# Practical Guidance on Whether and When to Aggregate Individual-Level Data for Causal Health Policy Evaluation

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#### This is a weird talk.

I'm  ${\sim}80\%$  sure I have some idea of what's going on.

This is a pitch to get you to come talk to me so I can get to  $\sim$ 90%.

### **Policy Evaluation is Hard**

- Sample size is often quite limited
- "Policy-level" units are large and meaningful (e.g., states)

### Do Medical Cannabis Laws Change Opioid Prescribing?

- Cannabis is a potentially effective treatment for chronic non-cancer pain, but evidence is limited.
- Patients with chronic non-cancer pain are eligible to use cannabis under all existing state medical cannabis laws
- Some evidence of substitution among adults with chronic non-cancer pain

**Question:** What are the effects of state medical cannabis laws on receipt of opioid and non-opioid treatment among patients with chronic non-cancer pain?

Bicket, M. C., Stone, E. M., and McGinty, E. E. (2023). JAMA Network Open.

#### **Individual-Level Data in Health Policy Evaluation**

Many health policy evaluations start with individual-level data (e.g., insurance claims)

- Allows outcome or covariate construction
- Allows more choices about population of interest
  - Continuous enrollment requirements, samples with certain diagnoses, etc.

But many methods use/require aggregated (i.e., policy-level unit-time) data. Is that okay?

#### Individual-Level Data is Better, Right?

Intuition suggests that individual-level data would be better than aggregated data:

- · More data is more information
- · Adjust for individual-level confounding
- Appropriately account for nuanced functional forms

But "treatment" is at the state level.

#### **Medical Cannabis Study: Data**

Data are individual-level commercial health insurance claims.

- Individuals included if they have a chronic non-cancer pain diagnosis in the pre-law period and are continuously enrolled in commercial health insurance for the full study period.
- Monthly data on diagnoses, opioid and non-opioid pain prescriptions, procedures, etc.
- No data on cannabis use, OTC pain treatments, etc. (things not covered by insurance)

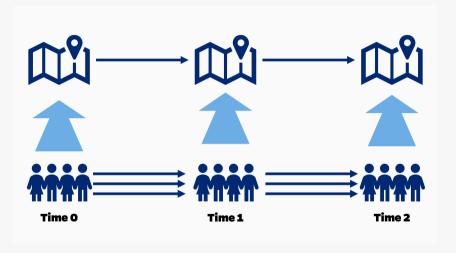
We have rich data on individual outcome trajectories, and think we should use it!

## **Computational Feasibility**

Oftentimes, data has to be analyzed on remote servers.

Computational resources are often very constrained: if we can use smaller data without losing much, that'd be great.

### **Unit-Time Aggregation**



 $\texttt{stats::aggregate(Y} \, \sim \, \texttt{state + time, data, mean)}$ 

N.J. Seewald, Aggregation in Diff-in-Diff

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#### Questions

- 1. Are difference-in-differences analyses using individual-level data **more efficient** than those using aggregate-level data?
- 2. Does individual-level data allow for **better control of confounding**?

#### **Difference-in-Differences**

Right now, let's think of diff-in-diff as the two-way fixed-effects model for a continuous outcome (and simultaneous treatment adoption in treated units).

With individual-level data,

$$Y_{\gamma it} = \beta_{0\gamma} + \beta_{1t} + \beta_2 A_{\gamma t} + \varepsilon_{\gamma it},$$

where  $\gamma$  indexes policy-level unit, i individual, and t time, and  $A_{\gamma t}$  is 1 iff unit  $\gamma$  implemented the policy at or before time t.

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**The individual-level index appears only in the error!** Without covariates and assuming balanced cluster sizes, estimation & inference should be identical for individual-level and aggregated data.

