

# Winslow Community Cupboard Survey

Colby College Fall 2023

#### **Main Questions We Will Answer**

- Why do individuals seek food support from WCC?
- Who are the beneficiaries of this support?
- Why choose WCC over other food pantries?
- What changes to WCC are most requested?

#### **Outline**

- General Questions
- Trailer
- Delivery
- Inactive
- Children Under 2
- Demographics
- Questions

#### **Methods**

**Target Group:** Current and former clients of the food pantry/trailer

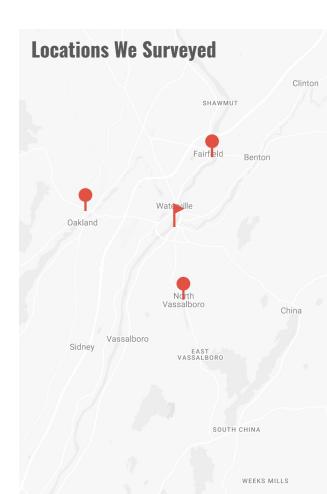
**Client Categories:** Active, Inactive, Trailer Service, Delivery Service

#### **Methodology:**

- Surveyed all client categories in October and November 2023
- Visited trailer service sites in Vassalboro, Oakland, Fairfield
- Conducted paper-based survey with easy-to-answer questions

#### **Survey Approach:**

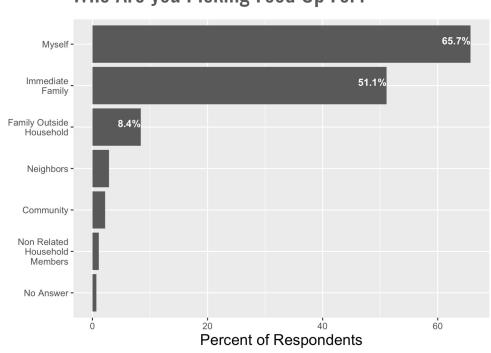
- Responses: Active (113), Trailer (145), Delivery (16), Inactive (14)
- Incentivized with optional entry into a \$20 Visa gift card raffle
- Emphasized that participation was voluntary and would not impact service



# **General Questions**

#### **Food Beneficiaries**

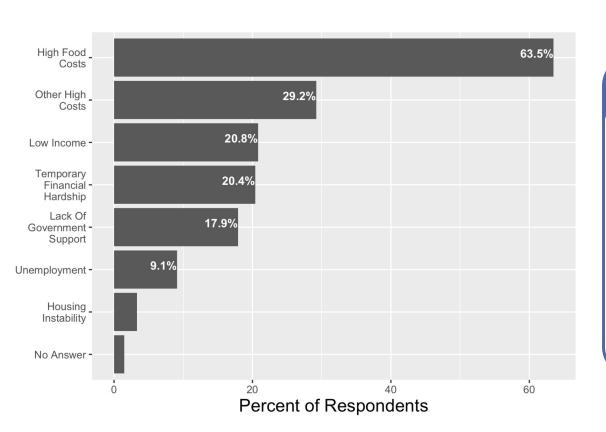
#### Who Are you Picking Food Up For?



#### **Key Takeaways**

 Most WCC clients are picking up food for themselves and their immediate family

# **Primary Reason For Using WCC's Services**

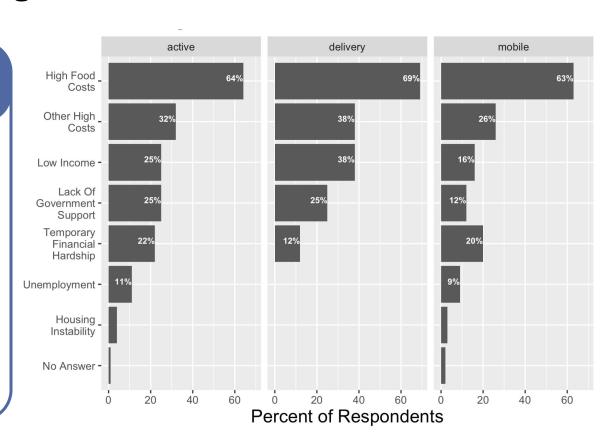


- High food costs are the primary reason people use the pantry
- Unemployment isn't a common cause

