# Fitting and interpreting model coefficients

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# Today's topics

- Model terms: recap
- Fitting and interpreting models

#### Model terms: recap

- **The intercept** is a "baseline" that is included in nearly every model. What would your guess of disease severity be in the absence of any other information?
- Main terms model the effect of explanatory variables directly.
- Interaction terms allow for different explanatory variables to modulate the relationship of each other to the response variable.

# Formulas for Statistical Models (Linear Regression)

In general, linear models can be thought of as having these components

$$y = intercept + terms + error$$

With a single predictor variable, this is simply a line (plus error):

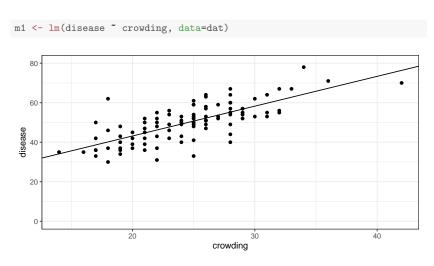
$$y_i = \beta_0 + \beta_1 \cdot x_i + \epsilon_i$$

However, there can be multiple variables and different types of "terms" in this equation

- intercept
- main effects
- interaction terms
- smooth terms

#### Main effects model terms

equation: 
$$\widehat{\textit{disease}}_i = \beta_0 + \beta_1 \cdot \textit{crowding}_i$$

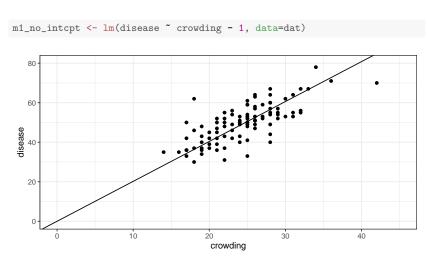


Dust off your algebra: what is an intercept?

$$y = \beta_1 \cdot x$$
 vs.  $y = \beta_0 + \beta_1 \cdot x$ 

#### Main effects with no intercept: bad idea

equation:  $\widehat{disease}_i = \beta_1 \cdot crowding_i$ 

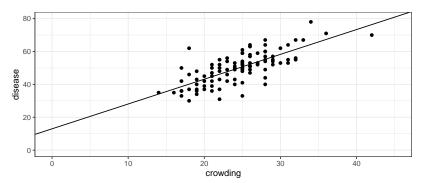


#### Main effects model terms

equation: 
$$\widehat{disease}_i = \beta_0 + \beta_1 \cdot crowding_i$$

```
m1 <- lm(disease ~ crowding, data=dat)
coef(m1)

## (Intercept) crowding
## 12.991536 1.508806
```



equation:  $\widehat{\textit{disease}_i} = \beta_0 + \beta_1 \cdot \textit{crowding}_i$ 

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m1 <- lm(disease ~ crowding, data=dat)
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 $\beta_0$  is the expected value of *disease* when *crowding* = 0.

equation: 
$$\widehat{disease}_i = \beta_0 + \beta_1 \cdot crowding*_i$$

```
dat$crowding_ctr <- dat$crowding - mean(dat$crowding)
m1a <- lm(disease ~ crowding_ctr, data=dat)
coef(m1a)

## (Intercept) crowding_ctr
## 49.919192 1.508806</pre>
```

 $\beta_0$  is the expected value of *disease* when *crowding*<sub>ctr</sub> = 0, in other words, when crowding is the average value.

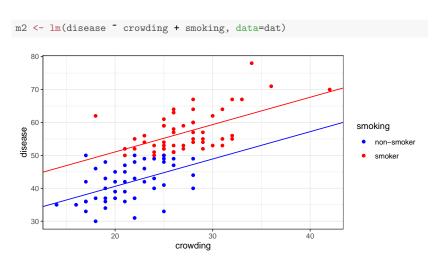
equation:  $\widehat{disease}_i = \beta_0 + \beta_1 \cdot crowding_i$ 

```
m1 <- lm(disease ~ crowding, data=dat)
coef(m1)
## (Intercept) crowding
## 12.991536 1.508806</pre>
```

 $\beta_1$  is the expected change in disease for a 1 unit increase of crowding.

