

## Opt-Out Option:

In accordance with the Virginia Board of Education Guidelines for Family Life Education (FLE), an “opt-out” procedure shall be provided to ensure communication with the parent or guardian for permission for students to be excused from all or part of the program. This option is available to parents and guardians at any time during the school year before the child’s FLE program starts.

The alternatives for a student opting out of FLE are as follows:

The student may complete a non-family life oriented unit of health study selected by the Health Teacher. This project will use an independent study format.

The work completed will be assessed in a manner that is consistent with the normal practice in the school.

Parents or guardians wishing to remove their child from any or all portions of the FLE program should complete the “Opt-Out Form” on the opposite side of this page. Parents should contact their child’s school principal with any questions.

## Community Involvement:

The Fluvanna County Public Schools Wellness Committee annually reviews the school division Family Life Curriculum and instructional resources. This committee is comprised of parents, community members, and representatives from health care.

## Family Life Standards of Learning Sixth Grade:

- 6.1- The student will understand personal hygiene practices and the physical changes that occur during puberty.
- 6.2- The student will explain the effects of growth on development, attitudes and interests.
- 6.3- The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.
- 6.4- The student will recall basic facts about sexually transmitted infections.
- 6.5- The student will be able to describe the etiology, effects, and transmission of HIV.
- 6.6- The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.
- 6.7- The student will describe personal characteristics that can contribute to happiness for self and others.
- 6.8- The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
- 6.9- The student will become aware of community healthcare and safety agencies and their functions.
- 6.10- The student will explain the effects of substance use and abuse on the individual, family, school, and society.
- 6.11- The student will evaluate the messages from mass media related to sexuality and gender stereotyping.
- 6.12- The student will apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions.



**FLUVANNA COUNTY  
PUBLIC SCHOOLS**

## Family Life Education:

## SIXTH GRADE

**Fluvanna Middle School**  
Brad Stang, Principal  
3717 Central Plains Road  
Palmyra, VA 22963  
Phone: 434-510-1000

## QUESTIONS?

If after reviewing this brochure, you have any questions or need additional information about the FLE program, please contact your child’s school principal.

# Family Life Education: SIXTH GRADE

## Parental Review of FLE Curriculum

In accordance with the Code of Virginia for Family Life Education (Code 22.1-207.2), parents and guardians have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program. Parents and guardians also have the right to excuse their child from all or part of family life education instruction.

A complete copy of all printed materials and a description of all audio-visual materials shall be kept in the school library or office and made available for review during school office hours before and during the school year. The audio-visual materials shall be made available for review, upon request, on the same basis as the printed materials are made available. Parents and guardians are encouraged to make arrangements through their child's school to review Family Life Education (FLE) materials.

The Fluvanna County School Board is committed to non-discrimination with regard to sex, gender, race, color, national origin, disability, religion, ancestry, age, marital status, genetic information, or any other characteristic protected by law. This commitment will prevail in all of its policies and practices concerning staff, students, educational programs and services, and individuals and entities with whom the Board does business. Mr. Charles Winkler, Assistant Superintendent, is designated as the responsible person (Compliance Officer) regarding assurances of non-discrimination. Any complaint alleging discrimination based on a disability shall be directed to Ms. Katrina Lee, Director of Special Education (the Section 504 Coordinator). Both may be reached at the following address: 14455 James Madison Highway, Palmyra, VA 22963; Telephone (434) 589-8208. The Fluvanna County School Board is an Equal Opportunity Employer.

**Code of Virginia Family Life Education:** In 1987, §22.1-207.1 of the Code of Virginia was amended to direct the Board of Education to develop standards of learning and curriculum guidelines for a comprehensive, sequential family life education (FLE) curriculum in grades K through 12. From February 1987 to December 1987, individuals from public schools (including administrators and teachers), state agencies, parent groups, and not-for-profit organizations that provided family life services contributed time, resources, and expertise to help develop a report to submit to the Virginia General Assembly. The report Family Life Education: Board of Education's Response to House Bill No. 1413 included sections on the Board of Education guidelines for setting up a required FLE program, Standards of Learning objectives, and descriptive statements for grades kindergarten through 12, guidelines for training individuals that teach FLE, and for involving parents and community-based organizations in the local FLE program.

Each year when the General Assembly meets, they review the current law and pass legislation to add topics to the standards.

The program is abstinence based, meaning that as an educational or motivational component, it has as its exclusive purpose, to teach the social, psychological, and health gains to be realized by teenagers abstaining from sexual activity before marriage.

For a complete list of standards by grade-level go to: [http://www.pen.k12.va.us/testing/sol/standards\\_docs/family\\_life/familylife\\_guidelines\\_standards.pdf](http://www.pen.k12.va.us/testing/sol/standards_docs/family_life/familylife_guidelines_standards.pdf)

## FLE Goals for Students in Special Education Classes

FLE goals for students in special education classes are the same as for students in general education; however, instruction involves a cooperative effort between special education and FLE teachers. Using the Individualized Education Program (IEP) process, the FLE curriculum can and should be modified and adapted to meet the individual needs of the student. FLE goals and objectives for students enrolled in special education classes are written in students' IEPs. Parents are encouraged to contact their child's teacher with any questions.

## Family Life Education

### OPT-OUT FORM

If you wish to remove your child from all or part of the Fluvanna County Public Schools Family Life Education (FLE) program, please complete the form below, detach it from the brochure, and return it to your child's teacher within one (1) week of receipt.

\_\_\_\_\_  
**Please excuse my child from the entire FLE program.**

\_\_\_\_\_  
**Please excuse my child from the classroom during the time in which the following objectives are taught:** (Please specify the "FLE Learning Objectives" from which you would like your child to be excused. Objectives specific to your child's grade level are listed in the inside center column of this brochure.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Student's Name Grade

\_\_\_\_\_  
Parent/Guardian Signature Date

Your child's teacher will be in touch with you in the near future to work out the details of your child's Opt-Out Plan.

If Applicable, DETACH AND RETURN

If Applicable, DETACH AND RETURN