



**NTNU – Trondheim**  
Norwegian University of  
Science and Technology

# Ultra-low power PLL frequency synthesizer for Wake-Up Receiver applications

**Cole Nielsen**

Electronic Systems Design, Specialization Project

Submission date: December 2019

Supervisor: Trond Ytterdal, IET

Co-supervisor: Carsten Wulff, IET

Norwegian University of Science and Technology  
Department of Electronic Systems



# Abstract.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut purus elit, vestibulum ut, placerat ac, adipiscing vitae, felis. Curabitur dictum gravida mauris. Nam arcu libero, nonummy eget, consectetur id, vulputate a, magna. Donec vehicula augue eu neque. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris ut leo. Cras viverra metus rhoncus sem. Nulla et lectus vestibulum urna fringilla ultrices. Phasellus eu tellus sit amet tortor gravida placerat. Integer sapien est, iaculis in, pretium quis, viverra ac, nunc. Praesent eget sem vel leo ultrices bibendum. Aenean faucibus. Morbi dolor nulla, malesuada eu, pulvinar at, mollis ac, nulla. Curabitur auctor semper nulla. Donec varius orci eget risus. Duis nibh mi, congue eu, accumsan eleifend, sagittis quis, diam. Duis eget orci sit amet orci dignissim rutrum.



# Problem description.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut purus elit, vestibulum ut, placerat ac, adipiscing vitae, felis. Curabitur dictum gravida mauris. Nam arcu libero, nonummy eget, consectetur id, vulputate a, magna. Donec vehicula augue eu neque. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris ut leo. Cras viverra metus rhoncus sem. Nulla et lectus vestibulum urna fringilla ultrices. Phasellus eu tellus sit amet tortor gravida placerat. Integer sapien est, iaculis in, pretium quis, viverra ac, nunc. Praesent eget sem vel leo ultrices bibendum. Aenean faucibus. Morbi dolor nulla, malesuada eu, pulvinar at, mollis ac, nulla. Curabitur auctor semper nulla. Donec varius orci eget risus. Duis nibh mi, congue eu, accumsan eleifend, sagittis quis, diam. Duis eget orci sit amet orci dignissim rutrum.



# Preface.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut purus elit, vestibulum ut, placerat ac, adipiscing vitae, felis. Curabitur dictum gravida mauris. Nam arcu libero, nonummy eget, consectetur id, vulputate a, magna. Donec vehicula augue eu neque. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris ut leo. Cras viverra metus rhoncus sem. Nulla et lectus vestibulum urna fringilla ultrices. Phasellus eu tellus sit amet tortor gravida placerat. Integer sapien est, iaculis in, pretium quis, viverra ac, nunc. Praesent eget sem vel leo ultrices bibendum. Aenean faucibus. Morbi dolor nulla, malesuada eu, pulvinar at, mollis ac, nulla. Curabitur auctor semper nulla. Donec varius orci eget risus. Duis nibh mi, congue eu, accumsan eleifend, sagittis quis, diam. Duis eget orci sit amet orci dignissim rutrum.

# Contents

|           |  |           |
|-----------|--|-----------|
| <b>1</b>  | <b>Introduction</b>                                  | <b>11</b> |
| <b>2</b>  | <b>Methods</b>                                       | <b>11</b> |
| <b>3</b>  | <b>Results</b>                                       | <b>11</b> |
| <b>4</b>  | <b>Discussion</b>                                    | <b>11</b> |
| <b>5</b>  | <b>Conclusion</b>                                    | <b>11</b> |
| <b>6</b>  | <b>Block diagram</b>                                 | <b>11</b> |
| <b>7</b>  | <b>Specifications</b>                                | <b>11</b> |
| <b>8</b>  | <b>DCO tuning</b>                                    | <b>12</b> |
| 8.1       | Backgate tuning . . . . .                            | 12        |
| 8.2       | Ring oscillator frequency derivation . . . . .       | 12        |
| 8.3       | Ring oscillator backgate tuning derivation . . . . . | 14        |
| 8.4       | DCO Gain Uncertainty . . . . .                       | 15        |
| <b>9</b>  | <b>pres1</b>   | <b>15</b> |
| 9.1       | Motivation . . . . .                                 | 15        |
| 9.2       | State of the Art . . . . .                           | 16        |
| 9.3       | Objectives - Synthesizer goals . . . . .             | 16        |
| 9.4       | Architecture - concepts . . . . .                    | 16        |
| 9.5       | State of Art - Sub-1 mW PLLS . . . . .               | 16        |
| 9.6       | Physical limits . . . . .                            | 17        |
| <b>10</b> | <b>pres2</b>   | <b>17</b> |
| 10.1      | Initial simulation/modeling approach . . . . .       | 17        |
| 10.2      | Implementation in Cadence . . . . .                  | 18        |
| <b>11</b> | <b>pres4</b>   | <b>18</b> |
| 11.1      | Simulation approach . . . . .                        | 18        |
| 11.2      | DCO performance criteria . . . . .                   | 18        |
| 11.3      | DCO - reference spur requirements . . . . .          | 18        |
| 11.4      | DCO - steady state cap noise . . . . .               | 19        |
| 11.5      | DCO - linearity and accuracy . . . . .               | 19        |
| 11.6      | TDC - phase noise model . . . . .                    | 19        |
| <b>12</b> | <b>pres5</b>   | <b>20</b> |
| 12.1      | This week . . . . .                                  | 20        |
| 12.2      | Next week . . . . .                                  | 20        |
| 12.3      | Loop filter original attempt . . . . .               | 20        |
| 12.4      | Loop filter new approach . . . . .                   | 20        |
| 12.5      | Coarse frequency estimation . . . . .                | 21        |
| 12.6      | Loop filter Gain Coefficients . . . . .              | 21        |
| 12.7      | Coarse frequency calibration . . . . .               | 22        |



|                              |           |
|------------------------------|-----------|
| <b>A Appendix - Schedule</b> | <b>24</b> |
| <b>B Appendix - Code</b>     | <b>24</b> |

## List of Figures

|   |   |    |
|---|---|----|
| 1 | Model for ring oscillator. . . . .  | 12 |
| 2 | Approximate model for ring oscillator inverter delay cell. . . . .        | 13 |
| 3 | Backgate-tuned ring oscillator with coarse tuning capacitor bank. . . . . | 14 |

## List of Tables

|   |   |    |
|---|---|----|
| 1 | System-level specifications . . . . .   | 12 |
| 2 | Component-level specifications. . . . . | 12 |



