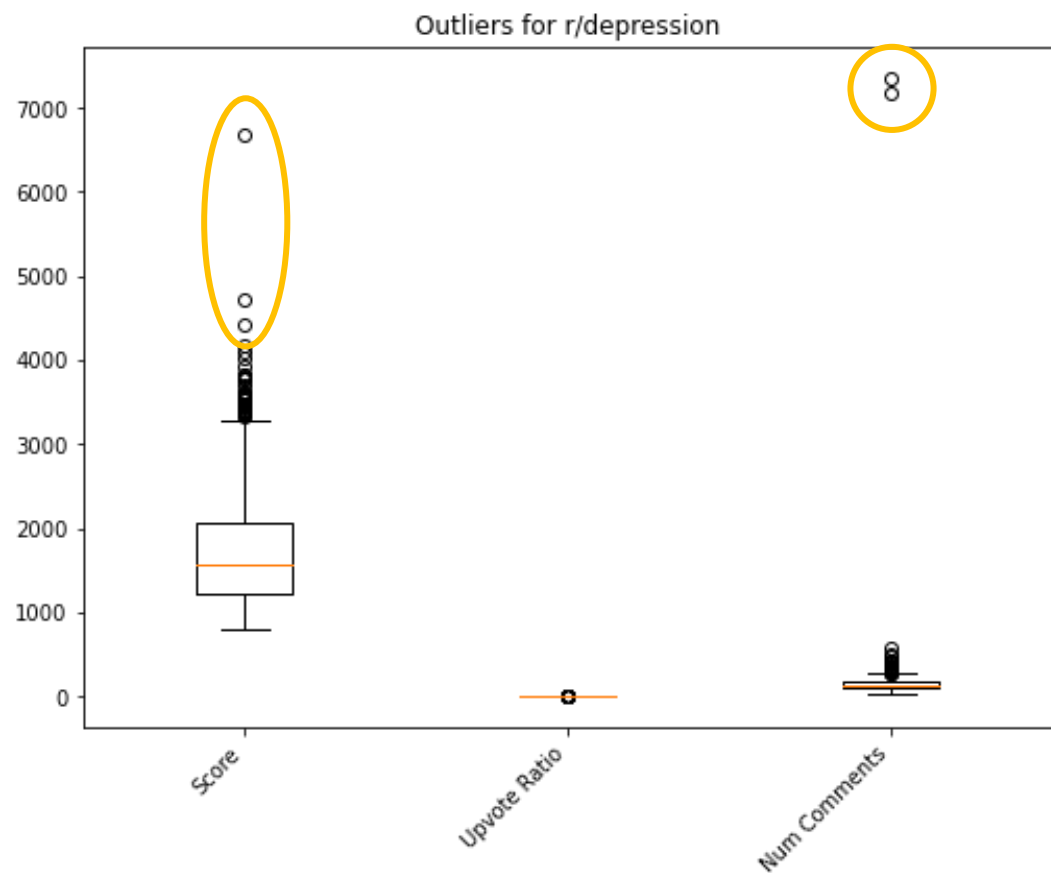


# Data Cleaning

- **Dealing with null values**
- **Dropping moderator posts**
- **Cleaning and lemmatising texts**



# Outliers





# Outliers (Score)

## r/depression

***Title: Shout out to the particular hell that is functional depression.***

Content: This is me. Don't get me wrong, it's better than don't-leave-my-bed-for-a-week depression. I am grateful I can be an independent person. But there is something uniquely horrible about being able to go to work every day, occasionally clean up after yourself, pay your bills, generally put yourself together enough to look like a human being... but that's it. Nothing else. No social life. No hobbies. Constantly battling your mind. And being absolutely fucking exhausted all the time.

## r/anxiety

***Title: Despite the anxiety, despite the depression, despite all my self criticism and imperfections - I was a beautiful bride this Saturday!***



# Outliers (Num\_comments)

## r/depression

### ***Title: Regular Check-In Post***

Content: Welcome to /r/depression's check-in post - a place to take a moment and share what is going on and how you are doing. If you have an accomplishment you want to talk about (these shouldn't be standalone posts in the sub as they violate the "role model" rule, but are welcome here), or are having a tough time but prefer not to make your own post, this is a place you can share. We try our best to keep this space as safe and supportive as possible on reddit's wide-open anonymity-friendly platform...

## r/anxiety

### ***Title: Let's post good news on the coronavirus here.***

Content: A place where only good news is posted, please keep this a positive thread. a place we can go for some reassurance that everything will be okay. We WILL get through this. edit: the link for this thread will be posted in the main thread, I will keep updating so save this thread to keep checking ❤️ stay healthy and wash those hands 😊 guys for the love of god stay away from twitter, fb and all the big news outlets ...



# Preliminary Analysis



What were the engagement and activity levels for both subreddits?

**/r/depression, because nobody should be alone in a dark place**  
r/depression

Posts

Create Post

Hot New Top ...

PINNED BY MODERATORS

**About Community** ...

Peer support for anyone struggling with a depressive disorder.  
Created Jan 1, 2009

**942k** Members 1.0k Online

**Anxiety Disorders**  
r/Anxiety

Posts Our Wiki

Create Post

Hot New Top ...