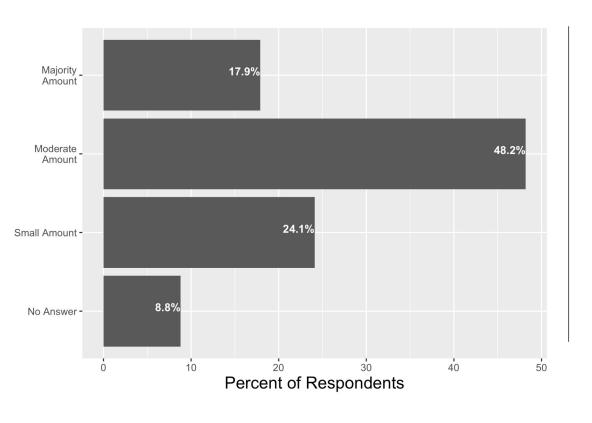
# **Primary Reason For Using WCC's Services**

#### Key Takeaways

 Mobile pantry clients are less likely to report low income and lack of government support



## **WCC's Contribution to Food Needs**

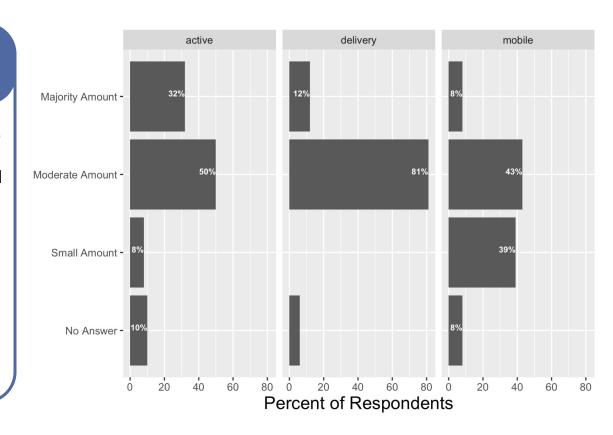


#### **Key Takeaways**

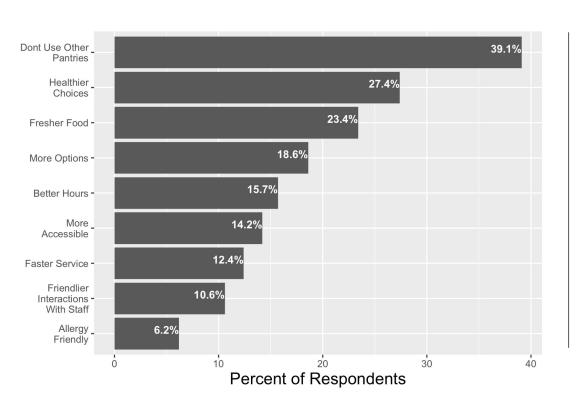
 The largest majority of people depend on the WCC for a moderate amount of their food

### **WCC's Contribution to Food Needs**

- Mobile pantry users appear to depend on the WCC for a lower percentage of their food than the other sites
- Likely explanations: either mobile site users are less dependent on assistance (more information later) or due to fewer hours of operation at the mobile sites

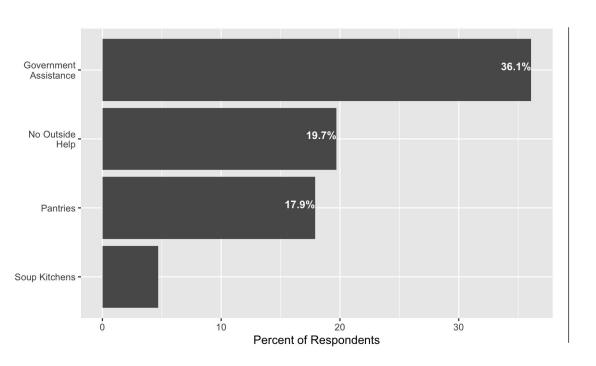


# **Why Choose WCC Over Other Pantries**



- Many clients indicated that they appreciate the healthy and fresh options
- A large percentage of clients reported that WCC is the only pantry they visit