## Abbreviations.

|              |                                     |
|--------------|-------------------------------------|
| <b>DAC</b>   | Digital-to-analog converter         |
| <b>DCO</b>   | Digitally controlled oscillator     |
| <b>FDSOI</b> | Fully-depleted silicon on insulator |
| <b>FET</b>   | Field effect transistor             |
| <b>FSK</b>   | Frequency-shift keying              |
| <b>PLL</b>   | Phase locked loop                   |
| <b>RO</b>    | Ring-oscillator                     |
| <b>RX</b>    | Receiver                            |
| <b>SSB</b>   | Single side band                    |
| <b>TDC</b>   | Time-to-digital converter           |
| <b>TSPC</b>  | True single-phase circuit           |
| <b>VCO</b>   | Voltage controlled oscillator       |
| <b>WURX</b>  | Wake-up receiver                    |

# 1 Introduction

# 2 Methods

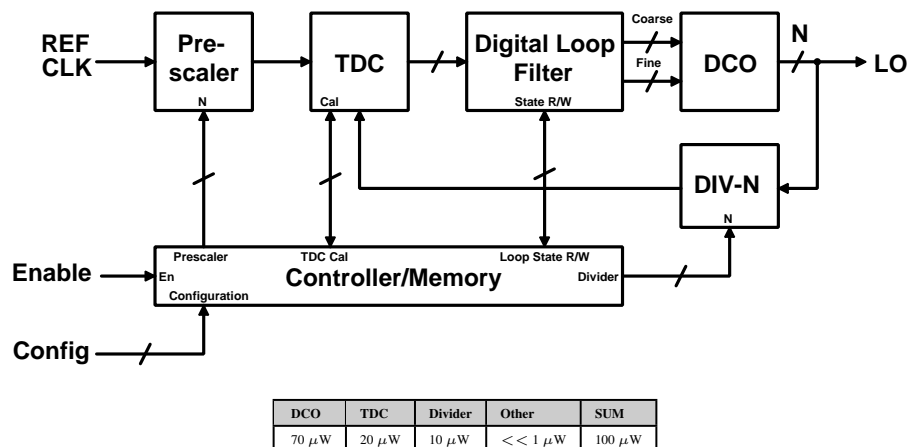
# 3 Results

# 4 Discussion

# 5 Conclusion

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut purus elit, vestibulum ut, placerat ac, adipiscing vitae, felis. Curabitur dictum gravida mauris. Nam arcu libero, nonummy eget, consectetur id, vulputate a, magna. Donec vehicula augue eu neque. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris ut leo. Cras viverra metus rhoncus sem. Nulla et lectus vestibulum urna fringilla ultrices. Phasellus eu tellus sit amet tortor gravida placerat. Integer sapien est, iaculis in, pretium quis, viverra ac, nunc. Praesent eget sem vel leo ultrices bibendum. Aenean faucibus. Morbi dolor nulla, malesuada eu, pulvinar at, mollis ac, nulla. Curabitur auctor semper nulla. Donec varius orci eget risus. Duis nibh mi, congue eu, accumsan eleifend, sagittis quis, diam. Duis eget orci sit amet orci dignissim rutrum.

# 6 Block diagram



# 7 Specifications

Additionally: PLL output should support IQ sampling at LO frequency.

| Parameter         | Value      | Unit               | Notes   |
|-------------------|------------|--------------------|---|
| Frequency         | 2.4-2.4835 | GHz                | 2.4G ISM Band   |
| Ref. frequency    | 16         | MHz                | Yields 6 channels   |
| Power             | $\leq 100$ | $\mu\text{W}$      |   |
| Residual FM       | $\leq 107$ | $\text{kHz}_{RMS}$ | $\text{BER} \leq 1\text{e-}2$ , $f_{dev} = \pm 250 \text{ KHz}$ |
| Initial Lock Time | $\leq 50$  | $\mu\text{s}$      | Upon cold start   |
| Re-lock Time      | $\leq 5$   | $\mu\text{s}$      | Coming out of standby   |
| Bandwidth         | 100        | kHz                | (nominally), tunable  |

Table 1: System-level specifications

| Parameter             | Value       | Unit | Notes                               |
|-----------------------|-------------|------|-------------------------------------|
| DCO LSB Resolution    | $\leq 50$   | kHz  | Determined from quantization noise. |
| DCO DNL               | $\leq 1$    | LSB  | Ensures monotonicity                |
| TDC Resolution        | $\leq 3.8$  | ns   |                                     |
| TDC Resolution (bits) | $\geq 4.03$ | bits |                                     |

Table 2: Component-level specifications.

## 8 DCO tuning

### 8.1 Backgate tuning

Tuning of a ring oscillator DCO through backgate terminal control will be considered. A general analysis of ring oscillator frequency will be made first to begin.

### 8.2 Ring oscillator frequency derivation

To analyze the oscillation frequency of a CMOS ring oscillator, an approximate model for a CMOS inverter will first be considered. A common model for delay in digital circuits [elmore delay model] is an RC circuit, where the MOSFET channels are approximated with an average conductance value  $\langle g_{ch} \rangle$ , and the output node is approximated to have a capacitance of C. With such a model, a ring oscillator would be assumed to have waveforms as decaying exponential, with time constant  $\tau = \langle g_{ch} \rangle^{-1} C$ , such as in Figure 1.

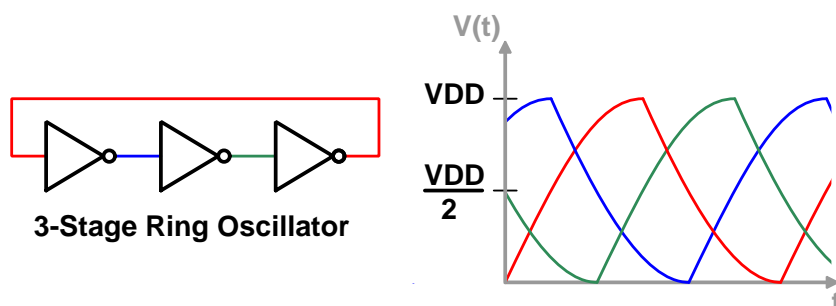
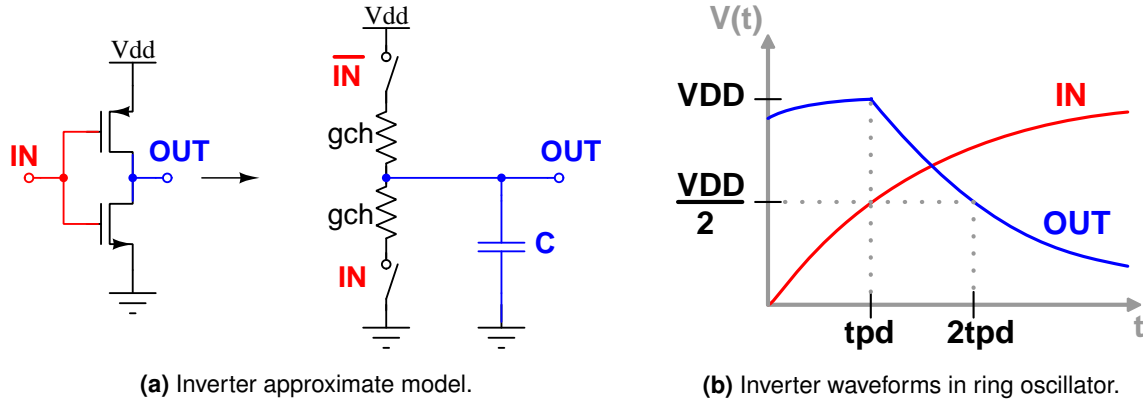