PINNED BY MODERATORS

**About Community** ...

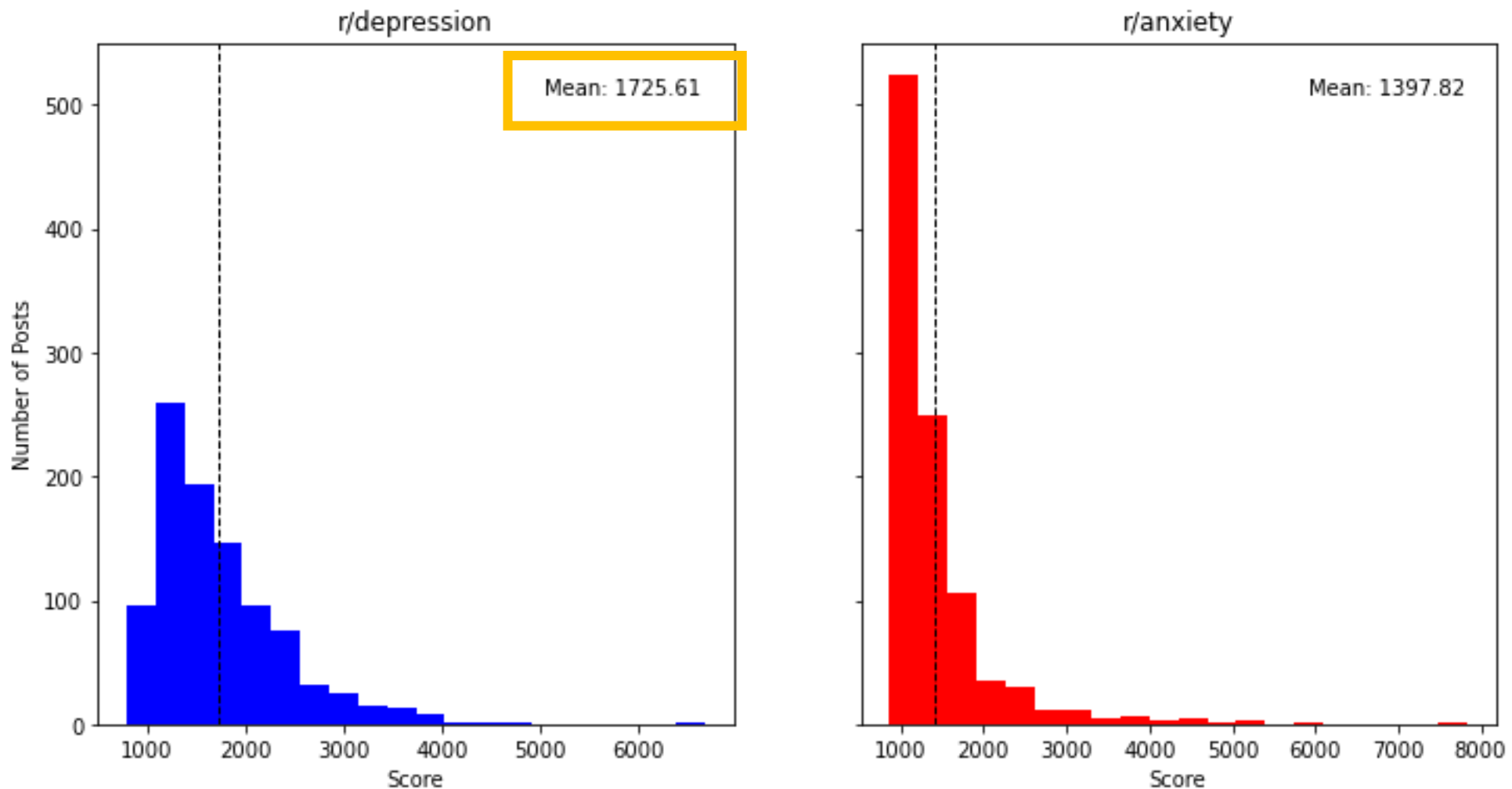
Discussion and support for sufferers and loved ones of any anxiety disorder.  
Created Sep 15, 2008

