Swift App Development Proposal - Habits
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Project Overview:
This app will be designed and built to help its users build (or quit) habits.

Must have features
- Screen to fill out information related to the habit that day
- Screen to overlook all current habits in progress
    - Front-end differentiation between beneficial or negative habits on each component
- Screen to see past habits that were either quit or built
- Screen to create a Habit in the app
    - Fill out information like:
        - Positive/Negative?
        - Duration
        - Name of Habit
        - How habit should be recorded:
            - Frequency per day
            - 1-5 Scale
            - Yes/No
        - Push Notifications for Habit?

Nice to have features
- Push notifications to fill out information on habit
- Indicator on habit component on if it needs updating
- Profile
    - Achievements
- Habit history statistics

Basic Wireframe:
- HomeScreen
    - List of Habits (Grid Format)
        - HabitScreen
            - Habit Details
            - Habit History
    - Create Habit Button
        - CreateHabitScreen

-See Past Habits Button
    -PastHabitsScreen
-Profile Button