Figure 1: Model for ring oscillator.

To calculate oscillation frequency ring oscillator from the RC model, several inferences are made:

- The switching point  $V_M$  of the inverters is  $V_{DD}/2$ , based on the assumption that the NMOS and PMOS are of equal strength.



**Figure 2:** Approximate model for ring oscillator inverter delay cell.

- The output of an inverter will have a decaying exponential which starts coincident with the passing of  $V_M$  at the input.
- The propagation delay  $t_{pd}$  for an inverter will be the time differential between the  $V_M$  crossing points on the input and output.
- The oscillator frequency will be  $f_{osc} = 1/2Nt_{pd}$ , where  $N$  is the number of stages.

Following the definition of  $V_M$ , it is trivial to find that  $t_{pd} = \tau \ln 2$ . It is therefore known that:

$$f_{osc} = \frac{1}{2Nt_{pd}} = \frac{\langle g_{ch} \rangle}{2 \ln(2) NC} \quad (1)$$

The node capacitance  $C$  is trivial to find based on the inverter gate capacitance:

$$C = C_{ox} (W_N L_N + W_P L_N) \quad (2)$$

The average channel conductance  $\langle g_{ch} \rangle$  is more involved to find. To do so, several assumptions are made:

- $L \gg L_{min}$ , so no velocity saturation, and therefore square law is applicable.
- NMOS and PMOS have equal  $V_t$  and transconductance.
- Output transition occur with the active FET in saturation during  $t_{pd}$ . This requires:
  - $V_{DD}/4 < V_t < V_{DD}/2$

Following those assumptions,  $\langle g_{ch} \rangle$  can be computed via integral within the period  $t_{pd}$ :

$$\langle g_{ch} \rangle = \frac{1}{t_{pd}} \int_0^{t_{pd}} \frac{I_{out}(t)}{V_{out}(t)} dt \quad (3)$$

$I_{out}$  is computed using the saturated MOSFET square law model an exponential waveforms assumptions. An  $I_{short}$  term is included to account for output current reduction from short-circuit conduction.

$$I_{out}(t) = \frac{k_n}{2} \left( \frac{W}{L} \right)_n \left[ (V_{in}(t) - V_t)^2 \right] - I_{short} = \frac{k_n}{2} \left( \frac{W}{L} \right)_n \left[ \left( V_{DD} (1 - e^{-t/\tau}) - V_t \right)^2 - \left( \frac{V_{DD}}{2} - V_t \right)^2 \right] \quad (4)$$

$k_n = \mu_n C_{ox}$ , with the equal PMOS/NMOS assumption,  $k_n \left( \frac{W}{L} \right)_n = k_p \left( \frac{W}{L} \right)_p$ .  $V_{out}$  is simply a decaying exponential with a delay  $t_{pd}$  versus the input:

$$V_{out} = V_{DD} e^{-(t-t_{pd})/\tau} \quad (5)$$

Now, computing the integral for  $\langle g_{ch} \rangle$  yields:

$$\langle g_{ch} \rangle = \frac{1}{2} \mu_n C_{ox} \left( \frac{W}{L} \right)_n \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 \right) - V_t \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (6)$$

Solving for oscillator frequency:

$$f_{osc} = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left( \frac{W}{L} \right)_n \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 \right) - V_t \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (7)$$

If gate capacitance is the dominant load component:

$$f_{osc} = \frac{\mu_n}{8 \ln 2 N} \cdot \frac{1}{L^2} \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 \right) - V_t \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (8)$$

Power can also be calculated, knowing in digital circuits  $P = f C V_{DD}^2$ , thus:

$$P_{osc} = N f_{osc} C V_{DD}^2 = \frac{\mu_n C_{ox}}{4 \ln 2} \left( \frac{W}{L} \right)_n \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 \right) - V_t \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (9)$$

It should be noted that the most significant factor for power consumption is FET aspect ratio ( $W/L$ ).

### 8.3 Ring oscillator backgate tuning derivation

Using the basic expressions for ring oscillator frequency, the operation under backgate biasing can be found. In UTBB-FDSOI processes, the threshold voltage of a FET varies with linear dependence on the applied back gate bias  $V_{BG}$  (relative to source). Given the body effect coefficient of a process,  $\gamma$ ,  $V_t$  is:

$$V_t = V_{t0} - \gamma V_{BG} \quad (10)$$

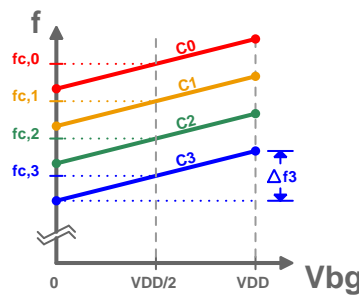
Using this in the ring oscillator frequency equation:

$$f_{osc} = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left( \frac{W}{L} \right)_n \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 \right) - V_{t0} \left( \frac{1}{\ln 2} - 1 \right) + \gamma V_{BG} \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (11)$$

Equivalently,  $f_{osc} = f_{0,osc} + \Delta f_{osc}(V_{BG})$ , where:

$$\Delta f_{osc}(V_{BG}) = \gamma V_{BG} \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left( \frac{W}{L} \right)_n \left[ \frac{1}{\ln 2} - 1 \right] \quad (12)$$

And  $f_{0,osc}$  is the frequency with no backgate bias. If the backgate is swept from 0 to  $V_{DD}$ , and the node capacitance is increasingly varied ( $C0$  to  $C3$ ), Figure 3 is observed. Note that the change in frequency is linear with to backgate bias.



