



Authentication And Session Management

Software Development Bootcamp

JSON Web Tokens, Validation Middleware



What Is Authentication And Session Management?

Components of web security that verify user identities and maintain user states during interactions with web applications.

- Key components include:
 - User Authentication
 - Session Handling
 - Token-based Authentication
 - Encryption
 - Middleware for Session Validation



Why Are Authentication and Session Management Important?

- They ensure only authorized users access protected resources
- They maintain user state across multiple requests
- They protect against common security threats like session hijacking
- They are essential for compliance with data protection regulations



Authentication

- Verifies the identity of users
- Typically involves submitting a username/ID and password
- Best practices:
 - User IDs should be case-insensitive
 - User IDs should be unique
 - For high security, assign and keep usernames secret

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Session Management

- Keeps track of who a user is across multiple page visits
- Works like a wristband at an amusement park, in our case the “wristband” will take the form of a **Token**:
 - Server gives each user a unique ID (the wristband)
 - User's browser stores this ID (wearing the wristband)
 - Server checks the ID on each visit (showing the wristband)
- The server remembers user info
- The browser only keeps the ID (**Token**)

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What Are JSON Web Tokens?

- JSON Web Tokens (JWTs) are a compact, URL-safe means of representing claims between two parties
- Structure of a JWT:
 - **Header:** Contains the type of token and the hashing algorithm used
 - **Payload:** Contains claims (statements about the user and additional data)
 - **Signature:** Ensures the token hasn't been altered



Why Use JSON Web Tokens?

- **Scalability:** Easier to scale across multiple servers or services
- **Flexibility:** Can be used across different domains and services
- **Rich in information:** Can contain user roles, permissions, and other relevant data
- **Mobile-friendly:** Works well with native mobile applications
- **Extensibility:** Can be extended with custom claims for specific use cases



Example Token

- **.sign()**: Combines the **payload** and **secret** to create the token. Takes three arguments.
 - **Payload**: In this case its an object with the current users id as a value
 - **Encrypt/Decrypt Message**: Passed as a string in the example, should be stored as a **.env** variable
 - **Time**: Details the time the time span for the token.

```
const token = jwt.sign({ id: user._id },  
  "secret message", {  
    expiresIn: 60 * 60 * 24,  
  });
```




When To Issue Tokens

Tokens are typically issued at specific points in the user's interaction with your application:

- **User Registration:** Issue a token immediately after successful account creation. Allows the user to be automatically logged in after registration
- **User Login:** The most common time to issue a token. Verifies user credentials and provides access to protected resources



Issuing A Token: Signup

- `const user = new User({...}) :`
 - Creates a new User object populated with the data from the request body
- `const newUser = await user.save() :`
 - Saves the new user to the database
 - The saved user (including any auto-generated fields like `_id`) is stored in `newUser`
- `const token = jwt.sign(...):`
 - Generates a new token for the user
 - Payload includes the users `_id`
 - `SECRET` is a secret key used to sign the token (stored in the .env file)

```
router.post('/signup', async(req, res) => {
  try {
    // destructuring the request body
    const { firstName, lastName, email, password
  } = req.body

    const user = new User({
      firstName,
      lastName,
      email,
      password
    })
    // saving the user to the database
    const newUser = await user.save()
    // issuing token to user
    const token = jwt.sign(
      {_id: newUser._id},
      SECRET,
      {expiresIn: 60 * 60 * 24}
    )
    res.status(200).json({
      user: newUser,
      token,
      message: "success"
    })
  } catch (error) {
    res.status(500)
  }
})
```



Encryption

- Plain text passwords within a database are insecure
- Encryption provides protection to both users and databases
- **Bcrypt** is a package that helps us encrypt passwords



What Is Bcrypt?

