

What's my Drug?

Sodium alginate with calcium carbonate and sodium bicarbonate is a combination of two antacids and an alginate. The antacid reduces the acidity of the stomach contents. The alginate forms a 'raft' on top of the stomach contents. This reduces the chance of stomach acid getting into your food pipe (reflux). Reflux can cause heartburn pains in the chest. This medication is mainly used to prevent and treat indigestion. This medicine comes in plain, peppermint, and aniseed flavours

How to take it: Shake the bottle. It is usually taken after meals and at bedtime.

Possible side effects include: It doesn't really have many side effects other than burping, and sometimes diarrhoea. Allergic reactions and asthma-like breathing problems can happen but are rare.

Warnings and Cautions: Antacids are usually not taken at the same time as other drugs. Check with your health professional if necessary. Check the Product Information Leaflet for full details of its other potential side effects.