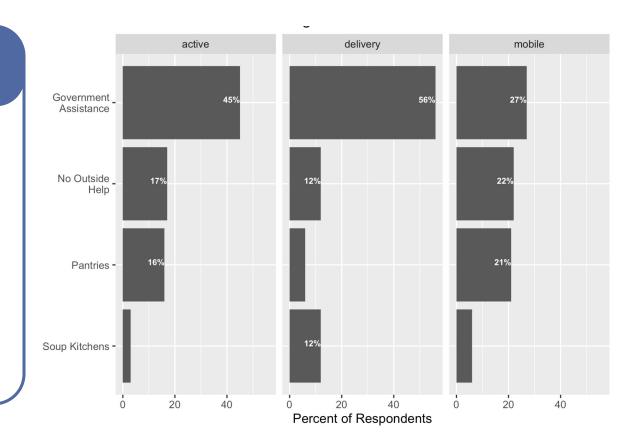
# **Other Food Assistance Programs Used**



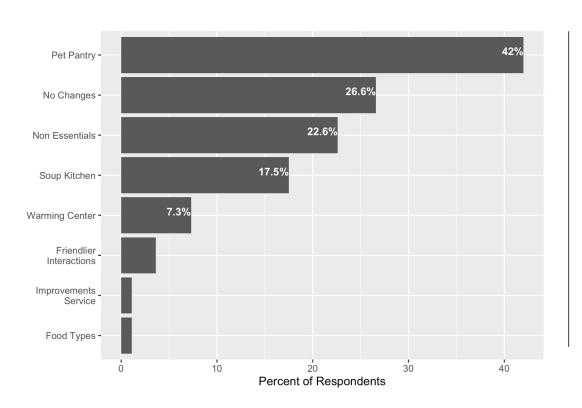
- Many clients use government assistance and other food pantries to meet food needs
- Roughly 1 in 5 respondents rely solely on the WCC

# **Other Food Assistance Programs Used**

- Mobile pantry clients are less dependent on government assistance
- Possibly explains why higher percentage of mobile clients frequent other pantries

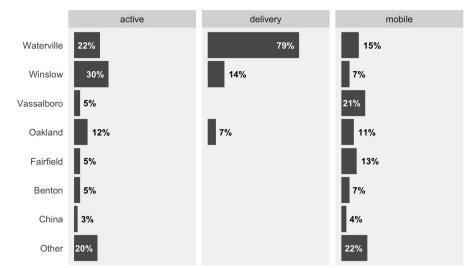


# **What Changes Would you Like**



- Respondents are especially passionate about a pet pantry
- Very few respondents had issues with internal improvements of the WCC

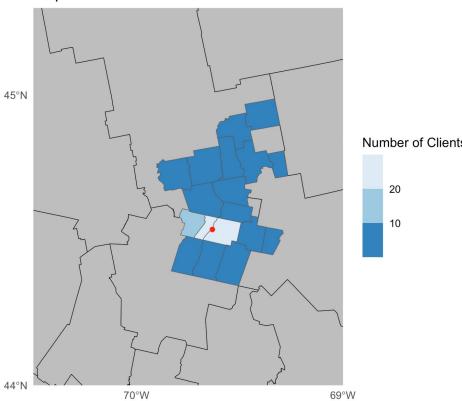
# **Town Demographics**



**Percentage of Clients** 

Other towns listed: Benton, China, Augusta, Canaan, Sidney, Belgrade, Clinton, Pittsfield, Albion, Gardiner, Norridgewock, Rome