- Bcrypt is commonly used for password encryption
- Uses hashing and salting to hide the password/value
- Hashing:
 - Hashing produces a one-way randomized string based off the plain text string provided.
- Salting:
 - Process of including a randomized string to the previously hashed password prior to being sent to the database
 - Makes the hashed value unpredictable
 - With bcrypt we can determine how many iterations the hashed value should be salted



Hashing with bcrypt

- **hashSync** a method from the **bcrypt** library used to hash a password
- **hashSync** takes two parameters
 - **password**: the plaintext password you want to hash
 - **saltRounds**: A number indicating how many times you want to scramble the password. The higher the number the more secure.

```
const bcrypt = require('bcrypt');
const password = 'myPlainPassword';
const saltRounds = 10;
// Hash the password
const hashedPassword =
  bcrypt.hashSync(password, saltRounds);
// Take a look at what our hashed password
  looks like
console.log('Hashed Password:',
  hashedPassword);
```



Comparing with bcrypt

- `bcrypt.compare` checks if the given password matches the stored hashed password.

```
const bcrypt = require("bcrypt");  
// The password you want to store  
const originalPassword = "mySecret123";  
// The stored hashed password (created  
earlier)  
const hashedPassword =  
  bcrypt.hashSync(originalPassword, 10);  
// When someone tries to log in  
const loginPassword = "mySecret123";  
// Use bcrypt.compare to check if the  
passwords match  
bcrypt.compare(loginPassword, hashedPassword,  
(err, result) => {  
  if (result) {  
    console.log("Passwords match!");  
  } else {  
    console.log("Passwords do not match.");  
  }  
});
```



Issuing A Token: Login

- `const email = req.body.email`
and `const password = req.body.password`
 - extract the email and password from the request body
- `const foundUser = await User.findOne({ email })`
 - searches the database for a user with the provided email.
- `const verifyPwd = await bcrypt.compare(password, foundUser.password)`
 - compares the provided password with the hashed password stored in the database.
- `const token = jwt.sign(...)`
 - If the email and password are correct, a JSON Web Token (JWT) is generated.

```
router.post('/login', async(req, res) => {
  try {
    // not using destructuring
    const email = req.body.email
    const password = req.body.password
    // find user in database using the email
    const foundUser = await User.findOne({ email
  })

    if(!foundUser) throw new Error("User does not
    exist")

    // compare password provided with password
    connected to user
    const verifyPwd = await
    bcrypt.compare(password, foundUser.password)
    if(!verifyPwd) throw new Error('incorrect
    password')

    // issue token
    const token = jwt.sign(
      { _id: foundUser._id },
      SECRET,
      { expiresIn: 60 * 60 * 24 }
    )
    res.status(200).json({
      message: "success",
      foundUser,
      token
    })
  } catch (error) {
    res.status(500)
  }
})
```



Topic

Creating validateSession Middleware

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Middleware

- Middleware is essentially a function that accesses our request, response, and then moves on to other aspects of our code (using `next()`)
 - Middleware can be customized to your projects needs
 - Middleware functions have 3 parameters (request, response, next)



Validation Middleware

- `validateSession` is a middleware process that helps verify what actions (CRUD) a user can make within our application
- For example when a user logs into their social media account, they should only be allowed to post, update, or delete their own content.
- We can tie data together using the `unique_id`



Step 1 Imports and Setup

- `import jwt from 'jsonwebtoken'`
 - imports the jsonwebtoken library, which is used to verify the JWT token.
- `import User from '../models/user.model.js'`
 - This imports the User model, which will be used to look up the user in the database.

```
// Bring in JWT to access it's token  
methods/functionality  
import jwt from 'jsonwebtoken'  
// Bring in our User model to reference  
import User from '../models/user.model.js'
```



Step 2 Middleware function

- `const validateSession = async (req, res, next) => { ... }`
 - defines an asynchronous middleware function that takes the standard Express middleware parameters: request, response, and next.
- The function is wrapped in a **try** **catch** block to handle any errors that might occur

```
const validateSession = async (req, res, next) => {  
  // Middleware still has access to the request,  
  response, and requires the next() function to move  
  past it.  
  
  try {  
    //1. Take token provided by request object  
    (headers.authorization)  
  
    const token = req.headers.authorization;  
    //2. Check the status of token. (expired?)  
  
    const decodedToken = await jwt.verify(token,  
process.env.JWT_SECRET);  
  
    //3. Provide response - if valid, generate a  
variable that holds user info.  
  
    // use the .findById() to check for user that  
matches token user id  
  
    const user = await User.findById(decodedToken.id);  
    if (!user) throw Error("User not found.");  
  
    // Creating a new key within our req (request)  
object to store our user information  
  
    req.user = user;  
  
    return next(); // moves us onto our  
routes/endpoint  
  
  } catch (err) {  
    res.json({message: err.message});  
  
  }  
}
```



