

REMOTE WORK

# How to Overcome Common Struggles of Working from Home

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In recent weeks, many people who traditionally work in an office are transitioning to working from home, possibly for the first time. Shifting from an office-based environment to working from home full time — even if only temporarily — takes some getting used to. And we know, as most of us here at PSPDFKit made that transition for the first time when we joined the company.

To help those of you new to remote work, we plan to share tips to help you be more effective working from home, emphasize the importance of communication, and provide a list of tools we have found to be helpful in our company.

But first, to kick off this series, I will highlight a few of the struggles people face when working from home. This is by no means a comprehensive list, and everyone's experience with remote work is different, but I found that the survey results of Buffer's State of Remote Work Report offer a good starting place.