Here we give the ADMM algorithm for fitting the lasso problem:

$$\min_{\beta} \frac{1}{2n} (X\beta - y)^2 + \lambda |\beta|$$

We frame this question in ADMM way:

$$\min_{\beta,\alpha} \frac{1}{2n} (X\beta - y)^2 + \lambda |\alpha|$$

under condition
$$\beta - \alpha = 0$$

We write the augmented Lagrangian

$$\frac{1}{2n}(X\beta - y)^2 + \lambda |\alpha| + y^T(\beta - \alpha) + \frac{\rho}{2}(\beta - \alpha)^2$$

The algorithm follows

$$\begin{split} \beta^{k+1} &= \arg \, \min_{\beta} \frac{1}{2n} (X\beta - y)^2 + \frac{\rho}{2} (\beta - v^k)^2 \\ \alpha^{k+1} &= \arg \, \min_{\alpha} \lambda |\alpha| + \frac{\rho}{2} (\alpha - w^k)^2 \\ u^{k+1} &= u^k + \beta^{k+1} - \alpha^{k+1} \\ v^k &= \alpha^k - u^k \\ w^k &= \beta^{k+1} + u^k \end{split}$$

Update for both β and α are solvable problems

$$\begin{split} \beta^{k+1} &= \arg \, \min_{\beta} \frac{1}{2n} (X\beta - y)^2 + \frac{\rho}{2} (\beta + v^k)^2 = (\frac{1}{n} X^T X + \rho I)^{-1} (\frac{1}{n} X^T y + \rho v^k) \\ \alpha^{k+1} &= \arg \, \min_{\alpha} \lambda |\alpha| + \frac{\rho}{2} (\alpha - w^k)^2 = S_{\frac{\lambda}{\rho}}(w^k) \end{split}$$