**597k** Members 939 Online



# Engagement and Activity Levels

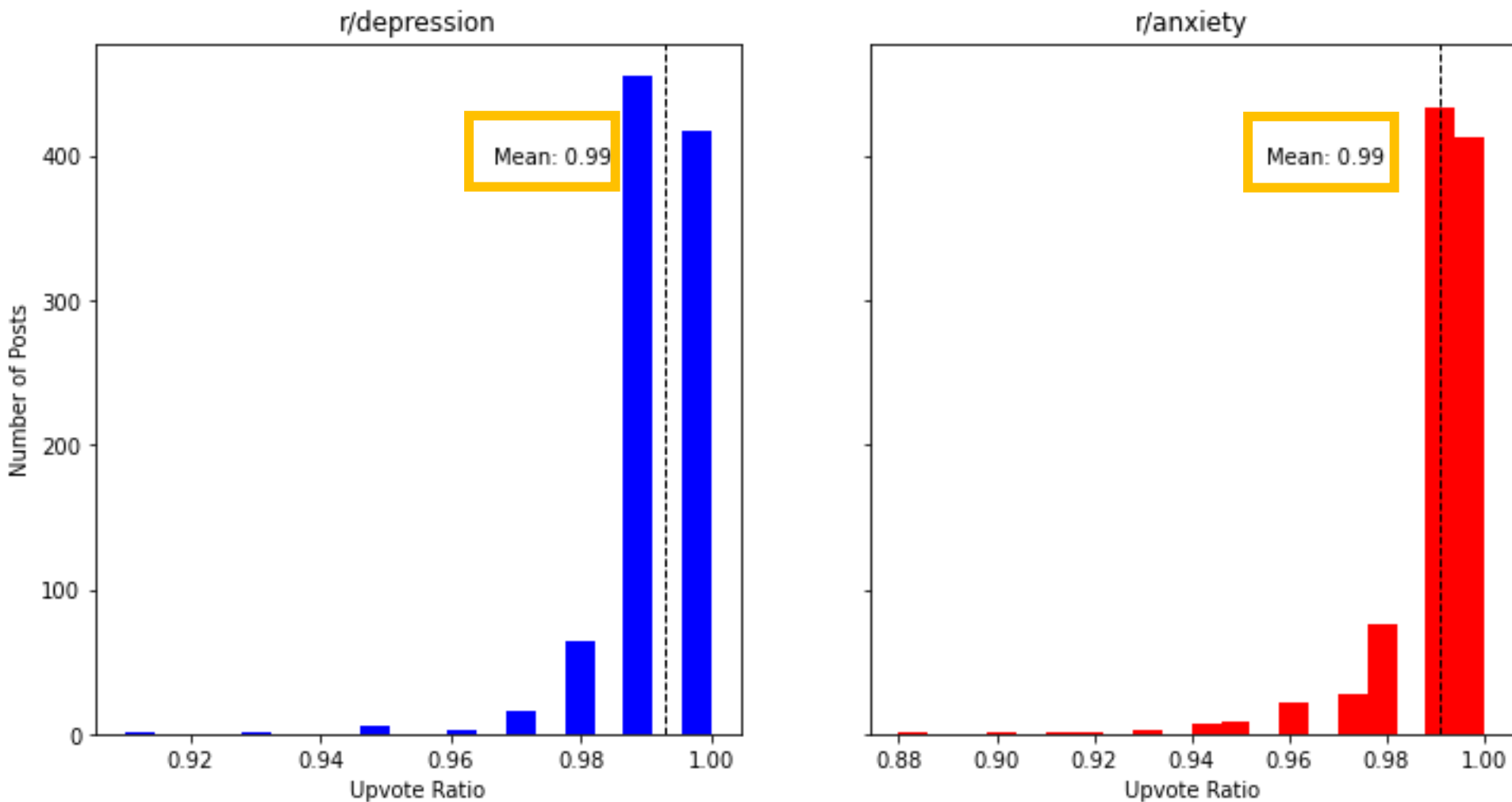
Comparison of Scores in Two Subreddits





