

Scene	Shot Sequence Number	Type of Shot	Duration	Voiceover Narration	Onscreen Actions and Effects
Introduction	Not Applicable	Title page	0:00 to 0:06	Speechless.	The film editor should include an appropriate scene transition.
Scene one: depicting a physically active person performing their daily exercising routine.	1	Open with an establishing shot.	0:07 to 0:20	[Serious voice] [0:15] "One of the best ways to become physically fit is to perform cardio. This athlete here is setting an excellent example. Take a look for yourself."	The actor does some cardio: skipping with a jump rope.
	2	A medium shot	0:20 to 0:24	[Serious voice] "Well now ... It looks like someone came prepared!"	A friend hands a towel to the actor.

	3	A close-up shot	0:25 to 0:35	<p>[Serious voice]</p> <p>“Ah, sweat, the natural body coolant. Right on cue.”</p>	The actor dries his forehead with a towel.
	4	A close-up shot	0:35 to 0:45	<p>[Ironically serious voice]</p> <p>[0:38] “Uh oh, hold on. Is he going to do what I suspect?”</p>	The actor’s motion implies an intention to smell their body.
	5	A close-up shot	0:45 to 0:51	<p>[Ironically serious voice]</p> <p>“Oh ... we’ve all been there.”</p>	The actor smells himself. Then, the actor reacts with a grimace in disgust. (Try to appear as nauseated as possible.)

	6	A medium shot of the actor walking towards their gym bag..	0:52 to 0:57	<p>[Serious voice]</p> <p>“Now, let's get rid of those pesky odours, ...”</p>	<p>[Exhibit Resourcefulness.]</p> <p>The actor pulls a mysterious item from his gym sack bag.</p>
	7	Demonstrative close-up shot: Applying the spray.	0:57 to 0:1:09	<p>[Serious voice]</p> <p>[0:57] “... shall we?”</p> <p>[1:01] “Now that's much better!”</p>	The actor applies the product to himself.
Scene two: Product unveiling	1	Close-up shot of product	1:09 to 1:19	<p>[Normal voice]</p> <p>“Zero-sweat: a safe, antiperspirant alternative with zero compromises.”</p>	The film editor should add captivating effects.

Scene three: Unconditional love.	1	A medium shot	1:19 to 1:35	<p>[Serious voice]</p> <p>“You’ve got to be ready for whatever challenge awaits.”</p> <p>[Natural voice]</p> <p>[1:25] “Oh, right. Gotta show progress.”</p> <p>[1:30] “Lookin’ good!”</p>	<p>[1:19] [The actor should become more self-confident.]</p> <p>[1:31] The actor should grab his phone from his pocket with the intention to take selfies.</p>
	2	Close-up photoshoot	1:35 to 1:45	<p>[Natural voice]</p> <p>[1:40] “[Sigh ...] Done yet?”</p> <p>[Serious voice]</p> <p>[1:44] “Challenges can be unexpected, but you must expect ... [stammer].”</p>	Showing album of selfies. Each selfie portrays the actor flexing muscles
	3	A medium shot	1:46 to 1:48	Speechless	<p>The actor is searching through his gym sack bag. The actor’s attention is away from the product.</p> <p>[The actor should briefly become fully occupied with himself.]</p>

	4	A long shot of the actor.	1:48 to 1:52	<p>[Natural voice]</p> <p>[1:48] “[gasp] It’s gone!?”</p> <p>[Serious voice]</p> <p>[1:51] “Wait ... What!?”</p>	<p>[1:40] The actor returns to the product and realizes it is missing. At this point, the film editor should add an interruption sound effect, halting the background music.</p> <p>The actor gawks in shock. After which, the actor frantically searches for their property, showing obvious signs of distress.</p> <p>The actor spots their belonging in the possession of a mysterious person. The actor gawks in shame and points at the perpetrator.</p>
Scene four: Confrontation with the antagonist, a competing athlete.	1	A simultaneous long shot of the thief that happens at the same time as the previous shot: the actor’s prized belonging vanishes.	1:52 to 1:55	<p>[Serious voice]</p> <p>“Right yeah, ...”</p>	<p>Meanwhile, as the story insinuates, an unidentified person steals the item. The thief admires the stolen property, fawning over it much like the protagonist did before.</p> <p>The actor cast as the thief should conceal their identity with dark clothing. (We characterize a thief as one wearing dark clothes.)</p> <p>Film editors could add an effect, indicating the main character spotted the culprit.</p>

	2	Wide shots to capture the actor's movement.	1:55 to 2:09	[1:55] "... [clears throat] As an athlete, you'll always face competition ..."	While the thief is not paying attention, the protagonist slowly paces towards the thief. Once the protagonist reaches the thief, he taps him on the shoulder. The tap startles the antagonist causing him to raise his guard.
	3	A long shot of the characters.	2:10 to 2:19	Speechless	A standoff ensues. The protagonist stomps the ground with one foot and crosses his arms, intimidating the antagonist. As a result, the antagonist surrenders. The protagonist reclaims the property.
	4	An extreme long shot of the thief.	2:20 to 2:22	Speechless	The thief flees the altercation in fear.

	5	A medium shot of the protagonist.	2:26 to 2:32	<p>[Serious voice]</p> <p>[2:30] “Unlike leading brands, our product contains harmless preservatives and no allergens.”</p>	<p>The film editors should include a transition from the performance in the previous scene.</p> <p>The actor pulls the spray from their product, shows it to the camera, and mouths the voiceover commentary.</p>
Outro	Not Applicable	Attributions	2:34 to 2:48	Speechless	The film editor should include an appropriate scene transition.