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Dear Patient / Legal Representative;

You have right to be informed about all medical, surgical or diagnostic procedures recommended to you / your patient regarding your health status / your patient's health status, their alternatives, benefits and possible damages, and to reject or accept them / a part of them or to stop the procedures to be carried out at any stage.

This document, which we want you to read and understand, is not intended to scare you or keep you away from medical practices, but to inform you and to determine whether you give consent to these practices or not and to obtain your consent.

INFORMATION

PRE-DIAGNOSIS:

PLANNED TREATMENT / PROCEDURE:

PROCEDURE CARRIED OUT BY (NAME/SURNAME OF PHYSICIAN):

INFORMATION ABOUT THE PROCEDURE:

Noticeable traces of aging are often seen in the forehead and eyebrow area. These structures may cause loosening, drooping eyebrows, drooping eyelids, forehead wrinkles, and frown marks. In eyebrow lift surgery, it is aimed at tightening of the structures responsible for these problems or changing the softness of the forehead, the eyebrows are lifted, the frown marks are improved. Eyebrow lift can be performed alone or in combination with other procedures such as facelift or eyelid surgery. Recent developments in eyebrow lift surgery enable to perform different approaches including endoscopy. Eyebrow lift surgery is individual for each patient. Depending on your needs, one of the various surgical incision techniques can be chosen by your surgeon. Eyebrow lift does not stop the aging process. Different forms of treatment include eyebrow lift surgery and treatment of looseness in the upper eyebrow area on the forehead. Improving skin looseness and lines can be ensured with other treatments or surgical intervention. The risk or possible complications are associated with different forms of treatment or surgery.

BENEFITS EXPECTED FROM THE PROCEDURE:

Even in the first days of the surgery, a noticeable difference in expression occurs. However, it is worth mentioning that the real effect of the operation will begin to be seen within three months.

CONSEQUENCES THAT MAY BE ENCOUNTERED IF THE PROCEDURE IS NOT PERFORMED:

Your doctor will inform you about the results that may be encountered if the procedure is not applied.

ALTERNATIVES TO THE PROCEDURE, IF ANY:

There are many different non-surgical eyebrow lift aesthetic techniques. Depending on the need in the brow area, a choice is made among different methods. Especially after the operational intervention handled with the Ulthera method, a self-preserving effect is created for an average of 2 years.

On the other hand, non-surgical eyebrow lift aesthetics can be performed with botox for a 6-month period. In addition, thanks to the filling method to be applied to the lower part of the eyebrow, it is possible to increase the eyebrow area without surgery. Eyebrow lift surgery is handled over the hanging method, which is generally performed with stringy threads, and



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positive results are obtained. Thus, a desired beautiful image is achieved; the person can continue his daily life with a completely natural appearance.

RISKS AND COMPLICATIONS OF THE PROCEDURE:

Every surgical procedure involves some risk. It is important to understand the risks of brow lift surgery. The choice of the surgery is based on the comparison of risks with potential benefits. Although most patients do not experience the complications mentioned below, each of them should be discussed with your plastic surgeon; it is important for understanding the risks, the potential complications, and the outcomes of the brow lift surgery.

Bleeding: Though rarely, a bleeding problem may occur during or after the operation. If bleeding occurs after the operation, emergency drainage therapy may be required. The use of aspirin or anti-inflammatory drugs should be discontinued ten days before surgery as they may increase the risk of bleeding. Hypertension, which is not under medical control, may also cause bleeding during or after the operation. Bleeding can delay healing and cause bad scarring (scars).

Infection: Infection is usually not expected after this surgery. In rare cases, if an infection develops, additional antibiotic therapy or surgical intervention may be required.

Changes in skin sensitivity: After brow lift surgery on the face and scalp area, there may be a decrease or loss in skin sensitivity. It may pass over time. Chronic itching sensation may occur on the scalp and eyebrows following forehead and brow lift.

