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# Truck

**Refrigerator**

ThermoKing

Illinois Auto Central MAP SalesServiceBus ACContainer ServiceRail Service

4750 South Central Avenue

Chicago, IL 60638

Hours: Monday-Friday (7:00 AM - 11:30 PM)

Saturday (7:00 AM - 3:30 PM)

Phone:

Fax:

Website: (708) 563-2700

(708) 563-1052

www.illinoisautothermoking.com

10/17 Spoke to Dave

5" insulation

Morgan 8 out 10

Supreme

Kidron

Recommends a door switch for the refrigerator so that it can be shut off when the doors are opened

[smith.dave@iaeco.net](mailto:smith.dave@iaeco.net)

Waiting for a quote

Recommended Bob Fermansky @ IL Isuzu Truck Centre

**Chassis**

109, 132.5, 150, 176, 200, 212

ILLINOIS ISUZU TRUCK CENTRE  
700 Devon Avenue Elk Grove Village IL 60007  
888-446-3594

Left phone number for Bob Fermanski

Bob called back. Going on vacation 10/18-2?

One NRR 2xx” left, hard to get 176”

Will try to connect with someone with experience in ic

Lead time – 6 weeks

# Names

Magna - Great

Stella - Star

Proprium - Distinctive

Prima - First

Unicum - Peerless

Prime - Prima

Orbis - World

Certus - Dependable

verum - True

Choose a latin word from above and add Food Distributors, Inc.

Give me a rank for all.

20'

From Armansky

2 pallet-wide truck

bread

- 2 hr delivery in a non-insulated truck, w/o freezer

- 1 week in refridgerator, w/o freezer

Size of body

Options

- diff

-

(815) 651-6012 Chris Isuzu dealer

Supreme Sales Midwest

(800) 642-4889

www.supremecorp.com

Gretchen ext. 387

Phil Roberts ext. 214 - ThermoKing Engineer @ Supreme

$14,200 body

- pre-cut for TK

- side-mounted door w/ ladder

$449 Chicago bumper

$644 recessed stepwell

$131 insulate stepwell

$274 reefer service platform

$19 reefer service platform handle

$213 3 steps for service platform

ThermoKing

Spoke to Jason, he will relay message

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www.illinoisautothermoking.com

# Trucks

<http://www.isellpro.com/run?cat=Trucks&cl=Trucks>

<http://www.truckcenter.com/>

<http://www.magnamtruck.com/used-inventory/index.htm?listingConfigId=auto-used&compositeType=&year=&make=&bodyStyle=TRUCKS+-+Reefer+Unit+Truck&internetPrice=&start=0&sort=&facetbrowse=true&searchLinkText=SEARCH&showFacetCounts=true&showRadius=false&showSubmit=true&showSelections=true>

<http://www.truckpaper.com/list/list.aspx?bcatid=27&DidSearch=1&EID=1&LP=TRK&scf=False&ListCurrency=USD&ETID=1&ParentCategoryID=208&catid=289&mdlx=Contains&LiftGate=All&Cond=All&SO=2&btnSearch=Search>

<http://www.maysfleetsales.com/truck-bodies>

<http://www.fastline.com>

<http://www.truckertotrucker.com/search_results.cfm>

<http://www.nationalease.com/>

<https://www.ameriquestcorp.com>

<http://www.trucksandbodies.com>

<http://www.auctiontime.com/list/list.aspx?catid=362&ParentCategoryID=208&LP=TRK&bcatid=27&OALResults=1&ETID=6>

<http://www.usedtrucks.ryder.com/vehicle/VehicleSearch.aspx?VehicleTypeId=1&VehicleGroupId=6>

<http://www.commercialtrucktrader.com/Refrigerated-Truck-For-Sale/search-results?category=Refrigerated+Truck%7C2000641>

<http://www.machinio.com/cat/Other-trucks-mitsubishi-fuso?page=24>

<http://www.mascus.com/+/categorypath%3dcargo-transport%252ftrucks%26year_range%3d2010-2015/+/1,20,relevance,search.html?us=categorypath%3Dcargo-transport%252Ftrucks%252Ftemperaturetrucks>

