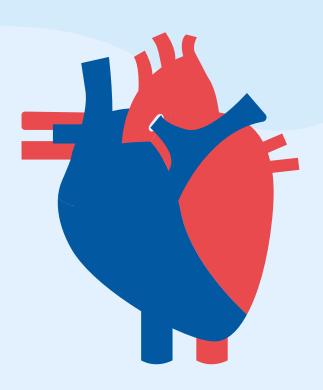
# Cardiovascular Disease Risk Prediction

STAT 183 | Nicole Carter



## **Table of Contents**



01

# Introduction

#### Introduction

- → Heart Disease is one of the leading causes of death
  - Coronary heart disease
  - Stroke
  - Other minor CVD causes combined
  - High blood pressure
  - Heart failure
  - Diseases of the arteries
- → On average, someone dies of CVD <u>every 34 seconds</u> in the U.S.
- → There are about <u>1,905 deaths</u> from heart disease, <u>each day</u> in the U.S., including heart attacks

# 02

# Data Description

## **Data Description**

- → Dataset from Kaggle
  - ◆ Cardiovascular Diseases Risk Prediction Dataset
    - Data was already pre-processed, no missing values and a large amount of observations
- → Data was collected via telephone surveys conducted for the Behavioral Risk Factor Surveillance System (BRFSS) to assess preventative services
- → The target response is identified by respondents who answered that they have Coronary Heart Disease or Myocardial Infarction (heart attack history)

## **Data Description**

- → 308,854 observations x 19 variables
  - 9 Categorical variables
  - 7 Numerical variables
  - ♦ 3 Ordinal variables
    - General\_Health
    - Checkup
    - Exercise
    - Heart\_Disease (Target)
    - Skin\_Cancer
    - Other\_Cancer
    - Depression
    - Diabetes
    - Arthritis
    - Sex

- Age\_Category
- Height\_.cm.
- Weight\_.kg.
- BMI
- Smoking\_History
- Alcohol\_Consumption
- Fruit\_Consumption
- Green\_Vegetables\_Consumption
- FriedPotato\_Consumption

## **Data Description**

- → 19 Variables
  - ♦ General\_Health (5 levels)
    - "Poor" "Very Good" "Good" "Fair" "Excellent"
  - Checkup (5 levels)
    - "Within the past 2 years" "Within the past year" "5 or more years ago" "Within the past 5 years" "Never"
  - Exercise
    - Yes / No. recreational within the last month
  - Heart\_Disease
    - Yes / No
  - Skin\_Cancer
    - Yes / No
  - Other\_Cancer
    - Yes / No
  - Depression
    - Yes / No
  - Diabetes (4 levels)
    - Yes / No
    - No, pre-diabetes or borderline diabetes
    - Yes, but female told only during pregnancy
  - Arthritis
    - Yes / No
  - Sex
    - Female / Male

- Age\_Category (13 levels)
  - "18-24" "25-29" "30-34" "35-39" "40-44" "45-49" "50-54" "55-59" "60-64" "65-69" "70-74" "75-79" "80+"
- Height\_.cm.
  - Numerical, ranged from 91 to 241
- Weight\_.kg.
  - Numerical, ranged from 24.95 to 293.02
- ♦ BMI
  - Numerical, ranged from 12.02 to 99.33
- Smoking\_History
  - Yes / No
- Alcohol\_Consumption
  - Numerical, # of days within the last month
- Fruit\_Consumption
  - Numerical, # of days within the last month
- Green\_Vegetables\_Consumption
  - Numerical, # of days within the last month
- FriedPotato\_Consumption
  - Numerical, # of days within the last month

# **Glimpse of the Data**

93.44

88.45

154.22

69.85

28.73 No

24.37 Yes

46.11 No

22.74 Yes

| - | General_Health = | Checkup ‡               | Exercise <sup>‡</sup> | Heart_Disease ‡ | Skin_Cancer ‡ | Other_Cancer | Depression * | Diabetes | Arthritis <sup>‡</sup> | Sex ÷  | Age_Category | Heightcm. |
|---|------------------|-------------------------|-----------------------|-----------------|---------------|--------------|--------------|----------|------------------------|--------|--------------|-----------|
| 1 | Poor             | Within the past 2 years | No                    | No              | No            | No           | No           | No       | Yes                    | Female | 70-74        | 150       |
| 2 | Very Good        | Within the past year    | No                    | Yes             | No            | No           | No           | Yes      | No                     | Female | 70-74        | 165       |
| 3 | Very Good        | Within the past year    | Yes                   | No              | No            | No           | No           | Yes      | No                     | Female | 60-64        | 163       |
| 4 | Poor             | Within the past year    | Yes                   | Yes             | No            | No           | No           | Yes      | No                     | Male   | 75-79        | 180       |
| 5 | Good             | Within the past year    | No                    | No              | No            | No           | No           | No       | No                     | Male   | 80+          | 191       |
| 6 | Good             | Within the past year    | No                    | No              | No            | No           | Yes          | No       | Yes                    | Male   | 60-64        | 183       |
| 7 | Fair             | Within the past year    | Yes                   | Yes             | No            | No           | No           | No       | Yes                    | Male   | 60-64        | 175       |
|   |                  |                         |                       |                 |               |              |              |          |                        |        |              |           |

