

Wings

SERVES:

4-5

PREP TIME: 20 Mins

COOK TIME: 30 Mins

INGREDIENTS

- Chicken Wings
 - Salt
 - Vegetable Oil

DIRECTIONS

1. Cut up chicken wings then place in large bowl and coat with salt.
 2. Cover with plastic and store in fridge overnight.
 3. Heat a pot of vegetable oil on medium heat.
 4. Place wings in batches in oil and cook 4-5 mins.
 5. Place on wire rack with foiled baking sheet underneath.
 6. After going through all chicken, re-fry wings for 2-3 mins

NOTES