**Figure 3:** Backgate-tuned ring oscillator with coarse tuning capacitor bank.

If the backgate voltage is constrained in the range  $[0, V_{DD}]$ , the center frequency  $f_c$  in the tuning range of the oscillator is then:

$$f_c = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left( \frac{W}{L} \right)_n \left[ V_{DD} \left( \frac{7}{8 \ln 2} - 1 + \frac{\gamma}{2 \ln 2} - \frac{\gamma}{2} \right) - V_{t0} \left( \frac{1}{\ln 2} - 1 \right) \right] \quad (13)$$

The tuning range is also therefore:

$$\Delta f = \frac{\gamma V_{DD}}{2} \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left( \frac{W}{L} \right)_n \left[ \frac{1}{\ln 2} - 1 \right] \quad (14)$$



The fractional tuning range of the oscillator is:

$$\frac{\Delta f}{f_c} = \frac{1}{2} \cdot \frac{\gamma V_{DD} (1 - \ln 2)}{V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2)} \quad (15)$$

If a N-bit DAC is used to control the oscillator, the resulting DCO gain is therefore:

$$K_{DCO} = \frac{\Delta f}{2^{N_{DAC}}} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{\gamma V_{DD} (1 - \ln 2)}{V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2)} \quad (16)$$

## 8.4 DCO Gain Uncertainty

The DCO gain  $K_{DCO}$  is used in setting the loop filter coefficients, so the uncertainty of the DCO gain is of interest to allow for statistical analysis of the PLL across process variation. The uncertainty of  $K_{DCO}$  (normalized with nominal  $K_{DCO}$  value) as a function of  $V_{DD}$ ,  $V_{t0}$  and  $\gamma$  is:

$$\sigma_{K_{DCO}} = \sqrt{\left( \frac{\partial K_{DCO}}{\partial V_{DD}} \cdot \frac{\sigma_{V_{DD}}}{K_{DCO}} \right)^2 + \left( \frac{\partial K_{DCO}}{\partial V_{t0}} \cdot \frac{\sigma_{V_{t0}}}{K_{DCO}} \right)^2 + \left( \frac{\partial K_{DCO}}{\partial \gamma} \cdot \frac{\sigma_{\gamma}}{K_{DCO}} \right)^2} \quad (17)$$

$$\frac{\partial K_{DCO}}{\partial V_{DD}} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{-\gamma V_{t0} (1 - \ln 2)^2}{\left[ V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2) \right]^2} \quad (18)$$

$$\frac{\partial K_{DCO}}{\partial V_{t0}} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{\gamma V_{DD} (1 - \ln 2)^2}{\left[ V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2) \right]^2} \quad (19)$$

$$\frac{\partial K_{DCO}}{\partial \gamma} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{V_{DD} \cdot (1 - \ln 2) \left[ V_{DD} \left( \frac{7}{8} - \ln 2 \right) - V_{t0} (1 - \ln 2) \right]}{\left[ V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2) \right]^2} \quad (20)$$

Simplified:

$$\sigma_{K_{DCO}} = \frac{1}{\gamma V_{DD} \left[ V_{DD} \left( \frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2) \right]} \cdot \sqrt{(\gamma V_{t0} (1 - \ln 2) \sigma_{V_{DD}})^2 + (\gamma V_{DD} (1 - \ln 2) \sigma_{V_{t0}})^2 + \left( V_{DD} \left[ V_{DD} \left( \frac{7}{8} - \ln 2 \right) - V_{t0} (1 - \ln 2) \right] \sigma_{\gamma} \right)^2} \quad (21)$$

# 9 pres1

## 9.1 Motivation

- WSNs require ultra-low power circuits. A sensor should last for many years (>5) on a coin cell battery.
- With the below  $P_{avg}$  values, a CR2032 cell with 0.6 Wh capacity will last:
  - 1  $\mu$ W  $\rightarrow$  70 years
  - 10  $\mu$ W  $\rightarrow$  7 years
  - 100  $\mu$ W  $\rightarrow$  0.7 years
- To save power, run devices with low duty cycle; activate remotely using wake up receiver (WuRx).
  - For 5 years of life, using 10% of battery energy for the WuRx,  $P_{WURX}$  ; 1.4  $\mu$ W on average is required.
- Main challenge for receiver is low power LO synthesis.
  - Synthesizer-free approaches (OOK receiver) lack robustness.
  - Advanced modulation schemes are too demanding with phase noise (PN).
  - Best option is FSK, using low power synthesizer with loose PN requirements to meet power target.

| Group    | Count | Power [ $\mu$ W] | Freq [MHz] | RF BW [MHz] | Bitrate [kbps] | BER    | Sens. [dBm] |
|----------|-------|------------------|------------|-------------|----------------|--------|-------------|
| All      | 15    | 96               | 1400       | 1.2         | 52             | 3e-3   | -66         |
| 800/900M | 6     | 138              | 887        | 0.95        | 15             | 4e-3   | -68         |
| All 2.4G | 6     | 81               | 2400       | 2           | 60             | 2.8e-3 | -67         |
| 2.4G FSK | 2     | 190              | 2400       | 1.5         | 98             | 1e-3   | -69         |
| 2.4G OOK | 4     | 27               | 2400       | 2.5         | 41.5           | 4e-3   | -66         |

## 9.2 State of the Art

Performance averages based on sampling of 15 works published in IEEE:

- State of art of 2.4G WuRx:
  - Active Power  $\leq 100 \mu$ W
  - RF BW  $\approx 1$  MHz
  - Sensitivity = -70 dBm (BER 1e-3)
  - Data Rate = 100 kbps

## 9.3 Objectives - Synthesizer goals

- Design ultra-low-power frequency synthesizer to meet requirements for *practical* wake up receivers.
  - $\leq 1 \mu$ W average consumption
  - Targeting **1% duty cycle** for  $\leq 100 \mu$ W active power.
    - \* Fast locking to reduce on time/energy consumption.
- Synthesis range within **2.4 GHz ISM band**.
- Enable **wake up call detection within 1s** with 1e-3 miss rate.
  - Achievable with 250 kbps data, BER  $\leq 1e-2$ , 1% duty, 20% wake up call Tx density.
  - Assuming 32-symbol wake up call used for false-alarm robustness.
  - High BER inherent due to high PN, expect many misses before success.
  - Use large FSK modulation index (m) to ease PN and power requirements.
    - \*  $m=2 \rightarrow 2\pi$  phase shift per symbol or  $\pm 250$  kHz frequency deviation.
    - \* RMS Residual frequency modulation (RFM) of PLL should be  $\ll$  symbol frequency deviation to achieve desired BER.
    - \* **RFM is derived from phase noise integration; use to constrain PLL PN.**