<http://www.penskeusedtrucks.com/search-inventory.html>

# Trucker Forums

<http://www.thetruckersreport.com/truckingindustryforum/>

<https://www.truckersforum.net/forum/forums/>

<http://www.classadrivers.com/forum/>

<http://truckerforum.com/community/>

Truck Body Manufacturers

<http://www.na.thermoking.com/>

<http://www.morgancorp.com/>

<http://www.johnsontruckbodies.com/>

<http://www.herculesvanbodies.com/>

<http://www.coldcarusa.com/>

<http://www.supremecorp.com/>

<http://www.kidron.com/products/coldplate.php>

Kidron Mike McCluskey 252-946-6521 ext. 6604 608-767-1418 O 608-213-0862 M

Body $18-22K 5 year warranty

Cold Plate $15-20K

Refrigerator $13-18K

12 weeks lead time

# Industry News

<http://www.truckinginfo.com/blog/trailer-talk/story/2012/05/witte-bros-plugs-in-to-keep-cold-cargoes-cold.aspx>

<http://www.iaicdv.org/>

<http://www.idfa.org/>

<http://www.adsa.org>

# Truck Delivery Research

<http://ageconsearch.umn.edu/bitstream/27653/1/06030002.pdf>

# Ice Cream Storage Temperature

<http://www.dairyreporter.com/R-D/Study-finds-ice-cream-colder-that-it-needs-to-be>

<http://suppliers.safeway.com/pdf/safeway_temp_requirements.pdf> Optimal -15F Min -20F Max -10F

<http://books.google.com/books?id=AWJDAAAAQBAJ&pg=PA310&lpg=PA310&dq=at+what+temperature+is+ice+cream+shipped&source=bl&ots=q5w4yKoMJD&sig=kJy319qshoKIOTYHi2pI2LUSAA8&hl=en&sa=X&ei=Ifs3VMryLsKRgwT-iIHICQ&ved=0CCwQ6AEwAg#v=onepage&q=at%20what%20temperature%20is%20ice%20cream%20shipped&f=false>

<http://icecreamjournal.turkeyhill.com/index.php/2006/12/04/ice-cream-dictionary-heat-shock/>

<http://www.journalofdairyscience.org/article/S0022-0302(99)75367-1/abstract>

<http://www.journalofdairyscience.org/article/S0022-0302(97)75956-3/abstract>

<http://www.journalofdairyscience.org/article/S0022-0302(11)00197-4/abstract>

<http://www.ncbi.nlm.nih.gov/pubmed/21524511>

### Abstract

Ice cream quality is dependent on many factors including storage temperature. Currently, the industry standard for ice cream storage is -28.9 °C. Ice cream production costs may be decreased by increasing the temperature of the storage freezer, thus lowering energy costs. The first objective of this research was to evaluate the effect of 4 storage temperatures on the quality of commercial vanilla-flavored light and full-fat ice cream. Storage temperatures used were -45.6, -26.1, and -23.3 °C for the 3 treatments and -28.9 °C as the control or industry standard. Ice crystal sizes were analyzed by a cold-stage microscope and image analysis at 1, 19.5, and 39 wk of storage. Ice crystal size did not differ among the storage temperatures of light and full-fat ice creams at 19.5 or 39 wk. An increase in ice crystal size was observed between 19.5 and 39 wk for all storage temperatures except -45.6 °C. Coldness intensity, iciness, creaminess, and storage/stale off-flavor of the light and full-fat ice creams were evaluated at 39 wk of storage. Sensory evaluation indicated no difference among the different storage temperatures for light and full-fat ice creams. In a second study, light and full-fat ice creams were heat shocked by storing at -28.9 °C for 35 wk and then alternating between -23.3 and -12.2 °C every 24h for 4 wk. Heat-shocked ice creams were analyzed at 2 and 4 wk of storage for ice crystal size and were evaluated by the sensory panel. A difference in ice crystal size was observed for light and full-fat ice creams during heat-shock storage; however, sensory results indicated no differences. In summary, storage of light or full-fat vanilla-flavored ice creams at the temperatures used within this research did not affect quality of the ice creams. Therefore, ice cream manufacturers could conserve energy by increasing the temperature of freezers from -28.9 to -26.1 °C. Because freezers will typically fluctuate from the set temperature, usage of -26.1 °C allows for a safety factor, even though storage at -23.3 °C did not affect ice cream quality.

