Reflection paper is a very common type of paper among college students. Almost any subject you enroll in requires you to express your opinion on certain matters.

Reflection papers typically do not follow any specific format. Since it is your opinion, professors usually let you handle them any way you are comfortable with.If your reflection paper was assigned to you, the format of paper might depend on the criteria set by your professor. College reflection papers can typically range between 400-800 words in length.

The first thing to do when beginning to work on a reflection essay is to read your article thoroughly while taking notes. You can start writing your reflection paper by summarizing the main concept of your notes. After you have finished reading article, it’s time to brainstorm.For that answer some of the basic questions below:

* How did the article affect you?
* How does this article catch the reader’s attention (or does it all)?

The end result of your brainstorming should be a written outline of the contents of your future paper.

Follow the structure below to write a reflection paper:

**Introduction**

Your introduction should specify what you’re reflecting upon. Make sure that your thesis informs your reader about your general position, or opinion, toward your subject.

* State what you are analysing: a passage, a lecture, an academic article, an experience, etc...)
* Briefly summarize the work.
* Write a thesis statement stating how your subject has affected you.

### Body Paragraphs

The body paragraphs should examine the ideas and experiences you’ve had in context to your topic. Make sure each new body paragraph starts with a topic sentence.

If you are writing about a book or an academic article, your reflection may include quotes and passages. They give your reader a point of reference to fully understand your feedback. Feel free to describe what you saw, what you heard, and how you felt.

### Conclusion

As with any conclusion, you should summarize what you’ve learned from the experience. Tell the reader how your newfound knowledge has affected your understanding of the subject in general. Describe the feeling and overall lesson you had as a result of the reading or experience.