

Photograph

NAME

## HUMAN RESOURCES

### ACADEMIC EDUCATION

**Instituto Superior de Contabilidade e Administração do Porto**  
2018/2019 – 2020/2021  
Nível 3 QRQ

**School (Anonymous)**  
2015/2016 – 2018/2019  
C60 Humanistic Science-Science and Technology Course

**School (Anonymous)**  
2010/2011 – 2014/2015

**School (Anonymous)**  
2006/2007 – 2009/2010

### COMPETITIONS

Mother tongue: Portuguese

Foreign language:

UNDERSTAND		SPEAK		WRITE
Listening comprehension	Reading	Oral interaction	Oral production	
◆ A2	A2	A2	A2	A1
⬢ A2	A1	A1	A1	A1

Levels: A1 e A2: Basic user; B1 e B2: Independent user;  
C1 e C2: Advanced user

Common European Framework of Reference for Languages

Subtitle:

◆ English    ⬢ French

Communication skills:

Good communication skills acquired by participating in the "É o meu negócio" program.

Job-related skills:

Ability to cooperate through basic tutoring and adult tutoring.

Digital Skills:

SELF-EVALUATION				
Information processing	Communication	Content creation	Security	Problem solving
Independent user	Independent user	Independent user	Independent user	Independent user

Digital Skills - Evaluation Grid

Domain of Word and Powerpoint software.

Basic knowledge of Excel.

Other competences:

Good leadership and team spirit acquired by participating in a futsal team.

Good perception skills gained through participation in the Tangran Contest.

Driving license: B, B1

Certificates/diplomas:

2019: Debate "Políticas de Coesão e Políticas Sociais da União Europeia"

2019: ISCULTURAP

2019: Ferramentas Neutras para a Igualdade de Género

2018: ISCULTURAP

2016: World of discoveries

2015: O parlamento (Assembleia Municipal de Jovens)

2015: Assembleia Municipal de Jovens

2014: Program "É o meu negócio"

2010: Corta-mato Escolar