| 4 | Poor     | Within the | past year | Yes       | Yes          | No          | No  | No          |         | Yes   |                      | No                   | Male  | 75-79         | 180      |
|---|----------|------------|-----------|-----------|--------------|-------------|-----|-------------|---------|-------|----------------------|----------------------|-------|---------------|----------|
| 5 | Good     | Within the | past year | No        | No           | No          | No  | No          | )       | No    |                      | No                   | Male  | 80+           | 191      |
| 6 | Good     | Within the | past year | No        | No           | No          | No  | Yes         | S       | No    |                      | Yes                  | Male  | 60-64         | 183      |
| 7 | Fair     | Within the | past year | Yes       | Yes          | No          | No  | No          |         | No    |                      | Yes                  | Male  | 60-64         | 175      |
|   |          |            |           |           |              |             |     |             |         |       |                      |                      |       |               |          |
|   |          |            |           |           |              |             |     |             |         |       |                      |                      |       |               |          |
| W | eightkg. | вмі ‡      | Smokin    | g_History | \$ Alcohol_6 | Consumption | • F | Fruit_Consu | umption | ≑ Gre | reen_Vegetables_Cons | umption <sup>†</sup> | Fried | lPotato_Consu | mption ‡ |

| 5 Good            | Within the | past year | No        | No           | No          | No |          | No        | No      |                         | No        | Male | 80+           | 191                  |
|-------------------|------------|-----------|-----------|--------------|-------------|----|----------|-----------|---------|-------------------------|-----------|------|---------------|----------------------|
| 6 Good            | Within the | past year | No        | No           | No          | No |          | Yes       | No      |                         | Yes       | Male | 60-64         | 183                  |
| 7 Fair            | Within the | past year | Yes       | Yes          | No          | No |          | No        | No      |                         | Yes       | Male | 60-64         | 175                  |
|                   |            |           |           |              |             |    |          |           |         |                         |           |      |               |                      |
|                   |            |           |           |              |             |    |          |           |         |                         |           |      |               |                      |
| Weightkg.         | вмі 🗦      | Smoking   | g_History | Alcohol_0    | Consumption | ÷  | Fruit_Co | nsumption | ÷       | Green_Vegetables_Consur | nption    | Frie | dPotato_Consu | umption 🗦            |
| Weightkg. \$32.66 |            |           | g_History | \$ Alcohol_0 | Consumption | 0  | Fruit_Co | •         | ‡<br>30 | Green_Vegetables_Consur | mption 16 |      | dPotato_Consu | umption <sup>‡</sup> |
|                   |            | Yes       | g_History | \$ Alcohol_0 | Consumption |    | Fruit_Co | •         |         | Green_Vegetables_Consur | -         |      | dPotato_Consu | •                    |
| 32.66             | 14.54      | Yes       | g_History | * Alcohol_0  | Consumption | 0  | Fruit_Co | •         | 30      | Green_Vegetables_Consur | 16        |      | dPotato_Consu | -                    |

0

0

0

0

30

12

16

30

12

12

## **Data Cleaning**

- → No missing values
- → 80 duplicate observations in the data
- → After removal:
  - ◆ Data set dimensions: 308,774 observations x 19 variables

## **Analysis Goal**

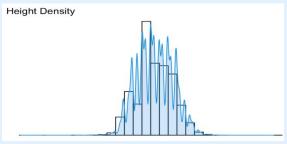
- → The goal is to find out which variables have the most significance to predict the risk of cardiovascular diseases.
- → With a person's health-related behaviors and chronic health conditions, what factors would be used to best identify a person who is at risk of having cardiovascular diseases?



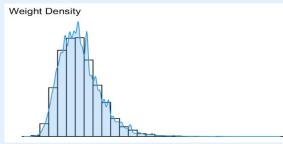


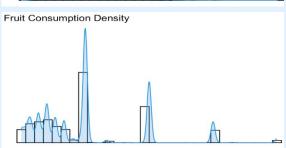
# **EDA**

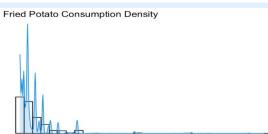
## **Distributions of Numerical Variables**

