

Nickolas Diaz

COP 4934 Senior Design 1

Reflection Assignment: Public Speaking

Practice

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1. Rewatch your Videos

a. Presentation 1 transcription

Hello, my name is Nickolas Diaz. I'm a passionate, hard-working, and dependable person studying computer science. I've developed skills in defense and cyber security, which I've applied to myself to Cyber Security Club and computer competitions such as CCDC, in which my team was able to defend enterprise level network systems. I am excited to bring my strengths in defending, mitigating, and detecting threats that stick true to this company.

b. Presentation 2 transcription

My name is Nickolas Diaz, and my major is computer science. I developed skills in cyber security. I'm currently involved in the Cyber Security Club at this university, and I competed in cyber competitions. was called CCDC, where it is a teamwork event were we had to defend an enterprise level network against real red teams. I'm excited to bring my skills in defending mitigating, discovering and detecting cyber-attacks to your company

2. Get External Feedback

External Feedback included speaking up, as I was way too soft, articulating better as it was very hard to understand what I said. In addition, there were not any details about the tools/skills that I use in cybersecurity, it was mostly about how I was involved in the club and my experience in a competition. Lastly it felt that I was reading off a script and not going into my own words. Some positive feedback includes being in a big event really pushes that I am interested in cyber security in a whole and potentially make this my career.

3. Reflection Questions

a. Strengths

My overall strengths are that I was confident in my speech, and I did not studder or say any 'ums'. The content was overall the better portion as highlights a good interest and involvement in cybersecurity. I did around 45 seconds and I felt that I had a lot of content to say about myself compared to other students who went

for a short time. I could honestly go off script for five more minutes with my experiences/projects.

b. Challenges

I am honestly a very introverted person so much so it could probably be a disorder, which makes it very difficult for me to communicate and network with other people. It is not just about showing my strengths and skills, it is a lot more about trying to make the other person like me, probably by having meaningful conversations which I am extremely poor at. I am more slouched down having poor body posture in addition I felt that I was nervous the entire time and it really shows on the video. My script could really be improved, it will work anywhere, I would have modified it differently depending on the company else they won't care about or give me opportunities. I would have to show them very specific skills/projects that the company uses, or else I would be one of the hundreds of nameless people who apply and fail.

c. External Feedback

External feedback showed were I am generally weak , such as being more energetic as it seemed that I was drained and did not want to be there. My overall voice and articulation were way too soft, and it was very hard to hear me. The reviewers overall gave me a 6/10 saying there was a lot to improve upon, but I did a good first start and I have a lot of potential.

d. Improvements

The second time I did the speech I did not read off my notes, which is a plus. I had the speech put down better and it felt that is was not robotic like a script. In addition the second speech was with a whole class instead of a person, so there was a lot more strife that I was able to handle. Lastly, I was able to expand more on my competition/involvement with the club. I gained more confidence as I realized it was not so bad, as other people had less to say for themselves.

e. Goals

First off, I want to visit the career center and do a practice interview to get a better negative feedback loop. Next is to prepare for the career fair that is happening this Thursday. This would involve researching what companies I am

interested in and preparing a 1-minute speech which includes questions to ask the recruiter. In addition, I was hoping to go to a toastmaster's event which is an event where I can practice my public speaking however the events close to the school happen during class time. Lastly is to have a better attitude about speaking and to do it anyways even if I am nervous.