## 9.4 Architecture - concepts

- Utilize **Digital PLL**.
  - Inherent feedback helps with PVT variation (yield).
  - Calibration easy in digital design, agains helps with PVT variation.
  - Can store state when PLL idle, allowing for faster lock times coming out of standby.
- Utilize low duty cycle to achieve power target.
  - Can exploit semi-frequent calibration to improve performance.
  - Possibly can run PLL open loop when lock is achieved to save power.
- Utilize oscillator running at 1/N subharmonic of target frequency.
  - Use 2N phases in oscillator to achieve equivalent IQ sampling.
  - Avoids having to run oscillator at 2x target frequency as done typically.
  - 1/3 subharmonic operation should allow for dual mode 2.4G and 915M operation.
- Employ subsampling to reduce divider noise and TDC power?

## 9.5 State of Art - Sub-1 mW PLLS

Power limited by oscillator type. Scaling of LC oscillator limited by gain requirements for self-starting. LC does not scale to low enough power. Application is niche, so comparable PLLs hard to find. Initial lock time and relock time.

- Current state of art for minimum power will be with ring oscillator, on the order of  $200 \mu$ W for total PLL consumption.

| Type        | $P_{PLL}$ [ $\mu$ W] | $P_{osc}$ [ $\mu$ W] | Freq [MHz] | PN@ $\Delta f$ [dBc/Hz] | $t_{lock}$ * [ $\mu$ s] | Osc.  | Ref Freq |
|-------------|----------------------|----------------------|------------|-------------------------|-------------------------|-------|----------|
| Dig. Frac-N | 650                  | 304                  | 2400       | -110@0.5M               | 15/4                    | LC    | 26M      |
| Ana. Int-N  | 680                  | 510                  | 2400       | -110@1M                 | 130/70                  | LC    | 1M       |
| Ana. Int-N  | 128                  |                      | 500        | -94@1M                  |                         | Ring  | 31.25M   |
| Ana. Int-N  | 570                  |                      | 800        | -92.6@0.1M              | 200                     | LC    | 0.2M     |
| Dig. Frac-N | 250                  | 173                  | 2448       |                         | 22/1                    | Ring  | 9M       |
| Ana. Int-N  | 950                  |                      | 5500       | -106@1M                 |                         | IL-LC |          |

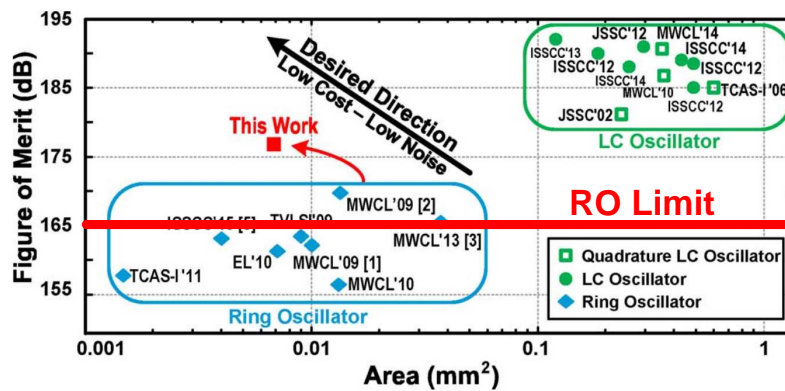
## 9.6 Physical limits

Ring oscillator phase noise limit from "Minimum Achievable Phase Noise of RC Oscillators", Navid et al. 2005:

$$PN_{min}(\Delta f) = 10 \log 10 \left( \frac{7.33k_B T}{P} \left( \frac{f_0}{\Delta f} \right)^2 \right) \quad (22)$$

If  $f_0 = 2.4$  GHz,  $P = 50$   $\mu$ W,  $\Delta f = 1$  MHz,  $T = 293$  K,  $\rightarrow PN_{min} = -84.7$  dBc/Hz

– This limit applied to the below FOM comparison (FOM PN=165 dB):



# 10 pres2

## 10.1 Initial simulation/modeling approach

- Started writing Python code to simulate digital PLL.
  - Most familiar for me (I have modelled CDRs in Python before).
  - Simple to implement digital filters with Python Control Systems Library.
    - \* Also - Convenient stability analysis.
- Decided starting point:
  - Model DCO based on physical phase-noise limit of ring-oscillators.
  - Model loop filter as digital IIR second-order LPF (approximate second-order type-II analog PLL).
  - Ideal divider and TDC.
- Investigate (to determine component requirements):
  - Loop-BW to achieve PN requirements. Closed-loop sensitivity analysis:
    - \* TDC phase noise significant at  $f_i$  BW, determine limits for this.
- Investigate (continued):
  - Quantization, linearity impact of TDC & DCO on phase noise.
    - \* Determine number of bits required for each, and non-linearity limits.
  - Loop filter implementations (IIR vs FIR), order & type.
    - \* Evaluate stability, lock time, operating region to meet requirements.
  - Digital data path requirements to implement filter.
  - Algorithm/state machine for handling continuity of fine/coarse DCO ranging.
    - \* Previous two lead to Verilog description.
- **Final Outcomes:**
  - Full design constraints for PLL components, sufficient to allow schematic-level implementation.

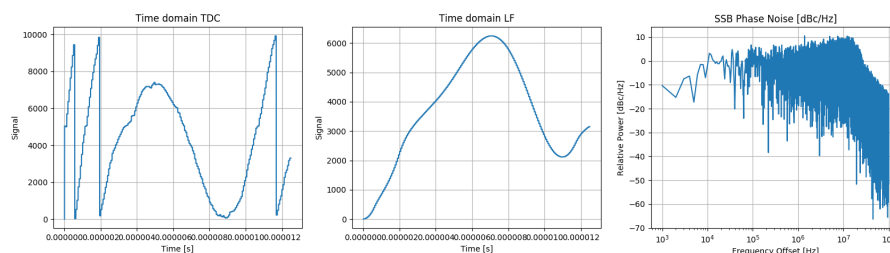
## 10.2 Implementation in Cadence

- When initial modeling/simulation satisfactory, translate design into a setup within Cadence.
  - Implement using Verilog-A, ahdLib components?
- Will act as known-good test bench for testing transistor-level implementations of components in future design stages.
  - Replace element by element until fully functioning at transistor level.