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# Insurance

10/17 State Farm – Mark

Will check and get back to me

May put in touch with other vendors

$475/yr business liability - $1,000,000

truck

workman’s comp

# Cold Storage

Lagrou Cold Storage

773-927-8551

# Warehouse

<http://chicago.craigslist.org/nch/off/4718732862.html>

## $875 / 1344ft² - Industrial/warehouse/commercial Space for Rent (Lake Villa)

1,344 sq ft unit available. One overhead door, office and bathroom.   
May be used for industrial/office/commercial/warehouse/etc. purposes.  
Se Habla Español.  
Please call with all inquiries.  
847-395-3100  
Broker Owned  
  
  
Crichton Realty Group Ltd.  
1600 N Milwaukee Ave Suite 302  
Lake Villa, IL 60046

Left message for Tom

<http://chicago.craigslist.org/wcl/off/4717837493.html>

## $1100 / 1400ft² - NEWLY REMODELED 1,400 SF. OFFICE/WAREHOUSE SPACE. (1831 BROADWAY ST # 1R, MELROSE PARK, IL )

NEWLY REMODELED 1,400 SF. OFFICE/WAREHOUSE SPACE. FEATURES: OFFICE SPACE W/ AC(280 SF.) KITCHENETTE, HEATED WAREHOUSE, OVERHEAD DOOR(16X8), 10' CEILING HT, RESTROOM W/ SHOWER, 12 PARKING SPACES(UNASSIGNED). PERFECT FOR CONTRACTORS, PLUMBERS, ELECTRICIANS, ETC. CONVENIENTLY LOCATED. FEW MINUTES FROM EXPRESSWAYS(290/88, 90 & 294). CLOSE TO O'HARE. CALL TODAY FOR A PRIVATE VIEWING. \*\*\* INCLUDES HEAT \*\*\* CALL/TEXT JORGE VIGIL - REMAX VISION 312-217-9737 OR 630-854-2918

Talked to Jorge, he promised to see if he has anything available.

<http://chicago.craigslist.org/nch/off/4696561186.html>

## $1562 / 1500ft² - Commercial Flex Space Warehouse with office-condo (Rent or Sale) (Northbrook/Deerfield)

1500 or 3000 square foot commercial condo drive in warehouse spaces for adjusted gross lease or sale.   
10 foot over head door. Small office and bath room. 20 foot ceiling. EZ access to to 94/294.  
Perfect for small buisness venture. Building is only 7 years old, clean and can accomadate vehicles inside. Units have central heat and AC. Short or long term possibilities.   
Rent at $12.50 per square foot adjusted gross rent. ($1562 per month)  
Buy at $189,900  
  
Berkshire Hathaway Properties  
Todd Trawinski  
  
Owner is an IL licenced broker

Spoke to Todd and have forwarded him my contact info. He will confirm if parking is an issue and if other properties are available.

<http://chicago.craigslist.org/nwc/off/4715130593.html>

## $1285 / 1400ft² - Rare Small 1,400 SF warehouse space with Double Door Loading (Arlington Heights Buffalo Grove Palatine)

1000 sf of warehouse and 400 sf of office   
Wide open space!   
Please contact to take a look!

* Sent e-mail kcgsp-4715130593@hous.craigslist.org

<http://chicago.craigslist.org/nwc/off/4715129795.html>

## $1175 / 1400ft² - GREAT WAREHOUSE! Rare Smaller unit ~!!!WAREHOUSE!!!~ 1,400 SF (arlington heights, buffalo Grove)

Great price for great space!! 400 sf office and 1000 sf warehouse - no auto allowed. Double door loading  
  
Call for more info!  
847-971-4999

Left VM, probably same as above

Shawn Easton, Irving Commercial will call back

<http://chicago.craigslist.org/wcl/off/4703713270.html>

**$750 / 1000ft² - Naperville 100% Warehouse For Lease-1665 (1665 Quincy Ave, #151R)**

1665 Quincy Avenue, #151R

1665 Quincy Avenue, Naperville, IL 60540

1,000 sqft | $750/Modified Gross

Listing ID: 207923

Space Type: Industrial

Linda Helmold-Ripper, Managing Broker

Mustang Construction, Inc.

630-355-8094

» Contact Us

Property Highlights

Naperville-100% Warehouse Storage with Loft, DID, Floor Drain.

