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| **Add** | **Delete** |
| Ron Haper X X (African american) | Vinson Huynh |
| Joe Kornack X X (tattoo) | Leah Anne Whitson |
| Christian Bryan X X (beard) |  |
| Javier Delabarera XX (Bald, earrings) |  |
| Omar Prieto X |  |
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I’m a certified trainer with five plus years experience in the fitness industry. I lost 100 lbs 4 years ago by exercising and eating healthy, and have helped others to do the same. From cardiovascular training, core and strength training to life coach training, my ultimate goal is to inspire a positive lifestyle to pass along to my many clients with proven results. My motivations stems from my complete package which is about balance and in helping you achieve your fitness goals. I also bring my fitness level from the gym to the outdoors so when I am not coaching, I enjoy rollerblading and hiking. I compete at the elite level in Obstacle races such as Spartan Races.

Certifications:

Resistance and cross training

Core strength training

Cardiovascular training

Weight Loss

Functional Training