Irregularity in skin lines: Irregularity, collapse, wrinkles on the skin and lines may occur after brow lift.

Scarring: Although good wound healing is expected after surgical intervention, in rare cases, abnormal scarring may be seen. These scars are in different colours and may have an unappealing appearance. Metal materials, staples, and threads used in the brow lift surgery can cause noticeable scars. Additional treatments, including surgery, may be required to treat abnormal bad scars.

Changes in surgical approaches for brow lift:

In some cases, your surgeon may be obliged to make changes to the surgical technique of the brow lift procedure based on factors discovered only during the surgical procedure. This can be a change from an endoscopic (closed) procedure to a standard (open) brow lift procedure.

Nerve injury: There is a possibility of injury to both motor and sensory nerves during brow lift forehead lift. Loss or weakness in brow lift or forehead movements may occur after surgery. Many people will notice the return in motor functions. Permanent weakness is rare. Injury may occur in the sensory nerves of the forehead, scalp and temple area. Decreased sensitivity (sensation) may be in the scalp area after brow lift surgery. Permanent numbness or painful nerve scars are rare.

Damage to deeper structures: Deeper tissues such as eyes, blood vessels, skull bones, muscles and nerves may also be damaged after surgery. The potential for this may vary depending on the type of surgery. These damages may be temporary or permanent.

Asymmetry: A normal human face is asymmetrical. As a result of the brow lift surgery, there may be changes between the two sides.

Surgical anesthesia: Both local and general anesthesia have their own risks. All types of surgical anesthesia or sedation have a risk of complications, damage or even death.

Delayed recovery: Wound dehiscence or delayed wound healing is possible. Some areas of the scalp and brows can heal abnormally and slowly. Some areas of the skin may die. Frequent dressings may be required or surgery may be required to remove non-healing tissue. The risk of complications, such as loss of the skin or poor healing are higher for smokers. **Allergic reactions:** There are rarely reported cases in which local allergies to used plasters, suture materials or topical



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preparations have developed. Systemic reactions that are more severe may occur due to drugs used during or after surgery. Allergic reactions may require additional treatment.

Seroma: Fluid collection may occur under the skin, though infrequently. If this problem occurs, procedures may be required to drain the fluid.

Long-term effects: As a result of aging, sun exposure, weight gain or loss and some other conditions, there may be changes in the appearance of the brow lift and forehead unrelated to the brow lift surgery. Eyebrow lift surgery does not stop aging or provide constant stiffness in the brow area. New surgeries and treatments may be needed in the future to preserve the results of the brow lift surgery.

Eye Irritation: Eye dryness or irritation may occur after eyebrow lift or if the patient also had eyelid surgery.

Pain: Very rarely, chronic pain may occur after brow lift.

Hair loss: Hair loss can occur along the surgical incision or on the scalp. It cannot be predicted that this will occur. Hair loss may improve slowly or, in rare cases, be permanent.

Metal materials and deep sutures: In some surgical techniques, small screws or permanent deep sutures are used to help support the forehead structures. In very rare cases, the screw can penetrate through the skull bone. Intracranial injury is rare, but possible. If this occurs, additional treatments may be required. Deep sutures or metal material may need to be removed over the next time.

Eyelid disorders: Diseases affecting eyelid functions such as insufficient looseness between the eyelid and eyeball (ectropion) or ptosis can occur simultaneously with sagging forehead and brow structures. Brow lift surgery will not correct these disorders. Some surgical procedures may be required.

Unsatisfactory Results: There is a possibility that brow lift surgery will not give good results. This may lead to unacceptable visible deformities, loss of function, wound disruptions (cracking, splitting) and loss of sensation. The result of the surgery may disappoint you. An additional operation may be required for improved results, though rarely.