Ceiling Height: 18'

Sprinklers: Yes

Loading Zone:

• Grade Level: 1

• Rail Access: No

» Learn More

Powered by Rofo

<http://chicago.craigslist.org/nwc/off/4703687710.html>

## 1500ft² - FOR SALE OR LEASE (Elk Grove Village)

Devon & Ridge in Elk Grove

1500 sq ft office/warehouse space .

Features 10' x 12' overhead door and 250 sq ft of office space.

Contact Chuck at Dearborn Realty

Dearborn Realty  
968 West Lake Street, Roselle, Illinois 60172  
Office Phone: (630) 894-1277  
Fax: (630) 351-3734  
  
Chuck  
630-205-9762  
[chuck@chuckandleo.com](mailto:chuck@chuckandleo.com)  
  
Leo  
630-673-5243  
[leo@chuckandleo.com](mailto:leo@chuckandleo.com)

<http://chicago.craigslist.org/chc/off/4703673736.html>

## $1000 / 700ft² - Warehouse 700 SQFT + Office 300 SQFT (Foster & I94)

\*700 sq. ft. Warehouse Space

\*Loading Dock

\*Utilities Included

\*300 sq.ft. Office

The building is conveniently located at Foster and the Kennedy Expressway (I-94)

WAREHOUSE FEATURES:

- 2 Loading Docks

- 30 FT Ceilings

- Drive in Door

- Brand New Roof

PROPERTY DETAILS:

- Building Owner Pays Property Tax

- Convenient Location Off I-90

- Ample Private Parking

Meir Lavi

773-727-8975

<http://chicago.craigslist.org/nch/off/4696561186.html>

## $1562 / 1500ft² - Commercial Flex Space Warehouse with office-condo (Rent or Sale) (Northbrook/Deerfield)

1500 or 3000 square foot commercial condo drive in warehouse spaces for adjusted gross lease or sale.   
10 foot over head door. Small office and bath room. 20 foot ceiling. EZ access to to 94/294.  
Perfect for small buisness venture. Building is only 7 years old, clean and can accomadate vehicles inside. Units have central heat and AC. Short or long term possibilities.   
Rent at $12.50 per square foot adjusted gross rent. ($1562 per month)  
Buy at $189,900  
  
Berkshire Hathaway Properties  
Todd Trawinski  
  
Owner is an IL licenced broker  
  
Key words:  
Storage  
Garage  
Repair  
Shop  
business  
machine  
classic car  
temporary  
small   
large   
warehouse  
contractor  
truck  
van  
park  
parking

Todd

847-212-1498

<http://chicago.craigslist.org/nwc/off/4697707499.html>

<http://chicago.craigslist.org/nwc/off/4697733858.html>

## 1300ft² - Small Warehouse! Drive in Door! Small Office (Franklin Park)

Small warehouse located in the Franklin Park industrial district. Small office with Drive in Door. 14 Ft clearance. Please call for more information today.

## 1000ft² - Small Warehouse! Drive in Door! (Schaumburg)

Small with warehouse with 12 ft Drive In Door. Located near the Elgin O'Hare Expressway. Please call for more information.   
Jeff Piser  
GC Realty & Development LLC  
630-310-7614

<http://chicago.craigslist.org/nwc/off/4697234705.html>

## $1400 / 1350ft² - Commercial/Warehouse Space Available for LEASE (Palatine)

Commercial Office/Warehouse space available at 405 W. Colfax Street in Palatine. The unit is right across the street from the Palatine Post Office, so it has great visibility for a business. The unit is 1350 sq. feet, warehouse has 16 ft. ceilings, drive-in overhead door in back, unit has parking available in front and 2 spots along side of the building. Unit is available now. The building never has vacancies, 3 other long term tenants occupy the property. Hurry this unit won't last!

Ashley 312-446-8281

# Company Name

[**www.frozenfoodxpress.com**](http://www.frozenfoodxpress.com) **- free**

[**www.frozenfoodexpress.com**](http://www.frozenfoodexpress.com)

[**www.foodlogistics.com**](http://www.foodlogistics.com)

[**www.coldlogistics.com**](http://www.coldlogistics.com)

[**www.reliablyfrozen.com**](http://www.reliablyfrozen.com) **- free**

[**www.coldxpress.com**](http://www.coldxpress.com)

[**www.coldfoodxpress.com**](http://www.coldfoodxpress.com) **- free**

[**www.coldfoodexpress.com**](http://www.coldfoodexpress.com) **- free**