# 11 pres4

## 11.1 Simulation approach

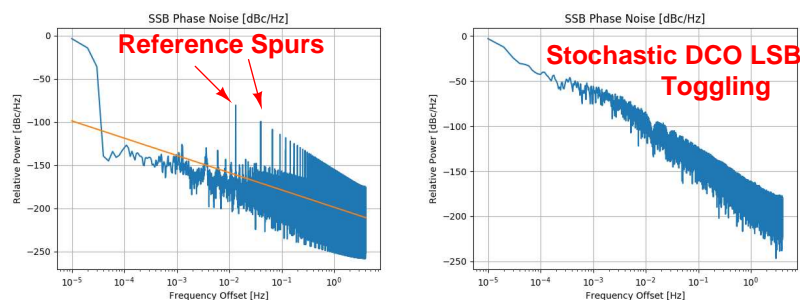
- My current full-PLL simulations are not generally stable.
  - Due to arbitrary choices for loop filter parameters not yielding a stable loop.
  - Next week plan is simulation / analysis / requirements definition of loop filter.
  - Will have to address issue of phase wrapping, fixed point resolution.



- Opted for mathematical-modelling of TDC, separate simulation of DCO.
  - Found straightforward model for TDC phase noise from Michael Perrott of MIT.
  - DCO simulation estimates quantization noise.
  - Will resume with full PLL simulation for loop filter and remainder of modeling.

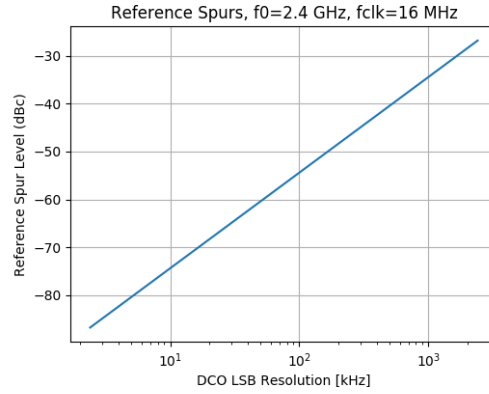
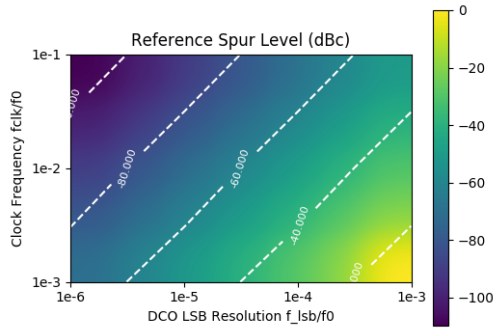
## 11.2 DCO performance criteria

- Resolution set by frequency accuracy requirements, quantization noise.
- Quantization noise is manifested here as:
  - Reference spurs resulting from deterministic components of signal.
  - A quasi-random noise signal when lock is achieved.
    - \* Results from stochastic toggling of  $\sim 1$  LSB of DCO tuning word to track low frequency variations.
    - \* Rolloff of -20 dB/decade at low frequency (same as ring oscillator), -40 dB/decade at high frequencies.



## 11.3 DCO - reference spur requirements

- Worst case reference spur level.
  - DCO tuning word toggling up/down 1 LSB every reference cycle.
- With  $f_0 = 2.4$  GHz,  $f_{clk} = 16$  MHz:
  - 52 kHz per LSB (i.e.  $K_{DCO}$ ) is needed for a maximum -60 dBc reference spur level.



## 11.4 DCO - steady state cap noise

- In steady state, DCO tuning word will vary occasionally by  $\sim 1$  LSB to track stochastic frequency changes.

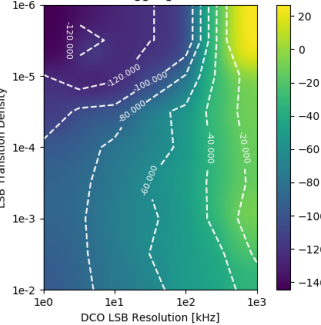
- This generates noise and should be less than the thermal phase noise of DCO.
- Very pessimistic estimate here (assumes abrupt frequency change). Abrupt frequency steps contribute  $1/\Delta f$  dependent component to phase noise.

- Theoretical ring oscillator phase noise limit from [2]:

$$PN_{min}(\Delta f) = 10 \log 10 \left( \frac{7.33 k_B T}{P} \left( \frac{f_0}{\Delta f} \right)^2 \right) \quad (23)$$

- If  $f_0 = 2.4$  GHz,  $P = 50 \mu\text{W}$ ,  $\Delta f = 1$  MHz,  $T = 293\text{K}$ ,  $\rightarrow \text{PN} \downarrow -84.7$  dBc/Hz from this noise process.
- LSB resolution of **50 kHz** seems feasible. Will have to verify with full PLL sim to account for loop dynamics.

DCO Phase Noise (dBc/Hz),  $f_0=2.4$  GHz,  $f_{clk}=16$  MHz  
Stochastic toggling of DCO LSB



## 11.5 DCO - linearity and accuracy

- Frequency accuracy.
  - Indeterminate IF assumed for wake up receivers, so accuracy not so critical.
  - If RF bandwidth of receiver  $\downarrow$  PLL bandwidth, reasonable assumption is maximum frequency offset (accuracy) should be  $\downarrow$  PLL bandwidth.
  - Current PLL bandwidth spec is 100 kHz, suggested 50 kHz LSB step from quantization noise analysis is sufficient?
    - \* This is assuming accuracy is tied to DCO resolution.
- Linearity:
  - Integral non-linearity over the tuning DCO range is not important, so no spec for INL is suggested. Should be locally linear (constrains DNL).
  - Monotonicity is essential, so must strictly have DNL  $\downarrow 1$  LSB.