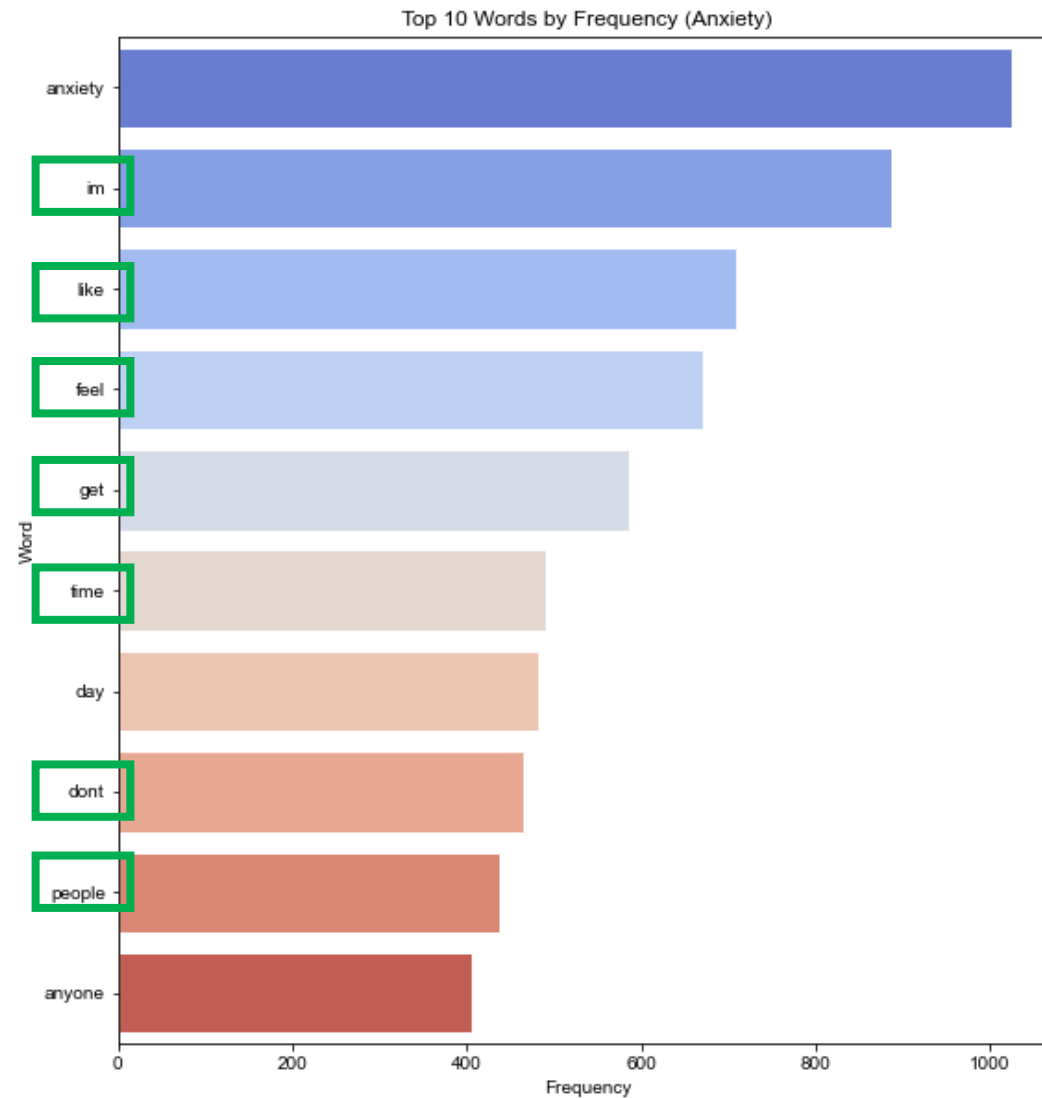
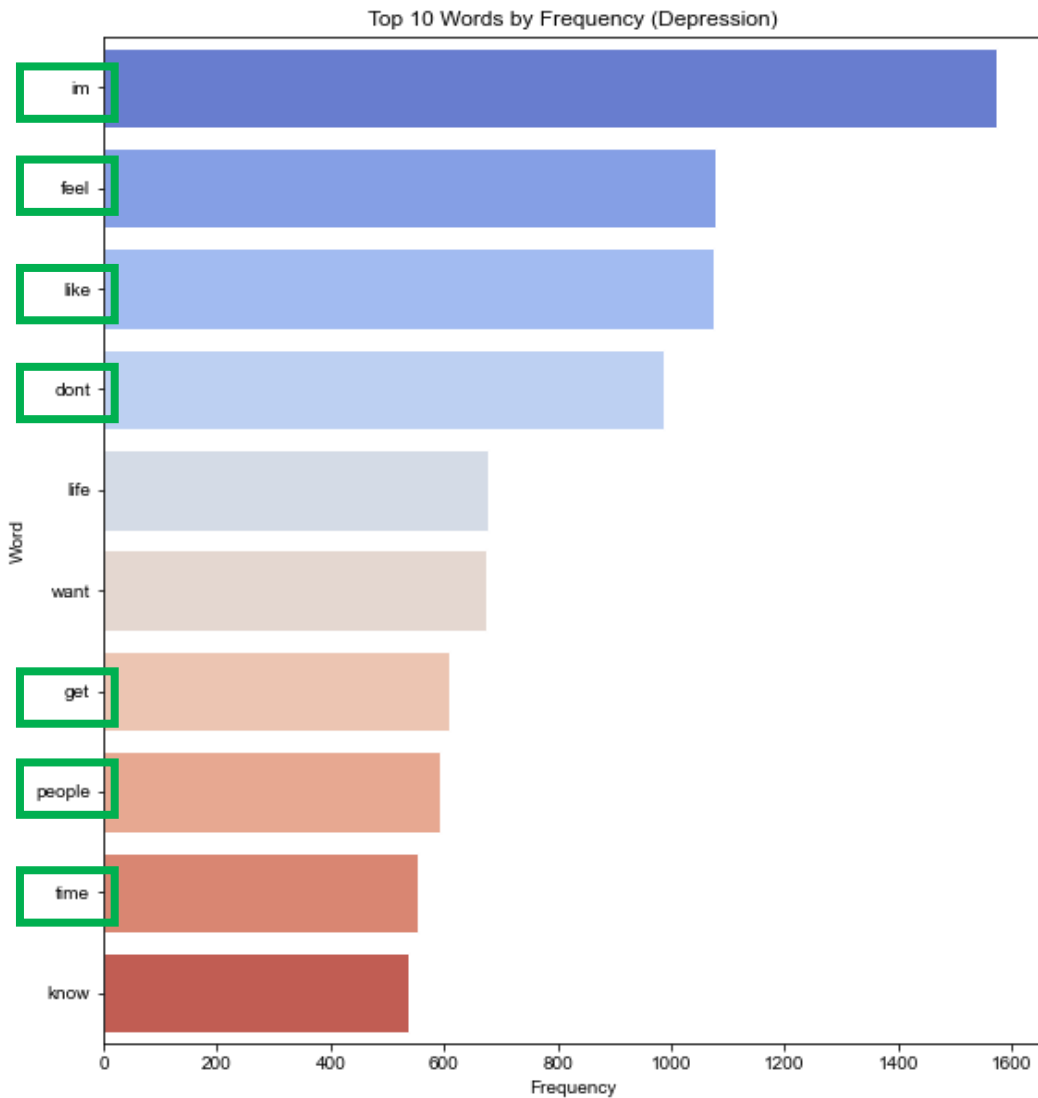
# Engagement and Activity Levels

