

My son Nihan who is 6 years old, has mild behavioural issues which we want to confirm if it is actually normal in children. Nihan was born in India and his mother got Postpartum depression along with some psychiatric problems for which she was taking medication during his breast feeding times and so on. When he is 8 months old we all moved to Germany, from that period onwards he has got the bonding time with his mother and everything was going very well. He was a normal kid only problem we were facing was to get rid of his finger sucking habit. From 2 year old onwards he started going to Kindergarten and he has a small group of Indian friends whom he feels very comfortable and was happy with them. Only thing that we noticed is that he lacks a social smile and he interacts with only with selected teachers and friends whom he feels comfortable and not with everyone. But this all seems to be okay for us because all children are different.

Last year all his close friends left the kindergarten and he became friends with two boys (Turkish and North Indian). From that time onwards we noticed some changes in him. He was constantly coming and complaining to his Mother about their bad behaviours, they both constantly tease him which he feels very uncomfortable. He is a child who is very emotionally sensitive and in his earliest stages he does not even react to them. As parents we informed these children's parents about this and nothing helped.

We noticed that whenever Nihan is crying for any other reason, he used to tell his insecurities like "I don't have anyone, no one understands me" like that... Once this is noticed by my friend's son who is of same age advised Nihan to respond to it. He told him if nothing works give these children nice beatings if they tease you and he started doing it. But that time onwards he has some unusual behavioural changes.

Whenever he gets over happy or over sad, he used to howl and make loud noises for a particular period of time, which we cannot control him by any means. We used to practice Gentle parenting usually and very rarely his father slightly give beatings with hands that too very gentle. But those times we used to tell him "sorry" after it.

During his emotional breakdown he used to be so adamant, he used to self sooth himself by stamping both of his legs on to the floor. The main problem is the unusual sounds which is so loud that he is making which everyone feels very odd and uncomfortable. One of my friend noticed that and asked us if he has some issues and she told about a metal poisoning in children which is very frequent in Europe.

Despite of this issue my son is very well behaved and kind to everyone whom he is close with and is very intellectually very good. We don't give him screen time and he enjoys doing Legos and Puzzles.

Just wanted to see if all these are normal or not