#### Map of Active Client Locations



# Trailer Specific Questions

**Trailer** 

# **Food Suggestions**

More Types of Food or Specific Items?	%
Meat	24
Fruits	16
Milk	12
Vegetables	12

**Key Finding:** High Demand for Meat in Food Pantries

**Observation:** 24% of trailer food pantry attendees specifically request more meat

**Insight:** Meat is either not provided sufficiently or in large quantities at the pantries

#### **Other Suggestions**

Proteins
Dry Beans
Cereals
Pasta
Gelato

# Do you visit multiple WCC sites?

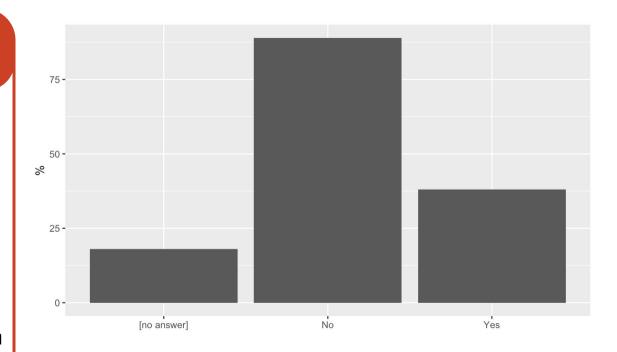
#### **Key Takeaways**

**Key Observation:** Proximity influences pantry choice

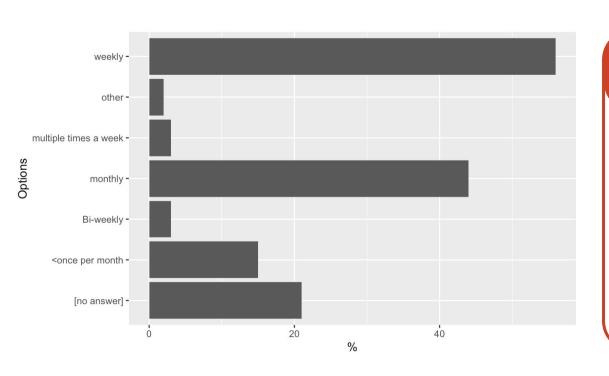
**Preference:** People primarily visit the nearest pantry to their home or work

# Reasons for Selecting Multiple Pantries (if applicable):

- Insufficient food quantity for entire family at one pantry
- Operational hours or closures at certain pantries



# How often do you visit WCC mobile sites?



#### **Key Takeaways**

#### **Top Responses:**

Weekly visits Monthly visits

#### **Community Implication:**

Consistent weekly and monthly reliance on food shelters indicates significant need.

# **Food Suggestions**

Are there any specific reasons for your frequency of Visiting?	
Supplemental Food Source	33
Close to Home	27
Cost of Food	1

#### **Other Responses Provided:**

Go for people who are not able to go

No food stamps

Family needs

No job

#### **Other Suggestions**

#### **Primary Reason:**

Seeking supplemental food sources

#### Significance:

Food pantries are crucial for providing necessary daily nutrients to those in need

# **Suggestions for Improvement**

#### **Key Takeaways**

#### **Scheduling:**

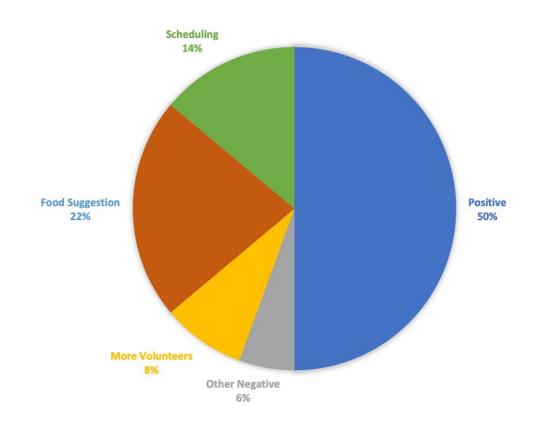
Suggested increasing: hours, cites, communication regarding scheduling

#### **Food Suggestions:**

Bread, cheese, butter, dry goods, meat, vegetables, canned goods

#### **Notable suggestion:**

"A place to bring good used clothing to give away"





**Children Under 2** 

Throughout all of the surveys, **9** people responded that they use government programs to assist with young children's needs.