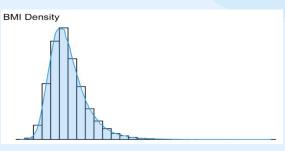


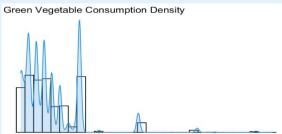














# Modeling

# **Logistic Regression Model (1)**

```
alm(formula = HD_Int ~ . - Heart_Disease, family = "binomial",
                                                                                                                                        Pr(>|z|)
                                                                                         (Intercept)
                                                                                                                                         < 2e-16 ***
    data = cvd
                                                                                         General_HealthFair
                                                                                                                                         < 2e-16 ***
                                                                                         General HealthGood
                                                                                                                                         < 2e-16 ***
Coefficients:
                                                                                                                                         < 2e-16 ***
                                                                                         General_HealthPoor
                                                        Estimate Std. Error z value
                                                                                         General_HealthVery Good
                                                                                                                                         < 2e-16 ***
                                                      -6.272e+00 4.939e-01 -12.698
(Intercept)
                                                                                         CheckupNever
                                                                                                                                        0.087919 .
General_HealthFair
                                                       1.707e+00 3.551e-02 48.059
                                                                                         CheckupWithin the past 2 years
                                                                                                                                        0.000371 ***
General_HealthGood
                                                       1.069e+00 3.362e-02 31.811
                                                                                         CheckupWithin the past 5 years
                                                                                                                                        0.083194
                                                                                         CheckupWithin the past year
                                                                                                                                         < 2e-16 ***
General_HealthPoor
                                                       2.250e+00 3.995e-02 56.319
                                                                                                                                        0.271973
                                                                                         ExerciseYes
General_HealthVery Good
                                                       5.127e-01 3.443e-02
                                                                              14.890
                                                                                         Skin_CancerYes
                                                                                                                                        8.15e-10 ***
CheckupNever
                                                       2.612e-01 1.531e-01
                                                                               1.706
                                                                                         Other_CancerYes
                                                                                                                                        0.013570 *
CheckupWithin the past 2 years
                                                       2.262e-01 6.353e-02
                                                                                         DepressionYes
                                                                                                                                         < 2e-16 ***
CheckupWithin the past 5 years
                                                       1.297e-01 7.485e-02
                                                                               1.732
                                                                                         DiabetesNo. pre-diabetes or borderline diabetes
                                                                                                                                        0.000388 ***
CheckupWithin the past year
                                                       5.235e-01 5.787e-02
                                                                               9.047
                                                                                         DiabetesYes
                                                                                                                                         < 2e-16 ***
ExerciseYes
                                                      -1.805e-02 1.643e-02
                                                                              -1.099
                                                                                         DiabetesYes, but female told only during pregnancy 0.236584
Skin_CancerYes
                                                       1.213e-01 1.975e-02
                                                                               6.142
                                                                                         ArthritisYes
                                                                                                                                         < 2e-16 ***
                                                                                         SexMale
                                                                                                                                         < 2e-16 ***
Other_CancerYes
                                                       4.802e-02 1.945e-02
                                                                               2.468
                                                                                         Age_Category25-29
                                                                                                                                        0.029134 *
DepressionYes
                                                       2.448e-01 1.812e-02
                                                                              13.509
                                                                                         Age_Category30-34
                                                                                                                                        4.13e-07 ***
DiabetesNo, pre-diabetes or borderline diabetes
                                                       1.462e-01 4.120e-02
                                                                               3.548
                                                                                         Age_Category35-39
                                                                                                                                        3.85e-10 ***
                                                       5.333e-01 1.695e-02 31.461
                                                                                         Age_Category40-44
                                                                                                                                         < 2e-16 ***
DiabetesYes, but female told only during pregnancy
                                                      1.292e-01 1.091e-01
                                                                               1.184
                                                                                         Age Category45-49
                                                                                                                                         < 2e-16 ***
                                                                                         Age_Category50-54
ArthritisYes
                                                       2.606e-01 1.534e-02 16.986
                                                                                                                                         < 2e-16 ***
                                                                                         Age_Category55-59
                                                                                                                                         < 2e-16 ***
SexMale
                                                       8.324e-01 2.098e-02 39.672
                                                                                         Age_Category60-64
                                                                                                                                         < 2e-16 ***
Age_Category25-29
                                                       3.063e-01 1.404e-01
                                                                               2.182
                                                                                                                                         < 2e-16 ***
                                                                                         Age_Category65-69
Age_Category30-34
                                                       6.373e-01 1.259e-01
                                                                               5.063
                                                                                         Age Category70-74
                                                                                                                                         < 2e-16 ***
Age_Category35-39
                                                       7.547e-01 1.206e-01
                                                                               6.260
                                                                                         Age_Category75-79
                                                                                                                                         < 2e-16 ***
Age_Category40-44
                                                       1.085e+00 1.149e-01
                                                                               9.441
                                                                                         Age_Category80+
                                                                                                                                         < 2e-16 ***
Age_Category45-49
                                                       1.463e+00 1.114e-01 13.139
                                                                                         Height_.cm.
                                                                                                                                        0.066368
Age_Category50-54
                                                       1.777e+00 1.085e-01 16.381
                                                                                         Weight_.kg.
                                                                                                                                        0.902127
                                                                                         BMI
                                                                                                                                        0.910157
                                                       2.116e+00 1.069e-01 19.789
Age_Category55-59
                                                                                         Smokina HistoryYes
                                                                                                                                         < 2e-16 ***
Age_Category60-64
                                                       2.356e+00 1.062e-01 22.184
                                                                                                                                         < 2e-16 ***
                                                                                         Alcohol Consumption
                                                       2.598e+00 1.059e-01 24.523
Age_Category65-69
                                                                                         Fruit_Consumption
                                                                                                                                        0.918677
Age_Category70-74
                                                       2.858e+00 1.059e-01 26.991
                                                                                         Green_Vegetables_Consumption
                                                                                                                                        0.131636
Age_Category75-79
                                                       3.097e+00 1.064e-01
                                                                              29.104
                                                                                                                                        0.481547
                                                                                         FriedPotato_Consumption
Age_Category80+
                                                       3.373e+00 1.062e-01 31.753
                                                                                         Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Height_.cm.
                                                      -5.191e-03 2.827e-03
                                                                              -1.836
Weight_.kg.
                                                       3.153e-04 2.564e-03
                                                                               0.123
                                                                                         (Dispersion parameter for binomial family taken to be 1)
                                                       8.352e-04 7.401e-03
                                                                               0.113
                                                       3.958e-01 1.481e-02 26.735
Smoking_HistoryYes
                                                                                             Null deviance: 173465 on 308773 degrees of freedom
Alcohol Consumption
                                                      -9.856e-03 9.141e-04 -10.782
```

0.102

1.508

-0.704

AIC: 137033

3.171e-05 3.105e-04

7.983e-04 5.295e-04

-6.098e-04 8.664e-04

Fruit\_Consumption

Green\_Vegetables\_Consumption

FriedPotato\_Consumption

Residual deviance: 136957 on 308736 degrees of freedom

Number of Fisher Scoring iterations: 7

#### Full Model

- AIC: 137,033
- Non-Significant Factors
  - Checkup
    - Never & Past 5 vrs.
  - Exercise
  - Diabetes
    - Pregnancy
  - Height
  - Weight
  - BMI
  - Fruit Consumption
  - Green Vegetables Consumption
  - Fried Potato Consumption

# Analysis of Deviance Test for Checkup + Diabetes

- → Check for overall significance of Checkup and Diabetes to the response variable
- → Both p-values are small, indicating significance to Heart Disease
- → Certain levels can still be labeled as non-significant