Step 3 Token Extraction and Verification

- `const token = req.headers.authorization`
 - extracts the JWT from the Authorization header of the request.
- `const decodedToken = await jwt.verify(token, process.env.JWT_SECRET)`
 - verifies the JWT using the secret key stored in the environment variables.
 - If the token is invalid or expired, this will throw an error

```
const validateSession = async (req, res, next) => {  
  // Middleware still has access to the request,  
  response, and requires the next() function to move  
  past it.  
  try {  
    //1. Take token provided by request object  
    (headers.authorization)  
  
    const token = req.headers.authorization;  
    //2. Check the status of token. (expired?)  
    const decodedToken = await jwt.verify(token,  
process.env.JWT_SECRET);  
    //3. Provide response - if valid, generate a  
variable that holds user info.  
    // use the .findById() to check for user that  
matches token user id  
  
    const user = await User.findById(decodedToken.id);  
    if (!user) throw Error("User not found.");  
    // Creating a new key within our req (request)  
object to store our user information  
  
    req.user = user;  
    return next(); // moves us onto our  
routes/endpoint  
  } catch (err) {  
    res.json({message: err.message});  
  }  
}
```



Step 4 User Verification

- `const user = await User.findById(decodedToken.id)`
 - looks up the user in the database using the ID from the decoded token.
- If no user is found with the ID from the token, it throws an error

```
const validateSession = async (req, res, next) => {  
  // Middleware still has access to the request,  
  response, and requires the next() function to move  
  past it.  
  
  try {  
    //1. Take token provided by request object  
    (headers.authorization)  
  
    const token = req.headers.authorization;  
    //2. Check the status of token. (expired?)  
  
    const decodedToken = await jwt.verify(token,  
process.env.JWT_SECRET);  
  
    //3. Provide response - if valid, generate a  
    variable that holds user info.  
  
    // use the .findById() to check for user that  
    matches token user id  
  
    const user = await User.findById(decodedToken.id);  
    if (!user) throw Error("User not found.");  
  
    // Creating a new key within our req (request)  
    object to store our user information  
  
    req.user = user;  
  
    return next(); // moves us onto our  
    routes/endpoint  
  
  } catch (err) {  
    res.json({message: err.message});  
  
  }  
}
```



Step 5 Request Modification

- `req.user = user`
 - If a user is found, it attaches the user object to the request.
 - This makes the user information available to subsequent middleware or route handlers.
- `return next();`
 - If everything is successful, it calls the next middleware or route handler.

```
const validateSession = async (req, res, next) => {  
  // Middleware still has access to the request,  
  response, and requires the next() function to move  
  past it.  
  
  try {  
    //1. Take token provided by request object  
    (headers.authorization)  
  
    const token = req.headers.authorization;  
    //2. Check the status of token. (expired?)  
    const decodedToken = await jwt.verify(token,  
process.env.JWT_SECRET);  
  
    //3. Provide response - if valid, generate a  
    variable that holds user info.  
    // use the .findById() to check for user that  
    matches token user id  
  
    const user = await User.findById(decodedToken.id);  
    if (!user) throw Error("User not found.");  
  
    // Creating a new key within our req (request)  
    object to store our user information  
  
    req.user = user;  
    return next(); // moves us onto our  
    routes/endpoint  
  
  } catch (err) {  
    res.json({message: err.message});  
  }  
}
```



Using Validate Session

- Here is a sample POST route that creates a new Message.
- We use the `validateSession` middleware to...
 - Only allow users with a token to create a message
 - Tie the message to the user who created it

```
router.post('/new-message', validateSession,
  async(req, res) => {
    try {
      // get the content of the message from
      the req.body
      const content = req.body.content
      // get the id of the user creating the
      message from req.user (courtesy of
      validateSession)
      const user = req.user._id
      const newMessage = new Message({
        content,
        owner: user
      })
      newMessage.save()
      res.status(200).json({
        newMessage,
        message: "success"
      })
    } catch (error) {
      res.status(500)
    }
  })
```




Exercise

Add Validate Session Middleware To Your Movies App