#### **Difference-in-Differences**

$$Y_{\gamma it}=eta_{0\gamma}+eta_{1t}+eta_2A_{\gamma t}+arepsilon_{\gamma it}$$
 vs.

$$ar{Y}_{\gamma t} = eta_{0\gamma} + eta_{1t} + eta_2 A_{\gamma t} + ar{arepsilon}_{\gamma t}$$

Differences might come from:

- 1. Covariate adjustment
- 2. Clustering standard errors

### **Simulation Study: Generative Model**

**Idea:** Simulate data from a simple but flexible data generative model and analyze using various approaches.

$$Y_{\gamma it} = \beta_0 + \beta_1(t) + \beta_2 A_{\gamma t} + \beta_3(t - t^*)_+ A_{\gamma t} + \eta^\top \mathbf{X}_{\gamma it} + \xi^\top \mathbf{X}_{\gamma it} A_{\gamma t} + b_{\gamma i} + c_{\gamma t} + \varepsilon_{\gamma it}$$

- $A_{\gamma t} = \mathbb{1}\{\text{unit } \gamma \text{ is treated at time } t\}$
- t\* is the first post-treatment timepoint
- X<sub>\gammait</sub> is a vector of covariates
- $b_{\gamma i}$  and  $c_{\gamma t}$  are random intercepts for individual and policy-level unit-time.

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- Random effects induce three distinct correlations:
  - Within-person correlation
  - Within-period correlation
  - Between-period correlation
- Time-varying treatment effects and effect heterogeneity are allowed
- Necessarily simpler than real data!

#### **Simulation Study: Setting**

Current focus has been on limited but common settings

- Continuously-enrolled sample (i.e., no changing case mix)
- Balanced panels
- · Simultaneous treatment adoption
- Similar number of treated and control states (Rokicki et al. 2018)

Rokicki, S. et al. (2018). Medical Care.

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- Similar number of treated and control states (Rokicki et al. 2018)

Analytic strategies are, and I cannot emphasize this enough, entirely mechanical.

Rokicki, S. et al. (2018). Medical Care.

#### **Clustered Standard Errors, No Covariates**

Moderate within- and between-person correlation:  $ICC_{indiv} = 0.5$ ,  $ICC_{policy} = 0.4$ . 2000 simulations, 500 individuals per state.

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 (t - t^*)_+ A_{\gamma t} + b_{\gamma i} + c_{\gamma t} + \varepsilon_{\gamma i t}$$

	Bias	SE	95% Coverage
Individual data, OLS SE	0.000	0.014	0.971
Individual data, person-clustered SE	0.000	0.013	0.955
Individual data, state-clustered SE	0.000	0.012	0.928
Aggregate data, OLS SE	0.000	0.013	0.953
Aggregate data, state-clustered SE	0.000	0.013	0.954

### **Confounding in Difference-in-Differences**

"Only covariates that differ by treatment group and are associated with outcome *trends* are confounders in diff-in-diff."

- Time-invariant covariates are confounders if they have time-varying effects on the outcome
- Time-varying covariates are confounders if they have time-varying effects on the outcome or evolve differently in treated and control groups.

Zeldow, B. and Hatfield, L. A. (2021). Health Services Research.

#### **Time-Invariant Covariates**

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 X_{\gamma i} + b_{\gamma i} + c_{\gamma t} + \epsilon_{\gamma it}$$

Aggregate analysis model can't adjust for X:  $\bar{X}_s$  is collinear with state fixed effects.

#### **Time-Invariant Covariate, Time-Invariant Effect**

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 X_{\gamma i} + b_{\gamma i} + c_{\gamma t} + \epsilon_{\gamma i t}$$

	Bias	SE	RMSE	95% Coverage
Individual, unadj., OLS SE	0.000	0.030	0.013	1.000
Individual, unadj., person-clustered SE	0.000	0.013	0.013	0.942
Individual, unadj., state-clustered SE	0.000	0.012	0.013	0.922
Individual, adj., OLS SE	0.000	0.014	0.013	0.965
Individual, adj., person-clustered SE	0.000	0.013	0.013	0.942
Individual, adj., state-clustered SE	0.000	0.012	0.013	0.922
Aggregated, unadj., OLS SE	0.000	0.013	0.013	0.942
Aggregated, unadj., state-clustered SE	0.000	0.013	0.013	0.945