# **Multicollinearity Analysis (Full Model)**

- → 3 high VIF values
- → Indicates a multicollinearity problem

|                              | GVIF      | Df | GVIF^(1/(2*Df)) |
|------------------------------|-----------|----|-----------------|
| General_Health               | 1.293889  | 4  | 1.032731        |
| Checkup                      | 1.063265  | 4  | 1.007698        |
| Exercise                     | 1.171483  | 1  | 1.082351        |
| Skin_Cancer                  | 1.085002  | 1  | 1.041634        |
| Other_Cancer                 | 1.059698  | 1  | 1.029416        |
| Depression                   | 1.147095  | 1  | 1.071025        |
| Diabetes                     | 1.155402  | 3  | 1.024367        |
| Arthritis                    | 1.137940  | 1  | 1.066743        |
| Sex                          | 2.095054  | 1  | 1.447430        |
| Age_Category                 | 1.366381  | 12 | 1.013092        |
| Heightcm.                    | 17.958276 | 1  | 4.237721        |
| Weightkg.                    | 61.822837 | 1  | 7.862750        |
| ВМІ                          | 48.305413 | 1  | 6.950210        |
| Smoking_History              | 1.054379  | 1  | 1.026830        |
| Alcohol_Consumption          | 1.079800  | 1  | 1.039134        |
| Fruit_Consumption            | 1.104466  | 1  | 1.050936        |
| Green_Vegetables_Consumption | 1.100718  | 1  | 1.049151        |
| FriedPotato_Consumption      | 1.036166  | 1  | 1.017922        |

# **Logistic Regression Model (2)**

```
Pr(>|z|)
alm(formula = HD_Int ~ . - Heart_Disease - Height_.cm. - Weight_.kg. -
                                                                                                                                        < 2e-16 ***
                                                                                        (Intercept)
    BMI, family = "binomial", data = cvd)
                                                                                         General_HealthFair
                                                                                                                                        < 2e-16 ***
                                                                                                                                        < 2e-16 ***
                                                                                        General_HealthGood
Coefficients:
                                                                                                                                        < 2e-16 ***
                                                                                        General_HealthPoor
                                                        Estimate Std. Error z value
                                                                                                                                        < 2e-16 ***
                                                                                        General_HealthVery Good
(Intercept)
                                                      -7.079e+00 1.227e-01 -57.689
                                                                                        CheckupNever
                                                                                                                                        0.077397
General_HealthFair
                                                       1.715e+00 3.540e-02 48.457
                                                                                        CheckupWithin the past 2 years
                                                                                                                                       0.000327 ***
General HealthGood
                                                       1.076e+00 3.353e-02
                                                                                        CheckupWithin the past 5 years
                                                                                                                                        0.080453
                                                                              32.083
                                                                                        CheckupWithin the past year
                                                                                                                                        < 2e-16 ***
General_HealthPoor
                                                       2.258e+00 3.989e-02 56.592
                                                                                        ExerciseYes
                                                                                                                                        0.173913
General_HealthVery Good
                                                       5.149e-01 3.440e-02
                                                                              14.969
                                                                                        Skin_CancerYes
                                                                                                                                       3.31e-09 ***
CheckupNever
                                                       2.702e-01 1.530e-01
                                                                               1.766
                                                                                        Other_CancerYes
                                                                                                                                       0.017778 *
CheckupWithin the past 2 years
                                                       2.282e-01 6.352e-02
                                                                               3.593
                                                                                        DepressionYes
                                                                                                                                        < 2e-16 ***
                                                       1.308e-01 7.485e-02
CheckupWithin the past 5 years
                                                                               1.748
                                                                                        DiabetesNo, pre-diabetes or borderline diabetes
                                                                                                                                       0.000188 ***
                                                       5.265e-01 5.784e-02
                                                                               9.103
                                                                                        DiabetesYes
                                                                                                                                        < 2e-16 ***
CheckupWithin the past year
                                                                                        DiabetesYes, but female told only during pregnancy 0.218496
                                                                              -1.360
ExerciseYes
                                                      -2.223e-02 1.635e-02
                                                                                        ArthritisYes
                                                                                                                                        < 2e-16 ***
Skin_CancerYes
                                                       1.167e-01 1.973e-02
                                                                               5.915
                                                                                                                                        < 2e-16 ***
                                                                                        SexMale
                                                       4.609e-02 1.945e-02
                                                                               2.370
Other_CancerYes
                                                                                        Age_Category25-29
                                                                                                                                        0.026573 *
                                                       2.458e-01 1.811e-02
DepressionYes
                                                                              13.576
                                                                                        Age Category30-34
                                                                                                                                       3.24e-07 ***
DiabetesNo, pre-diabetes or borderline diabetes
                                                       1.535e-01 4.111e-02
                                                                                        Age_Category35-39
                                                                                                                                        2.65e-10 ***
DiabetesYes
                                                       5.380e-01 1.664e-02
                                                                              32.325
                                                                                        Age_Category40-44
                                                                                                                                        < 2e-16 ***
                                                                                                                                        < 2e-16 ***
DiabetesYes, but female told only during pregnancy
                                                      1.343e-01 1.091e-01
                                                                               1.231
                                                                                        Age_Category45-49
                                                                                                                                         < 2e-16 ***
                                                                                        Age_Category50-54
ArthritisYes
                                                       2.626e-01 1.523e-02
                                                                              17.244
                                                                                                                                         < 2e-16 ***
                                                                                        Age_Category55-59
SexMale
                                                       7.601e-01 1.541e-02
                                                                              49.309
                                                                                        Age_Category60-64
                                                                                                                                         < 2e-16 ***
                                                       3.113e-01 1.404e-01
Age_Category25-29
                                                                               2.218
                                                                                        Age_Category65-69
                                                                                                                                         < 2e-16 ***
                                                       6.429e-01 1.258e-01
Age_Category30-34
                                                                               5.109
                                                                                        Age_Category70-74
                                                                                                                                         < 2e-16 ***
Age_Category35-39
                                                       7.612e-01 1.205e-01
                                                                               6.318
                                                                                        Age Category75-79
                                                                                                                                         < 2e-16 ***
Age_Category40-44
                                                       1.092e+00 1.148e-01
                                                                               9.505
                                                                                        Age Category80+
                                                                                                                                         < 2e-16 ***
                                                                                                                                        < 2e-16 ***
Age_Category45-49
                                                       1.470e+00 1.113e-01
                                                                              13.207
                                                                                        Smokina_HistorvYes
                                                                                                                                        < 2e-16 ***
                                                                                        Alcohol_Consumption
Age_Category50-54
                                                       1.785e+00 1.084e-01
                                                                              16,461
                                                                                                                                        0.981750
                                                                                        Fruit_Consumption
Age_Category55-59
                                                       2.124e+00 1.069e-01
                                                                              19.866
                                                                                                                                       0.153487
                                                                                        Green_Vegetables_Consumption
Age_Category60-64
                                                       2.363e+00 1.062e-01
                                                                              22.259
                                                                                        FriedPotato_Consumption
                                                                                                                                       0.433863
Age_Category65-69
                                                       2.606e+00 1.059e-01
                                                                              24.606
Age_Category70-74
                                                       2.868e+00 1.059e-01 27.091
                                                                                        Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Age_Category75-79
                                                       3.109e+00 1.064e-01 29.223
Age_Category80+
                                                       3.386e+00 1.061e-01
                                                                              31.903
                                                                                        (Dispersion parameter for binomial family taken to be 1)
Smoking_HistoryYes
                                                       3.931e-01 1.478e-02
                                                                              26.593
```

