

Tacos, Burritos, or Quesadillas

SERVES:

4

PREP TIME:

10 Mins.

COOK TIME:

35 Mins

INGREDIENTS

- ☐ 1 LB Ground Beef
- ☐ 1 Can Rotel
- ☐ 1 Can Black Beans
- ☐ 1 Can Corn
- ☐ 1 Can Sliced Olives
- ☐ 1/2 Onion
- ☐ 3 TBSP Taco Seasoning
- ☐ Shredded Cheese.
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DIRECTIONS

1. Dice onion.
2. Brown ground beef, add onions while browning and sautee in the grease.
3. Drain any excess grease.
4. Add taco seasoning and 1 cup of water.
5. Let simmer until water is gone.
6. Add in desired rotel, beans, corn, and olives.
7. Cook together for 2 mins.
8. Assemble as desired.

NOTES