## 11.6 TDC - phase noise model

- Based on a phase-domain model for PLL phase noise from Michael Perrot [1].

$$S_{\phi, out}(f) = f_{clk} \cdot |2\pi N G(f)|^2 \cdot \frac{\Delta t_{del}^2}{12} \quad (24)$$

$$G(f) = \frac{A(f)}{1 + A(f)} \quad (25)$$

- $S_{\phi, out}(f)$  is the TDC phase noise component,  $N$  is the divider modulus,  $G(f)$  is the closed loop PLL transfer function,  $A(f)$  is the open loop transfer function,  $\Delta t_{del}$  is the TDC time resolution.
- $G(0) = 1$ , and  $G(f) \approx 1$  for  $f \in [0, f_{CBW}]$ , where  $f_{CBW}$  is the closed loop bandwidth.
- Naive estimate for TDC time resolution:
  - Phase noise flat within closed-loop bandwidth. This component dominates power of the integrated phase noise a PLL with low TDC-resolution.
  - Use Residual frequency modulation equation and equation 2 (TDC phase noise) to estimate  $\Delta t_{del}$ . Integrate in  $f \in [0, f_{CBW}]$

$$\Delta f_{RFM} = 2 \int_{f_a}^{f_b} f^2 * PN(f) df \quad (26)$$

- With  $f_{clk} = 16$  MHz,  $N = 150$  (for 2.4 GHz synthesis),  $\Delta f_{RFM} \downarrow 107$  kHz to meet BER requirement, and  $f_{CBW} = 100$  kHz. (PLL presumed to have very low TDC resolution)

- $\Delta t_{del} \leq 3.8$  ns
- Phase noise of TDC below  $f_{CBW}$  is -47.7 dBc/Hz
- Equates to minimum of 16.4 quantization steps for TDC (4.03 bits).
- Assumptions of high phase noise and low resolution appear valid.

## 12 pres5

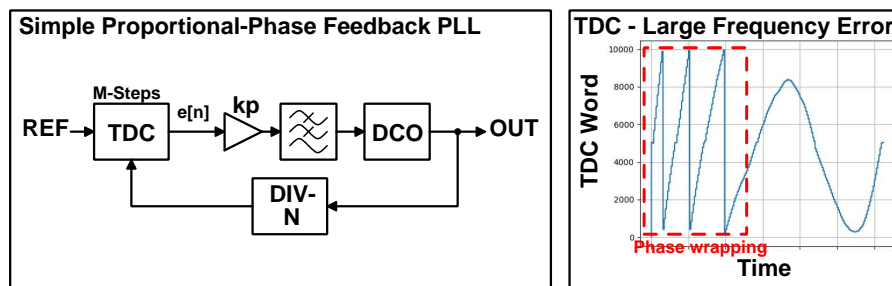
### 12.1 This week

- **Primary:** Loop analysis, requirements definition.
  - Design open loop filter design to meet closed loop requirements.
    - \* Dependent on DCO properties ( $k_{DCO}$ ,  $f_0$ , tuning range).
    - \* Difference equation implementing discrete time 2nd order IIR filter.
  - Datapath requirements (fixed-point resolution)

### 12.2 Next week

- **Primary:** Ideal component PLL implementation in Cadence, *continue loop filter work.*
  - *Ideal component PLL implementation is not a lot of work.*
  - *Loop filter very critical, spend more time on this.*
    - \* *Need to make Verilog description of loop filter for simulation in Cadence.*

### 12.3 Loop filter original attempt

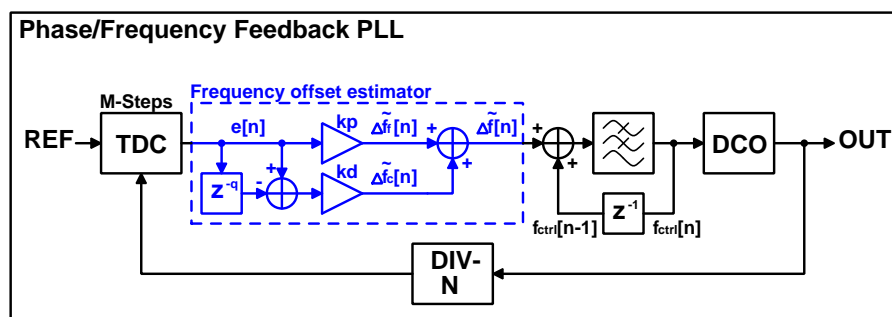


- Started with simple PLL loop with proportional-phase fed into loop filter (LF).
  - Not stable at large frequency offset, due to frequency wrapping. At the TDC:

$$\Delta\phi = \frac{2\pi\Delta f T}{N} \rightarrow T_{wrap} = \frac{N}{\Delta f} \quad (27)$$

- Upon cold start,  $\Delta f$  is expected to be up to 100 MHz,  $N=150 \rightarrow T_{wrap} = 1.5 \mu s$ 
  - \*  $f_{wrap} \sim 600$  kHz, this is unstable with a loop bandwidth of 100 kHz.
- Must opt for alternate loop structure.

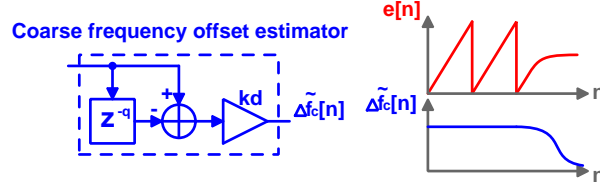
### 12.4 Loop filter new approach



- Two-fold approach: utilize proportional-phase and coarse frequency offset estimation in feedback.
  - Coarse frequency estimator to handle high frequency offset (e.g. cold start-up).

- Proportional-phase for near steady state. Acts like fine frequency estimator.
- Offset estimates are summed with previous oscillator tuning word (OTW, also  $f_{ctrl}$  here), then low passed filtered to yield new OTW.
  - Low pass filter loop keeps steady state.
  - Frequency estimator updates if any changes detected.

## 12.5 Coarse frequency estimation



- **Coarse frequency estimation:** Given M-step TDC, outputting phase error signal  $e_\phi[n]$ , and a divider modulus N

$$\Delta\phi_{DCO}[n; q] = N \cdot \Delta\phi_{REF}[n] = 2\pi \frac{N}{M} (e_\phi[n] - e_\phi[n - q]), \quad \Delta\phi_{DCO}[n; q] = \Delta\omega_{DCO}[n] q T_{ref} = 2\pi q \frac{\Delta f_{DCO}}{f_{ref}} \quad (28)$$