-1.006e-02 9.129e-04 -11.022

0.023

1.427

-0.783

AIC: 137056

7.103e-06 3.105e-04

7.560e-04 5.297e-04

-6.783e-04 8.667e-04

Alcohol\_Consumption

Green\_Vegetables\_Consumption

FriedPotato\_Consumption

Fruit\_Consumption

Null deviance: 173465 on 308773 degrees of freedom

Residual deviance: 136986 on 308739 degrees of freedom

Number of Fisher Scoring iterations: 7

#### Reduced Model 1

- Based off of Multicollinearity Results
- → Removed Variables
  - Height
  - Weight
  - ◆ BMI
- → Non-Significant Factors
  - ◆ Checkup (Never & Past 5
    - <u>yrs.)</u> Exercise
    - Diabetes (Pregnancy)
    - Diabetes (Fregriancy)
    - Fruit ConsumptionGreen Vegetables
    - Consumption
    - Fried PotatoConsumption
- AIC: 137,056 > Full Model
  - More complex than Full

# **Multicollinearity Analysis (Reduced Model 1)**

→ No sign of multicollinearity

|                              | GVIF     | Df | GVIF^(1/(2*Df)) |
|------------------------------|----------|----|-----------------|
| General_Health               | 1.281180 | 4  | 1.031457        |
| Checkup                      | 1.060951 | 4  | 1.007423        |
| Exercise                     | 1.159146 | 1  | 1.076637        |
| Skin_Cancer                  | 1.082643 | 1  | 1.040501        |
| Other_Cancer                 | 1.058826 | 1  | 1.028993        |
| Depression                   | 1.145372 | 1  | 1.070221        |
| Diabetes                     | 1.111833 | 3  | 1.017825        |
| Arthritis                    | 1.121720 | 1  | 1.059113        |
| Sex                          | 1.130849 | 1  | 1.063414        |
| Age_Category                 | 1.269022 | 12 | 1.009976        |
| Smoking_History              | 1.051306 | 1  | 1.025332        |
| Alcohol_Consumption          | 1.076278 | 1  | 1.037438        |
| Fruit_Consumption            | 1.104214 | 1  | 1.050816        |
| Green_Vegetables_Consumption | 1.100307 | 1  | 1.048955        |
| FriedPotato_Consumption      | 1.035179 | 1  | 1.017437        |