## **Time-Invariant Covariate, Time-Varying Effect**

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 X_{\gamma i} + \beta_4 t X_{\gamma i} + b_{0,s} + b_{0,\gamma i} + \epsilon_{\gamma it}$$

	Bias	SE	RMSE	95% Coverage
Individual, unadj., OLS SE	5.182	0.043	5.182	0.000
Individual, unadj., person-clustered SE	5.182	0.075	5.182	0.000
Individual, unadj., state-clustered SE	5.182	1.410	5.182	0.000
Individual, adj., OLS SE	0.000	0.027	0.015	0.999
Individual, adj., person-clustered SE	0.000	0.015	0.015	0.959
Individual, adj., state-clustered SE	0.000	0.015	0.015	0.917
Aggregated, unadj., OLS SE	0.000	0.017	0.016	0.954
Aggregated, unadj., state-clustered SE	0.000	0.017	0.016	0.930

### Time-Varying Covariate, Time-Invariant Effect

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 X_{\gamma i} + \beta_4 X_{\gamma it} + b_{0,s} + b_{0,\gamma i} + \epsilon_{\gamma it} \qquad X_{\gamma i} \sim \mathcal{N}(\mu, \Sigma)$$

	Bias	SE	RMSE	95% Coverage
Individual, unadj., OLS SE	0.000	0.025	0.024	0.963
Individual, unadj., person-clustered SE	0.000	0.018	0.024	0.833
Individual, unadj., state-clustered SE	0.000	0.024	0.024	0.934
Individual, adj., OLS SE	0.000	0.022	0.013	0.999
Individual, adj., person-clustered SE	0.000	0.013	0.013	0.958
Individual, adj., state-clustered SE	0.000	0.012	0.013	0.934
Aggregated, unadj., OLS SE	0.000	0.025	0.024	0.962
Aggregated, unadj., state-clustered SE	0.000	0.026	0.024	0.960
Aggregated, adj., OLS SE	0.000	0.013	0.013	0.956
Aggregated, adj., state-clustered SE	0.000	0.013	0.013	0.962

## Time-Varying Covariate, Time-Varying Effect

$$Y_{\gamma it} = \beta_0 + \beta_1 t + \beta_2 A_{\gamma t} + \beta_3 X_{\gamma i} + \beta_4 t X_{\gamma it} + b_{0,s} + b_{0,\gamma i} + \epsilon_{\gamma it} \qquad X_{\gamma it} \text{ is linear in time}$$

	Bias	SE	RMSE	95% Coverage
Individual, unadj., OLS SE	9.949	0.037	9.949	0.000
Individual, unadj., person-clustered SE	9.949	0.018	9.949	0.000
Individual, unadj., state-clustered SE	9.949	0.024	9.949	0.000
Individual, adj., OLS SE	-0.001	0.059	0.082	0.845
Individual, adj., person-clustered SE	-0.001	0.081	0.082	0.940
Individual, adj., state-clustered SE	-0.001	0.079	0.082	0.935
Aggregated, unadj., OLS SE	9.949	0.071	9.949	0.000
Aggregated, unadj., state-clustered SE	9.949	0.215	9.949	0.000
Aggregated, adj., OLS SE	0.005	0.146	0.145	0.956
Aggregated, adj., state-clustered SE	0.005	0.133	0.145	0.895

#### Results

#### What we've seen so far:

- Differences in efficiency, if they exist, are small
- Seemingly quite similar bias control
- Individual-level data is harder to work with than aggregated data
- Individual-level data might be better if you're adjusting for complicated time-varying confounders

#### My current thinking

We think this is a question of **design** vs. **analysis**.

- Individual-level data is incredibly useful in the design stage of a policy evaluation!
  - Better sample identification, feature construction, outcome construction, etc.
- It's hard to distinguish between what's actually an issue with aggregation and what's model misspecfication.
- In *the analysis stage* (with diff-in-diff), aggregate-level data is more ergonomic and seems more or less the same.