

Group Report

Medical Application and Health-care
Nicolò Vella

Introduction

This project investigates the real-world effectiveness of anti-calcitonin gene-related peptide (CGRP) monoclonal antibodies (mAbs) in the treatment of chronic migraine. Utilizing a dataset from a prospective study of 179 subjects, the analysis focuses on the reduction of monthly migraine days (MMDs) across three consecutive one-year treatment cycles based on patient-reported diaries.

The cohort comprises individuals with chronic migraine (attacks >15 days/month), a condition associated with significant disability and comorbidities such as depression and anxiety. From a therapeutic perspective, patients were treated with one of three CGRP-targeting mAbs: erenumab (n=117), galcanezumab (n=53), and fremanezumab (n=9). Additionally, the dataset captures treatment history, noting that 31 patients had previously failed botulinum toxin treatment, while 87 had experienced a positive response.

Data Exploration

Baseline Data

Demographic and anthropometric measures such as AGE, WEIGHT, BMI, and INT_T0 show relatively smooth, unimodal distributions with limited outliers, suggesting good measurement quality. In contrast, several clinical-history variables (AGE_OF_ONSET, AGE_W_CHRONICMIGRAINE, MONTHS_OF_TREAT, and NUM_TRAT) are clearly right-skewed, indicating that most patients experienced early onset or shorter disease/treatment durations, with a smaller subset having long-standing or intensive treatment histories.

Longitudinal data

Overall, the categorical variables describe a heterogeneity in treatments, comorbidities, and symptoms, and a non-negligible amount of missing data (NA) across many features. Treatment-related variables show that most patients have been exposed to at least one preventive or symptomatic therapy, reflecting the real-world prescribing patterns. Comorbidity-related features (Hypertension, Sleep_Disorders, Psychopathological) are mostly absent but present in a relevant minority, while FAMILIARITY is common, supporting a genetic predisposition. SEX is markedly imbalanced, with a predominance of females, consistent with migraine epidemiology.

Demographic and Clinical Baseline Analysis

The demographic data confirms a female-predominant cohort (consistent with migraine epidemiology), with a slightly lower mean age for women (50.7 years) compared to men (53.1 years). Clinical history analysis reveals a strong genetic component, with 53% of patients reporting a family history of migraine. In terms of pharmacological history, patients show a "real-world" heterogeneity in previous treatments. Before starting monoclonal antibodies (mAbs), the largest proportion of patients (40%) utilized an association of different drugs, followed by combination drugs (30%). Regarding the current study treatment, the majority were assigned to Erenumab (117 patients), followed by Galcanezumab (53) and Fremanezumab (9).

Longitudinal Efficacy Analysis

The longitudinal data demonstrates a clear, positive therapeutic effect.

This represents an average reduction of 4.8 days by the third cycle. The trend graph confirms that Cycle 3 consistently maintains the lowest trajectory of migraine days compared to previous cycles.

Intensity vs. Frequency: A crucial finding is the discrepancy between frequency and severity. While MMDs decreased linearly, the mean headache intensity did not show a corresponding downward trend. This suggests that while mAbs effectively reduce the number of attacks, the breakthrough attacks that do occur remain significant in pain severity.

Response rates indicate that the highest proportion of responders is observed in the first cycle with a Reduction of 61%.

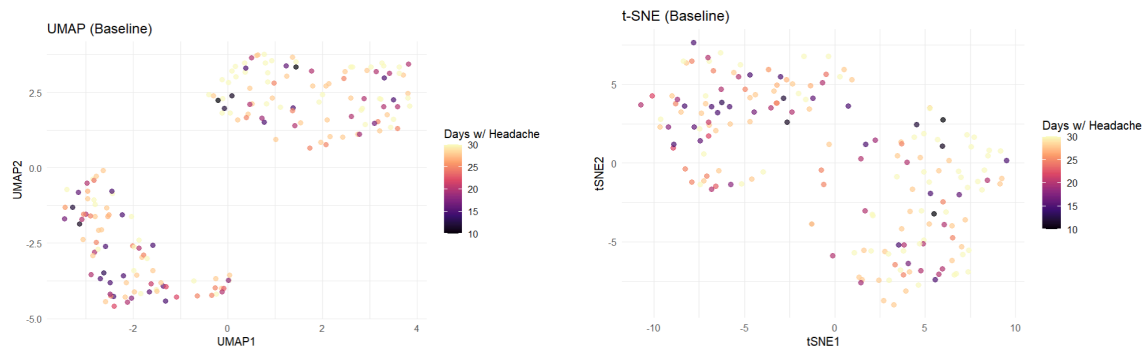
Missingness, Imputation and Analysis of the Data

Figure 1 displays six dot plots showing the distribution of variables across five categories (0-4). The variables are HIT6, AGE, SEX, BMI, HADSa, HADSd, and GCEFT0. Each plot has a y-axis representing frequency (0-80 for HIT6, HADSa; 0-30 for AGE, HADSd, GCEFT0; 0-30 for SEX, BMI). The x-axis represents categories 0, 1, 2, 3, 4, 5. Data points are represented by blue and red dots.

We decided to keep and impute all variables, and choose eventually to drop them if the task based on the data imputed would have poor quality results for the models.

Both t-SNE and UMAP analyses reveal a distinct bimodal structure, separating the population into two major, disconnected clusters. Notably, disease severity does not drive this separation, as high-severity cases are distributed across both groups. Instead, this split suggests a dominant categorical variable

is the primary differentiator, likely reflecting biological sex or diagnosis type (e.g., Episodic vs.



Chronic).

Analysis of longitudinal data

The application of non-linear dimensionality reduction techniques, specifically t-SNE and UMAP, successfully reveals the latent topological structure of the clinical data, offering a superior representation to linear PCA by robustly handling outliers. The validity of this landscape is confirmed by a distinct visual gradient of HIT-6 scores, demonstrating that objective inputs like headache intensity is a strong predictor of subjective patient burden. Crucially, the UMAP projection uncovers a functional "trajectory of recovery," where successful treatment is observable as a physical migration of patient data points from severe, high-impact clusters at baseline toward mild, low-impact regions over time.