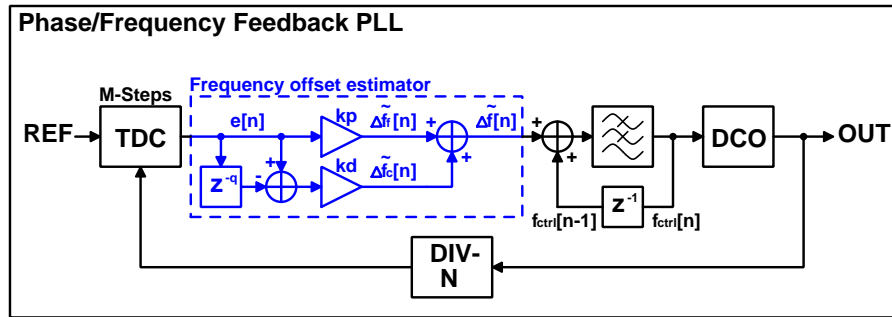
$$\Delta f_c = \Delta f_{DCO} = \frac{f_{ref}}{q} \frac{N}{M} (e_\phi[n] - e_\phi[n - q]) \quad (29)$$

- Is a discrete differentiator, with gain coefficient to convert  $d\phi/dt$  to frequency.
  - Design logic to handle phase wrapping.
  - Useful in coarse frequency range calibration. Can detect fast if frequency offset too large.
  - Delay q is used to increase frequency resolution.
- Given DCO gain  $K_{DCO}$ , the required gain  $K_d$  of the filter is:

$$K_d = \frac{f_{ref}}{q K_{DCO}} \frac{N}{M} (e_\phi[n] - e_\phi[n - q]) \quad (30)$$

- Disable the coarse estimator if  $e_\phi[n] - e_\phi[n - q]$  is some threshold:
  - Offset small enough, allow to run as classical phase-detector mode.

## 12.6 Loop filter Gain Coefficients



- When running in proportional-only feedback mode, the open loop gain  $A(f)$  is:

$$A(f) = K_p \frac{M}{N} \frac{K_{LPF}}{s + \omega_{LPF} - K_{LPF}} \frac{2\pi K_{DCO}}{s} \quad (31)$$

- The closed loop gain is therefore (continuous):

$$G(f) = \frac{A(f)}{1 + A(f)} = \frac{2\pi M K_p K_{LPF} K_{DCO} / N}{s^2 + s(\omega_{LPF} - K_{LPF}) / N + 2\pi M K_p K_{LPF} K_{DCO} / N} \quad (32)$$

- The form of a second order low pass filter is, with natural frequency  $\omega_n$  and damping coefficient  $\zeta$ :

$$H_{LPF}(f) = \frac{\omega_n^2}{s^2 + 2\zeta\omega_n s + \omega_n^2} \quad (33)$$

- Setting  $H_{LPF}(f) = G(f)$ , equivalencies for  $\omega_n$  and  $\zeta$  are found:

$$\omega_n = \sqrt{2\pi M K_p K_{LPF} K_{DCO} / N} \quad (34)$$

$$\zeta = \frac{\omega_{LPF} - K_{LPF}}{2\sqrt{2\pi M N K_p K_{LPF} K_{DCO}}} \quad (35)$$

- The Butterworth closed loop response with 100 kHz bandwidth,  $\omega_n \sim 2\pi \cdot 100\text{kHz}$ ,  $\zeta = 0.707$ .
- Coefficients  $K_{LPF}$ ,  $K_p$ ,  $\omega_n$  can be solved computationally.
- Need to reformulate in Z-domain.

## 12.7 Coarse frequency calibration

- Ring oscillator DCOs will have large variation in frequency due to PVT variation.
- Use bank of coarse capacitance values to correct range of oscillator.
- Coarse frequency estimator used in this calibration. DCO is has a fine range of  $\Delta f_{fine}$ .

**Coarse frequency tuning state machine** (as pseudo-code)

1.  $C_{tune} = C_{opt} = 0$ ;  $LE = \Delta f_{fine}$
2. Reset PLL
3. Estimate Frequency offset  $\rightarrow \tilde{f}_{offset}$
4. **If**  $\text{abs}(\tilde{f}_{offset} - \Delta f_{fine}/2)$  **;**  $LE$ : // Centers fine tuning range around target frequency
  - $LE = \text{abs}(\tilde{f}_{offset} - \Delta f_{fine}/2)$
  - $C_{opt} = C_{tune}$
5. **If**  $C_{tune} == C_{max}$ : **Goto** 8
6.  $C_{tune} += 1$
7. **Goto** 2
8.  $C_{tune} = C_{opt}$ ; **End**



# References

| Week Number | Dates         | Tasks                        | Outcomes   |
|-------------|---------------|------------------------------|--|
| 36          | 2.9 - 8.9     | Review PLL Design            | Refreshed Knowledge                                  |
| 37          | 9.9 - 15.9    | Modeling/simulation (set up) | –  |
| 38          | 16.9 - 22.9   | Modeling/simulation          | TDC/DCO Requirements                                 |
| 39          | 23.9 - 29.9   | Modeling/simulation          | Loop Filter/Digital Algorithms                       |
| 40          | 30.9 - 6.10   | Modeling/simulation          | <b>Loop filter</b> , Ideal implementation in Cadence |
| 41          | 7.10 - 13.10  | Circuit Research             | DCO/Divider topologies                               |
| 42          | 14.10 - 20.10 | Circuit Research             | TDC/other topologies                                 |
| 43          | 21.10 - 27.10 | Circuit Implementation       | Digital logic (schematic)                            |
| 44          | 28.10 - 3.11  | Circuit Implementation       | DCO (schematic)                                      |
| 45          | 4.11 - 10.11  | Circuit Implementation       | Divider/other (schematic)                            |
| 46          | 11.11 - 17.11 | Circuit Implementation (TDC) |  |
| 47          | 18.11 - 24.11 | Circuit Implementation (TDC) | TDC (schematic)                                      |
| 48          | 25.11 - 1.12  | Full Circuit testing         | Testbenches, find bugs, design fixes                 |
| 49          | 2.12 - 8.12   | Full Circuit testing         | Design Fixes/iteration                               |
| 50          | 9.12 - 15.12  | –                            | –  |

Legend: Done Current Revised

## A Appendix - Schedule

## B Appendix - Code

```

1 #####
2 # Simulation loop
3 #####
4
5 t0 = time.clock()
6 for n in range(SAMPLES)[1:]:
7     clk_out[n] = clk.update()
8     tdc_out[n] = TDC_SCALE*((TDC_OFFSET+tdc.update(clk=clk_out[n-1], xin=
9         div_out[n-1]))%TDC_STEPS)
10    lf_out[n] = lf.update(xin=tdc_out[n-1], clk=clk_out[n-1])
11    osc_out[n] = dco.update(lf_out[n-1])
12    div_out[n] = div.update(osc_out[n-1], DIV_N)
13 tdelta = time.clock() - t0
14 print("\nSimulation completed in%f s"%tdelta)

```

Listing 1: excode