# **Logistic Regression Model (3)**

```
glm(formula = HD_Int ~ General_Health + Checkup + Skin_Cancer +
                                                                                                                                      Pr(>|z|)
                                                                                      (Intercept)
                                                                                                                                       < 2e-16 ***
   Other_Cancer + Depression + Diabetes + Arthritis + Sex +
                                                                                                                                       < 2e-16 ***
                                                                                      General HealthFair
   Age_Category + Height_.cm. + Weight_.kg. + Smoking_History +
                                                                                                                                       < 2e-16 ***
                                                                                      General HealthGood
   Alcohol_Consumption + Green_Vegetables_Consumption, family = "binomial",
                                                                                      General_HealthPoor
                                                                                                                                       < 2e-16 ***
   data = cvd)
                                                                                      General HealthVery Good
                                                                                                                                       < 2e-16 ***
                                                                                      CheckupNever
                                                                                                                                      0.086507 .
Coefficients:
                                                                                                                                      0.000371 ***
                                                                                     CheckupWithin the past 2 years
                                                      Estimate Std. Error z value
                                                                                     CheckupWithin the past 5 years
                                                                                                                                      0.083886 .
(Intercept)
                                                    -6.2311969 0.2005056 -31.077
                                                                                     CheckupWithin the past year
                                                                                                                                       < 2e-16 ***
General_HealthFair
                                                     1.7096980 0.0352880
                                                                            48.450
                                                                                                                                      9.46e-10 ***
                                                                                     Skin_CancerYes
General HealthGood
                                                     1.0702314 0.0335476
                                                                           31.902
                                                                                     Other_CancerYes
                                                                                                                                      0.013628 *
General_HealthPoor
                                                     2.2560762 0.0394223
                                                                           57,228
                                                                                     DepressionYes
                                                                                                                                       < 2e-16 ***
                                                     0.5123969 0.0344188
                                                                           14.887
                                                                                     DiabetesNo. pre-diabetes or borderline diabetes
                                                                                                                                      0.000386 ***
General_HealthVery Good
                                                                                                                                       < 2e-16 ***
                                                                                     DiabetesYes
CheckupNever
                                                     0.2623874 0.1530742
                                                                             1.714
                                                                                     DiabetesYes, but female told only during pregnancy 0.239740
CheckupWithin the past 2 years
                                                     0.2260931 0.0635142
                                                                             3.560
                                                                                     ArthritisYes
                                                                                                                                       < 2e-16 ***
                                                     0.1293801 0.0748481
                                                                             1.729
CheckupWithin the past 5 years
                                                                                      SexMale
                                                                                                                                       < 2e-16 ***
CheckupWithin the past year
                                                     0.5234075 0.0578510
                                                                             9.048
                                                                                      Age_Category25-29
                                                                                                                                      0.029011 *
Skin_CancerYes
                                                                             6.118
                                                     0.1207921 0.0197426
                                                                                      Age_Category30-34
                                                                                                                                      4.01e-07 ***
Other CancerYes
                                                                0.0194509
                                                                             2,467
                                                                                     Age Category35-39
                                                                                                                                      3.66e-10 ***
DepressionYes
                                                     0.2456192 0.0181038
                                                                           13.567
                                                                                      Age_Category40-44
                                                                                                                                       < 2e-16 ***
DiabetesNo. pre-diabetes or borderline diabetes
                                                                0.0412005
                                                                             3.549
                                                                                      Age_Category45-49
                                                                                                                                       < 2e-16 ***
DiabetesYes
                                                     0.5340382
                                                                0.0169280
                                                                            31.548
                                                                                     Age_Category50-54
                                                                                                                                       < 2e-16 ***
DiabetesYes, but female told only during pregnancy
                                                     0.1283153
                                                                0.1091454
                                                                            1.176
                                                                                                                                       < 2e-16 ***
                                                                                     Age_Category55-59
ArthritisYes
                                                     0.2607693
                                                                0.0153372
                                                                            17.002
                                                                                                                                       < 2e-16 ***
                                                                                     Age_Category60-64
                                                                                                                                       < 2e-16 ***
                                                     0.8303160
                                                                0.0208292
                                                                            39.863
                                                                                     Age_Category65-69
SexMale
                                                     0.3065668 0.1404123
                                                                             2.183
                                                                                     Age_Category70-74
                                                                                                                                       < 2e-16 ***
Age_Category25-29
                                                                                                                                       < 2e-16 ***
Age_Category30-34
                                                     0.6379956 0.1258801
                                                                             5.068
                                                                                     Age_Category75-79
                                                                                     Age_Category80+
                                                                                                                                       < 2e-16 ***
Age_Category35-39
                                                     0.7555672 0.1205478
                                                                             6.268
                                                                                     Height_.cm.
                                                                                                                                      4.77e-08 ***
Age Category40-44
                                                     1.0867726 0.1149207
                                                                             9.457
                                                                                      Weight_.kg.
                                                                                                                                      0.110351
Age_Category45-49
                                                     1.4656747 0.1113442
                                                                           13.163
                                                                                      Smokina_HistoryYes
                                                                                                                                       < 2e-16 ***
Age Category50-54
                                                     1.7798942 0.1084610
                                                                            16.410
                                                                                      Alcohol_Consumption
                                                                                                                                       < 2e-16 ***
Age_Category55-59
                                                     2.1195917 0.1068943
                                                                            19.829
                                                                                     Green_Vegetables_Consumption
                                                                                                                                      0.148370
Age_Category60-64
                                                     2.3592314 0.1061230
                                                                           22.231
                                                     2.6013223 0.1058589
                                                                            24.573
Age_Category65-69
                                                                                     Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Age_Category70-74
                                                     2.8618893 0.1058114
                                                                            27.047
Age_Category75-79
                                                     3.1015121 0.1063255
                                                                           29.170
                                                                                     (Dispersion parameter for binomial family taken to be 1)
Age_Category80+
                                                     3.3787104 0.1060891
                                                                           31.848
```

-5.460

1.597

AIC: 137027

Null deviance: 173465 on 308773 degrees of freedom Residual deviance: 136959 on 308740 degrees of freedom

Number of Fisher Scoring iterations: 7

-0.0055565 0.0010177

0.0007387 0.0005111

-0.0098946

0.0147515

0.0009135 -10.832

Heiaht\_.cm.

Weight\_.kg.

Smoking\_HistoryYes

Alcohol Consumption

Green\_Vegetables\_Consumption

- Stepwise Regression of Full Model
- → Removed Variables
  - Exercise
  - ◆ BMI
  - Fruit Consumption
  - Fried Potato Consumption
- → Non-Significant Factors
  - ♦ Checkup (Never & Past 5
    - Diabetes (Pregnancy)
    - ♦ Weight

yrs.)