Necessity of Additional Surgeries: Besides the risks and potential surgical complications, many variables will affect the outcome of the brow lift surgery. Although risks and complications are not frequent, those related to brow lift are mentioned here. Other risks and complications are even less common. If complications develop, additional surgery or treatment may be required. While good results are expected, there is no guarantee stated.

ESTIMATED DURATION OF THE PROCEDURE:

The estimated duration of the procedure takes approximately 1.5-2 hours.

POSSIBLE UNDESIRABLE EFFECTS OF DRUGS TO BE USED AND POINTS TO CONSIDER:

Use the drugs recommended by your doctor in accordance with the instructions for use. Your doctor will inform you about the possible undesirable effects of the drugs and the points to be considered.

POINTS OF CONSIDERATION FOR PATIENT BEFORE AND AFTER PROCEDURE:

Your doctor will inform you about the issues you need to pay attention to before and after the procedure.

PROBLEMS THAT MAY ARISE IF PATIENT DOES NOT PAY ATTENTION TO THE ISSUES TO BE FOLLOWED:

If you do not pay attention to the matters to be followed, your doctor will inform you about the problems you may experience.



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HOW TO REACH MEDICAL ASSISTANCE ON THE SAME SUBJECT WHEN NECESSARY:

Not to accept treatment/surgery is a decision of your own free will. If you change your mind, you can personally re-apply to our hospital(s) that can perform the treatment/surgery in question.

Phone: 0850 811 3400

Medical Research: I consent that clinical information of my medical records can be reviewed to advance medical study, medical research and physician's education, provided that the rules for patient privacy in the Patients' Rights Regulations are followed. I give my consent for the publishing of the research results in the medical literature provided that the study respects the patient's confidentiality. I am aware of that I have the right to refuse the participation in such a study and this refusal will not negatively affect my treatment in any way.

APPROVAL

I have read the information above and I have been informed by the doctor who signed below. I was informed about the purpose, causes and benefits, risks, complications, alternatives and additional treatment interventions of the treatment. I approve this procedure under no influence and consciously, without needing any additional explanation.

I authorize a person named to give consent and to receive all kinds of information about my treatment when I lose consciousness in any way or when I am unable to give consent for the attempts to be made to me regarding my treatment (the person authorized by the patient must sign as the patient's representative/legal representative).

I accept the application of Turkish Law and the jurisdiction of Istanbul Courts in legal disputes that may arise as a result of the treatment I received at BHT CLINIC Istanbul Tema Hospital.

.....(Please write "I understood what I have read and I approve it")

Patient

Name-Surname (in handwriting)

SignatureDate / Time of Consent

...../...../.....

If the patient cannot give consent:

Patient / legal representativeSignatureDate / Time of Consent

Name-Surname (in handwriting)

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...../...../.....

Reason of the patient's failure to give consent (to be filled by the Physician):

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Adequate and satisfactory explanations have been made to the patient/ legal representative whose name is written above by me regarding his or her illness, treatment/procedure to be performed, the aim, reason and benefits of the treatment / procedure, care required after the treatment / procedure, risks and complications of the treatment / procedure, alternatives to the treatment / procedure, the type of anesthesia that will be applied if necessary for the treatment / procedure and anesthesia risks and complications. The patient/legal representative has signed and approved this form with his/her consent that he/she was adequately informed about the treatment/procedure.

Physician to Apply Treatment / Procedure

Signature

Date / Time

Name Surname:.....

...../...../.....

Title:.....

If the patient has a language / communication problem;

I have translated the explanations made by the doctor to the patient. In my opinion, the patient understood the information I translated.

Translated by

Signature

Date / Time

Name Surname (in handwriting) :

...../...../.....

You can contact the Patient Rights Office during the day and the Supervisor/Night Administrative Supervisor at night for all complaints about medical practices or for any matters you wish to address.

* Legal Representative: Guardian for those under guardianship, parents for minors, 1st degree legal heirs in the absence of these. Signing this consent (approval) does not invalidate the patient's legal rights.