#### 2 main effects: 1 continous, 1 categorical

equation:  $\widehat{\textit{disease}_i} = \beta_0 + \beta_1 \cdot \textit{crowding}_i + \beta_2 \cdot \textit{smoker}$ 



# 2 main effects: 1 continous, 1 categorical

equation:  $\widehat{\textit{disease}}_i = \beta_0 + \beta_1 \cdot \textit{crowding}_i + \beta_2 \cdot \textit{smoker}$ 

```
m2 <- lm(disease ~ crowding + smoking, data=dat)
coef(m2)

## (Intercept) crowding smokingsmoker
## 24.0079027 0.8302413 10.4442068</pre>
```

# 2 main effects: 1 continous, 1 categorical

equation: 
$$\widehat{\textit{disease}}_i = \beta_0 + \beta_1 \cdot \textit{crowding}_i + \beta_2 \cdot \textit{smoker}$$

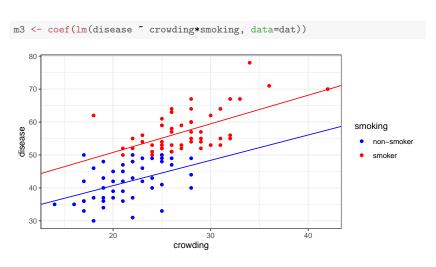
```
m2 <- lm(disease ~ crowding + smoking, data=dat)
coef(m2)

## (Intercept) crowding smokingsmoker
## 24.0079027 0.8302413 10.4442068</pre>
```

- $\beta_0$  is the expected value of disease when both crowding and smoker are zero.
- $\beta_1$  is the expected change in disease for a one-unit change in crowding, holding smoking status constant.
- $\beta_2$  is the expected difference in disease between smokers and non-smokers, holding crowding constant.

#### Interaction model terms

equation:  $\widehat{disease}_i = \beta_0 + \beta_1 \cdot crowd_i + \beta_2 \cdot smoke_i + \beta_3 \cdot crowd_i \cdot smoke_i$ 



# Interaction vs. confounding

#### Definition of interaction

Interaction occurs when the relationship between two variables depends on the value of a third variable. E.g. you could hypothesize that the true relationship between nutritional intake and disease severity may be different for smokers and non-smokers.

#### Definition of confounding

Confounding occurs when the measurable association between two variables is distorted by the presence of another variable. Confounding can lead to biased estimates of a true relationship between variables.

- It is important to include confounding variables. Not doing so may bias your results.
- Unmodeled interactions do not lead to "biased" estimates in the same way that confounding does, but it can lead to a richer and more detailed description of the data at hand.

#### How to include interaction in a MLR

Model A: 
$$y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \epsilon_i$$
  
Model B:  $y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} \cdot x_{2i} + \epsilon_i$ 

#### Key points

- "easily" conceptualized with 1 continuous, 1 categorical variable
- models possible with other variable combinations, but interpretation/visualization harder
- two variable interactions are considered "first-order" interactions
- still a **linear** model, but no longer a strictly **additive** model

#### How to interpret an interaction model

For now, assume  $x_1$  is continuous,  $x_2$  is 0/1 binary. Model A:  $y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \epsilon_i$  Model B:  $y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} \cdot x_{2i} + \epsilon_i$ 

#### How to interpret an interaction model

For now, assume  $x_1$  is continuous,  $x_2$  is 0/1 binary.

Model A: 
$$y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \epsilon_i$$

Model B: 
$$y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} \cdot x_{2i} + \epsilon_i$$

 $eta_3$  is the change in the slope of the line that describes the relationship of  $y\sim x_1$  comparing the groups defined by  $x_2=0$  and  $x_2=1$ .

 $\beta_1+\beta_3$  is the expected change in y for a one-unit increase in  $x_1$  in the group  $x_2=1$ .

 $eta_0 + eta_2$  is the expected value of y in the group  $x_2 = 1$  when  $x_1 = 0$  .

# Fitting models in R: syntax summary

#### Quick recap of key syntax for linear models

- For linear models, use lm().
- Equations look like y  $\sim$  x1 + x2.
- Plus signs (+) indicate main effect terms.
- Multiplication signs (\*) indicate main effect AND interaction terms.