- Green VegetablesConsumption
- → AIC: 137,027 < Full Model</p>
  - Less complex than full

# **Multicollinearity Analysis (Stepwise Model)**

→ No sign of multicollinearity

|                              | GVIF     | Df | GVIF^(1/(2*Df)) |
|------------------------------|----------|----|-----------------|
| General_Health               | 1.216653 | 4  | 1.024816        |
| Checkup                      | 1.062218 | 4  | 1.007573        |
| Skin_Cancer                  | 1.083744 | 1  | 1.041030        |
| Other_Cancer                 | 1.059274 | 1  | 1.029210        |
| Depression                   | 1.144614 | 1  | 1.069866        |
| Diabetes                     | 1.152001 | 3  | 1.023864        |
| Arthritis                    | 1.137527 | 1  | 1.066549        |
| Sex                          | 2.064662 | 1  | 1.436893        |
| Age_Category                 | 1.339493 | 12 | 1.012253        |
| Heightcm.                    | 2.326569 | 1  | 1.525310        |
| Weightkg.                    | 1.502236 | 1  | 1.225657        |
| Smoking_History              | 1.046645 | 1  | 1.023057        |
| Alcohol_Consumption          | 1.077918 | 1  | 1.038228        |
| Green_Vegetables_Consumption | 1.025018 | 1  | 1.012432        |

# 05

# Model Analysis

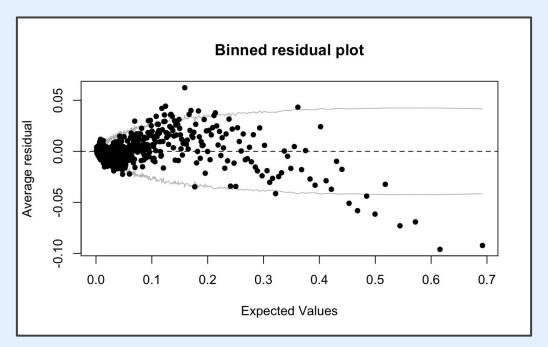
## **ANOVA (Full Model)**

|                              | Df     | Sum Sq | Mean Sq | F value  | Pr(>F)   |     |
|------------------------------|--------|--------|---------|----------|----------|-----|
| General_Health               | 4      | 1429   | 357.3   | 5497.475 | < 2e-16  | *** |
| Checkup                      | 4      | 119    | 29.7    | 456.776  | < 2e-16  | *** |
| Exercise                     | 1      | 14     | 14.0    | 215.936  | < 2e-16  | *** |
| Skin_Cancer                  | 1      | 128    | 127.9   | 1968.513 | < 2e-16  | *** |
| Other_Cancer                 | 1      | 36     | 36.3    | 558.612  | < 2e-16  | *** |
| Depression                   | 1      | 8      | 8.2     | 126.209  | < 2e-16  | *** |
| Diabetes                     | 3      | 268    | 89.4    | 1375.067 | < 2e-16  | *** |
| Arthritis                    | 1      | 106    | 105.7   | 1627.085 | < 2e-16  | *** |
| Sex                          | 1      | 164    | 163.7   | 2519.636 | < 2e-16  | *** |
| Age_Category                 | 12     | 559    | 46.6    | 716.544  | < 2e-16  | *** |
| Heightcm.                    | 1      | 1      | 0.9     | 14.016   | 0.000181 | *** |
| Weightkg.                    | 1      | 1      | 1.5     | 23.032   | 1.59e-06 | *** |
| BMI                          | 1      | 0      | 0.1     | 0.877    | 0.348892 |     |
| Smoking_History              | 1      | 44     | 44.0    | 677.229  | < 2e-16  | *** |
| Alcohol_Consumption          | 1      | 10     | 9.8     | 150.987  | < 2e-16  | *** |
| Fruit_Consumption            | 1      | 0      | 0.0     | 0.653    | 0.418894 |     |
| Green_Vegetables_Consumption | 1      | 0      | 0.2     | 2.889    | 0.089176 |     |
| FriedPotato_Consumption      | 1      | 0      | 0.1     | 0.841    | 0.359101 |     |
| Residuals                    | 308736 | 20064  | 0.1     |          |          |     |
|                              |        |        |         |          |          |     |
| Signif. codes: 0 '***' 0.001 | ·**' 0 | .01 '* | ' 0.05' | .' 0.1'  | ' 1      |     |

- → Non-Significant Factors
  - ◆ BMI
  - Fruit Consumption
  - Green VegetablesConsumption
  - Fried Potato Consumption

## **Binned Residuals (Full Model)**

- → Many outliers
- → Decreasing pattern



# **Model Accuracy (Full Model)**

→ Accuracy: 0.9193261

→ Area Under Curve: 0.8351

| Confusion Matrix     | Predicted No Heart<br>Disease | Predicted Heart<br>Disease |
|----------------------|-------------------------------|----------------------------|
| No Heart Disease     | 282,311                       | 1,492                      |
| <b>Heart Disease</b> | 23,418                        | 1,553                      |