#### Of the 9 People:

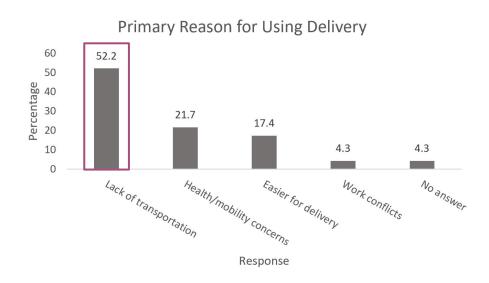
WIC is the most popular, but **SNAP** aka **food stamps** was also listed

Listed Items that would be beneficial for families with children under 2

- Wipes
- Pullups
- Tylenol
- Snack Foods
- Milk-meats

# **Delivery Specific Questions**

# **Insights Into Delivery Clients**



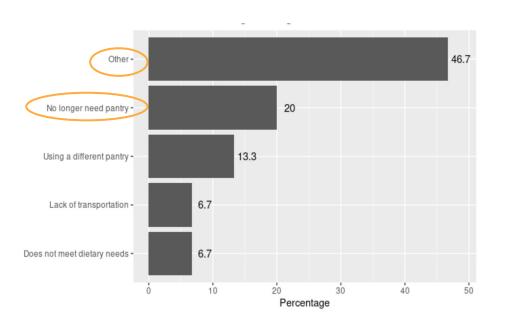


#### **Delivery Clients:** No respondents checked off...

- Childcare responsibilities
- Concerns about privacy and associated stigma when visiting in person
- Don't like to wait in line at the WCC

# **Inactive Specific Questions**

# **Reasons For No Longer Using WCC**



What changes in your life led to you no longer needing food pantry services?	%
Improved financial situation Found stable employment Better access to community resources Better access to government resources Better household budgeting No answer	21 7 0 0 14 43

#### **Inactive Clients:** Reasons for not using food pantries anymore

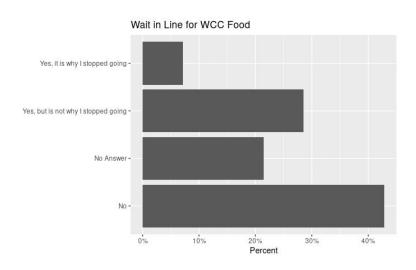
- Improved financial situation
- Better household budgeting

#### **Continued Usage by Some:**

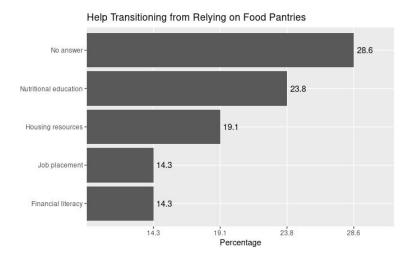
- Preference for a different pantry
- Schedule conflicts with WCC
- Unaware of WCC's operating hours

# **Insights Into Inactive Clients**

# Have you had to wait a long time in line to get your food at WCC?



# What services or assistance could WCC provide to help people transition away from relying on food pantries?



# **Demographics**

Age x Gender				
Age.A	Female	Male	No Answer	
Under 18	0.00%	0.00%	0.00%	
18-24	1.11%	0.00%	0.00%	
25-34	3.69%	1.11%	0.00%	
35-44	9.96%	1.11%	1.48%	
45-54	9.96%	1.48%	0.74%	
55-64	14.76%	7.75%	0.00%	
Over 65	25.09%	11.44%	2.21%	
No Answer	0.00%	0.00%	8.12%	

#### Key Takeaways

Women are more likely to fill out the survey then men.

Couples often had the female partner filling out the form Female heads of households picked up food more in general

Not enough government support for 65+ population

# Findings \\ Questions

#### Key Takeaways

- People are generally very happy with the WCC's services
- If feasible, many people would appreciate a pet pantry
- Delivery: Lack of transportation is the primary reason for using delivery services
  - The majority of delivery clients use the service as often as it is offered
- Inactive: Conflicting schedule with WCC
- Trailer: High Demand for Meat

# **Questions?**