Nickolas Diaz

Mrs. Marano

Sophomore English

October 23 2019

<center>Fast Food Companies are making People Fat.</center>

Fast-food are making people fat because some children and adults can only afford fast food so they have it eat every day. Another reason that that kids are eating it is because there are not that many alternatives and that fast food restaurants are everywhere. Before 1994 when fast food wasn't popular only five percent of diabetes cases had type two debates. Today however when fast food is popular that percentage skyrocketed to thirty percent. The last reason is that the food label are hard to find and it is not listed on the food. On one website it's salad contains 150 calories, it also comes with almonds, noodles dressing which is a additional 470 calories.