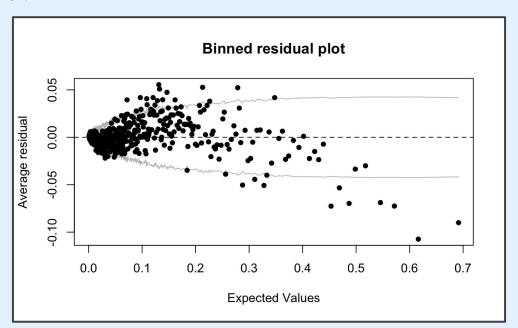
## **ANOVA (Reduced Model 1)**

|                              | Df     | Sum Sq  | Mean Sq | F value  | Pr(>F) |     |
|------------------------------|--------|---------|---------|----------|--------|-----|
| General_Health               | 4      | 1429    | 357.3   | 5496.895 | <2e-16 | *** |
| Checkup                      | 4      | 119     | 29.7    | 456.728  | <2e-16 | *** |
| Exercise                     | 1      | 14      | 14.0    | 215.914  | <2e-16 | *** |
| Skin_Cancer                  | 1      | 128     | 127.9   | 1968.306 | <2e-16 | *** |
| Other_Cancer                 | 1      | 36      | 36.3    | 558.553  | <2e-16 | *** |
| Depression                   | 1      | 8       | 8.2     | 126.195  | <2e-16 | *** |
| Diabetes                     | 3      | 268     | 89.4    | 1374.922 | <2e-16 | *** |
| Arthritis                    | 1      | 106     | 105.7   | 1626.913 | <2e-16 | *** |
| Sex                          | 1      | 164     | 163.7   | 2519.370 | <2e-16 | *** |
| Age_Category                 | 12     | 559     | 46.6    | 716.469  | <2e-16 | *** |
| Smoking_History              | 1      | 44      | 44.3    | 681.413  | <2e-16 | *** |
| Alcohol_Consumption          | 1      | 10      | 9.6     | 148.111  | <2e-16 | *** |
| Fruit_Consumption            | 1      | 0       | 0.1     | 0.847    | 0.3573 |     |
| Green_Vegetables_Consumption | 1      | 0       | 0.2     | 3.163    | 0.0753 | .   |
| FriedPotato_Consumption      | 1      | 0       | 0.1     | 1.326    | 0.2495 |     |
| Residuals                    | 308739 | 20067   | 0.1     |          |        |     |
|                              |        |         |         |          |        |     |
| Signif. codes: 0 '***' 0.001 | ·** (  | 0.01 '* | ' 0.05' | .'0.1'   | ' 1    |     |

- → Non-Significant Factors
  - Fruit Consumption
  - Green VegetablesConsumption
  - Fried PotatoConsumption

# **Binned Residuals (Reduced Model 1)**

- → Many outliers
- → Not too different from Full Model
- → Decreasing pattern



# **Model Accuracy (Reduced Model 1)**

→ Accuracy: 0.9193876

→ Area Under Curve: 0.835

| Confusion Matrix     | Predicted No Heart<br>Disease | Predicted Heart<br>Disease |  |  |  |
|----------------------|-------------------------------|----------------------------|--|--|--|
| No Heart Disease     | 282,350                       | 1,453                      |  |  |  |
| <b>Heart Disease</b> | 23,438                        | 1,533                      |  |  |  |

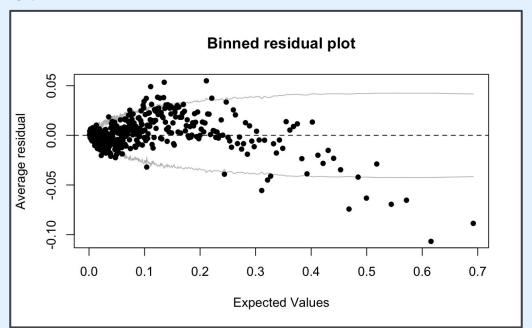
# **ANOVA (Stepwise Model)**

|                              | Df       | Sum Sq  | Mean Sq | F value   | Pr(>F)     |     |
|------------------------------|----------|---------|---------|-----------|------------|-----|
| General_Health               | 4        | 1429    | 357.3   | 5497.361  | < 2e-16 *  | *** |
| Checkup                      | 4        | 119     | 29.7    | 456.767   | < 2e-16 *  | k** |
| Skin_Cancer                  | 1        | 127     | 127.1   | 1955.380  | < 2e-16 *  | k** |
| Other_Cancer                 | 1        | 37      | 36.9    | 567.510   | < 2e-16 *  | *** |
| Depression                   | 1        | 8       | 7.6     | 117.540   | < 2e-16 *  | *** |
| Diabetes                     | 3        | 276     | 91.9    | 1413.357  | < 2e-16 *  | *** |
| Arthritis                    | 1        | 108     | 108.2   | 1664.915  | < 2e-16 *  | *** |
| Sex                          | 1        | 160     | 160.3   | 2466.710  | < 2e-16 *  | *** |
| Age_Category                 | 12       | 566     | 47.2    | 725.694   | < 2e-16 *  | *** |
| Heightcm.                    | 1        | 1       | 1.0     | 15.338    | 8.99e-05 * | *** |
| Weightkg.                    | 1        | 1       | 1.2     | 19.167    | 1.20e-05 * | *** |
| Smoking_History              | 1        | 45      | 44.7    | 687.230   | < 2e-16 *  | *** |
| Alcohol_Consumption          | 1        | 10      | 10.1    | 154.808   | < 2e-16 *  | *** |
| Green_Vegetables_Consumption | 1        | 0       | 0.2     | 2.468     | 0.116      |     |
| Residuals                    | 308740   | 20065   | 0.1     |           |            |     |
|                              |          |         |         |           |            |     |
| Signif. codes: 0 '***' 0.001 | . '**' @ | 0.01 '* | 0.05'   | . ' 0.1 ' | ' 1        |     |

- → Non-Significant Factor
  - Green VegetablesConsumption

# **Binned Residuals (Stepwise Model)**

- → Many outliers
- → Looks similar to other models
- → Decreasing pattern



# **Model Accuracy (Stepwise Model)**

→ Accuracy: 0.9193488

→ Area Under Curve: 0.8351

| Confusion Matrix     | Predicted No Heart<br>Disease | Predicted Heart<br>Disease |  |  |  |
|----------------------|-------------------------------|----------------------------|--|--|--|
| No Heart Disease     | 282,317                       | 1,486                      |  |  |  |
| <b>Heart Disease</b> | 23,417                        | 1,554                      |  |  |  |

# 06

# **Conclusions**

#### **Conclusions**

- 1. In terms of model accuracy, the best-to-worst of the 3 models are:
  - a. Reduced Model 1
  - b. Stepwise Model
  - c. Full Model
- 2. For future use, it would be possible to obtain better performing results with other techniques like Ridge or Lasso Regression.
  - a. Transform the data to have a more standardized pattern
  - b. Target more specific characteristics to look into