Comparison of Upvote Ratio in Two Subreddits



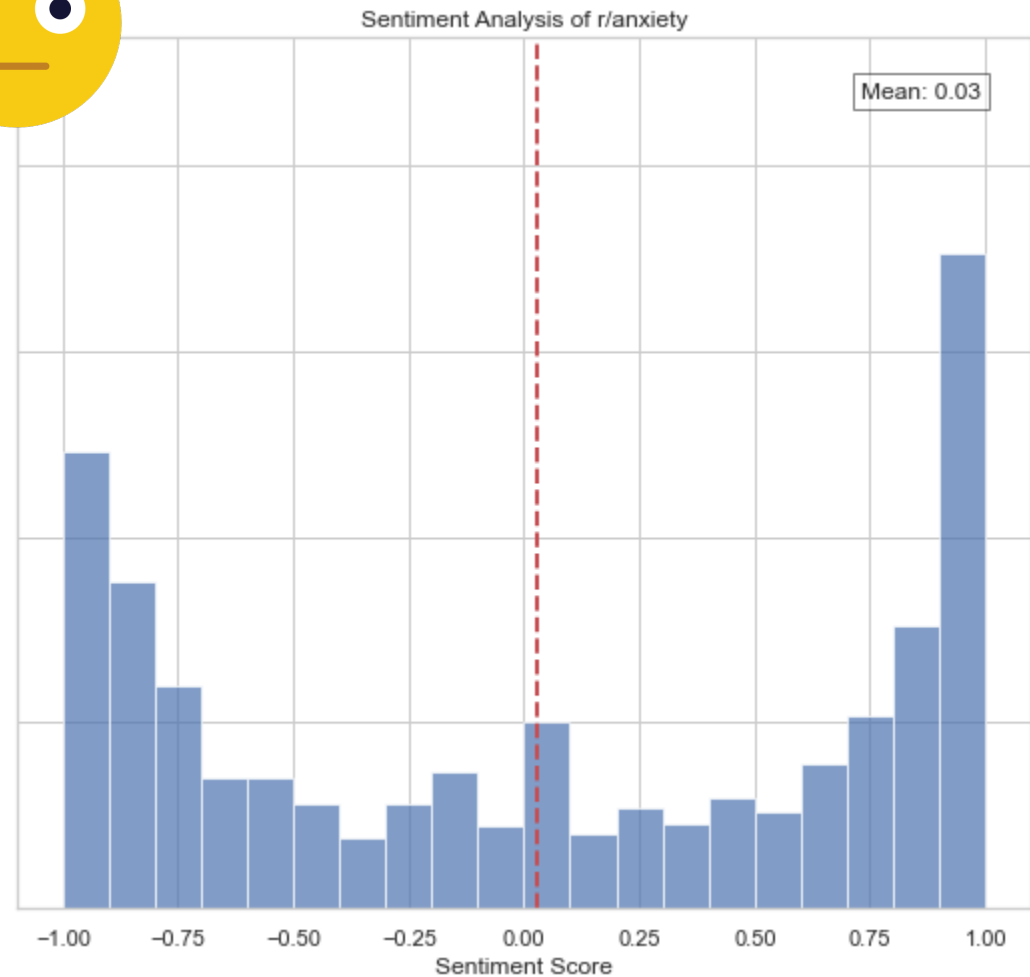
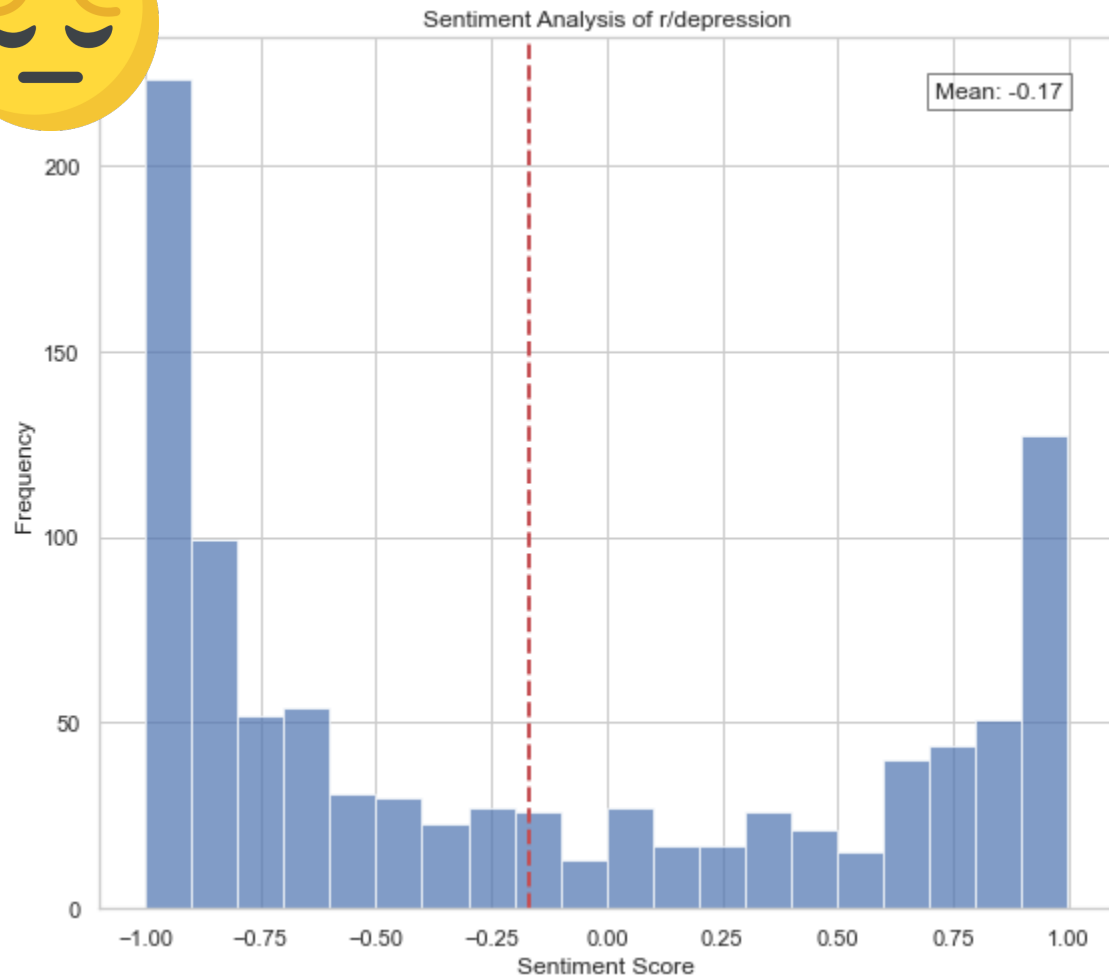


