

Doula Intake Form

Expecting Mother's Information

Name

Address

Phone

Email

Partner's Information

Name

Address

Phone

Email

Providers' Information

OB and/or midwife (name and contact info)

Backup doula(s) (name and contact info)

Basic Pregnancy Details

Expected due date

Attended Childbirth Education (CBE)?

Location of birth

What type of CBE class(es)?

Names and ages of siblings (if applicable)

CBE instructor's name / location

Baby's sex and/or name of baby (if known)

How long and effective was the class(es)?

Number of total pregnancies

Have you thought about a birth plan?

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Labor and Birth Details

How has this pregnancy been so far?

Your experience during previous pregnancies (if applicable)

Specific concerns and needs for labor and birth

Specific needs of the mother

Specific needs of the partner

Preferred coping/relaxation techniques

Words, touch, scents to be avoided

Photograph and/or video planned? Newborn plan completed? Postpartum plan completed?

Special requests for the doula

Special items to bring to labor

Names of other family members/friends who may be at birth

Do you have specific comments about anyone else attending the birth?