# Frequency of Top Words

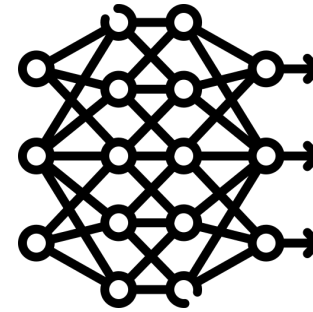
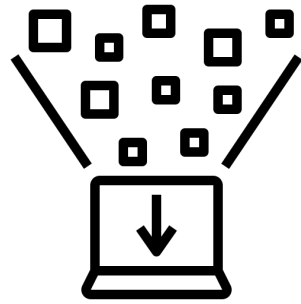




# Sentiment Analysis



# Data Science Approach



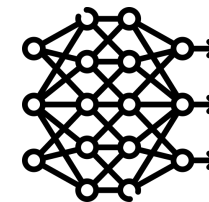
Problem Statement

Data Collection

Data Cleaning &  
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Analysis

Pre-processing  
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Conclusion &  
Recommendation



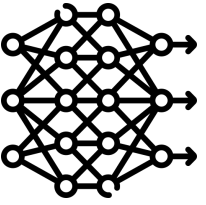
# Model Training and Comparison

## Models Trained:

- Naïve Bayes Model
- Logistic Regression

Baseline Score

**50.39%**



# Score Comparison

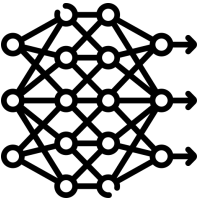
In the context of mental health classification between r/depression and r/anxiety with the goal of helping individuals receive appropriate help and support from the community, both recall (sensitivity) and precision are equally important.

Metrics*	Naïve Bayes	Logistic Regression
Mean Cross-validation score	0.8565560821484992	0.878041074249605
Accuracy	0.8775252525252525	0.9090909090909091
Precision	0.8416289592760181	0.9077306733167082
Recall	0.9323308270676691	0.9122807017543859
F1 Score	0.8846611177170036	0.9099999999999999

\* Please refer to Annex for the Confusion Matrix for both models



# Misclassified Posts



## Post 1:

Title: What do you do when you can't focus on anything? Not even a shitty program or music. I don't have adhd, just so you understand.

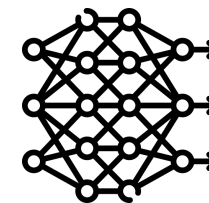
## Post 2:

Title: Sorry... I couldn't help myself. I haven't felt this happy since I was a kid.

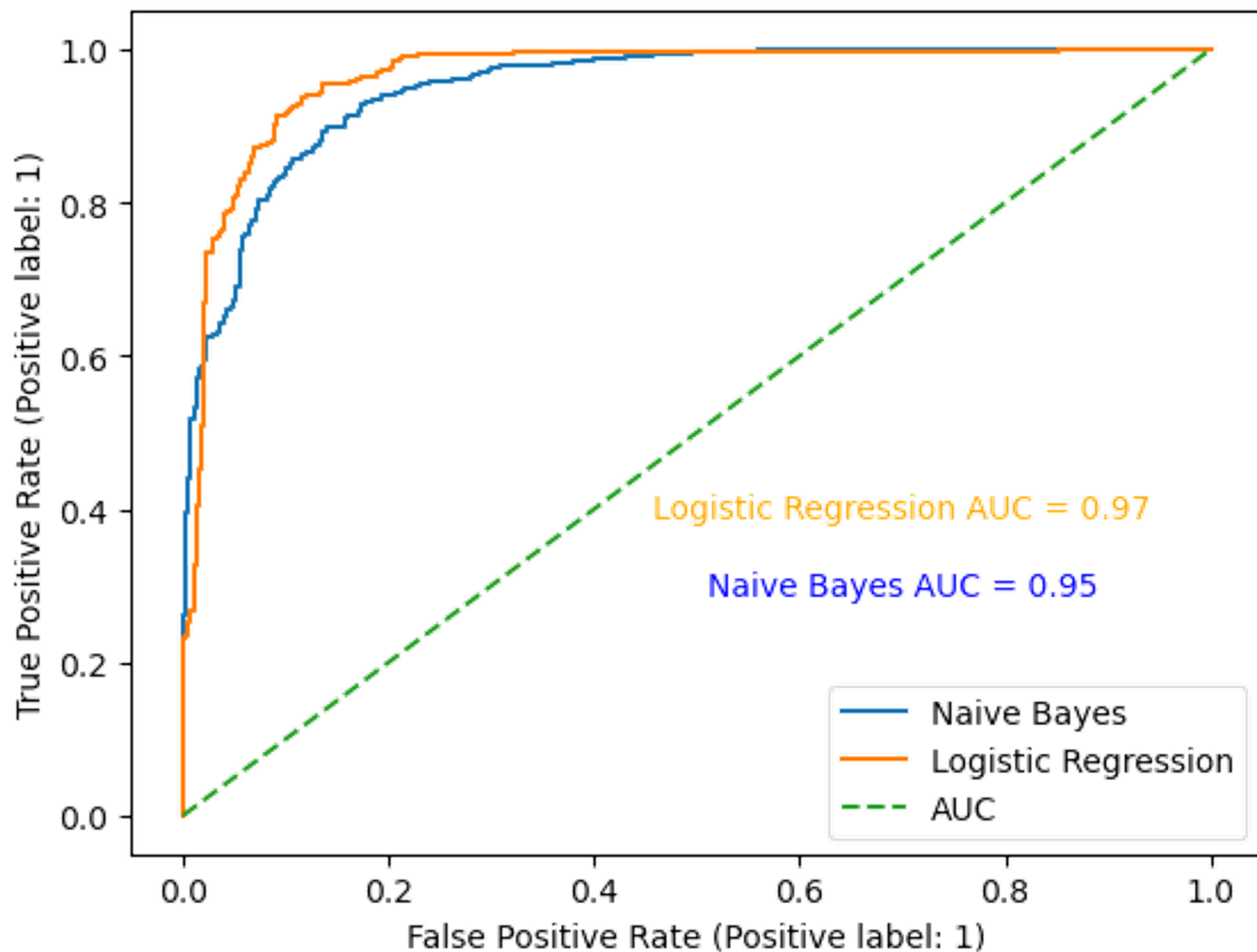
## Post 3:

Title: Feeling unattractive again.

Selftext: Being a bbw I constantly struggle to feel beautiful. I honestly hate my body...



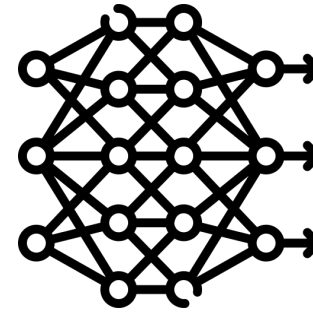
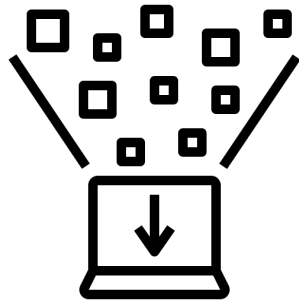
# ROC Curve



Logistic Regression

90.9%

# Data Science Approach



Problem Statement

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# Conclusion and Recommendation

- r/depression has a more negative sentiments as compared to r/anxiety which highlights the need for proper classification of posts such that users' posts will be categorised to the appropriate subreddit to receive the support they require.
- Moderators of both subreddits can utilise the trained model to have a preliminary classification of users' posts. However, as both anxiety and depression are serious mental health issues that require close attention to, there is a need to scrutinise the content to have a second evaluation.

# Presentation Outline

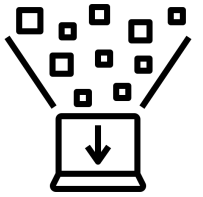
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- Background
- Goal
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# *Demo*

# Annex

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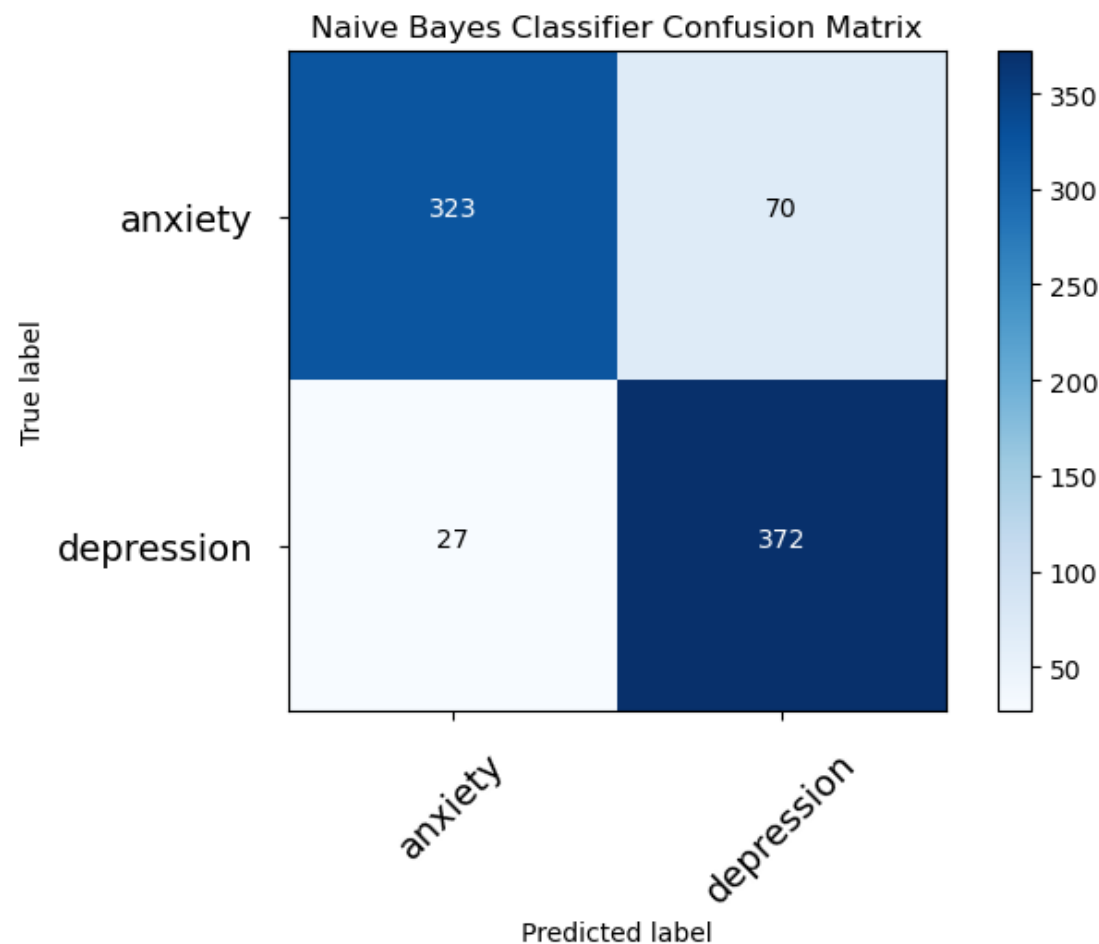


# Data Collection

Feature	Description
<b>id</b>	Unique identifier of a particular post or comment within a subreddit
<b>created_utc</b>	The time the post or comment was created
<b>title</b>	The title of the post.
<b>is_self</b>	Indicates whether the post is a self-post or not.
<b>selftext</b>	The actual text content of a self-post
<b>score</b>	The upvotes minus the downvotes of the post.
<b>upvote_ratio</b>	The ratio of upvotes to total votes.
<b>num_comments</b>	The total number of comments on the post.
<b>permalink</b>	The permanent link to the post.
<b>author</b>	The username of the person who submitted the post.
<b>distinguished</b>	Indicates whether the post or comment has been distinguished by a moderator or admin.



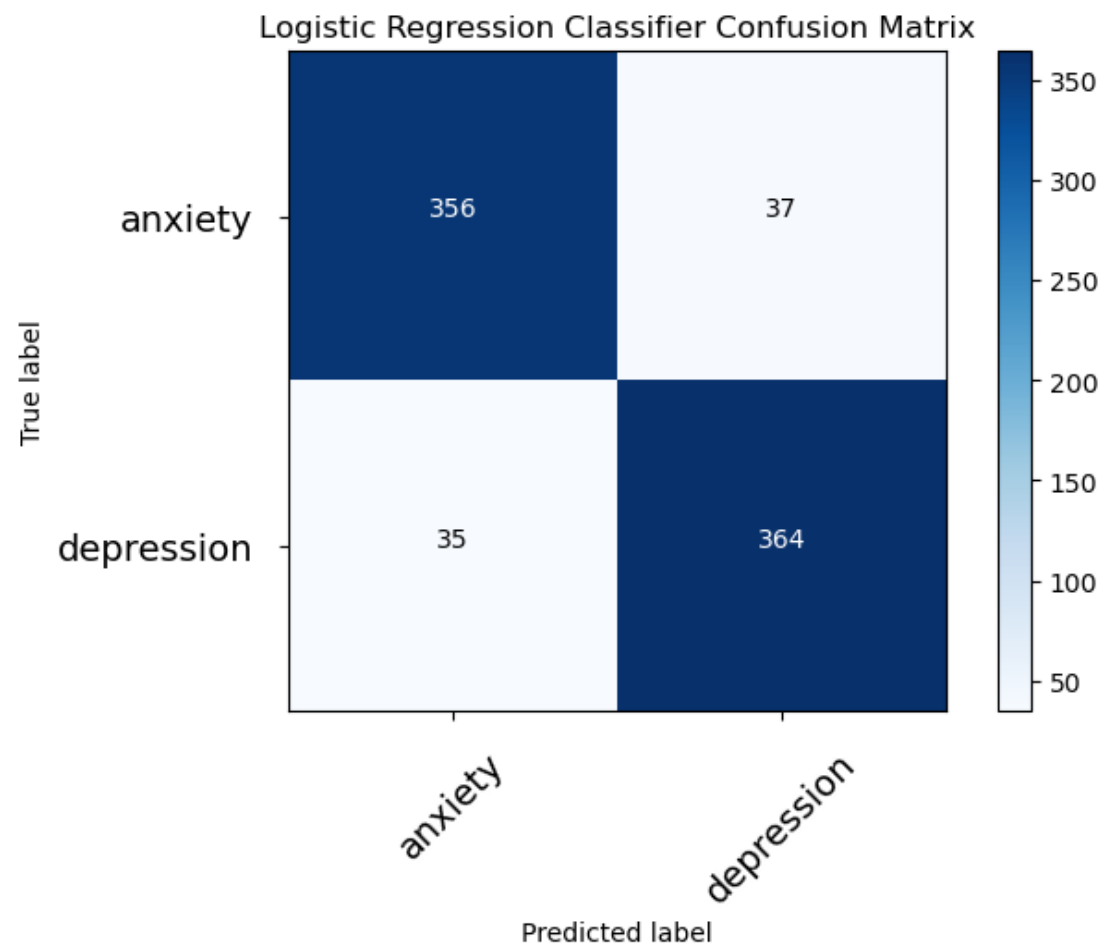
# Naïve Bayes Model Confusion Matrix



## Confusion Matrix

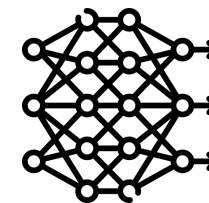
	Actually Positive (1)	Actually Negative (0)
Predicted Positive (1)	True Positives (TPs)	False Positives (FPs)
Predicted Negative (0)	False Negatives (FNs)	True Negatives (TNs)

# Logistic Regression Model Confusion Matrix



Confusion Matrix

	Actually Positive (1)	Actually Negative (0)
Predicted Positive (1)	True Positives (TPs)	False Positives (FPs)
Predicted Negative (0)	False Negatives (FNs)	True Negatives (TNs)



# Feature Importance

Top 10 Features	Importance
anxiety	-10.2146
depression	6.3353
removed	5.0625
anxious	-4.6802
depressed	4.1259
life	3.7131
panic	-2.7902
attack	-2.7340
kill	2.4345
tired	2.2143